



The Romsey Rag

Volume: 38 Edition: 7

AUGUST 2020

MELBOURNE AND MITCHELL SHIRE STAY HOME

Stay at Home restrictions are now in place for Melbourne and Mitchell Shire.

There are only 4 reasons to leave home.



Shopping for food and supplies that you need



Care and caregiving



Exercise



Work and study if you can't do it from home

And if you have symptoms, get tested

For all current restrictions go to
vic.gov.au/CORONAVIRUS

STAYING
APART | KEEPS
US | TOGETHER

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne



EDITORIAL

Committee

PRESIDENT

Tony Lakey

SECRETARY

Jane Nixon

TREASURER

Dianne Irvine

EDITOR

Shauna Martin

EDITORIAL ASSISTANTS

Allan Irvine

Sonia Martin

Jane Nixon

Tony Lakey

GENERAL COMMITTEE

Roy Goodall

Pam Neil

Karen Read

Welcome to the August Edition

Well we are now over half way through the year, doesn't it fly by, although those home schooling may not agree!

This year will certainly go down in the history books as one to forget. I'm sure many people are getting to grips with their sewing machines to create face masks as there are a lot of adverts for people selling them. My first attempt was somewhat wanting, essentially after sewing it and turning it through the right way, the elastic was on the inside so no way to secure behind the ears! hahahaha Hopefully you've all had more success than me!

Just a reminder to ensure you are using the new email address for all correspondence:

email@theromseyrag.com.au

Please note articles should be restricted to 300-350 words plus/minus a picture. Articles will be edited as required. The editorial committee reserve the right not to print inflammatory or unsuitable materials.

www.theromseyrag.com.au

WHAT'S ON in & around Romsey

16th August - State of Emergency extended to this date.

"I think I wasted my money on that 2020 planner, perhaps next year will be better!"



Ways to Improve the Immune System

- The immune system has a vital role, protecting our body from harmful substances, germs and cell changes that may make us ill. As long as it is running smoothly, we don't really notice it is there, but if it stops working properly, we may get ill.
- Given the current pandemic situation, it is vital to look into ways of strengthening our immune system to better enhance our protection against different types of viruses.
- Our bodies need multiple specific micronutrients including vitamin A, D, C, E, B6 and B12, folate, zinc, iron, copper and selenium. These nutrients play synergistic roles at every stage of the immune response, including maintaining physical barriers such as our skin. Their intake could be achieved through a well-balanced diet following the Australian guide to healthy eating consisting of vegetables/legumes, fruit, cereals, lean meat and poultry, eggs, fish, dairy products, olive oil and nuts.
- Micronutrients with the strongest evidence for immune support are vitamins C and D and zinc. Vitamin C intake is best achieved through fresh vegetables such as leafy greens and capsicum; fruits such as citrus and tomato. Sources of zinc include meat, legumes, nuts and dairy. Vitamin D is obtained mostly from sunlight, highlighting the importance of exercising outdoors. Increased physical activity can improve quality of life and make you feel more energetic.
- Sleep is important for the immune system. Research shows that sleep-deprived people can have suppressed immunity, which may then negatively impact our diet, physical activity levels and even blood pressure levels. Inadequate sleep can induce and/or make our feelings of anxiety and stress seem worse.
- A point we don't talk about enough is the importance of reaching out and connecting to others. Social isolation and loneliness can be harmful in both our mental and physical health. Loneliness is associated with chronic stress and inflammation, which can weaken the immune system. Try to increase the contact you have with family and friends on the telephone or with video calls.



August In Your Garden - Melanie Kinsey

The first of the wattles are beginning to flower as I write this. We are inching our way slowly towards pre-spring which I think starts about 5 weeks after the winter solstice. The garden is on the way to waking up from the brief season of winter. The winter cut-back continues with most of the miscanthus cut back, the roses and smoke bush pruned and the tree dahlia cut off at ground level. In the backyard Lachie attacked the huge correas that I wrote about in June as they had finished flowering and are about to put on new growth. He trimmed a couple of westringia balls that were looking a little shaggy and also dug up the enormous red-painted miscanthus and divided the root-ball with a tomahawk! It was a really big job!

I bought a few new succulents recently and am enjoying making new little arrangements in a variety of pots and containers. Its such fun to choose from a variety of colours, textures and forms! I even went online and searched for a little house to place in one arrangement! I am inspired by Debra Lee Baldwin and Laura Eubanks the Succulent Queens from California. They have shown me exciting new ways of playing with succulents in both the garden and in pots.

My little nursery has been shifted and I haven't yet set up a watering system which I will need to do if I want everything to stay alive over summer. I've been taking cuttings and dividing plants in preparation for the move to my new garden! Yes, we are moving! About 200m down the driveway to our backyard! We are building our forever home with a new smaller lower maintenance garden and I can't wait! Stay tuned for developments!



Romsey Mechanics Institute



Again, our thanks to Julie Wynd and all those at DELWP for their constant support and efforts to assist the CoM to get through this pandemic.

We estimate that while we have had a slight reduction in electricity and gas usage costs all other charges have remained virtually the same. However, with no real income we, like many others within our community and state, are facing some serious decisions.

Toilet Works: The CoM has signed an agreement with the Department of Jobs, Precincts & Regions formally accepting the \$35,000 grant and initiating a "steering committee": to oversee the whole project.

Given our larger plans to build two all access uni-sex toilets, one east and one west, and to completely renovate the existing toilets, tender documents are being prepared and sent out to the builders. Once we get these documents back we will know just what we will be able to build. We are sure we will be able to survive the steering committee process and get the job done as quickly as possible.

Audio System: As we said last month, the new audio system is ready for use, once we get more of our regular users back we will organise some training so that all users are able to take advantage of this new element of the RMI.

Committee Room: We welcomed our first, small, community meeting in this room on Friday July 10th. All went well and everyone was impressed by just what we have been able to achieve.

Southern Fire Escape Path: Over the years this crushed rock path has become overgrown with numerous flat weeds making it quite slippery during the wetter, colder months. Members of the CoM spent some time turning the existing crushed rock over and adding new amounts to make it more level and to provide better grip for anyone using it.

Firescreens: We have two firescreens to give away. They are metal, 1100mm high, 1190mm wide & 350mm deep with 50mm x 50mm heavy mesh. If you would like to grab one of these screens, please ring 0417 088 891. First come, first served.



One of the firescreens.

www.romseymechanicsinstitute.com



03 5429 3322

Affordable Family Dentistry

Root Canal Treatment

Veterans Affairs

Children's Dental Benefit Scheme
(\$1000 for eligible children)

Happy Gas for Anxious Patients

All Private Health Insurances Accepted

Cosmetic Dentistry

New Patients Welcome

www.romseydental.com.au

41 Murphy St, Romsey

Podiatrist in Romsey

Andrew Baddeley

B.Pod, GradCert.DiabEd

Providing a quality and local service to help with;

- ✓ Foot Orthotics
- ✓ Diabetes care
- ✓ Sports injuries
- ✓ Children's feet
- ✓ Heel pain
- ✓ Toe pain

Located within Romsey Medical
99 Main St, Romsey

Available Tuesday & Friday

For appointments please call 5429 5254
www.rangespodiatry.com.au



Digital Connections Make a Huge Difference in Lives

The Digital Connection Project for Seniors has received an impressive 25 inquiries from people ranging from 65 to 98 years of age wanting to increase their digital literacy.

In response to COVID-19 restrictions, the project aims to support people over 65 in the Macedon Ranges to socially connect with family and friends using internet enabled digital technologies. Those inquiring have had a broad range of needs, from having no prior experience using a device to others needing support to move their business online, search for employment, contacting family and friends over platforms such as Zoom or to complete a carers course to care for partners at home.

Volunteer Project Worker, Andrea Darcy stated "Prior to the pandemic, most of the people I have assisted had some opportunities for social connection that aren't possible now. Many expressed a degree of loneliness and social disconnection because of COVID - usual community activities not running, children at a distance etc. Overwhelmingly all were up for a chat and wanted to share their challenges and frustrations during this time."

The Australian Digital Inclusion Index shows a digital divide, where older people are falling behind younger people in their capacity to access and make use of the internet. People aged 65 and over are among the least digitally included groups in Australia, particularly if they are women, on lower incomes or not living in a major city.

Gisborne Oaks resident Betty Smith is a perfect example of someone who has managed to remain connected over the last few months. With phone calls, texting, emails and social media apps, she is in regular contact with family and friends, including a granddaughter in Canada. Betty is also an avid watcher of YouTube, listens to ABC radio, plays solitaire and loves to Google things. Thanks to her tablet and smart phone she is in touch with the world.

Digital mentoring is supplied via local libraries and community houses who are Be Connected partners. Mandy McFarlane from Goldfields Libraries says that "Many people just need someone with patience to explain things to them step by step. It is really rewarding to see these older Australians increase their independence through technology".

This Digital Connection Project for Seniors is a joint initiative of Central Victorian Primary Care Partnership, Cobaw Community Health, Macedon Ranges Shire Council, Goldfields Libraries, Kyneton Community House, Lancefield Neighbourhood House, Gisborne Men's Shed, Macedon Ranges Health and the Zonta Club of Kyneton.

If you (or someone you know) are keen to keep up with Betty's digital skills, call the Digital Connect Project for Seniors at Macedon Ranges Shire Council on 5422 0237.



COBAW Community Health

By telephone:
1300 0 26229
(1300 0 COBAW) or
03 5421 1666

By fax: 03 5422 2161

Email:
admin@cobaw.org.au

By mail:
PO Box 146,
Kyneton
Vic 3444

Opening Hours:
Monday-Friday
9:00am-5:00pm

In person:
47 High Street,
Kyneton



NOT LOST, NOT FORGOTTEN, BUT ON THE WAY!

The lease for the land beside the Scout-Hall has been signed by the Minister, and we are working on the application for a "Building Permit" as well as the release of the last of the Victorian Government grant funds. And barring unexpected delays **construction will begin soon.**

Don't be the missing piece in the puzzle

Join today!

And show your support for THE SHED
we've all been waiting for!

\$5.00 Membership until the shed is built, and the full fee is determined by the members.

Send an email to: romseyms@gmail.com with the subject **RMS Membership**. Include your **Name**, Contact **Phone number**, and one of our overworked committee will get back to you ASAP.



The More Members we have the more clout we have when we apply for Grants



Romsey Region Business & Tourism Association (RRBATA)

Jenny Stillman
Phone: 0412 349849
Email: jennystillman@optusnet.com.au

The benefits of the Romsey Region Business and Tourism Association. Be a part of it!

Romsey Online Remember Don't forget, ANYONE CAN BE A REPORTER! Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news".

Please ensure a note of consent from people featured in any photographs accompanies your submissions. Remember, the website is only as good as the information fed to it at info@romsey.org.au.

RRBATA Update

RRBATA represented at Macedon Ranges Business and Tourism Industry Catch Up thrust upon them by the COVID-19 pandemic. Resilience, innovation and much hard work has certainly been on display. So, PLEASE STAY LOCAL and support your business regional industry groups (Business businesses so they will be around to support you when this difficult period is over. Business and Tourism Association, Woodend Traders, Christmas In Riddells Creek, G.R.E.A.T {Gisborne Regional Events And To keep up with what is happening with Tourism}, Macedon Ranges Agribusiness our local businesses, don't forget to follow RRBATA's social media platforms: Association, Tourism Macedon Ranges) to • Facebook - "Romsey Lancefield Region – Business and Living", • Instagram "Romsey Lancefield Region (3434 Business and Living 3435)". • Romsey Online – www.romsey.org.au

discuss current challenges and opportunities moving forward. Convened by the Economic Development and Tourism unit at Macedon Ranges Shire Council, the meeting is a great opportunity for these groups to come together for a hopefully outcomes-focused discussion. Given the greater Melbourne Stage 3 COVID-19 restrictions in place at the time of writing this article and the pandemic's impact on the region's visitor economy, delivery of the SHOP LOCAL mantra and how to effectively promote business at this time will no doubt be discussed. A full report of this meeting will be in the next edition of the Rag.



Romsey and Lancefield Businesses Keep Membership Enquiries: On Keeping On

Many of you will have noticed - either in person or by following RRBATA's Facebook posts (Romsey Lancefield Business and Living) - the plethora of local businesses which keep jumping through the hoops

Jenny Stillman Phone: 0411 700464, Email: jennystillman@optusnet.com.au OR <https://romseybusinessandtourism.com.au/about/rrbata-membership/>

Romsey Ecotherapy Park Inc (REP) Update



Stage 2 is coming.....

It is an exciting time for the Romsey Ecotherapy Park! Detailed design for the Stage 2 build is about to commence. Stage 2 will include the Sensory Therapeutic Space and Arts/Culture Space. The tender process for construction will be conducted in early 2021 with on site work to commence in July. Romsey Ecotherapy Park Inc (REP - the community group conduit for this project) have representation on Council's Project Reference Group and will be involved every step of the way. Meanwhile, REP members are about to launch a fundraising campaign to support the art installations conceptualized for Stage 2. These will include kinetic wind sculpture and sound sculpture to compliment the other features of the sensory therapeutic space. REP has been able to secure a not-for-profit fundraising account with Foundation for Rural and Regional Renewal (FRRR) meaning that donor contributions will be tax deductible (that is, have DGR status). This campaign will be a great opportunity for descendants of the region's founding families who may or may not be still living locally, to reconnect to the town through the art installations at this wonderful Park.



WHAT IS A KINETIC WIND SCULPTURE? Kinetic wind sculpture depends on wind – driven motion for its often mesmerizing effects. It can encompass a wide variety of techniques and appearance. A large scale example is the well-known one titled "Blowhole" (by Duncan Stemler) at Melbourne's Docklands (at left). Although the design detail is yet to be finalized, the concept ideas for these kinetic wind sculptures in the Romsey Ecotherapy Park include several tall pole-mounted installations placed around the sandpit/water-play area at the south end of the Sensory Therapeutic Space. The moving sculptural parts will be tall enough to catch the wind and viewable from the whole site. These will be a truly special inclusion and confer a unique type of "therapeutic" quality to the space!

Subscribe to REP Newsletter by emailing: romseyecotherapypark@gmail.com

CONTACT DETAILS:
Romsey Ecotherapy Park Inc (REP)
P.O. Box 53, Romsey, Vic., 3434
romseyecotherapypark@gmail.com
www.romseyecotherapypark.com.au

Romsey Lancefield Senior Citizens "Meet a Member"



Please meet **Mary Heidi Howard**. Heidi (as she goes by) has been a member of Romsey Lancefield Senior Citizens for over 10 years. She has been Secretary for the past 4 years. Heidi also organises the weekly raffle which is held each meeting.

Heidi lives in Lancefield. She volunteered in the Lancefield Op Shop for over 10 years and is very proud of her 10-year service badge.

Heidi enjoys all the different monthly bus trips as it is an opportunity to see a wide variety of different places. The trips mean a lovely day with friends with a lovely lunch and driven there and back.

We are working towards opening up again soon so keep an eye open to see when we will be able to start meeting again on Mondays at our rooms at Romsey Mechanics Institute.

Till next month take care of yourselves, stay at home and stay safe. Remember if you need assistance you can contact Lancefield/Romsey Community Support on 0491 243 996 or the Macedon Ranges Shire Council on 5422 0237

For further information please contact Helen on 0409 064 303 or Rae on 0408 338 759.



FIORE IARIA
Hire A Hubby Kyneton

AUSTRALIA'S LEADING HANDYMAN FRANCHISE

Mobile: **0450 920 810**
Email: kyneton.vic@hireahubby.com.au
Post: PO Box 318
Romsey VIC 3434

www.hireahubby.com.au/vic/kyneton

Call 1800 803 339 or visit hireahubby.com.au

VISA

Romsey - Lancefield Probus
Welcome to Friendship

Our club provides an opportunity for retirees or semi retired people to relax and enjoy the welcoming company of those at the same stage of life.

Meetings are held at 10am at St. Mary's Catholic Church Hall, Main Street, Romsey.

Due to the Government Restrictions regarding the Corona Virus all activities of the Romsey/Lancefield Probus Club are in recess until further notice.

Visit our WEB-Site: www.rlprobus.org.au

Contact: President: Tony 0408536290;
Vice President: Allan 0408098428 or
Secretary: Jeni 5429 5480

IN SYMMETRY
Romsey Wellness Centre

Discover Better Health

Our Practitioners

Hannah Sutton
Jessica Jackman
Nicolette Truscott
Camille Scott
Margo Field
Jen Frankcombe-Campbell
Tara Brooks
Danielle Taranto
Pia Laura Civitaresse
Deanna Cooper

HEALTH SERVICES @ ROMSEY WELLNESS CENTRE

- Acupuncture
- Remedial Massage
- Counselling / Hypnotherapy
- Herbal Medicine
- Cupping / Gua Sha
- Children's Nutrition
- Cosmetic Acupuncture
- Infrared Sauna
- Health & Wellness Coaching
- Naturopathy
- Kinesiology
- Ear Candling
- Osteopathy
- Crystal Reiki
- Yoga

OPENING HOURS

Monday _____ 9am to 8pm Thursday _____ 9am to 8pm
 Tuesday _____ 9am to 3pm Friday _____ 9am to 3pm
 Wednesday _____ 3pm to 9pm Saturday (alternate) 8am to 3pm

120 Main Street Romsey 03 5429 3610
www.insymmetry.com.au

Hanging Rock Environmental Management Plan Review Underway

Work on the implementation of the 2018 Hanging Rock Strategic Plan is continuing with the appointment of ecological consultants to do a review and update of the 2015 Hanging Rock Environmental Management Plan (EMP).

Director Planning and Environment, Angela Hughes said the objective of the review and update was to build on the progress made following the implementation of the current EMP in recent years.

The Hanging Rock EMP will continue to guide future conservation and environmental management of the Hanging Rock precinct and will help inform the finalised Hanging Rock Master Plan in 2021.

The EMP establishes principles and a set of actions that ensure the site's environmental and ecological values are conserved and enhanced, while supporting the continuing association of Hanging Rock as a place of gathering which is accessible to all visitors.

The review and update will be guided by a detailed evaluation of existing management documentation and on-ground works, followed by precinct-wide surveys of flora, fauna and large trees.

Stakeholder briefings and workshops will form part of the evaluation process and there will be opportunities for the wider community to provide input at key points along the way.

This work is funded as part of the Victorian Government's commitment to implement the 50-year strategic plan for Hanging Rock.

For more information, visit mrsc.vic.gov.au/hanging-rock, call (03) 5422 0333 or email mrsc@mrsc.vic.gov.au



Preparations Begin for Council General Election

Council has begun preparations for the 2020 general election, which will be held by postal ballot on Saturday 24 October.

Prior to the election, Council will enter the 'election period' (or 'caretaker period') from 12pm, 22 September until 6pm on 24 October.

During this period, Council's Election Period (Caretaker) Policy will ensure that Council business continues in a responsible and transparent manner.

Thinking of standing as a candidate?

Becoming a Councillor is a great opportunity to contribute to your community and influence the future directions of the Macedon Ranges Shire.

If you know someone who would make a good candidate, or if you are thinking of nominating yourself, consider attending one of the candidate information sessions to be held in August and September.

These optional information sessions will cover several topics, including the role of local government and of councillors, developing an election platform, and how to campaign.

Mandatory candidate training

It is a new requirement in 2020 that anyone wishing to nominate as a candidate must complete a mandatory training session prior to nominating.

Local Government Victoria (LGV) is developing an e-learning module that will be made available from late July to mid-September for prospective candidates to complete.

For more information, and to register for optional information sessions or mandatory candidate training, visit mrsc.vic.gov.au/elections

You must be on the electoral roll if you are 18 or older, are an Australian Citizen and have lived in Victoria for at least one month.

Enrol by Friday 28 August, 4pm to be eligible to vote in this year's election.

To enrol or update your details, visit the Victorian Electoral Commission's (VEC) website vec.vic.gov.au

For more information on the election period, information sessions, candidate training and key election dates, visit mrsc.vic.gov.au/elections

New Draft Governance Rules & Revised Election Period Policy

Community feedback is invited on Council's new draft Governance Rules and revised Election Period Policy.

The rules and policy are requirements for all Victorian councils under the new Local Government Act 2020.

Chief Executive Officer, Margot Stork said the rules and policy outlined the ways in which Council conducts its meetings and those of its delegated committees, elects the Mayor and Deputy Mayor, operates during the period prior to an election, and how conflicts of interest are to be declared.

Ms Stork said the new draft Governance Rules combined requirements from the existing Local Law 11 – Meeting Procedures and the existing Election Period Policy into a single set of rules and that the new Local Government Act 2020 requires that a broad range of documents be in place to ensure Council continues to be guided by sound principles.

To view the draft Governance Rules and revised Election Period Policy and have your say, visit mrsc.vic.gov.au/yoursay until 5pm on Tuesday 11 August 2020.

For more information, call (03) 5422 0333 or email mrsc@mrsc.vic.gov.au

Sunset to Sunrise Cat Curfew Now in Place

All cats within the shire must now be confined to their owner's property from sunset to sunrise, and are prohibited from entering Council's most sensitive environmental areas.

The cat curfew, which came into effect on 1 July, is part of Council's Dog and Cat Control Order 2019 which also included the introduction of designated dog on and off leash areas. Cat owners are encouraged to familiarise themselves with the new legal requirements, including prohibited areas for cats.

The introduction of the cat curfew and prohibited areas is consistent with Council plan priorities to promote health and wellbeing, protect the natural environment and deliver a strong and reliable government.

Owners are advised to seek out information about cat behaviour training and enrichment options and Council's website is a great source of information around confining

cats and also includes a list of prohibited areas for cats.

Council rangers and Local Laws officers are available to assist the community with understanding the new requirements over the coming months.

The new cat requirements are a result of extensive public consultation that began with the development of the Domestic Animal Management Plan 2017-2021 and Council has worked to balance the needs of cats, their owners and the broader community, while also reducing the impact of cats on the natural environment.

For more information, call (03) 5422 0333 or visit mrsc.vic.gov.au/cats.



Take Your e-Waste to a Better Place

Did you know you can drop off electronic waste (e-waste) at Council's transfer stations for free?

It has been one year since the Victorian Government banned all electronic waste (e-waste) from landfill.



All electronic items including fridges, washing machines, TVs and other household electrical appliances can be disposed of at no charge at Council's three transfer stations, along with all other recyclable materials.

E-waste has been banned from kerbside collection bins to ensure potentially hazardous and valuable materials are

kept out of landfill and the soil, according to Director Assets and Operations, Shane Walden.

Mr Walden said recent bin audits have revealed some electronic items have been incorrectly placed in household bins and there had been illegal dumping of e-waste across the shire.

Illegal dumping should be reported to Council and residents are urged to do the right thing and take ewaste to the nearest transfer station, where residents can drop it off for free.

Council has transfer stations in Kyneton, Woodend and Romsey.

To find out what can be dropped off at transfer stations, or to find locations and opening hours, visit mrsc.vic.gov.au/transfer-stations, call (03) 5422 0333 or email mrsc@mrsc.vic.gov.au

Avoid a frozen meter this winter

A frozen meter or pipe can stop your water flow

Protect them with a box or blanket



Find out more at westernwater.com.au/frost



Additional Funding for Four Year Old Kindergarten in the Shire

The Victorian Government has announced that it will continue to reduce the cost of the funded kindergarten program for families during the ongoing COVID-19 pandemic.

Minister for Education James Merlino announced funding of \$230 per enrolled child for four year old kindergarten in Term 3. This is in addition to the free kindergarten families received in Term 2.

The kindergarten program for four years olds will remain free for those who have a Commonwealth Health Care Card or Pension Card, identify as Aboriginal, or hold a refugee or asylum seeker visa under the existing Kindergarten Fee Subsidy program.

Council continues to take its lead from Victoria's Chief Health Officer and the Australian Health Protection Principal Committee (AHPPC) which has advised that Early Childhood Education and Care (ECEC) services can continue to operate with appropriate risk-mitigation measures in place.

Council's four-year-old kindergarten program has remained in full operation since the pandemic began.

Registrations for Council's three and four year old 2021 kindergarten are filling fast. To register your child, visit mrsc.vic.gov.au/kinder-rego and complete the online form.

For more information and updates on Council service changes and closures, call 5422 0333 or visit mrsc.vic.gov.au/coronavirus

Are You a Local Artist Keen to Keep Children Engaged?

Council is calling for Expressions of Interest (EOIs) from local artists keen on keeping local children engaged and connected in its 2021 school holiday programs.

The call-out is part of KTH KIDS, an artist-led school holiday program designed specifically by local artists for local children.

Mayor Cr Janet Pearce is encouraging suitably skilled artists to submit EOIs that propose creative and entertaining experiences for children aged four to 14 years. The activities will be held at Kyneton Town Hall – a multi-functional venue that offers spaces for performance and exhibition along with the kitchen and wet areas.

The program aims to keep local children stimulated during the holidays with professional artists and educators working alongside to help channel creative energy.

Up to three days of activities can be programmed at Kyneton Town Hall during terms 2, 3 and 4 of the 2021 school holidays.

Submissions close on Monday 3 August.

For more information and to download an application form visit mrsc.vic.gov.au/get-involved



Help Us Name Our New Bin Mascot

Macedon Ranges Shire Council has a new face of recycling, but there is one thing missing ... the new mascot does not have a name.



Enter our competition and help name the bin mascot that will promote good recycling habits and the use of Council's kerbside collection system of up to four bins.

As part of Council's ongoing

Let's Get Sorted community waste education campaign, the bin mascot will appear at schools and events around the shire in coming months as appropriate.

The mascot has four lids, each one reflecting the colour of one of Council's kerbside bins – yellow for recycling, red for general waste, purple for glass only and lime green for FOGO (food organics garden organics).

The competition will be open until 14 August 2020.

To enter the competition and have the chance to win a compost bin or worm farm, visit mrsc.vic.gov.au/bin-mascot To find out more, call (03) 5422 0333 or email mrsc@mrsc.vic.gov.au

Council Podcast Brings Nature to You

Council is launching a new podcast to help raise the profile of the animals and plants within the naturally biodiverse Macedon Ranges.

The 'Macedon Ranges Nature Pod' can be streamed directly to any computer or smart device and played whenever and wherever you want.

Initially three podcasts will focus on sounds in nature that residents might experience in their own backyards. Learn how to identify frog calls and common day and night backyard birds with audio clues and fact sheets that can be

downloaded.

Director Planning and Environment Angela Hughes said the development of the series was fasttracked when most events in the environmental program were cancelled during the pandemic restrictions.

She said the environmental program activities were often sold out so Council knew there was the local community interest and wanted to develop alternative content that residents could enjoy from their own homes.

For more information visit mrsc.vic.gov.au/naturepod

Sidney Seymour's Cottage c1856

Heritage Council Listed Building at 20 Palmer St Romsey

by John Spring - Cottage Coordinator

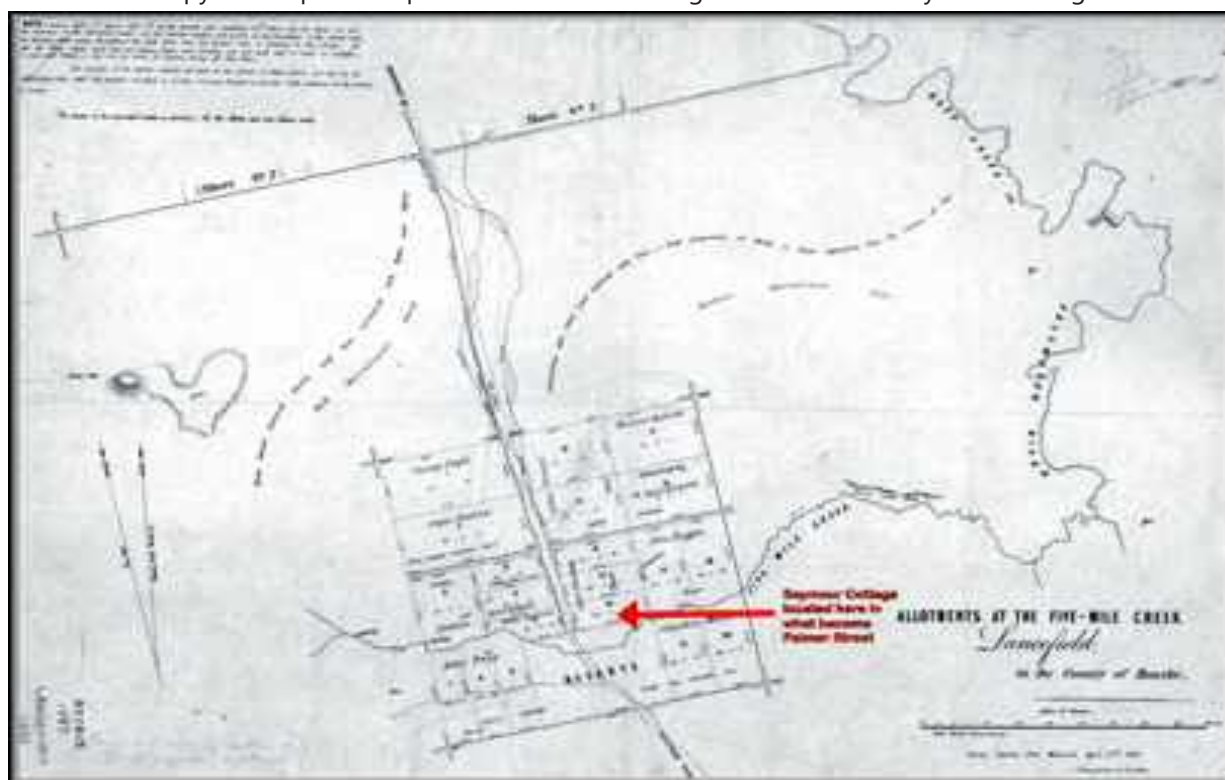
further information obtainable from Romsey & Lancefield District Historical Society's Web Site

<https://romseylancefieldhistorical.com.au/>

Recent documents of historic relevance to the (R&LDHSinc) Romsey & Lancefield District Historical Society's 'Seymour Cottage' property have provided further background confirmation to early pre-federation events in the commencement of the township of Romsey.

A plan from the Victorian Surveyor Generals office dated April 1855 has come to light of a pre-Torrens Sub-Division defining the town boundary of Five-Mile Creek in 1855 and also showing the surrounding northern allotments of land and their initial occupiers in preparation of Land Sales in June 1885. It is important to understand that in 1860 the town of Five-Mile Creek was re-named to what we recognise today as the Township of Romsey.

A copy of this plan is reproduced below showing the location of 'Seymour Cottage':



The farming land upon which Sidney and Elizabeth Seymour worked growing potatoes they called 'Romsey Barten' and hence the heritage 'Seymour' cottage is the earliest remaining farm-house constructed in Romsey possibly as early as 1855. The land shown in the Surveyors plan is in the name of John Pinney Bear. Sidney Seymour and his family worked the farm but he did not purchase the land till 1885. This aspect of the Seymour Cottage property will be the subject of a later Romsey Rag article.



PUBLIC HOLIDAYS & OBSERVATIONS

Sunday 6th September Father's Day

Wednesday 11th November Remembrance Day

Friday 25th September Friday before AFL Grand Final

Friday 25th December Christmas Day

Sunday 4th October Daylight Savings Start

Saturday 26th December Boxing Day

Saturday 31st October Halloween

Thursday 31st December New Year's Eve

Tuesday 3rd November Melbourne Cup

August Be Connected Workshops.

Do you want to improve your digital skills and have a computer, tablet or phone connected to the internet? Join one of our online workshops to increase online skills and confidence for people aged over 50. All workshop groups will be done via zoom and will be small with follow up help provided.

DIARY DATES

August 6 Thursday 10am-11am Introduction to Be Connected

Join our guided tour of the Be Connected portal and discover life online. A treasure trove of interactive learning activities, training, web apps and how to videos aimed at increasing online skills and confidence.

August 11 Tuesday 2pm-3pm Be Connected – Staying Safer Online

In this online workshop you will learn the essentials of safe

passwords, how to pay safely online and tips to avoid scams and tricks. Join us to increase your confidence and online skills. .

August 20 Thursday 10am-11am Introduction to Be Connected

Join our guided tour of the Be Connected portal and discover life online. A treasure trove of interactive learning activities, training, web apps and how to videos aimed at increasing online skills and confidence.

August 25 Tuesday 2pm-3pm Be Connected – All about apps

Wondering what all the fuss is about? This topic takes you into the world of apps, or Applications, the amazing little programs that can help you do almost anything on a smart phone or tablet.

HERE'S A REFRESHER IN HOW TO NAVIGATE YOUR WAY AROUND OUR ONLINE CATALOGUE AND PLACE A RESERVATION.

What Can I Borrow and For How Long?

	Books	Unlimited	3 weeks
	DVDs	10	1 week
	Music CDs	10	3 weeks
	Magazines	Unlimited	1 week
	Audiobooks	10	3 weeks

****With your library card you can borrow from any branch and return items to any branch!**



You will be notified by SMS or email once the item arrives, and it will then be held for 10 days.

You can check the status of your reservation(s) by logging into your account (see next page on how to log in) and clicking on 'Pending reservations' on your dashboard. There is also a How-To video on our website that will walk you through browsing the catalogue and reserving items. On the homepage of our website (www.ncgrl.vic.gov.au), click on the 'How To Videos' button on the left-hand side.

If you require assistance with any matter relating to your library membership, including how to access online processes, please email us at: Romsey@ncgrl.vic.gov.au and we will get in touch with you. Thanks!

Browsing the catalogue and reserving items

You can browse the entire Goldfields Library catalogue online, reserve items, and collect them at your local agency or branch!



Goldfields Library Corporation Regional Headquarters

PO Box 887, BENDIGO VICTORIA 3552

251-259 Hargreaves Street, BENDIGO VICTORIA 3550

p: 03 5449 2700 | f: 03 5441 2247 | e: ncglib@ncgrl.vic.gov.au

www.ncgrl.vic.gov.au | DX: 214507 | ABN 32 059 587 430

North Central Goldfields Regional Library Corporation trading as Goldfields Library Corporation

Thankyou Romsey and Lancefield!

Despite appearing closed Romsey Neighbourhood House has still been abuzz with activity! In response to the Coronavirus pandemic, we launched our 'Lancefield Romsey Community Support' initiative in March to look after individuals, families and local businesses impacted during these challenging times.

The Lancefield and Romsey Neighbourhood Houses would like to extend a HUGE thank you to our local communities for your support and generosity during these Covid-19 times. With a team of over 40 dedicated volunteers, we have cooked over 950 meals, delivered food parcels to over 40 families and raised over \$1,500 of cash and in-kind donations from local residents and businesses. In addition to this we have been keeping our vulnerable connected to community with regular friendly chats via phone calls and linking people into the services they need. Lancefield Romsey Community Support will continue to operate throughout the duration of Covid-19, so if you or someone you know may need assistance in any way don't hesitate to contact the Neighbourhood House or our dedicated Hotline on 0491 243 996.



Whilst the Romsey Neighbourhood House remains closed to our normal courses, activities and classes, we are still busy running both our Covid-19 response hotline as well as running a select number of online classes. If you'd like to be part of our online activities but don't know how to

connect to them, don't feel computer savvy enough, we are here to help you! Calling out to the community if you have old but still working computers, laptops, tablets or even phones through which we can support our community to stay connected remotely. Brochures are also available at the Romsey IGA with details of our online courses or visit our Facebook page for more details.

We have also been busy working on our next project- **our Community Enterprise Shopfront**. This is a shopfront **for the community by the community**. This will incorporate a 'Trading Post' where talented locals can showcase their hand-made, hand-produced wares to generate extra income, a 'nearly new' pre-loved boutique, a hairdresser and a 'Community Foodshare' where you will be able to barter, buy, swap and sell food items including purchasing bulk bought items. The shopfront will also comprise of a Community Garden to keep our gardening enthusiasts busy and supplementing our community Foodshare service. We are putting a call-out to the community to be involved in this initiative or for donations for all things gardening-related eg. Seeds, plants, gardening tools, wheelbarrows, garden sheds, supplies for garden beds, hot house, corrugated iron, timber for garden beds and shopfront shelving, etc. With Covid-19 still upon us, this is a valuable time to be producing items for sale! We also welcome the selling of propagated plants, seedlings as well as a seed swap service. Contact us on 5429 6724 if you'd like to find out more!



Avoid Winter Pipe Problems



Western Water is reminding customers to take care of their pipes this winter.

With cooler than average temperatures expected across the state, Western Water says customers need to be extra careful to avoid blockages.

"Throwing fats, oils and grease down the sink at any time can cause issues," said Paul Clark, Western Water's Acting Chief Operating Officer.

"But during winter, problems can happen much quicker as fats harden faster in cold temperatures," he said.

Western Water said customers can avoid issues by following a few simple steps.

"Only flush the three P's – pee, poo and (toilet) paper and never pour fats, oils or grease down the sink".

"Wipes, even ones that say 'flushable' on the packaging should never be flushed," Mr Clark said.

To ensure a constant supply of hot water, Western Water also recommends that customers cover their meters during colder weather.

"Water meters and pipes that are exposed to frost can stop your water supply and in the worst-case scenario the pipe can break," said Mr Clark.

"To prevent this happening, cover your meter with a blanket or container the night before frosts are predicted".

Western Water offers tips and videos on how to prevent sewer blockages and frozen pipes at westernwater.com.au

Advice from the Australian Veterinary Association Regarding Pets of COVID-19 Positive/At-Risk Humans

- The current spread of COVID-19 is a result of human to human transmission.
- There is no evidence that companion animals can spread the disease to humans or other animals.
- There have been no reports of the virus in domestic animals or wildlife in Australia.
- The World Organisation for Animal Health (OIE) advises there is no justification in taking measures against companion animals which may compromise their welfare.

Romsey Veterinary Surgery is still open but have implemented some precautions to protect their staff and clients.

On your arrival to the clinic, you will find the front door locked but just give them a call on **5429 5711** or **ring the afterhours door bell** located at the front door.

More details about the changes can be found by visiting their Facebook page or giving them a call.

Stay safe everyone!



Deep Creek Landcare Group

Covering Lancefield, Romsey and Monageeta Districts

There are many benefits from being a member of Landcare. One of which is receiving the e-newsletter from our Landcare Facilitator, Lauren Linke. It contains lots of information about environmental programs in the area, government grants, fantastic wildlife photos, links to interesting articles and activities plus on-line training and workshops. One of these that spiked my interest was from Trust for Nature which has run a series of popular webinars.

Bruce Pascoe, author of the best-selling *Dark Emu*, was the first guest. During the bushfires he returned to his 60 acre farm near Mallacoota to assess the fire damage, fight the fires with the C.F.A and assist the community in the recovery effort. Pascoe also has a family company called Black Seed Food. He talked about the aim to produce, on a commercial scale, some of the indigenous food mentioned in *Dark Emu*. Specifically, they are harvesting grain from native millet and kangaroo grass to make flour. As well as the clear environmental benefits Pascoe is convinced that native grain can become a larger part of our diet and he is adamant that its production involve aboriginal people. Elsewhere, he has referred to the 36,000 year old grindstone found in N.S.W



which poses the question: Were indigenous Australians the world's first bakers?

The next two guests, Lindy Lumden and Ed McNabb spoke about animals of the night. In particular, the many varieties of bats, possums, gliders and owls. All of these

nocturnal creatures have a place in our ecosystem; hence, light pollution is a serious matter right around the world. This has led to the formation



of the Australasian Dark Sky Alliance (ADSA) which is an independent, non-profit charity formed to educate the public and policy makers about night environment conservation. Light pollution is the fastest growing pollutant around the globe with scientific research showing an average year-on-year increase of more than two percent.

We can all do our bit by turning off unnecessary outside lighting. This will be appreciated by the myriad of frogs, moths, beetles and insects and in turn the nocturnal birds and animals of the night that feed on them. A related matter is the cat curfew that came into effect in the Macedon Ranges Shire on July 1. The curfew operates from sunset to sunrise. Cats are great, or at least they think they are, but they are a key threat to 123 endangered species in Australia so please keep them inside unless supervised.

Indian Myna birds continue to be a problem in the district. We have traps available to borrow. Annual Landcare membership is \$20 per family. You can follow us on facebook, contact our President, Phil Severs (0476 324 000) or attend our monthly meetings in the Lancefield Mechanics Hall.

Community Wellbeing Project in Romsey and Lancefield

Over the past year, Cobaw Community Health and Swinburne University have been meeting with a small and committed group of people who live and/or work in Romsey and Lancefield to identify and implement actions to improve local mental health and wellbeing in the two towns.

The group has identified three action areas: 1) local initiatives for young people; 2) whole-of-community discussions around mental health; and 3) promoting respectful relationships and preventing violence against women.

We are now forming working groups to implement projects in each of the three action areas and invite interested community members to contact Lauren from Cobaw Community Health on 0437 472 752 or lauren.tyrrell@cobaw.org.au if they'd like to join and contribute to any of the three working groups.



State of Emergency Extended to 16th August

Due to a significant rise in new cases of the coronavirus, the state of emergency has been extended for another four weeks.

Essentially the message is still, continue to work at home if you have been, take additional precautions including regular washing of hands, no hand shaking and if you feel unwell get tested and stay at home. Remember if you travel to Melbourne or Mitchell shires you must wear a face mask.

Cooking with Peter Russell-Clarke

Omelettes



The French make and serve omelettes with gay abandon. Fine herbs and tomatoes, onions or a combination of all of them and anything else that's edible top the mixed eggs in a joyous expression of life.

So, if the French can do it so can we. As we all listen to the gloom and doom, one is reminded of John O'Brien's poem where Hanrahan expresses constantly and with dour enthusiasm "We'll all be rooned."

We obviously believe we will run out of food and so battalions of frightened, but determined, people invade their food stores to empty the shelves of anything, whether it's edible or not.

Those of us who resist the compulsory hoarding of goods which will remain for our future descendants to wonder at are in a position to use up what foods we have at hand. And in what combination.

As I have eggs in the fridge which need consuming (the eggs not the fridge), I decided that omelettes should grace the table, after a soup of all the small pieces of fruit and vegetables (such as cauliflower and broccoli stalks) that proliferate the crisper drawer. These were pureed (after the tough outside sheaths of inedible fibre were removed - as, too, were pumpkin seeds, etc) with commercial vegetable stock and one or two flicks of assorted herbs and spices.

But it's the omelette we're concentrating on today. And one omelette per person, made from 2 eggs - although the standard idea is 3 eggs per individual omelette. Of course, if one wishes to make a whopper omelette to serve a portion to each person at the table, use more eggs, but I find the small omelettes much easier to cook, serve and eat.

I break 2 eggs into a small slopy-sided pan in which I've melted a teaspoon size nob of butter with a splash of olive oil. With the heat off I gently mix the eggs with a wooden spoon (gently). I let the mixed eggs solidify on the underside once I've turned the heat back on.

With the topside of the eggs still semi-sloppy I turn off the heat and flick a little garlic salt (a little) over the sloppy egg upside. (Salt toughens protein so it goes on last). I then put a slice of raw orange on the egg with a slice of smoked trout. This goes on away from the pan handle - so that when the omelette is slid over the sloping side of the pan with the top of the omelette folding over the filling, it is done with ease and dexterity.

I don't overcook the omelette, leaving the topside cooked but wobbly. Some folk will prefer to have both sides of the eggs cooked firm. So be it. And of course add a filling which suits your palate, purse and what you've got in your fridge which needs eating up.

For instance, if you've a few strawberries which must be eaten, there's no reason they shouldn't accompany a few baby spinach leaves or a soft banana or a few slices of chorizo and a slice of rock melon.

I mention the above to signify that ham or bacon isn't the only topping - or cheese - though both the latter are good-o. But think of adding a few blueberries or sliced capsicum - anything but the kitchen sink

Good luck!!



The Mount Players Gatherings History to Mark their 50th Anniversary



Although productions are at a standstill at the Mountview Theatre, there is still action taking place by our Historical Group. They are gathering and collating information, stories and photographs to put together a book to mark the players 50th anniversary in 2022.

There's lots of history on file but we are putting out a call to anyone who may have something to add by way of information or photos that will be of interest.



A multitude of productions, one act play festivals, celebrations and indeed tragedies have paved the way over the past 50 years, so it will indeed be a time to celebrate and remember!

Please contact Karen Hunt via email at karenhunt405@gmail.com if you have something you would love to share.

See you at the theatre.....one day

By Karen Hunt

Historical Facts

According to tradition, the first engineer to build a bridge across the Tiber in Ancient Rome was given the name Pontifex, meaning "bridge builder." The Pontifex was seen as someone who "connects" people, and that symbolism was so powerful that Roman high priests--including Julius Caesar--later adopted the title Pontifex Maximus. During the Roman Imperial age, the emperor was always the Pontifex Maximus. The title eventually passed from Roman emperors to the leader of the Roman Catholic Church. Today, the Pope still carries the title Pontifex Maximus.

Armored knights raised their visors to identify themselves when they rode past their king. This custom has become the modern military salute.

At the height of its power, in 400 BC, the Greek city of Sparta had 25,000 citizens and 500,000 slaves.

Bock's Car was the name of the B-29 Bomber that dropped the Atom Bomb on Nagasaki.

Britain's present royal family was originally named Saxe-Coburg and Gotha. The name was changed in 1917, during WW1 because of German connotations. The name Windsor was suggested by one of the staff. At the same time the Battenberg family name of the cousins to the Windsors was changed into Mountbatten.

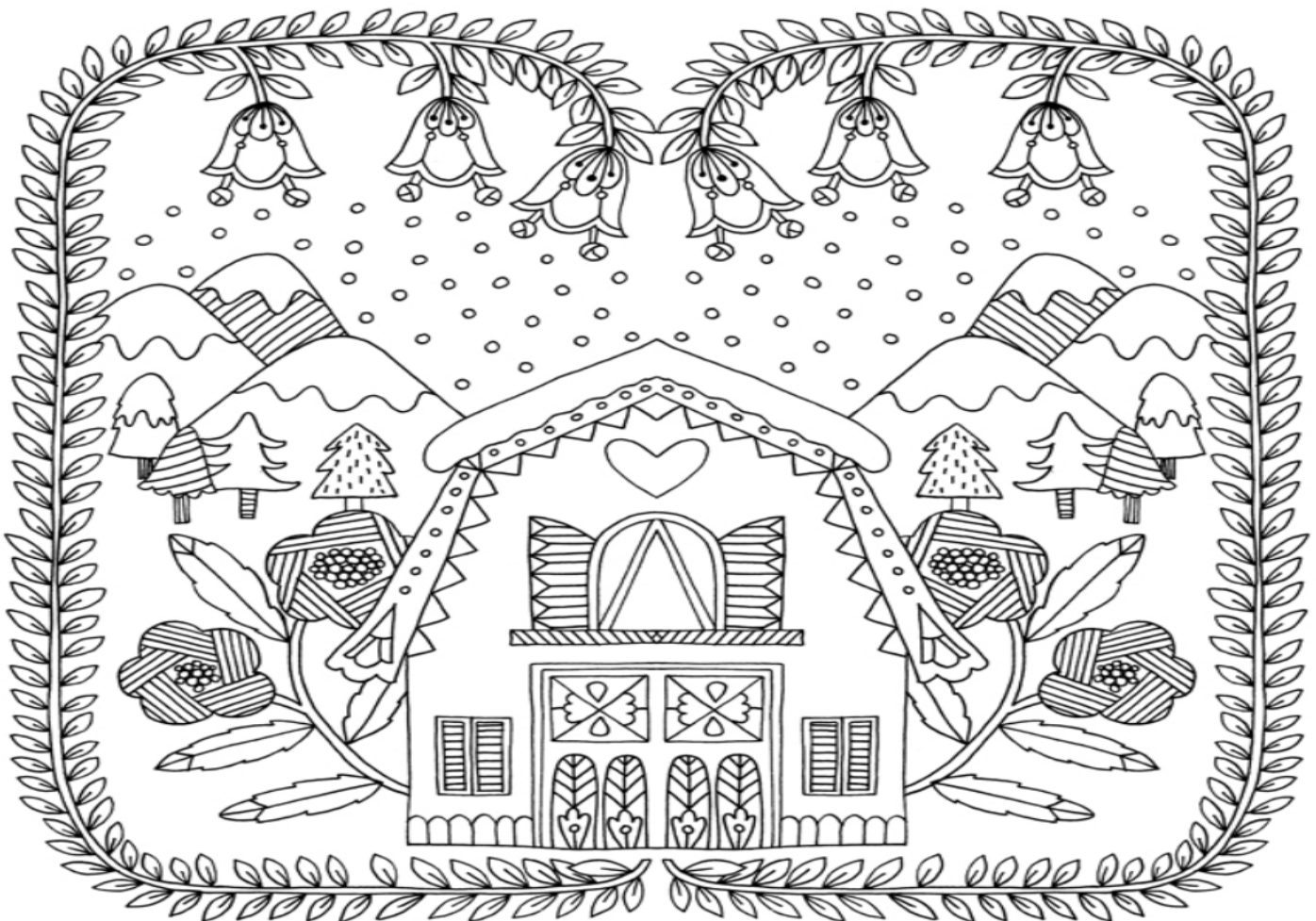
Captain Cook lost 41 of his 98 crew to scurvy (a lack of vitamin C) on his first voyage to the South Pacific in 1768. By 1795 the importance of eating citrus was realized, and lemon juice was issued on all British Navy ships.

Chicago's Lincoln Park was created in 1864. The original 120 acre cemetery had most of its graves removed and was expanded to more than 1000 acres for recreational use.

Christmas became a national holiday in the US in 1890.

Emperor Nero's lust for excess was most evident in his elaborate parties. According to the ancient writer Suetonius, Emperor Nero's Domus Aurea had a circular main dining room with a roof that revolved day and night, in time with the sky. In what remains of the palace today, there is a large octagonal room with a domed ceiling that some believe is this dining room. The octagonal room has a large dome with an oculus in the middle. It predates the Pantheon--and was probably the inspiration for it. The architects of the Domus Aurea developed an innovative mechanism cranked by slaves, that made the ceiling underneath this dome revolve like the heavens. While the ceiling revolved, perfume was sprayed from the ceiling and rose petals were dropped on the diners. Legend has it there were so many rose petals falling at one dinner that one of the guests was asphyxiated.

Colouring for the Kids



Romsey Golf Club, Men's & Women's Reports



Park Lane, Romsey
PO Box 200, Romsey 3434

www.romseygolfclub.net
mail@romseygolfclub.net

President 0417 088 891
Secretary 0400 768 040

During June members of the club worked hard to prepare a detailed submission, including quotes, to the MRSC 2020/21 budget. On July 8th we were part of a Zoom meeting, we made a brief presentation and then answered any questions the councillors had. If successful, these works will reduce boggy, slippery sections making the park safer for the large number of community who use it and provide a tough drought resistant grass.

Booking System: RGC is required to keep the given name and phone number of all players or members who are mowing etc when they are on the course. A Western District golfer has designed a program allowing everyone to book and pay on line; "**Book A Tee**", is being adopted by many clubs.

Gardens: RGC continues work on



Our newest garden behind the 18th tee

beautifying Romsey Park. Our new garden is behind the 18th tee. Native ground covers, flowering bushes and trees have been planted and 200mm of mulch added. Our thanks to **Rob Good** who provided all the pine post edging.

2020 John Laing Shield competition has progressed well. Qualifying, quarter finals and one semi-final have been completed. Given the recent lockdown, this shield and the Algie Mitchell Shield, will be finished later in the year

Pennant Golf: With some Dalhousie District clubs in Mitchell Shire, the 2020 women's Monday Pennant competition has been cancelled. Sadly, no DDGA pennant during 2020.

Covid-19: Many local golfers are members of clubs in the metropolitan area. Access to these courses is currently not possible, we would like to offer all of these golfers the opportunity to play in Wed &/or Sat competitions; \$5.00 comp fees.

REDUCE the RISK.

www.cfa.vic.gov.au/plan-prepare/fires-in-the-home

How do you store your chemicals?

Store Chemical products such as petrol safely away from ignition sources and out of reach of children.

www.cfa.vic.gov.au



Encourage Church

Romsey Office:
7 Mitchell Court Romsey
Ph (03) 5429 6327

office@encouragechurch.com.au
www.encouragechurch.com.au

At Encourage Church, we are all about people. God commands us to love one another and by this shall all men know that we are His. We hope to see you at one of our services or events soon.

Please follow us on social medial or check our website for updates on our Sunday Services detail

Find us on Instagram and Facebook using the following @encouragechurchromsey



PASTOR'S PARABLES

The Body of Christ

An Arab sheik was getting along in years and he felt that it was time to name one of his sons his successor. He had three sons, who were triplets. He loved them all equally and did not know which of them to choose as a successor. So he sent them off to a distant land and promised that the one who would come back with the most useful learning would get the birthright. The three went off to distant lands; attended universities and visited exotic places. The first brother invented magic glasses with which he could see any place he wished to see on earth. The second perfected a magic carpet on which he sat and zoomed to any part of the earth in five minutes. The third son invented a medicine that could cure any sickness. After some years the three came together for a birthday party and explained what they had found. The first son looked through his magic glasses and saw his father dying. The second invited the other two to hop onto his magic carpet and within five minutes they were at their father's side. There the third son took out his magic medicine and cured his father at once. Now the sheik was more confused than ever, since it took the work of all three of them to save his life....

That is the story of the Christian Church, also known as the Body of Christ. As Christ's representatives on earth each of us need one another and one person is not more important or valuable than the other. (See 1 Corinthians 12:12-27.)

At Encourage Church we recognise that God values us all equally and so we Encourage one another to be All we can be in life and in God.

If you are looking for a Church, have questions about faith, or need the love and support of Christians who truly care, particularly in these trying times, we invite you to contact us for a chat or prayer. You are important to both God and us.

Love and Blessings, Pastor Marilyn Hunter, Senior Pastor.

Our aim is to Encourage one another to be all we can be, in Life and in God.

If you would like to know more about faith in Jesus

Please contact Pastor Marilyn or our Church office Ph 5429 6327.



The Anglican Parish of Christ Church Lancefield and St. Paul's Romsey

Correspondent:
Doreen Morgan

Parish Office: 5429 1830

Minister: Rev. Judi Pollard
Mobile: 0402 268 001
Email: judepol@bigpond.net.au

GROWING IN GRACE

Four weeks have passed since Trinity Sunday. Trinity Sunday divides the Christian year into its two main parts. The first part being God's mighty acts in achieving man's salvation, in the person and work of our Lord Jesus Christ.

The second part of the Christian year challenges us as to how we respond to God's saving grace and the working out of His plan and purpose in our Christian life, conduct and duty. Remember His last command to "Go into all the world and preach the Gospel (the Good News of man's salvation in Christ) to everyone."

We do this by praying, giving and going, by supporting our missionary agencies — CMS, BCA etc.

Jesus also told a parable of the Great Feast. (Luke 14:16-24). A certain rich man sent out invitations to come and share in the great feast he was preparing. When all was ready, those invited all began to make excuse as to why they couldn't come.

This group is representative of the Jewish nation who for centuries have been looking for their Deliverer and now He has come turn their backs on Him.

So now, that the feast so carefully prepared was not wasted, the servant was instructed to go out in the streets and lanes of the city where the poor and needy lived, and still there was room for everyone. Why did they accept? Not just because they were needy but because

they were AWARE of their need.

There is room for all and He wants all to come. The invitation is given but there are some who will not come.

This parable demonstrates the free grace of God, and the free-will of man.

So many in our society today are not AWARE of their need of God's presence in their lives. We all need Him to feed our hungry souls, we need Him to be with us in these uncertain times to guide, strengthen and encourage.

As we become aware of our need of His indwelling presence, we are being equipped to be His agents in bringing Love, Hope and Harmony to a lost and weary world.

"My God and is Thy table spread, And does Thy cup with love o'er flow? Thither be all Thy children led, And let them all your sweetness know."

P. Doddridge

We continue to keep in touch with each other, Parish Council meets each month and we all meet around God's Throne of Grace by telephone hook-up each Sunday.

Doreen Morgan, Correspondent

PLEASE contact me, Revd. Judi on 0402 268 001 for pastoral care or any other queries."

May God watch over us all and keep us safe during this testing time as we put our faith and trust in Him.

MACEDON RANGES UNITING CHURCH PARTNERSHIP CONTACTS

Office Phone: 5428 6920
 Email: macedon.ranges.partnership@hotmail.com
 Website: www.macedonrangesunitingchurch.org.au
 Ministers: Rev. Peter Cannon Ph. 9746 3454 or 0418 570 013
 Pastor Annette Buckley Ph. 5429 5351 or 0457 608 539

Due to the Government Restrictions regarding the Corona Virus the Romsey Uniting Church is closed and all church activities have ceased until further notice.

The Romsey Uniting Church Congregation are hoping to be able to worship together again in the church in the future. Taking into account the social distancing required and other Coved-19 restrictions.

Website: www.macedonrangesunitingchurch.org.au/worship-services

Members of the Uniting Church Macedon Ranges Partnership have been enjoying worship services via Video Link - see the website above.
 These services have been very enjoyable and we all appreciate our ministry team for the work they are doing to present these videos.

Where to look in your Bible:

If You have experienced severe losses	Colossians 1: 1 Peter 1.
If You are facing a crisis	Job 28:12-28; Proverbs 8: Isaiah 56.
If You need forgiveness	John 1-9; Luke 15
When Desiring inward peace	John 14: Romans 8
When Seeking the best investment	Matthew 7.
When Sorrow overtakes you	Psalm 46; Matthew 28
When You Feel your faith is weak	Psalm 126; 146; Hebrews 11
When You Think God seems far away	Psalms 25, 125, 138; Luke 10
When You Are planning your budget	Luke 19
When You Want to praise God	Psalms 27, 40; Romans 11:33-36
To Find The Ten Commandments	Exodus 20
To Find The Shepherd Psalm	Psalm 23
To Find The Lord's Prayer	Matthew 6:5-15; Luke 11:1-13

Paraphrased from literature used by the Bible Society Australia

MASS TIMES EFFECTIVE AS FROM 14TH JUNE 2020

1st & 3rd weekend of the month
 9am Mass – Sunday – Romsey

2nd, 4th & 5th weekend of the month
 9am Mass – Sunday - Lancefield

Lancefield Church open each Friday 10am-12noon
 for Private Prayer & Rosary

A maximum of 20 parishioners may attend. Please contact the parish office by phone: 5429 2130 or by email: lancefield@cam.org.au to register your attendance for the next available Mass.

Please do not show up to Mass unless your registration has been confirmed as entry will not be allowed.

FUNERAL ARRANGEMENTS

If you need the services of Fr. Martin to arrange a funeral, please phone him directly on 0400 439 918.

BAPTISM

Please phone the secretary on 5429 2130 or email to lancefield@cam.org.au to book the next available date.

WORSHIP FROM HOME – HOW TO PARTICIPATE IN MASS ONLINE

- St. Patrick's Cathedral Melbourne, daily Mass at 1pm, Sunday Mass 11am.
- Watch this at <https://melbournecatholic.org.au/Mass>
- Via facebook <https://www.facebook.com/CatholicArchdioceseofMelbourne>
- The Archdiocese youtube channel at www.youtube.com/archmelb
- Channel 31 daily Mass – check guide for times
- Mass for you at home is broadcast on network Ten on Sundays and Aurora Channel on Foxtel every day.
<https://10play.com.au/mass-for-you-at-home>
- Fr. Vinoth streaming live on Sundays via <https://www.facebook.com/St-Brigids-Parish>

A weekly email is being sent to parishioners with updates and news regarding our parish. If you would like to be included on the mailing list, please send a message to lancefield@cam.org.au



The Uniting Church in Australia

Macedon Ranges Partnership

Romsey Congregation
 25 Pohlman Street,
 Romsey. 3434
 (P.O. Box 264)

Chairperson
 Mr. Noel Shaw
 5429 5509

Secretary
 Mrs. Jenifer Clampit
 5429 5480

*Let the peace of Christ rule in your hearts and homes.
 Let the word of Christ dwell in you richly.
 God comes to us, each and every one.
 God bless you every day.*



St. Mary's Parish - Lancefield & Romsey

27-29 Chauncey St, Lancefield
 & 85 Main Rd, Romsey

lancefield@cam.org.au

Parish Priest	Fr. Martin Fleming C/O Woodend Presbytery 5427 2690
Supply Priest	Fr. Daryl Montecillo C/O Woodend Presbytery 5427 2690
Parish Secretary	Mrs. Tammie Dalgleish 5429 2130
School Secretary	Ms. Julie McDougall 5429 1359
School Website	www.smlancefield.catholic.edu.au

BUSINESS & TRADE DIRECTORY

ACCOUNTANTS & BOOKKEEPING

BOOKKEEPING SERVICES - TEL: 0421 665 655



Our Clients Include:

- Hospitality
- Commercial Printing
- Earth Moving Contractors
- Manufacturing
- Fitness & Personal Training
- Couriers
- Property Management & Development

Remote & Onsite Services **myob**

The Complete One-Stop Bookkeeping Service! PROFESSIONAL & RELIABLE

KRAMMER ACCOUNTANTS

Email: wkrammer@bigpond.net.au

W.F (Bill) KRAMMER FPNA

Essendon Suite 7, 2nd floor, 902 Mt Alexander road Essendon
 Tel: (03) 93260211 Fax: (03) 93700759
Romsey 106 Main street Romsey 3434
 Tel: (03) 54295477 Fax: 54296778
Sunbury rear of 36 Macedon Street (PO box 96) Sunbury 3429
 Tel/Fax (03)87469890

AUTO

WE BUY
CAR - CARAVAN - MOTORHOME
0418 183 360

Cash - Bank Cheque - Finance Paid Out - EFT

SELL TODAY

LMCT 10132 SHD 0015048

ELECTRICAL



- Commercial & Domestic feasibility assessments
- Project Management

info@bluetonguesolar.com
 Ph: 5428 5390

ELECTRICAL

CJ BROMLEY
ELECTRICAL CONTRACTOR
 For All Your Electrical Requirements

Split Systems, Garages, Rewires, Extensions
 Switch Board Up Grades

SOLAR PV SYSTEMS
 Design, installation & maintenance
colinjrbromley@gmail.com



M: 0419 580 380
Ph: 03 5429 5938



HOME & GARDEN

CENTRAL TREE CARE

Professional Tree Service
BRADLEY NUTTALL
All Sorts of Maintenance

Travel Tower
 Wood Chipper
 Tree Climbing
 Stump Removal

18 Palmer Street,
 Romsey, 3434
 Phone/Fax: (03) 5429 5549
 Mobile: 0409 023 282



HOME & GARDEN cont.

EXCAVATION EARTHWORKS

ALL TYPES

DAMS. ROCK CLEARING. ROCKBREAKING

3 – 45 TONNE EXCAVATORS

DUMP TRUCKS, DOZER, GRADER

BACKHOE, FRONT END LOADERS

MARTIN 0417 131 460

PH Roofing

Trevor Harbinson
 Mobile: 0411 508 120
 Phone: 5429 6632

- Storm damage
- Repairs
- Re-bedding and Pointing
- Extensions
- Free Quotes



BUSINESS & TRADE DIRECTORY

HOME & GARDEN cont.



Quick Fix Services
 ■ Small Repairs & Construction
 ■ Labour Hire
 ■ Light Fabrication
 ■ Home Maintenance

Colin Showler
 Mob **0419 322 921**
 Email c.showler@inbox.com
 6 Gwen Place Lancefield 3435

Fully Insured
 ABN 74 565 332 611

MAINTENANCE



NORTH WEST HOSE & FITTINGS
 ABN 66 452 842 518

Paul Fabris
 M 0411 554 368
 E nwfhands@primus.com.au
 A 1792 Romsey Road, Romsey, Vic 3434

Hydraulink
 Hose and Fittings

Best under pressure

PLUMBING



MURPHYS PLUMBING VIC

- Hot Water Units
- Gas Fitting
- Split Systems
- Hydronic Heating
- Rain Water Systems
- Bathroom & Kitchen Renovations
- Roofing & Drainage

Servicing Macedon Ranges
 No job too small

Paul Murphy 0438 298 659
murphysplumbingvic@gmail.com

VETERINARY SERVICES



Romsey Veterinary Surgery

80 Main Street Romsey 3434
 5429 5711

admin@romseyvet.com.au
www.romseyvet.com.au

Open 7 Days • 24hr Emergency Service

WOOD SERVICES




SPLIT RED GUM FIREWOOD
 LPG 45kg Cylinders Rental Free -
PH MANNY 0418-570-249
 Yard Sales Ph Amanda 0438-570-249
 Email sales@romseyfirewood.com.au
 Credit Cards Accepted
 547 Lancefield Tooborac Rd Lancefield

WRITING SERVICES

- Writing & Editing Services
- Online Classes & Coaching
- Speaking Engagements

Get it right for professional impact!

0407 901 008
liliane@lilianegrace.com



Liliane Grace
 • Award-winning author
 • Writing tutor since 1987
 • Dynamic speaker

Author, Editor and Tutor Liliane Grace began teaching a Creative Writing Course at the Romsey Hub in March 2020 - just before COVID closed the Hub's doors. Her class went online and is still going. If you'd like to join this group of keen writers, or if you'd like more information, please contact Liliane.

VACANT SPACE

If you want to promote you business contact us to see how easy it is to advertise.

email@theromseyrag.com.au

ADVERTISING

Romsey Rag - Memberships/Charges - Feb 2020 – Dec 2020

Full Year Not For Profit Community Group Memberships

Not For Profit 1 - \$50.00 pa.

- up to five (5) monthly 300 – 400 word ½ page reports (reports may be edited to fit the ½ page space).
- One 1/4 page Ad/flyer (black & white) per year and
- inclusion of activities in the monthly “Romsey, What's On” column.

Not For Profit 2 - \$100.00 pa.

- up to eleven (11) monthly 300 - 400 word ½ page reports, (reports may be edited to fit the ½ page space).
- One ½ page or two 1/4 page Ad/event flyers (black & white) per year and
- inclusion of activities in the monthly “Romsey, What's On” column.

If a Not For Profit Community group would like submit a one-off ½ page report or flyer the charge will be \$25.00

Anyone who has any questions re these rates please contact; payablesromseyrag@gmail.com

Commitment Forms (Feb 2020 – December 2020)

Community, Not For Profit (NFP) Group Name : _____

Please circle the option of your choice.

NFP 1	Up to 5 ½ page reports	NFP 2	Up to 11 ½ page reports	FP
\$50.00		\$100.00		Please circle the required package

Name; _____ Signed; _____

For Profit (FP) Charges/Memberships. Please circle the option of your choice.

2020 Advertising Rates Please circle	One Off Ad	For Profit Memberships Please circle		
		3 months	6 months	11 months
Public Notice	\$15.00	\$94.50	\$178.50	\$308.00
Business card	\$35.00	\$175.50	\$331.50	\$572.00
Quarter page	\$65.00	\$324.00	\$612.00	\$1,056.00
Half Page	\$120.00	\$540.00	\$1,020.00	\$1,760.00
Full page	\$200.00	Saving 10%	Saving 15%	Saving 20%
Classifieds	\$15.00	Item description (15 words), cost, location & contact info		
Front page sponsorship - colour	\$240.00	One-off Ads - Colour		
Back page- colour	\$240.00	½ page - \$140.00	¼ page - \$80.00	
Inside front or back cover -colour	\$200.00	½ page - \$140.00	¼ page - \$80.00	

For Profit (FP) Group Name : _____

Name; _____ Signed; _____

Romsey Rag Account Details; **BSB; 633 000,** **Account No; 161 577 895**

Please note;


1. Nothing will be printed without proof of payment and a filled out and signed Commitment Form
2. All payments must be received before the 12th of the month. The Romsey Rag is collated from the 15th of the month and will go to the printer on the 20th of the month
3. When paying please place you name or your group’s name as the reference

ROMSEY LICENSED POST OFFICE

1/33 Main Street Romsey Vic 3434 **(03) 5429 5301**

We offer the following services:

Bill Pay	Children's Books
Fax Services	Passport Photos & Applications
Photocopying	Land Title Identity Verification
Laminating	Fit-to-Work Applications
Office Stationery	Working With Children Check
Pre-Paid Phone Credit	Banking for all Major Banks & many Credit Unions
Seasonal Gifts	Large range of printers for sale



BETTER LIVING

OSTEO



126A Main Street Romsey
(03) 4311 1876

Osteopaths treat more than you think!

- Back and neck pain
- Headaches
- Shoulder pain and injuries
- Tendonitis and bursitis
- Tennis and golfers elbow
- Pregnancy related pelvic pain



Dr. Samantha Baxter
Osteopath



Dr. Anthony Mokbel
Osteopath

www.betterlivingoste.com.au



Romsey Lancefield RSL Sub-Branch

VIETNAM VETERANS DAY 18th AUGUST 2020



Sadly as I prepare this article for publication, it is apparent that with the strict lockdown restrictions we will be unable gather as a community to formally honour those men and women who served in Vietnam.

Wreaths will be laid at Lancefield and Romsey cenotaphs during the day. Those wishing to remember their family members or mates who served should do so independently. We are living in strange times, but we haven't forgotten your service. Lest we forget.

Tony O'Brien
President

Community Bank · Lancefield and Romsey

**APPLY
NOW**

Community investment program

When you partner with us, good things happen.

Your organisation gets sponsorship, and your banking helps support the community.

Applications close Monday 31 August 2020.

Visit our Facebook page (Lancefield and Romsey Community Banks)

Call us on 5429 1977 or search Bendigo Bank Lancefield

bendigobank.com.au

 **Bendigo Bank**