

THE Romsey Rag

VOLUME: 42 | EDITION: 7 | AUGUST 2021



Golf Winners

The Romsey Golf Club winning women's Pennant Team.

NAMES, LEFT TO RIGHT; 2021 Division 2 Champions; Elaine Scanlon, Wendy Gosden, Jenny Hartley, Darlene Baker (Capt), Shirley Shelton & Beryl Cole.

Tom Morgan

RSL Victoria bestowed its highest honour, The Meritorious Service Medal, on Local Veteran Mr Tom Murphy OAM JP.



ABOVE: John McCosker OAM (M), Mr Tom Murphy OAM JP, Reinhard Goschiniak, President Romsey Lancefield RSL.

**Lions recognize
Jenny Stillman for
her tireless efforts
in community
service.**

■ See article page 16.



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Romsey Rag

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5 Lockdowns but still smiling

Over the past 18 months all of Australia has been locked down at least twice, Victoria five times now.

The lockdowns may have lasted for months or just for a few days but each lockdown has affected all our lives and created great hardship for just about everyone. However, the vast majority of Australia have done a wonderful job and kept the number of cases down greatly reducing the damage. This disease does not care about borders or who it latches onto, but the more cases we have the far greater chance of a more infectious variant. It just clear that it is up to each of us to stay aware of the current restrictions and regulations and to act as directed. It is never over until it is over.

If you have experiences and/or ideas about how to stay positive and involved during lockdowns we would all love to hear them.

www.theromseyrag.com.au

Send us your thoughts and ideas for what you think could happen in Romsey.

For all correspondence: email@theromseyrag.com.au.

Please note articles should be restricted to 300-350 words plus/minus a picture.

Articles will be edited as required. The editorial committee reserve the right not to print inflammatory or unsuitable materials.



MEMBER 2021

COMMUNITY NEWSPAPER ASSOCIATION of VICTORIA

the voice of the community

The Romsey Rag is proud a member of the CNAV. It is the peak body representing not-for-profit community newspapers across Victoria.

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EMERGENCY CONTACTS

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Non-urgent Crimes & Events

☎ 131444

Romsey

☎ 5429 5461

Fire Emergency 000

Bushfire Information Service

☎ 1800 240 667

SES (State Emergency Service)

☎ 132 500

Vic Emergency Hotline

☎ 1800 226 226

Nurse-On-Call

☎ 1300 60 60 24

Doctors & Chemists:

Romsey Medical Centre

☎ 5429 5254

Parkwood Green Clinic

☎ 5429 5800

Lifeline Medicals

☎ 5429 3543

Romsey Pharmacy

☎ 5429 5353

Lancefield Country Practice

☎ 5429 1362

Welfare & Support:

Asthma Victoria

☎ 1800 278 462

Beyond Blue Info Line

☎ 1300 22 46 36

Cancer Council Helpline

☎ 13 1120

Sunbury/Cobaw Comm Health

☎ 1300 026 229

Diabetes Australia VIC

☎ 03 9667 1777

Epilepsy Action-Australia

☎ 1300 374 537

1800Respect Counselling

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Romsey Mechanics' Institute

With the gradual lifting of Covid-19 restrictions the RMI has opened up and many of our regular users have returned to run their activities/classes. The CoM would like to thank the Senior Citizens who very generously allowed the RSL to use their rooms during a recent presentation. The RSL also have access to the Senior Citizens' rooms for their monthly dinners.



Established 1865

TOILET EXTENSION & REFURBISHMENT: The works are now completed and with one small hiccup over the finalisation of the building permit things have gone quite quickly and everyone is pleased with the final results. We now have an "all access, uni-sex toilet" at the western end of the building, a smaller store and a new entry from the main hall into the women's toilets. Sections of the women's toilets have also been replastered and repainted. So, stage one of the project is now completed, the CoM will continue to work hard to obtain funds to complete stages two and three. These works have only been possible through the support of the Department of Jobs, Precincts & Regions and the Bendigo Bank.



Works to create the new entry into the women's toilets from the main hall.

AV SYSTEM: The RMI's Audio-Visual system's electronics are now safely secured in a mesh cage. The cage is locked in two places and is screwed to the floor of the stage. These vital pieces of technology will allow interested individuals and community groups to show slides and other material during presentations and to hold film afternoons/evenings

HEATERS: Over the past month we have had the technicians out twice to check the main heater. On both occasions the gas jets were clogged with dust. The heater works on a two-hour switch making it easy for user groups. While they were not sure why these blockages have been happening we will have to keep a close watch as these are large and expensive machines.

ZUMBA: Just a reminder that Karen Francis is back holding ZUMBA classes in the main hall at 10.00am on Wednesday and Thursday mornings. Karen can be contacted on; 0432 807 682

PO Box 130, Mob: 0458 726 106, ABN: 99 340 024 758
presidentrmi@gmail.com, secretaryrmi@gmail.com
rmibookings@gmail.com

www.romseymechanicsinstitute.com

Andrew Baddeley Podiatrist at Romsey Medical Ph: 5429 5254

Diabetes and your feet

Did you know

- **Foot problems** are very common and often debilitating for people with diabetes.
- Every two hours a person with diabetes has a leg or foot removed from diabetes-related foot disease
- 80% of diabetes-related **amputations** are preventable with proper care from a Podiatrist



How does Diabetes affect the feet?

- The nerves in your feet become dull and less able to feel pain over time.
- Your body is less able to push the blood down to your feet.
- Your skin is less able to heal from cuts and scratches.

Home Tips:

- Look for broken skin on your feet
- Feel your feet for numbness
- Feel your feet to check they are not too cold or hot
- Moisturise your feet
- Protect your feet with well-fitting shoes

When should I seek help?

- A Podiatrist should check your feet **every 12 months**.
- Also see a Podiatrist if:
 - you have broken, hard or rough skin on you feet
 - your feet feel numb
 - your feet feel very cold or very hot

RANGES
PODIATRY

Coming in for proper treatment is well worth your time.

Greater Western Water launches, bringing more affordable water services for customers

The region's new water corporation, Greater Western Water (GWW) was launched last month with a brand-new look revealed at the special event held at the Sunbury office.

The new water corporation follows long-term planning by the Department of Environment, Land, Water and Planning (DELWP) and the former water authorities to best cater for population growth in the region and deliver high quality, affordable water services.

The formation of GWW will save on costs and reduce household water bills into the future with former Western Water customers also securing greater access to the Melbourne supply system.

GWW will support and grow regional jobs, consolidating \$1.5 billion of investment across the western region over five years to serve a fifth of Victoria's population.

Inaugural GWW Managing Director, Maree Lang, said that it was an honour to lead and serve the new organisation that spans such a wide region. 'We will use our size, and the full resources available to us, to continue to deliver the water quality and security, affordability, reliability and continuous supply our customers deserve.'

'We are lucky to have a diligent and dedicated expert team and I look forward to supporting each one of them to produce their best for our customers.'



For more information, Visit Greater Western Water at gww.com.au or call 13 44 99.

OUR PRACTITIONERS

Hannah Sutton
Jessica Jackman
Nicolette Truscott
Camille Scott
Margo Field
Jen Frankecombe-Campbell
Danielle Taranto
Karli Newton
Georgia Schembri
Sarah Conte

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Monday 9am - 8pm	Tuesday 9am - 8pm	Wednesday 3pm - 9pm	Thursday 9am - 8pm	Friday 9am - 3pm	Sat. (alternate) 8am - 3pm
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120 Main St Romsey 3434 (03) 5429 3610

For online bookings - www.insymmetry.com.au

Giving residents a greater voice.

Victoria Police is providing an opportunity for residents within the Macedon Ranges to advise police about any safety concerns or ideas and provide feedback in regards to trust and confidence in local police.

SURVEY OPENS:
[1ST JULY, 2021]
SURVEY CLOSES:
[1ST SEPTEMBER, 2021]

The survey will only take a few minutes of your time to complete and is designed to help police address concerns and better support the community.

Visit the below link or scan the QR code to complete the survey:

engage.vic.gov.au/victoria-police-macedon-ranges-area-safety-survey

You can also help police solve crime and keep up to date with the latest news by following our Eyewatch page: <https://www.facebook.com/eyewatchmacedonranges>

Please do not report crime via the survey. If you would like to report a non-urgent crime, please contact the Police Assistance Line on 131 444. For immediate police attendance, call Triple Zero (000).

Romsey/Lancefield RSL Sub-Branch



Vietnam Veterans Day

The Romsey Lancefield RSL Sub-Branch will be conducting a Commemoration Ceremony at the Lancefield Cenotaph Main Street Lancefield on Wednesday August 18, 2021 at 1100 hours.

All Veterans (all conflicts and Peacekeepers), community members and schools are most welcome.

The service will be followed by an informal BBQ in the carpark at the rear of the Romsey Mechanics' Institute (weather permitting).

Community members and schools wishing to lay a wreath are also welcome.

A wreath will also be laid at the Romsey Cenotaph, Main Street Romsey.

If anyone has a question regarding this event, would they please contact Reinhard Goschiniak on 0419 375 060, or John Horan on 0448 279 830.

Tom Murphy honoured

RSL Victoria bestowed its highest honour on Local Veteran Mr Tom Murphy OAM JP. On 9 July 2021 RSL Victoria's State Vice President Mr Des Callaghan OAM BJ JP, presented the Meritorious Service Medal to Tom, who was thrilled to receive it. For full details of Toms achievements, go to The Free Press article of July 13th 2021.



ABOVE: Ms Mary-Anne Thomas MP, Mr Des Callaghan OAM BJ JP State Vice President RSL, Tom Murphy OAM JP, Reinhard Goschiniak President Romsey Lancefield RSL, Mr Rob Mitchell MP.

August in the garden

by **Melanie Kinsey**

By the time you read this we will be into pre-spring! Yay! Every year people exclaim "hasn't spring come early!" but it's pretty much just pre-spring arriving bang on time. Soon after the winter solstice in Central Victoria the garden starts to wake hitting its straps about 5 weeks after the solstice. We seem to be about 2-3 weeks behind Melbourne.

This brings me to the topic of climates. The following information has come from the BOM Climate Guide for Port Phillip and Western Port the zone in which we live:

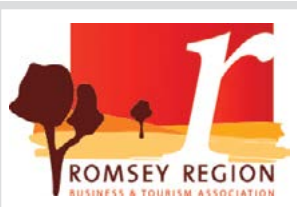
In the last 30 years annual rainfall has decreased slightly. Dry years have occurred 12 times and wet years seven times.

Rainfall has decreased in the autumn and spring months. Rainfall is moderately reliable year-round. The autumn break usually occurs by mid-April in the region's north east around Warburton, through to late May in the south west of the region. There have been fewer frosts. There have been more hot days, with more consecutive days above 35 °C.

It's nice to have many of your observations backed up by scientific data! This sort of information is vital when planning your garden or planning changes to your garden. Less rain, more dry years, hotter days and more consecutive days over 35°C are what mainly caught my eye. Our gardens need to be sustainable – I certainly do not want to be chained to a hose all summer. And this means choosing plants with care.



Plants that can cope with these conditions and not turn up their toes at the slightest rough trot of weather. You also need to consider microclimates – one part of your garden might be more suitable for a plant than another. Knowledge of your garden and its microclimates is the key. Observation leads to knowledge.



Romsey Region Business & Tourism Association (RRBATA)

Jenny Stillman

Phone: 0412 349849

Email: jennystillman@optusnet.com.au

The benefits of the Romsey Region Business and Tourism Association. Be a part of it!

Romsey Online Remember Don't forget, ANYONE CAN BE A REPORTER! Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news".

Please ensure a note of consent from people featured in any photographs accompanies your submissions. Remember, the website is only as good as the information fed to it at info@romsey.org.au.

RRBATA Update

Pre Lockdown5 Dinner provides highlights

The Lancefield and Romsey Community Branches of Bendigo Bank (celebrating 20 years since establishment) sponsored the Annual Romsey Region Business and Tourism Association (RRBATA) Dinner at Glen Erin at Lancefield on 15/07/21. The 70 plus guests were provided with several highlights on a theme recognizing the creative talents of our local residents.

The key speaker was former international chef and now ice cream entrepreneur and Macedon Ranges resident Andrea (Dre) Reiss. Dre was interviewed by a local entrepreneur Col Cameron.

In addition, guests were entertained by the talented local singer, producer and musician Gabriel Macura. The creative talents of the Glen Erin operation were also showcased.

In other news, RRBATA is represented on the Macedon Ranges Business and Tourism Industry Stakeholder Group. The MRSC's Draft new Economic Development Strategy out for comment. This is an IMPORTANT opportunity for business and broader community to have a say on the "economic prosperity roadmap" – please contribute your thoughts.

Facebook: Romsey and Lancefield Region - Business and Living

Instagram: Romsey_Lancefield_Region

www.rrbata.com.au

Membership Enquiries:

Jenny Stillman Phone: 0411 700464,

Email: jennystillman@optusnet.com.au or;

<https://rrbata.com.au/about/rrbata-membership/>

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When our COMMUNITY supports our LOCAL BUSINESSES, our LOCAL BUSINESSES can support our COMMUNITY.

Local businesses featured include: SOLTAN PEPPER, Evans, Verdure, IGA, Blooming PRODUCE, ROMSEY PIZZA & PASTA, THE LANCEFIELD GUESTHOUSE, THRIFTY-LINK HARDWARE, romsey pharmacy, ROMSEY AUTO CARE, Off Road's Outback, ROMSEY Indian Restaurant, INTEGRAL, Aussie Cuisine, BIRDROCK FIELDS, O'Deas AUTO SPARES, RayWhite, Chess, ROMSEY CHINESE TAKE-AWAY, BENDIGO BANK, T.B.A. LAW, ROMSEY HOT BREAD, IMMACULATE SIGNS, RSS, Rine D'Silva, MCB, HUNTER, Curly Flat, and BRD EXPLORATIONS.

WE'RE ALL IN THIS TOGETHER...
LET'S KEEP IT LOCAL!

Planet GAGA

**Call WayOut on 5421 1666
or email healthpromotion@scchc.org.au.**

Sunbury and Cobaw Community Health's WayOut team is hosting a morning of games and activities for non-binary, transgender and gender diverse children and their parents and carers. 'Planet GAGA', aimed at primary school aged children, will offer an opportunity for people from across the Macedon Ranges to connect and have some fun.

"We have exclusive use of Bug-a-Lugs Indoor Play Centre for the morning which has always been a popular place for children to have a run and a jump around, especially in the winter," says Mez Lanigan from WayOut. "There will be time for some free play as well as organised and engaging activities, and drinks and snacks will be provided."

The event takes place on Saturday 14 August from 10am to 12 noon at 3 Hoyle Court Kyneton. This event is aimed at children aged 6 to 11, but you are encouraged to get in contact if you are interested and your child is older or younger.



**SUNBURY
COBAW**

COMMUNITY HEALTH

**COBAW
COMMUNITY
HEALTH**

By telephone:
03 9744 4455

By fax:
03 9744 6777

Email:
admin@scchc.org.au

By mail:
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Sunbury 3429

Opening Hours:
Monday-Friday
9:00am-5:00pm

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**Staying Strong circuit classes
Back in the Game modified indoor
sports program**

If you're over 50 and would like to improve your physical wellbeing, come along to a session in Woodend or Romsey.

Improve your quality of life and connect socially in a fun and friendly environment.

For more information
visit mrsc.vic.gov.au

**Macedon
Ranges**
Shire Council

Qoya Classes

Qoya is a dance based embodiment practice for women.
It connects you to your body,
your feelings and your community

Tuesdays 7:15 pm Gisborne
Thursdays 7:15pm Sunbury
Tickets & info www.sunrangesqoya.com.au

Landcare

It is often said that beauty lies in the eyes of the beholder... Lakes Entrance or Lake Eildon? The backyard where the grass is trimmed to 2.5 cm each week or a more natural landscape?



In our little patch of land, beauty is only one aspect. In the Macedon ranges we consider local and state government laws and bushfire risk - and how we use the land and the space we have.

Native vegetation removal is regulated through Victorian state and local planning eg. a permit is needed to remove, lop, prune or destroy native vegetation. These laws safeguard benefits of native vegetation in the ecosystem. Most of us will think first of large trees. They provide habitat and food for insects, birds and an array of small critters. Older trees with hollows are especially important. They provide habitat for 17% of birds, 42 % of mammals and 28 % of reptiles. Kookaburras, owls, parrots, tree creepers, gliders, phascogales, antechinus, and bats require hollows to breed. Even when they topple in storms, the hollows, cracks and bark provide valuable food and habitat.

"Tidying up" of bush-blocks through raking, removal of fallen logs and mowing native understory is carried out for aesthetic reasons and to lower bushfire risk. However, these activities reduce natural regeneration and reduce fungi and micro-organisms. It impacts on insect populations and soil moisture levels. This has flow on effects up the food chain. 83% of Victoria's woodlands have already been lost!

In the dry eucalypt forest near Lancefield, the rare Common Dunnart relies on fallen timber for protection and as a source of food. Removing too much timber from the ground makes their life difficult. In places this has likely led to their disappearance.

If we want birds to visit our backyards, flowering plants that provide nectar are only part of the solution. What about the insect and seed eaters? Observation will help here. We often see LBB's (Little Brown Birds) such as wrens and thornbills flitting around for food -often very close to the ground. Note that they limit their time out in the open. They like cover...longer grass, bushes, low branching trees and fallen branches. Frogs are another animal that is under threat. They too like rocks, logs, bushes and longer grass.

Private landholders play a vital role in protecting the biodiversity of the Macedon Ranges. If we are able to leave some of our patch to look after itself it will be greatly appreciated. We will be rewarded each time that we take the time to look and listen.

Annual Landcare membership is \$20 per family. You can follow us on facebook, contact our President, Phil Severs (0476 324 000) or attend our monthly meetings in the Lancefield Mechanics Hall.

DON'T LET THIS - BECOME THIS



Clean the lint filter in your clothes dryer before each use

www.cfa.vic.gov.au/plan-prepare/fires-in-the-home



Romsey Branch of C.W.A. Inc

CWA is not just for older women; it is for women of any age wanting to be involved in their local community and also be connected to a world-wide organisation of friendship and community care. We have a lot of fun and laughs while being creative and raising funds for community projects. CWA is a volunteer organisation.

Our friendly monthly meeting occurs on the 1st Wednesday of each month from 10.00 am to approx. 12.00 noon. Our fun craft days are on the 3rd Thursday of the month. Both meetings are held in the supper room (side entrance) of the Romsey Mechanics Institute, Main Rd, Romsey.

Members are currently working on knitting and crocheting environmentally sustainable dish cloths for the show bags at the Royal Melbourne Show.

At our craft day in August we'll be working towards our Christmas Stall. We welcome you to join us and bring your ideas.

Kyneton's Daffodil festival is 11th & 12th September. Romsey branch will be hosting the Bric & Brac stall with other branches from the group, cakes, preserves, craft, plants will all be available along with CWA lunch, morning & afternoon tea.

Our next meeting will be on Wednesday 4th August. BYO lunch we stay for a chat and to bring your smallest spoon would like to hear the history of it, each month we will have something different.

This month's recipe

Gingered Carrot Soup

- 2 tablespoons olive oil
- ½ cup minced onion
- ¼ cup grated fresh ginger
- 4 cups chicken stock
- 4 cups sliced peeled carrots
- ½ cup coconut cream
- ¼ teaspoon ground Cumin

RECIPE

Method:

1. Heat oil in heavy large saucepan add onion, ginger, saute until onion is translucent, add chicken stock, carrots. Cover and simmer until carrots are tender.
2. Working in batches. Puree mixture in blender or processor. Return to saucepan over low heat add cumin season with salt and pepper remove from heat add coconut cream. Serve hot.

For any further information please call:

President: Melva Beer

Secretary: Wendy Foster M: 0409175 667
or email: cwaromsey@gmail.com



C.W.A. 2021 STATE THEMES:

THEME: Engage, Support, Challenge.

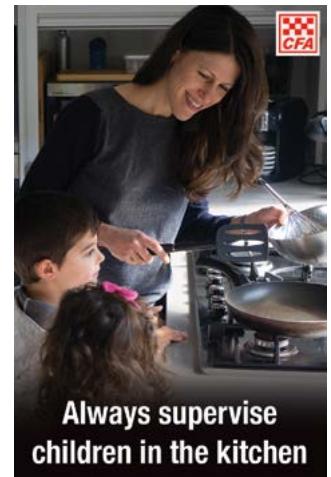
Product/Resource: Grasses – Not just lawn.

Country of Study: Indigenous Australia.

Thanksgiving Fun: Endometriosis Research through the Jean Hailes Medical Centre for Women.

State Project: CWA of Vic. Inc. IT and Systems Upgrade and Maintenance.

Social Issues Focus: Safe Homes for All.



Always supervise children in the kitchen

Romsey/Lancefield Senior Citizens

Bendigo Bank Monthly Bus Trips

Hopefully on our next bus trip on **Wednesday August 4th** we will be heading down to Sorrento and heading across to Queenscliff on the ferry. Lunch will be at the Rosebud Hotel. We might need to rug up but it is sure to be a great day out.

Depart: Lancefield Post Office – 9am

Romsey Mechanics Institute – 9.15am – out the front.

Remember, we meet every Monday at the rear of the Romsey Mechanics Institute for lunch, for just \$5 – everyone is more than welcome.

We will be having our roast meal, provided by Old Mates Café, during August in our meeting room at the rear of the Romsey Mechanics Institute. Join us for this beautiful meal, roast, veggies and dessert all for \$10. If you are interested in joining us on this trip, please contact Helen or Rae (for catering numbers and date).

For further information please contact Helen on 0409 064 303 or Rae on 0408 338 759.

Hope to see you soon!



Proudly Sponsored by Lancefield & Romsey Community Bank branches

Bendigo Bank



Goldfields Library Corporation

ROMSEY LIBRARY (THE HUB)

98 Main Street, Romsey
P: 5429 3086
E: romsey@ncgrl.vic.gov.au

OPENING HOURS

Please refer to our website
www.ncgrl.vic.gov.au

Facebook page or contact us for information regarding up-to-date opening hours in February.

August at

Romsey Library

A Curious Circle (Curiosity, Connection and Creativity)

Thurs 19 August 7pm – 8:30pm (and ongoing monthly depending on interest)

We're inviting adult women to come together to connect and explore their curiosity in a creative way. With a different activity each month led by our creative library staff, Trish, and Karen, this is a great way to dabble in some new arts and crafts, just for fun! No special skills required. Supper provided.



BOOKINGS REQUIRED! Places are limited to ensure a welcoming, relaxed group.



At other Macedon Ranges' Libraries:



Be-Connected - Introduction to family history

Discover how to research your family history online, with tips and tricks on getting the most out of the internet, step-by-step guides on beginning your family tree and more.

Groups will be small and follow up help provided.

- Woodend – 10-11am Thursday 5th August
- Gisborne – 11.30-12.30 Tuesday 10th August
- Kyneton – 2.30-3.30pm Tuesday 17th August



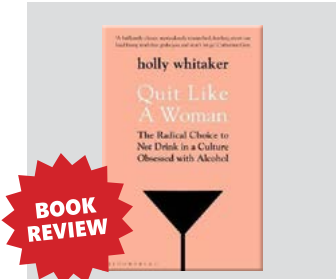
Working or studying from home?

Why not come in and use the Romsey Library as your office away from home office?

We can offer you:

- Large desks
- Free WIFI
- Power points
- Public computers
- Remote printing in black & white and colour
- Scanning, and
- A warm, friendly space to work from.
- If you need a quiet, private space for a zoom or conference call, please ask our friendly team for HUB availability.

Verdure Café is located a short distance away. Grab a coffee or some lunch to bring with you.



by Team Member,
Karen

Quit Like a Woman – Holly Whitaker

The question isn't just "Am I drinking too much?" It's "Do I want a life I don't need to escape?"

This is a raw and honest story of writer Holly's journey through alcoholism. The book looks at the culture of drinking, the pressure of not drinking, and the way recovery programs are designed for men, not women. Written with wit and emotion, this book makes you question what you need to change in your life, and maybe some of our harmless habits could be doing more damage than we think.

Community Bank
Romsey

**APPLY
NOW**

Community investment program

When you partner with us, good things happen.

Your organisation gets sponsorship, and your banking helps support the community.

Applications close Monday 23 August 2021 for both grants and sponsorships.
Visit our Facebook page (@communitybanklancefieldromsey)

Find out more. Call us on 5429 5526 or search Bendigo Bank Romsey.

 **Bendigo Bank**

Community Bank Connections

Team News

In July we farewelled Vicky Hillyer from our Romsey Branch after three years of service. Vicky has been appointed as a Personal Banker with Bendigo Bank corporate branch in Sunbury. We thank Vicky for her wonderful contribution to our team and wish her every success in her new role.

21/2022 Community Investment Program Round 1

We are pleased to announce that applications for our Community Investment Program 2021/22 are NOW OPEN.

Our Community Investment Program (CIP) comprises both grants and sponsorships funding, and over the past twenty years of Community Bank operations, we have given over \$2 million back to the local community! Applications can be submitted online through Bendigo Bank's philanthropic partner, the Community Enterprise Foundation (communityenterprisefoundation.com.au).

Make sure your organisation is registered to receive our CIP information and program updates – send your name, organisation, and email address to cip@lrcfsl.com

APPLICATIONS WILL CLOSE ON THE 23 AUGUST 2021. LATE APPLICATIONS WILL NOT BE CONSIDERED.

Recently completed CIP projects



Lancefield Cricket Club – Community Seating – Users of Lancefield Park will now be able to enjoy permanent outdoor seating alongside the oval near the Cricket clubrooms. A grant of \$1,765 was provided to LCC to engage the Lancefield Men's Shed to build a number of picnic tables. Cr Bill West said "This is a tremendous example of the community working together to enhance Lancefield Park, for the use of both locals and visitors alike. Full marks to the Lancefield Cricket Club, Lancefield Men's Shed, and the Lancefield Community Bank for this very practical initiative."



Lancefield Football Netball Club – Netball Uniforms – Community Bank Lancefield is proud to once again sponsor the netball uniforms for the Lancefield Tigers to the value of \$5,000. The new design looks fabulous! Community Bank director Graeme Kelly, and Customer Relationship Manager Leanne Showler were there for the first game of the season. Good luck for the remainder of the season Tigers!

One Voice – Food Truck – Keep an eye out for the One Voice Food Truck now serving delicious meals in and around Romsey and Lancefield. One Voice provides practical and social initiatives to at risk youth in the local area.

As part of the 2020/21 Community Investment Program, One Voice have received a grant of \$55,000 to initiate a social enterprise utilising the One Voice Food Truck. The Food Truck will visit local towns on specific nights to offer take away meals, providing the opportunity for participants in the Elevate Youth Project to develop their skills in hospitality, communication and business management.



LRCFSL Shares Available

Shares are now available in Lancefield & Romsey Community Financial Services Ltd, the company which operates our locally owned Community Banks of Lancefield and Romsey. Join over 300 shareholders today supporting the only bank in our town, as well as sharing in the potential. Visit www.bendigobank/lancefield or www.bendigobank/romsey and select "Trading Shares (LVM)". Alternatively, contact our Company Secretary, Bronwyn Meadows Smith on bronwynms@lrcfsl.com.au to register your interest.

20-year Anniversary of Lancefield Branch

COMMUNITY CELEBRATION EVENT

Lancefield Park: Friday, 22 October 2021 (5.30 – 9 pm)

EVERYONE WELCOME! Stay Tuned for More Info!

B Bendigo Bank

G'day



HE'S EITHER DOING
A BBQ, OR WATERING
THE GARDEN!

Cooking with Peter Russell-Clarke

The road runs out of Tumut, a NSW Riverina town, up Lacmalac hill, past the Singing Tree and on to where the pines now copy the vista of Europe and that's where Boydie and Hazel lived.

Their house was just above the Green Paddock and where Little Sandy and Big Sandy Creeks met to make a sandbank the wild dogs used as a stepping platform to get across without wetting their paws.

Boydie, also known as 'Tall Timbers' or 'The Colonel' was a devotee of grilled lamb chops. While he was cooking them over hot coals, he'd spray (mist) them with water from the race which ran from the creek to his back door and beyond. "The mist of water saves them from shrinking," he'd smile.

And I follow his wisdom still. If I'm barbecuing, I use the mister my wife has for her ironing or, if she complains, I use the fine spray on the end of my garden hose. And, dear reader, it works. The mist not only wets the chops but causes a wet cloud of steam which also prevents the chops shrinking.

In the kitchen I put a little water into the tray under the griller stand on which the chops sit so they can drip the fat from them.



The griller's heat causes the water to steam, therefore doing the intended job. Mind you, if you don't leave the chops on (or under) the heat for too long, they shrink very little.

I often heat a little olive oil in a pan. Sprinkle the chops with a little Cumin and Coriander and pop them into the hot pan. After half a minute (no more), turn off the heat, turn the chops and leave for a minute. The chops will be still pink in the middle but, remember, they will continue to cook once they leave the pan.

The idea is not to dry the chops out, either on the BBQ, under the griller or in the pan.

PS. I cut off all the fat from the little lamb's loin chops. (This practice is much to the horror of some of my friends, who also complain bitterly as I always discard the gristly, fatty, curled, little-finger shaped chop tail because, if one pays for tender meat, one doesn't then share the good with the bad - eh?!). Lamb meat is fat saturated, therefore you're getting your fat through the meat, so cut off the visual fat as you would with a pork chop.



More Australian Solar Homes

in partnership with



Macedon Ranges
Shire Council



SOLAR & BATTERY STORAGE INFO MEETING

LANCEFIELD MECHANICS INSTITUTE
Corner of High St and The Crescent
3435 High St, Lancefield
Thursday 5th August, 6-7:30pm

Find out about the council-supported
MASH solar bulk-buy and ask questions
about moving to solar and battery storage

REGISTER YOUR PLACE

Call **1300 466 274** | Visit **mash.org.au**



Have your say about local climate action for Romsey and Lancefield

Discussions over the past few months with community members in Romsey and Lancefield have informed preparation of a draft community climate change action plan for these localities. The draft plan will be available for your feedback from late July until late August.

Many of the existing community based environmental projects underway in Romsey and Lancefield are outlined in the plan, along with suggestions for future action. The plan has been developed under Cool Changes, Council's program for facilitating the development of local climate change action plans.

An online information session will be held on the evening of 19 August about the draft plan and to discuss how the community can translate the plan into action.

To view the plan and to register your attendance at the information session, visit mrsc.vic.gov.au/yoursay

Have your say on the draft Rural Land Use Strategy

Macedon Ranges Shire Council invites the community to have their say on the proposed draft Rural Land Use Strategy between Monday 19 July and Monday 30 August.

The draft Rural Land Use Strategy will help provide direction for the future use and development of land currently in the Farming Zone and Rural Conservation Zone to ensure the unique attributes of the land are protected.

The aim of the Rural Land Use Strategy is to:

- develop a vision for land currently in the Farming Zone and Rural Conservation Zone
- identify important values and features to be protected and enhanced
- respond to land use changes

Never forget bin day with the new MSRC waste app

Macedon Ranges Shire Council has launched a new app that will replace the current Loddon Mallee Waste Info app.

Existing Loddon Mallee Waste Info App users will need to download the new MRSC Waste App. The Loddon Mallee Waste Info App will not be updated from 1 July.



The new App will enable people to quickly find the most up-to-date information on what bins go out on what night and guides people on what should and should not go in each bin.

Features include:

- Personalised bin collection calendar for residents, with optional reminders
- A-Z list of materials and images showing which bin to put materials in
- Further information, hints and tips to help with waste management
- Information about Council's waste and recycling services and facilities, including contact details, opening times and maps
- Push notifications to advise people of changes to collection dates, as well as events and programs.

The App is available for both Apple and Android users. Download the App by searching MRSC Waste App or visit mrsc.vic.gov.au/bin-days

- identify mechanisms to foster best practice land management
- promote economic development
- make recommendations on Planning Scheme changes required to implement the strategy.

Recommendations in the draft strategy are based on an analysis of the land, and the results of surveys previously conducted with residents and landholders.

Council encourages residents and landowners to have their say on the recommendations in the draft strategy, which include changes to Planning Scheme controls including zones and overlays and will affect a range of land use and development opportunities in rural areas

The Rural Land Use Strategy will ensure our important environment and conservation areas remain protected when considering future plans for how rural land can be used or developed

There are a number of ways you can have your say:

Web: mrsc.vic.gov.au/yoursay

Phone: (03) 5422 0333

Email: strategicplanning@mrsc.vic.gov.au

Mail: PO Box 151 Kyneton Victoria 3444

If you would like to receive updates as the project progresses, register at mrsc.vic.gov.au/rural-land



Boost for storm recovery efforts

Council has welcomed the announcement of \$55.5 million recovery funding from government to address urgent requests to help Victorian communities impacted by storm damage in June, including those in the Macedon Ranges Shire.

Operations Crews responded to emergency callouts, and supported the SES in the initial response. Since the event, Council officers have responded to hundreds of calls for on-site clean-up, other support or insurance and financial advice.

Local property owners can now register with Bushfire Recovery Victoria for funding of flood and storm clean-up operations on private properties across Victoria under jointly funded Commonwealth-State Disaster Recovery Funding Arrangements. A link to register with BRV is available on Council's storm recovery webpage, mrsc.vic.gov.au/storm-recovery

Council has engaged specialist arborists and clean-up contractors to help assess storm damage and lead the clean-up and tree clearing efforts on roadside, parklands and to provide urgent access to private properties. The clean-up is expected to take at least the next 6 months. Officers are identifying sensitive conservation areas whilst gradually reducing the fire hazard.

After activating its Recovery Operations Centre based at Gisborne, staff are still dealing with a high volume of enquiries covering a range of issues. Council also continues working with all emergency authorities and supporting our Neighbourhood Houses and other health organisations in their response efforts.

Macedon Ranges Shire Council CEO Bernie O'Sullivan said staff across all key areas of the Council are still assessing the level of impact in the region, natural environment and the extent of our community's needs.

"We are still assessing what support our community members need for their long-term recovery," Mr O'Sullivan said. "This includes any displaced residents and those in the farming sector whose livelihoods are impacted by reduced access to grazing land for their livestock after extensive damage to fencing."

Accessing support

If you are a resident or landowner in Macedon Ranges Shire and have been directly affected by recent damage, please visit Council's website for information updates on the support available. This includes how to register for the \$55.5 million clean-up program delivered by Bushfire Recovery Victoria.

The website also provides general advice on tree removal, drainage, access, road closures and roadside wood collection, transfer stations and free tip vouchers for debris disposal. If you've been affected by this emergency, our relief and recovery staff will be on hand to speak with and help you with your basic needs via the Recovery Operations Centre on (03) 5422 0237 Monday to Friday 8:30am-5pm or email recovery@mrsc.vic.gov.au

More Australian Solar Homes (MASH) info session

Council is also supporting an information session on 5 August about MASH, the community solar and battery storage bulk buy scheme.

For more information about MASH or to register to attend the information session, visit mash.org.au

Lions recognize Jenny Stillman for her amazing efforts in community service



Recently the Lancefield and Romsey Lions' Ged McLaughlin and his team hijacked proceedings, during the Romsey Region Business and Tourism Association (RRBATA) Annual Dinner at Glen Erin, to award a Lions community service award to Jenny Stillman.

As Jenny is very good at avoiding being recognized for her massive community efforts the hijacking was totally justified.

The award acknowledged her tireless work on a wide range of community activities over many years.

Currently Jenny is the very active President and acting Secretary of RRBATA, a committee member of Tourism Macedon Ranges with a focus on ensuring there is adequate recognition and support for the Romsey – Lancefield corridor of the Ranges, and much more.


RRBATA primary task is to promote business and tourism in the Romsey region. Through her role Jenny is heavily involved in Xmas in Romsey, the promotion of the MR Autumn Festival in our area – this year with the Progressive dinner being a major highlight, the upgrade of amenities and revegetation of Five Mile Creek and in the recent past she has played key roles in the following major projects

- The establishment and securing of funding for the Romsey EcoTherapy Park,
- Romsey Streetscape upgrade - a major refurbishment of lighting and amenity in the area around Main Street
- Romsey 150th anniversary Gala Dinner

In recognition of Jenny's community service the Lions have donated funds to the Australian Lions Foundation which provides support to Lions Clubs throughout Australia to further their contributions to the community.

- The Storm and Flood Recovery Hotline is a single state-wide number (1800 560 760) that Victorians impacted by the June 2021 storms and floods can call for help or assistance.
- Operators can assist you with registering for Clean-Up of structures on private property or accessing your own Recovery Support Worker, mental health and wellbeing support, financial counselling and information on available payments.
- The Recovery Hotline is open from 8am to 7pm Monday to Friday (excluding public holidays) and 9am to 1pm on weekends. **Call 1800 560 760.**





Romsey - Lancefield Probus

Welcome to friendship

The Romsey/Lancefield Probus Club provides an opportunity for retirees or semi retired people to relax and enjoy the welcoming company of those at the same stage of life.

Our monthly meeting (4th Thursday of the month) is a chance to catch-up with new and old friends and hear interesting speakers on a wide variety of topics.

The next meeting of the Romsey Lancefield Probus Club is on Thursday 26th August, 2021 at 10am.

St.Mary's Catholic Church Hall, Main S, Romsey.

The Guest Speaker at this meeting, will be Author - Faye Woodhouse. Faye was going to speak at our June meeting but because of the Covid-19 lockdown that meeting had to be cancelled.

The Romsey-Lancefield Probus Club have 50 members with 35-40 attend our monthly meetings.

Contact:

President/Vice President & Secretary:
Tony 0408 536 290

Visit our WEB-Site: www.rlprobus.org.au

Romsey Golf Club Report

Works around the Park; The Romsey Park has always sloped to the east, towards the Ascot Rise development. The closer you get to the that boundary the more water you will find and after almost 200mm falling in the last six weeks we had plenty of water. In recent weeks members have been busy putting in two large agi-drains; around and behind the 8th green and at the beginning of the 6th fairway. Both drains channel water into the bottom dam. Thanks Freebie, Bruce, Clive, Ron and Tony.

2021 Women's Pennant: The RGC women pulled off their third consecutive pennant win. Beryl Cole was heading down the 22nd hole when she was told that captain, Darlene Baker, had sunk the putt on the 18th to give RGC a 3.5/1.5 win. Good wins to Darlene, Jenny Hartley and Wendy Gosden, all square Beryl. Shirley Shelton played well but just could not take a trick. Any premiership is tough to win, well done one and all

Bins; about five times a year we go through the many bins across the course We have to tip the bins into a trailer and then sort and separate glass from aluminium & plastic and other waste. We usually end up with two or three large bins each of glass, aluminium & plastics. It is a messy, smelly process as all bins contain, amongst other things, many bags of dog waste. We have plans to instal some dog waste in-ground bins around the park. Our thanks to those members who do this for the good of all community members who use the park

Park Lane, Romsey (PO Box 200, Romsey 3434)

Romsey Golf Club

www.romseygolfclub.net

mail@romseygolfclub.net

President: 0417 088 891

Secretary: 0400 768 040



324: Many people will be aware that Dean Jones was a much loved member of RGC; his sudden death last year was a shock to all. "Deano" was a very keen golfer and would mark his practise balls with the number 324. This was his "Australian Test Player" number and his highest 1st class score. In early July, John Freestone and Clive Mensthorpe were clearing away some of the trees damaged by the big storm. One branch fell against another tree and down came a lodged golf ball, a 324! So Deano still has his hand in at RGC.

The club has a QR code on the 1st tee, we ask all golfers to please use it.

For tee times go to; <https://www.romseygolfclub.net> "BOOK NOW" button or at the Green Fees box on the 1st tee.

For detailed reports on all results;
<http://www.romseygolfclub.net/results/2021/>

Community investment program applications now open

Local community groups and not-for-profit organisations are once again invited to apply for grants and sponsorships under the 2021/22 Community Investment Program offered by Community Bank Lancefield and Romsey.

Over the past twenty years of Community Bank operations in Lancefield and Romsey, the Community Investment Program has allocated over \$2 million dollars directly to community projects, events and activities.

Suzie Ewart, Chair of the company that operates the Community Bank branches of Lancefield and Romsey said "This distribution of money demonstrates exactly what our Community Bank is all about."

"Our Romsey and Lancefield community-owned branches of Bendigo Bank were established to serve our towns, both by ensuring we always had local banking services and by our pledge to share the profits and proceeds generated with our communities."

Applications for the 2021/22 Community Investment Program opened on Monday 19 July 2021.

Applications close at 5:00pm on 23 August 2021 and will be assessed in early September 2021.

The Lancefield & Romsey Community Bank 2021/22 Community Investment Program is conducted in partnership with the Bendigo and Adelaide Bank's philanthropic arm, the Community Enterprise Foundation.

For further information please visit
www.communityenterprisefoundation.com.au.

 **Bendigo Bank**



St Mary's Lancefield
and Romsey

St. Mary's Primary School

Term 3 has begun and students have returned with a renewed energy and excitement for the term ahead. There are plenty of activities booked for the term, which include our Indigenous Week celebrations, Book Week, St Mary's Feast Day and the Yr 3/4 camp to name just a few. We look forward to sharing all our news over the coming months.

P&F Student Grants

Our Parents & Friends Association runs an annual Grants Award for students which lets them apply for funding up to the amount of \$500 for projects, activities or equipment they would like to see at school. The closing deadline for applications was in the last week of term, with the winners announced at the final school assembly for Term 2. There were some fabulous applications and we congratulate all students for taking the time to apply. The winners are:

Top Award

Paddy McCarthy - *Fence Extension (\$250)*

Additional Awards

Anna Newnham - *Junior Netball Ring Installation (\$50)*

Mohammad Khalil, James Collins, Jake Smith & Ethan Jansz - *Beyblade stadiums x 3 (\$50)*

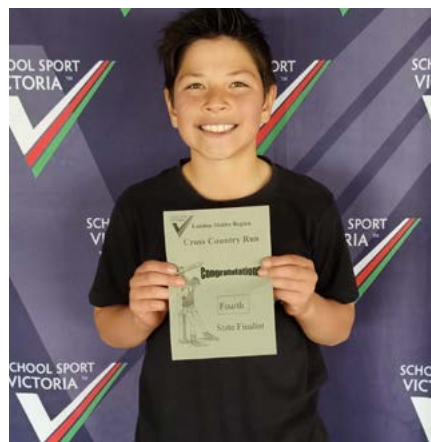
Matilda Brown - *Canvas Painting (\$50)*

Jada Johnson, Isabelle Ellul, Holly Alderton & Lyla Brown - *Garden Club (\$100)*

A huge thank you to the P&F for giving students this wonderful opportunity.

Cross Country / Cobaw Sports

Congratulations to Michael Brown who has been competing in the school's Cross Country meets. Michael recently ran in the Regionals at St Arnaud (11 year old boys), coming in fourth after an amazing effort. He will now move through to the State Cross Country. We must also congratulate our mixed netball team who came away winners of the flag at the end of the last Cobaw Sports Day, a fantastic effort! They will now go on to Bendigo to compete in the next round. We wish them and Michael all the best and know that whatever the result, they will all make St Mary's proud.



Lunchtime Clubs

It has been great to see students consistently turning up to clubs each day throughout Term 2 to enjoy the company of other students from across the school. Currently our Clubs are as follows; Monday - Craft/ Knitting, Tuesday - Dance, Wednesday - Games/Puzzles, Thursday - DigiTech and Friday - Gardening. There is great banter that goes on during clubs and we have lots of fun. In craft we are currently decorating the letters to make a 'Craft Club' sign and we look forward to Knitting (with the ladies from CWA) returning in Term 3. During dance, the students have mastered the Nutbush and Heel & Toe Polka whilst thoroughly enjoying the Hokey Pokey. Games and puzzles have been great fun to watch as students bring a puzzle to life or twist their bodies into strange shapes to master the game of Twister! Students are learning many new skills in digitech, they could certainly teach me a thing or two! Unfortunately gardening was put on hold at the end of Term 2 due to Covid restrictions, but we can't wait for its return in Term 3. Clubs have been great for students to have choices during breaks and to mix with students from across the school. Friendships have been formed and new skills learned. We look forward to more of this fun in Term 3 and are always open to student suggestions for any new clubs they might like to see as the year progresses.

| **Jo Shannon (Community Liaison Leader)**

Don't wait for a health crisis

We lead busy modern lives, juggling multiple responsibilities. We ignore health problems when they arise – either hopeful they will go away on their own or just too busy to prioritise it.

Is it time for us to re-assess the way we perceive our health problems?

What if your discomfort is not actually a pathology, but a messenger from your body/mind asking you to pay attention to something deep within?

Environment has a huge impact on our health - work, home life, relationships, lifestyle practises, addictions etc. If our environment obstructs the natural force of our creative energy it creates stagnation, discomfort and pain = **DIS-EASE**

In a state of **DIS-EASE** we are neither sick or well, our health is affected and our natural healing abilities are being hindered **because it's sending you a message that it wants you to change something**. THIS is when we should act and not wait for our health problems to reach a point where true "pathology" exists = **DISEASE**.

It is up **YOU** to listen to your innermost voice. What is it I really need? What changes do I need to make in my life? Am I living for myself or others? Am I doing what makes my heart sing? If not, why? When we are living in alignment with our inner self we are in a state of **EASE**. Our mind, body and spirit are being supported and the body can repair itself.

Change is hard. Most people wait for crisis, trauma, disease or a diagnosis to occur before making up their mind to change. *My message today is, why wait?*



Hannah Sutton (Director @ In Symmetry, Registered Chinese Medicine Practitioner)

*This information is not a substitute for medical advice. If you are struggling or need help, please reach out to your local GP, or trusted health professional. This article was written with the intention of providing support and to offer a new way of perceiving health conditions that affect us all.

Have your say on Council's draft Economic Development Strategy

Macedon Ranges Shire Council is encouraging residents and business people to have their say on the draft Economic Development Strategy 2021-2031 between 25 June and 9 August.

The draft strategy was developed in consultation with the community and provides a vision for economic development, job creation, education and training and COVID-19 recovery in the Macedon Ranges over the next 10 years.

Macedon Ranges Shire Council encourages all residents and business operators to take this opportunity to give feedback between 28 June and 9 August. Input from all sectors of the business community and from all age groups from the broader community, is welcome.

There are a number of ways to provide feedback:

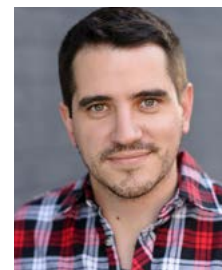
- Complete an online survey at mrrsc.vic.gov.au/yoursay
 - Email mrrsc@mrrsc.vic.gov.au
 - Post a written submission to PO Box 151, Kyneton
 - Call the Economic Development team on 5422 0333
- Contact ecodevadmin@mrrsc.vic.gov.au for more info.



The Mount Players

'LOVE SONG'

Funny, Touching & Profound



Despite the name, Love Song is not just a story about love. It is a story of hope, of fight and of learning not to be afraid of change. It explores that it is ok not to be ok. When we meet Beane he is an exile from life – an oddball and has been subject to social judgement for most of his life. Once he meets Molly, he realises that life is worth living, it's worth fighting for and in turn, he changes the lives around him.

Talented Melbourne Director, Travis Handcock will bring this play to life on our stage in August. Travis has been acting and directing for over ten years since completing a Bachelor of Arts in 2007 and worked at many theatres across Greater Melbourne. This will be his 2nd play as director with The Mount Players.

This play contains some coarse language and sexual references so suitable for a mature audience. For full details and to book tickets go to www.themountplayers.com or call 5426 1892.

| By Karen Hunt



**ENCOURAGE CHURCH
ROMSEY**

Office: 7 Mitchell Court, Romsey

P: (03) 5429 6327

Email:
office@encouragechurch.com.au

Website:
www.encouragechurch.com.au

- Worship service
Sunday 10am
- Fortnightly life groups
- Youth events
- Weekly Children's Program

At Encourage Church, we are all about people. God commands us to love one another and by this shall all men know that we are His.

Find us on Instagram and Facebook using the following @encouragechurchromsey



Everyone has problems

Pastor's Parables

A mother who had lost her only son went to the man of religion in her village and said: "Is there anything you can give me to reduce the pain that I feel?" "Yes," he said. "There is a wonderful thing you can do. I want you to go and get me a mustard seed from a home that has no problems. Such a mustard seed can ward off all problems. When you find it, bring it to me and I will use it to relieve your pain."

The mother started out and came to a big mansion. Nothing could possibly be wrong here! She knocked on the door, told what she was looking for, and they answered, "You've come to the wrong house." And then they told her all their problems. As she was listening to their problems, she thought, "I know something about problems... Maybe I can help these people with theirs." So, she listened to them; and this helped people.

She kept on searching for her magic mustard seed. But no matter where she went, she could not find that seed. Everyone everywhere had some kind of troubles.

But she really did find the magic mustard seed, because in trying to help others solve their problems, she forgot all about her own. Philippians 2: 4 says: "Don't look out only for your own interests, but take an interest in others, too."

This was the same attitude that Christ Jesus had. Even though He was God, He humbled himself in obedience to God and died a criminal's death on a cross and paid for ALL of OUR sins so that whoever believes in Him and what He did for them, would be counted sinless by God the Father and could have eternal life with Him in Heaven.

Have you received your passage to heaven through Jesus' selfless sacrifice for you?

When you do, you can't help but want to do the same for others.

If you think about spiritual things and would like reliable answers, please don't hesitate to contact us @ Encourage Church as we would love to help you on your journey in Life.

If you would like to find out more about having personal peace, you will be made most welcome to join us at one of our Sunday services or Fortnightly Life Groups. Please feel free to contact our Church office for further details.



Macedon Ranges Digital

Is your business based in the Macedon Ranges?

Get a custom responsive website and enhance your online presence.

We are your local one-stop shop for online retail stores, SEO optimised sites and we even manage hosting.

Fast track your business today with a website that works hard for you!



Macedon Ranges Digital

WE'RE LOCALS, JUST LIKE YOU | GROW YOUR BUSINESS | YOUR DIGITAL PARTNER

Call us today on 1300 314 280 or visit macedonrangesdigital.com.au

ROMSEY & LANCEFIELD DISTRICTS

Historical Society Inc.

romseylancefieldhistorical.com.au

Email: lancefieldcourthouse@gmail.com

Postal: P.O.Box 101 Lancefield Vic 3435

The Romsey and Lancefield Districts Historical Society Inc. was formed in April 1979. The Society endeavours to preserve all written and photographic items relating to The Shire of Romsey.

The Old Shire was a local Government area in Victoria, Australia. The Shire covered an area of 628 square kilometres and existed from 1862-1995. Towns included: Benloch, Bolinda, Cherokee, Chintin, Clarkefield, Darraweit Guim, Kerrie, Lancefield, Monegeetta, Mt William, Riddells Creek, Rochford, Romsey, Springfield and Tantaraboo.

The area has a very rich history starting with the Aboriginal Greenstone Axe Quarry at Mt William as well as the Archaeological Mega-Fauna site in the old swamp at the Lancefield Park.

The Historical Society has planned an informative and entertaining program of talks for the next few months which commenced in June. The money raised will go toward restoration costs for Seymour Cottage.

Email us at lancefieldcourthouse@gmail.com for more details.

Christ Church Anglican Lancefield with St Paul's Church Romsey

Sunday Services:

Regular weekly Church Services are:

- **Romsey Church Service**
9am each Sunday.
- **Lancefield Church Service**
10:30am each Sunday.

Sunday 18th August, Rev Matthew is on Annual Leave for 1 week, Rev Cath Fisher will be leading us in worship for the week. Rev Matthew will return and take us through the Book of Hebrews for the following weeks. All are most welcome to join us for praise learning and fellowship.

St Paul's Romsey Op Shop:

Open on:

- **Friday**
12:30 - 4:00pm (winter time)
- **Saturday**
10:00am - 1:00pm

Donations of clean quality goods will be most welcome at the St Paul's Op Shop. Items of clean quality clothing and bric-a-brac can be left on Friday afternoons and Saturday mornings during opening hours. We cannot accept electrical goods, prams, baby cots, mattresses or furniture.

Owing to Covid-19 regulations the op shop cannot accept toys of any nature. It would be appreciated if goods were not left inside or outside the front brick fence. Items left in the open will be damaged by the weather conditions and become unusable. These items can also be heavy for the Op Shop staff to carry. Thank you for your donations.



**THE ANGLICAN PARISH
OF CHRIST CHURCH
LANCEFIELD WITH
ST. PAUL'S ROMSEY**

Vicar

Rev Matthew Browne

P: 0401 615 099

*May God watch over us all
and keep us safe during this
testing time as we put our
faith and trust in Him.*



Romsey Mens Shed

Working on Friendships



Romsey Mens Shed is open to new members! We have lunch/barbecues on Thursdays, from about 11.15 a.m. with a five dollar donation, open to potential members and members guests. We are located in the Romsey Park between the Lions and Scouts buildings in Barry Street.

We are usually open on Tuesdays from 10.00am to 2.00pm for machine refurbishing and set up tasks and can also show potential members around.

We have two work areas - woodwork, engineering/automotive and a kitchen/meals area. Some come for coffee and chat. Not all want to be "hands on". That is fine and we plan to expand the "breakout" area over time.

Most members are retired or semi-retired, but membership is open to men of all ages.

Membership forms: Romseymys@gmail.com or at the shed.

| Kevin Fothergill Vice President





**THE UNITING CHURCH
IN AUSTRALIA
MACEDON RANGES
PARTNERSHIP**

Romsey Congregation

25 Pohlman Street,
Romsey. 3434. (P.O. Box 264)

**Worship Services
Sunday, 9am.**

Chairperson

Mr. Noel Shaw
P: 5429 5509

Secretary

Mrs. Jenifer Clampit
P: 5429 5480

*Let the peace of Christ rule
in your hearts and homes.*

*Let the word of Christ
dwell in you richly.*

*God comes to us, each
and every one.*

God bless you every day.

**Macedon Ranges
Uniting Church**

Sunday 4th July: everyone experienced a great performance of the Mikado by the Singularity Choir. Our numbers were down because of the Covid restrictions, but it was a very enjoyable afternoon.

Worship during August: Sunday Worship is at 9am each week. These services are usually conducted by a Lay/Worship Leader. The fourth week we celebrate Holy Communion this service is conducted by a Minister in the Partnership.

*Lord, help me to see the best
in everyone I meet today.*

*And thank you that you do
the same for me.*

MINISTERS:

Pastor Annette Buckley

Ph. 5429 5351 / 0457 608 539

Supply Karen Eller

Ph: 0407 519 759

Website:

**[www.macedonrangesunitingchurch.org.au/
worship-services](http://www.macedonrangesunitingchurch.org.au/worship-services)**

PSALM 23 (Psalm 23 is reassuring)

Image of the shepherd guiding, guarding and feeding his flock is comforting. Reading it for the umpteenth time the other day, though, something struck me that I'd never noticed before. The psalmist writes confidently that God guides him in the paths of righteousness, but follows this immediately with "Even though I walk through the valley of the shadow of death..." Leading me in paths of righteousness sounds great, particularly after the green pastures and still waters bit. But then comes the valley of the shadow... The writer, I assume, saw no contradiction between the two. He is saying that paths of righteousness don't always lead to still waters. And having the right religious passport doesn't guarantee trouble-free travel. It's echoed in verse five. "You prepare a table for me..." but I'm warned that it may be in the presence of my enemies. That "table" isn't a quiet picnic by the lake, when the only discordant note is the ants on the cake. God provides my needs, but it may well be in preparation for the next part of the struggle. My enemies, says the psalmist, are nearby. But so is the shepherd; not to make life easy, but to surround me with love, and to give me the strength for the next step forward.

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St. Mary's Parish - Lancefield & Romsey

Current Mass Times

Sunday Mass

Sunday Mass will be celebrated at 9am and will alternate between Lancefield & Romsey.

Romsey: 1st & 3rd Sunday

Lancefield: 2nd, 4th & 5th Sunday.

Saturday Healing Mass:

The Healing Mass will be celebrated at 10am in Romsey on the 1st Saturday of each month.

Baptisms:

Held at 2pm on the 2nd & 4th Sunday's of the month. Please contact the office for the next available date.

Sacraments:

Due to Covid restrictions, children not attending St. Mary's School aren't able to join in with the Sacrament program run through the school this year; therefore they will be celebrated privately during the Sunday Mass. Reconciliation and Eucharist are now closed but if you would like to book your child in for Confirmation, please contact the Secretary.

Should a parishioner want to go to Reconciliation, please contact Fr. Martin directly at Woodend on 5427 2690 to book a time.

Mass Bookings:

As Mass numbers are restricted at this time, attendance at Mass is by registration only. Please contact the Secretary at lancefield@cam.org.au or by phone on 5429 2130 to reserve your place at the next available Mass.

Social distancing, hygiene protocols and QR code sign-in are all place at our churches. Please do not show up at Mass without a booking as you may be turned away. Thank you for your co-operation to keep our churches open.

Please direct enquiries to the parish office on 5429 2130 or by email at lancefield@cam.org.au

For funeral arrangements, please contact Fr. Martin on 5427 2690 or by email at woodend@cam.org.au



ST. MARY'S PARISH - LANCEFIELD & ROMSEY

27-29 Chauncey St, Lancefield & 85 Main Road, Romsey

E: lancefield@cam.org.au

Parish Priest

Fr. Martin Fleming
C/O Woodend Presbytery
P: 5427 2690

Supply Priest

Fr. Daryl Montecillo
C/O Woodend Presbytery
P: 5427 2690

Parish Secretary

Mrs. Tammie Dalgleish
P: 5429 2130

School Secretary

Ms. Julie McDougall
P: 5429 1359

School Website:

www.smlancefield.catholic.edu.au

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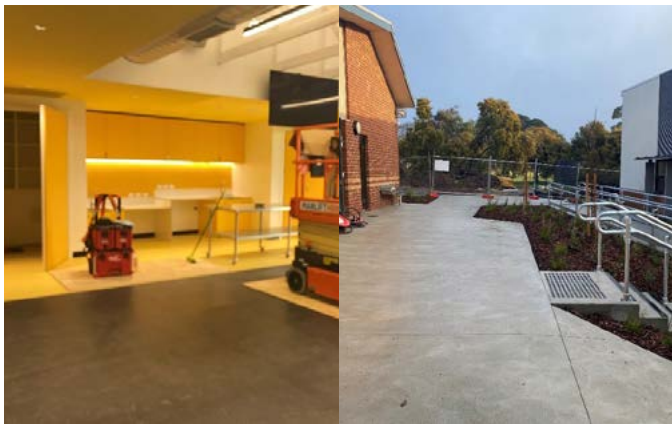
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Romsey Primary School

It is great to see everyone back for term 3. Building work has continued over the break, and a new garden area separating the BER and the multipurpose space is inviting. Ramps ensure that everyone can be included.



- Our Multipurpose space is getting the final touches – exciting – and the STEAM / Stephanie Alexander Kitchen Garden is nearly ready to go. New furniture has been delivered to the 3-6 area. Junior areas will get some in coming weeks and the Year 1/2 toilet block will be completed.
- Enrolment for 2022: The office has enrolment packs now, and they are on the website. If you could enrol early it will help planning for the new school year to commence. Please tell other families who may be enrolling at Romsey Primary at any year level. Ring 5429 5099 if you have a query.

- On Tuesday 13th July, students Alistair M. and Jamie H. (see pic with our fabulous sport and PE teacher Mr Milsom) represented Romsey Primary at the Loddon Mallee Cross Country in Bendigo. It was a fast race. Both boys were competitive - Jamie finished in 14th place and Alistair in 7th – a fantastic effort. Alistair qualifies for the state finals.



Congratulations to you both!

- On Tuesday 22nd June we finally took part in the 5/6 winter sports day on the third try! The mixed netball team played at the school courts and tried hard all day as well as improving their skills. The teamwork got better each game - coach Stewart was pleased with the way everyone worked together. A group of beginning players who have learned a lot about how to play the game of netball through the term training days and on game day that will help them in the future.
- Our girls netball team improved much through the day in teamwork, ball movement and ability to drive for leads. Their goals were to be able to get better at these - that helped with a fourth place finish - after being beaten in the semi-final against the eventual champions.



- The softball team played against some tough teams and were able to make adjustments through the day to be competitive in their matches. Coach Holland said the student's glove work whilst fielding was a highlight.
- In football, the boys team were able to match it with most of the teams and had 3 wins and 3 losses for the day. Coach Mobilio was happy with the way the players worked together and listened better to instructions. The boys gained great experience in playing together and how to play as a team.

Inquiry in 1/2SC

Last semester the 1/2's learnt about dinosaurs. They learnt about the different dinosaurs and visited the Melbourne Museum to look at dinosaur bones and fossils. During inquiry, students had to design and make a shield that would protect them against a dinosaur.





Lancefield-Romsey Community Support

Since the Covid Pandemic began in 2020, both Lancefield and Romsey Neighbourhood houses joined forces to create the Lancefield-Romsey Community Support initiative.

We worked closely with local businesses to see how we could support both them and the public in case of further lockdown. We also:

- Started to identify those in need of support in our local community
- Developed a team of volunteers and
- Created food parcels and meals which were delivered weekly or fortnightly

Today the Lancefield-Romsey Community Support continues (particularly also through the recent storms where we were able to deliver hot water bottles, hot soup and blankets to many on our list) and we now celebrate having made over 4,000 meals to date.

We realise that we have only touched the 'tip of the iceberg' in terms of need, with the Shire no longer offering a 'meals on wheels service'. We are hearing repeatedly of elderly who were unable to afford meals and are living on cup of soup and two-minute noodles.

Work is underway to finalise the set-up of a commercial kitchen at the Romsey Community Co-Op with the aim of being able to eventually generate enough meals to be able to sell them for a minimal price to anyone in the community which will help us to continue this service.

We have received little formal government funding towards this initiative, if it wasn't for the tremendous support we have received from the community both monetary and in the form of



goods donated (we even received a donation of a cow!!) this service wouldn't have been able to continue.

Local businesses, schools and community groups have also been incredibly supportive with regular donations being made towards meals and food parcels as well as individuals who continue to support us through putting goods in the local food bin at IGA. Most of all if it wasn't for the support of a faithful band of volunteers who have continued to make meals and deliver them on a weekly basis none of this would even be possible. It truly demonstrates what the word 'community' is all about and what incredible towns we live in.

Michelle Balthazar, Romsey Neighbourhood House

If you are interested in volunteering, making a donation or if you are aware of anyone in the community who may be in need or would benefit from this service please ring RNH on 5429 6724 or LNH on 5429 1214



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Census

The Census is on 10 August 2021







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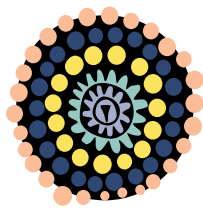
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- Person 2
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- Person 3
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Make your community count. Include **everyone** who is staying in your home on Census night, such as Elders, babies and visitors.



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Your local Census contact is:

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