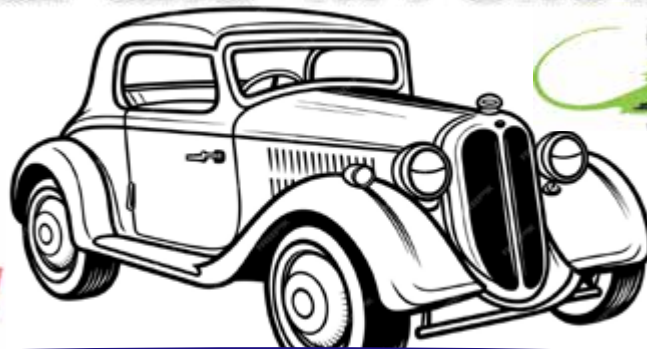


Romsey Rag

VOLUME: 42 | EDITION: 09 | OCTOBER 2024

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0400938160**



**4x4 & Car entry \$15
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**Sunday 27th October 2024
Clarkefield Reserve
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ROMSEY MECHANICS INSTITUTE

THE WOOL & YARN FESTIVAL: Held on a cold and windy Sunday so being inside with a good heater and a wide selection of stalls was a very good option. The festival saw over 130 people through the door and most stalls doing brisk business. With such good support from the community, activities such as this and the recent pop-up stores are bound to continue bringing new ideas and a wide variety of products to the town.



WOOL & Yarn Festival



ESTABLISHED 1865

COWBOYS & ANGELS DANCE ACADEMY; Over the weekend Sept 14/15 a group from Cowboys & Angels Dance Academy attended "The Stomp" Line Dancing competition in Wollongong.

It was a very successful competition with the team bringing home;

- 4 X 1st positions
- 5 X 2nd positions
- 3 X 3rd positions

and winning the **Perpetual Trophy for 1st in the Country Trifecta**

RMI COMMITTEE OF MANAGEMENT: Over the past 45 years there have been two Committees of Management for the RMI. The CoM who resigned in 2010 had held those positions for over 30 years. Since that year the current CoM, with a few personell changes, has been in place. In February of 2025 the RMI will hold its Triennial General Meeting. At that meeting a CoM will be formed and positions on the executive will be filled. Like just about all volunteer groups within the community it is hard to fill any vacancies so, if you have some time to give to the operation of this wonderful community asset, please keep an eye on *the Romsey Rag* to see when this meeting is to be held. More information on the opertions of the RMI and the CoM can be found at <http://www.romseymechanicsinstitute.com>

The Romsey Mechanics' Insitute is on Crown Land & is owned by you, the people of Vistoria. It is overseen by a volunteer Committee of Management (CoM) which answers to the Department of Energy, Enviromnent & Climate Action (DEECA).

PO BOX 130, MOB: 0458 726 106, ABN: 99 340 024 758

presidentrmi@gmail.com, secretaryrmi@gmail.com, rmibookings@gmail.com, www.romseymechanicsinstitute.com

OCTOBER IN THE GARDEN

I by Melanie Kinsey

We returned home in late August; just in time to see spring really start to arrive! The last of the daffodils was blooming, the leaf buds on the trees were starting to swell and the ornamental pears were already in flower. Our garden was in reasonable shape although littered with sticks, twigs and leaves. Must have been a few storms while we were away! In our big yellow gum; magpies have begun to build their nest. The first time we have had them nesting in our garden. Hope we don't get swooped!

The worst issue in the garden when we returned was the evidence of the rabbits! Everywhere small holes had been dug and some new plants had been chewed down to ground level. I spent the first weekend back endeavouring to rabbit-proof the garden. I installed more chicken wire up against the brand-new dividing fence through which I thought they could not pass. Our beautiful new gate unfortunately has a gap beneath; so I have stuffed it with rolled chicken wire which of course has to be removed every day – not a very satisfactory solution.



I planted some garlic and red onions in a raised vege pod before going away and as it is a water wicking system these have grown well. So has the row of blue sweet peas planted below the new trellis. I can't wait to see these bloom! My new greenhouse has a few things inside including two tomatoes potted into 140mm pots and awaiting the warmer weather to go outside in November. Other plants in there are also doing well. I love going in there to check on their progress. Its also a great retreat in the event of a sudden hailstorm as I discovered the other day!

Committee

President:

Tony Lakey

Treasurer:

Dianne Irvine

Secretary:

Allan Irvine

General Committee:

Shauna Martin

Sonia Martin

Production Assistants & Proofreading:

Trish Dunn

Sue Kirkegard

Allan Irvine

Tony Lakey

Shauna Martin

Distribution:

Allan & Dianne

John Evans

Margret Lynch

Romsey Rag

ABN: 80 102 393 407
INC A0102067K

**Send us your
thoughts and
ideas for what
you think
could happen
in Romsey.**

FOR ALL CORRESPONDENCE:
email@theromseyrag.com.
au. Please note articles
should be restricted to
300-350 words plus/minus a
picture. Articles will be edited
as required. The editorial
committee reserve the right
not to print inflammatory or
unsuitable materials.

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a policy of allowing all political
parties equal access to this
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disseminate any content that
we consider to be defamatory,
racist, discriminatory or hateful
in any way.

Leadership

All leaders and committees have to be able to think their way through problems and design solutions. Often that is the easiest part of the process.

Selling those ideas, getting people to come along with you can be the hardest part.

A good leader/committee is in touch with their community and can clearly explain and argue the case for resolving the current problem.

Across the years we have seen this process successfully adopted in Australia;

In the 1980s the government was able to argue the case for the banning of cigarette and alcohol advertising and sponsorship of sport and other events.

In the 1990s the legislating of Land Rights for our indigenous peoples and the banning of smoking in public spaces.

WE HAVE ALSO SEEN FAILURES;

- The Republic Referendum of 2000
- The Indigenous Voice to Parliament Referendum in 2024.

A recent report in the Guardian highlighted the problems caused by wide-spread increases in gambling;

"Calls grow for total ban on gambling ads as Australia's annual losses surge to \$32bn". "These losses consisted of \$23bn from gaming, mostly from poker machines (\$15.8bn); casinos (\$3.6bn) and lotteries (\$3.1bn); and a further \$9bn from wagering, betting on sports and racing". (Queensland Government Statistician's Office)

Today there is much discussion on the negative effects of gambling and how the constant stream of gambling ads are having a negative effect on the population in general but more specifically on our young people and children. A joint party committee on gambling produced a report late in 2023. There were 31 recommendations from that committee, one of which was a total ban on gambling advertising.

"The Albanese government has instead proposed a partial ad ban. That would entail ads banned online, in children's programming, during live sports broadcasts and an hour either side, and limits in general programming."

No-one is arguing for a ban on gambling, many people enjoy a day at the races or some unusual doubles/triples such as the winners at Wimbledon and AFL premiers and these and similar betting options will always attract people. However, the continual flow of betting advertising and gambling related sports commentary has become so pervasive that many of our young see sport only in terms of the betting odds.

The spread of gambling ads needs to be controlled because Australia's number one position in world gambling losses is nothing to be proud of.



Community Newspaper Association of Victoria - the voice of the community

The Romsey Rag is proud a member of the CNAV. It is the peak body representing not-for-profit community newspapers across Victoria.

www.theromseyrag.com.au

ROMSEY LANCEFIELD SENIOR CITIZENS

Bendigo Bank Bus Trips

Our September trip, on Tuesday 1st of October, is to Tesselaar's Tulip Farm for their famous Tulip Festival. Over a million bulbs flowering, with the fields being a sea of colour - souvenirs and delicious food. Cost \$50, including lunch.

For pick up times or other details, ring Helen or Jan.

UPCOMING TRIPS:

- November *(date to be confirmed)* – Werribee Open Range Zoo
- December – Our Christmas breakup at Highland Hotel *(always a good day)*.

We meet every Monday at the rear of the Romsey Mechanics Institute for lunch (\$10), a chat and a game of cards– everyone is welcome.

Contact Helen on 0409 064 303 or Jan on 0408 338 759.

I Hope to see you soon.

PICKLEBALL is now in ROMSEY

TUESDAY MORNINGS 10 AM TO 11.30

SUNDAY MORNINGS 10 AM TO 11.30

ROMSEY REC CENTRE



CALL TREVOR 0468 356 650 FOR DETAILS

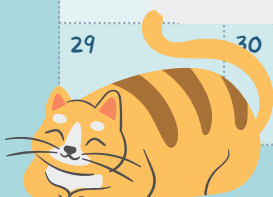
Romsey Community Calendar

2025

is underway

Interested in advertising in next years's community calendar? Your support enable us to provide this useful resource to our community for FREE. If you are interested in advertise in the next year community calendar, please contact Romsey Neighbourhood House on 5429 6724 or admin@romseynh.org.au.

Your support and sponsorship in the community calendar is highly appreciated!



Notes:



Stand Together: A Community Event to Support Men's Mental Health and Suicide Prevention

The Macedon Ranges Suicide Prevention Action Group (MRSPAG) is hosting a community event aimed at supporting men's mental health and suicide prevention. Recognising the importance of addressing grief, loss, and mental wellness, this event offers a supportive space for men who are navigating these challenging experiences.

EVENT DETAILS:

- **Date:** Thursday, 24th October
- **Time:** 6:30 PM, beginning with a free BBQ
- **Location:** Mt Macedon Golf Club
- **Guest Speaker:** Liam Twomey, Paralympian

Para Olympian, Liam Twomey will share his inspiring story of overcoming mental ill health after experiencing grief and loss. His journey towards wellness serves as a powerful example of resilience, making his address a highlight of the evening.

This event is open to all men, whether you are currently working through grief or seeking to improve your mental wellness. The evening is designed to be a welcoming space where men can come together, share experiences and find hope through community.

Don't miss this opportunity to stand together with other men in your community, support one another, and hear from a speaker who has walked the path of recovery and come out stronger.

To book a free ticket please visit <https://www.eventbrite.com.au/e/stand-together-a-community-event-to-support-mens-mental-health-and-suicide-tickets-1003312423467?aff=oddttdtcreator>

The Vessel & Until Then - 2 Plays

After a sold-out season at The Social Foundry, Kyneton in March, following on by a second season at The Engine Room, Bendigo in August 2023, we are delighted to bring the new, extended version of The Vessel by Dawn Bamforth and Until Then, by Paul Canlan, back to Kyneton and Trentham audiences, during seniors' month, in October this year.

- The Vessel, is the story of an older woman, in the latter stages of dementia, living in aged care. The play is a deeply personal account of the small acts of kindness in her final days and hours, as she shares memories from her earlier life with us, the audience.
- Until Then, is about the relationship between a father and his son "*Clinging onto hope but until then, I won't be holding my breath*" Connecting with your dad should be easy and natural, but sometimes we lose touch of what is real and most important in our lives, but it works both ways.
- Until Then (10 mins) will be followed by The Vessel (50 minutes). Total running time is around 1 hour.

BOOKINGS ARE NOW OPEN FOR BOTH LOCAL SHOWS:



- **Kyneton, Social Foundry** - Saturday, Oct 19, 7 pm – 8.30 pm - \$45
Opening night includes pre/post-show drink and nibbles
www.trybooking.com/CUCTN
- **Trentham Mechanics Hall** - Monday, Oct 21, 1 pm – 2 pm - \$30
www.trybooking.com/CUCTY

We received funding and partnership collaboration from the Trentham and Districts Community Bank and the Social Foundry once again to bring these shows to our local regional audiences and would like to acknowledge their generosity and support.

We look forward to performing both shows and catching up for a chat after, should you wish to continue the conversation.



Dr Lindsay Francis, a much-loved doctor in Romsey of the 1950's to 1990's, died recently (May'24). He practised for 43 years in Romsey and Lancefield, and further afield when needed. He retired to Cowes in 1995.

Lindsay Francis lived had lived in country Victoria and fell in love with Romsey. He practised from his home at 72-74 Main Road. This interesting house, it seems was 'unofficial' doctor's residence. Probably built in the 1880s, Dr Perrin Norris was its first owner; succeeded by Dr Hogan and then Dr Murdoch until 1950. Originally known at 'Maroo', Dr Murdoch practised here until his death. When Dr Francis and his wife Josie moved in they changed the name to 'Girrahween'.

Dr Francis was on call 24 hours a day, 7 days of week. Returning after house visits, a queue of people was waiting patiently. Romsey knew that if needed you could knock on his front door at any time. There were no appointments. You came, sat and waited and talked to each other.

His practice was not limited to people; with no vet in Romsey, he treated animals as well. One story was of a goat treated on the surgery couch!

Dr Francis was on the committee to refurbish and open the Lancefield & District Bush Nursing Hospital, from 1955 to its closure in 1992. Kilmore lost its doctor in the 1960's and Dr Francis practised there twice weekly for a year – despite his popularity, he declined residents' request to move there.

Dr Francis was known to pick up patients to take them to hospital; some babies were born on the back seat of his car. As the story goes 'Delivery was high on his list of priorities, including of course babies, but varying to include groceries, meat and bread for those patients being visited, who had no transport.'

He served on the Establishment Committee for Cobaw Community Health Centre; was Secretary of the Romsey Progress Association for 20 years, and a member at Romsey Mechanics' Institute for ten years. He became a Life Member of the Romsey & Lancefield Districts Historical Society.

Lindsay Francis had diverse talents. He played the organ at Romsey Anglican Church and was on the Vestry.

Dr Francis was a foundation member of the Lancefield and Romsey Bowling Club; he enjoyed bowls but pressure of work kept him away from the green, much to the distress of other players.

He supported the Romsey Red Cross and was President for a time. Dr Francis was 'Romsey Shire's Citizen of the Year' in 1995, and opened the redeveloped Romsey Medical Centre.

A farewell reception in June 1995 honoured Lindsay and his wife Josie for their long devotion to community.





ROMSEY BRANCH OF C.W.A. INC

2024 STATE THEMES:

THEME: Women Advocating For Change

PRODUCT/RESOURCE: Pulses

COUNTRY OF STUDY: Romania

THANKSGIVING FUND: Fiona Elsey

STATE PROJECT: Video Conferencing Facilities – improving Communication Technology to Regional areas

SOCIAL ISSUES FOCUS: Advocating for Change

ROMSEY BRANCH OF C.W.A. INC

CWA is a Volunteer Organisation

Spring is here and hopefully warmer than our Winter

Hope everyone's gardens are looking very colourful with spring flowers and blooms. I feel for anyone who suffers from hayfever like myself to make it thru without too much trouble.

This is also when we do our spring cleaning after the house has been locked up for the winter

HERE ARE A FEW LOW-COST CLEANING PRODUCTS TO USE;

- All Purpose Cleaner
- One-part white vinegar
- One part water
- Lemon Rind
- Rosemary Sprigs

Combine the above ingredients together, pour into spray bottle then let infuse for a week before using. After a week use the cleaner to clean rubbish bins, wipe away smudges and much more. Besides a fresh scent the lemon rind may help boost cleaning power.

Baking soda and vinegar can tackle stubborn stains on the stovetop.

Clean your windows using vinegar.

Mix 2 tablespoons of vinegar in 4 litres of water. Put in a spray bottle and use on the window then wipe with a microfibre cloth.

FOR ANY FURTHER INFORMATION PLEASE CALL:

PRESIDENT: Dianne Purtill, M: 0409 214 520 **SECRETARY:** Wendy Foster, M: 0409175 667 or email: cwaromsey@gmail.com

CWA is not just for older women; it is for women of any age wanting to be involved in their local community and also be connected to a world-wide organisation of friendship and community care. We have a lot of fun and laughs while being creative and raising funds for community projects. CWA is a volunteer organisation.

JOKES

My Grandad asked me how to print something from his computer. I said "It's just Control P" he said "I haven't been able to do that for years".

THE ROMSEY-LANCEFIELD RSL IS PROUD TO ANNOUNCE THE ANNUAL ANZAC SPIRIT AWARD 2024

Nominate Your Local Heroes.

Romsey and Lancefield RSL sub-branch invite you to nominate a local resident or community group who embodies the spirit of ANZAC.

Celebrate those who demonstrate courage, commitment and community spirit.

Winner will be honoured on a bronze statue on display in the Romsey Hub, as well as receive a \$200 cheque courtesy of Wayne Smith Real Estate and a small World War One digger figurine.

Nomination forms available from Romsey IGA, Romsey and Lancefield Post Offices and the Community Romsey and Lancefield Bendigo Banks. Nominations close at 5.00 pm on Friday 25th October 2024.

Presentation night is Tuesday 12th November 2024 7 PM at the Romsey Hub. Should you wish to attend please RSVP by 4th November for catering purposes.

Contact Reinhard Goschinaik on 0419 375 060 or John McCosker on 0418 940 009





We once had a dog. His name was 'WOOF'. Skinny, my mother's boyfriend, blamed cabbage for every smell which floated around the dining room, but my mother knew it was Woof who was responsible, and so my mum encouraged Woof to seek another domicile.

PS. Woof was so named because that was the sound which one uttered as Woof relaxed under the dining room table.

CABBAGE: What the Chinese use to pad out the food they serve to Australians.

I don't know where cabbages came from, but I do know I came from under one because my dear old mum told me often enough.

Some authorities insist cabbages came from the Middle East. If they did, why were they not mentioned in the Bible? The Greeks ate it as a gut filler. Diogenes was said to have told a young courtier *"If you lived on cabbage you would not be obliged to flatter the powerful."* *"If you flattered the powerful,"* replied the young bloke, *"you would not be obliged to live on cabbage."*

The wealthy Romans chomped into it with gay abandon, even though it was expensive. Claudius, the drunken glutton, once demanded the Senate debate if there was a better dish than corned beef and cabbage. They dutifully voted that there was not. Claudius was right in one thing, cabbages are the most versatile of vegetables And there are lots of varieties - broccoli, Brussels sprouts, cauliflower, collard, kale and kohlrabi. it's interesting and important to know that any vegetable which has leaves which cross over each other - cruciferous - are considered to be excellent in combating stomach cancer, help heal gastric ulcers and stimulate the immune system. They contain calcium, magnesium, potassium, beta-carotene, folic acid, vitamins C, E, K, Thiamin and iodine.

FRIED CABBAGE:

INGREDIENTS

- 1/2 head of cabbage (about 500 g)
- 1/2 green capsicum
- 3 tablespoons butter
- 1 clove garlic, crushed
- 1/2 teaspoon mustard seeds
- 1/4 teaspoon each cayenne, turmeric powder, ground cumin and ground coriander
- 2 teaspoons lemon juice.

METHOD

- Remove the worn-out looking outer leaves of the cabbage and the thick centre stem. Cut the rest into fine shreds as if preparing the cabbage for coleslaw. Chop the capsicum into fine pieces.
- In a large heavy frying pan over a moderate heat, melt the butter then add the garlic, chopped capsicum and the mustard seeds. When the mustard seeds start to pop, add the cabbage and stir. Continue stirring while adding the rest of the spices. Stir until all the spices are well blended into the cabbage. Cook for 15 to 20 minutes, stirring occasionally to prevent the cabbage from sticking to the bottom of the pan.
- When fully cooked, the cabbage will be only half its original size. When cooked, remove from the heat and squeeze the lemon juice over it then serve hot.

Lots of people sneer at cabbage, saying amongst other things it smells out the kitchen whilst it's cooking for days after. I'm not amongst them.

Cabbage is king!





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Sunbury 3429

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Monday-Friday
9:00am-5:00pm

LGBTI SENIORS FILM SCREENING

As part of this month's Victorian Seniors Festival, Goldfields Libraries and Sunbury and Cobaw Community Health are hosting a free screening of the documentary 'LGBTI Seniors Untold Histories'.



The film explores the lived experiences of older LGBTI people living in Central Victoria and the changing attitudes in society towards sexual orientation and gender identity. The screening will be followed by afternoon tea and a panel discussion with the Director Noel Hourigan and two of the people featured in the film.

The event is one of the first activities organised by Sunbury and Cobaw's new Healthy LGBTI Ageing project which aims to increase understanding and support for the mental health and wellbeing of older LGBTI people in the area. The project, which has been made possible thanks to funding from the Victorian Department of Health Diverse Communities Grants Program, recognises the impact of marginalisation and discrimination on older LGBTI people's health, social connection, feelings of safety and belonging, and willingness to engage with services, especially in rural and regional areas.

"We invite older LGBTI people, their friends, allies and carers as well as staff working in organisations that provide services to older LGBTI people," says Tonye Segbedzi, Healthy LGBTI Ageing Advisor.

The Victorian Seniors Festival is a major state-wide festival for and involving seniors. The festival runs from 1-31 October every year, with free and low-cost events right across Victoria.

'LGBTI Seniors Untold Histories' is on Thursday 10 October, 2pm to 4pm at Romsey Library, 98 Main Street. Entry is free but registration is essential, go to www.sunburycobaw.org.au/lgbti-seniors-untold-histories, call 5421 1666 or email healthpromotion@scchc.org.au. You can also contact Tonye or her colleague Mez Lanigan if you want to find out more about the project.

ROMSEY BOWLING CLUB

Feeling a bit unchallenged and tired of watching drivel on TV? There is a remedy. Just pop into our friendly bowls club for a bowl and a bit of fun.

We welcome all newbies as well as bowlers of experience of all ages to our family friendly club which is set amongst the peaceful Romsey Park precinct. Bowls are available for use as well as instruction. All you have to bring along is flat soled shoes to have an enjoyable experience. We have qualified coaches who are keen to assist.

Practice is held on Mondays and Thursdays from 4 pm and all are welcome to enjoy the bowls and the facilities of our licenced club. During the month of October, each Thursday our green will be open from 1 pm to support the clubs participation in the Victorian Seniors Festival. However, all ages will be welcomed.

The pennant season commences in October and our club fields sides for Saturday and Tuesday competition. Our club had a successful season last year.

If you are interested in bowling please contact Garry Templar, our Head Coach on 0413 089 292 or via FB at Romsey Bowling Club.





Rotary is a global network of 1.4 million neighbours, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

SOME OF OUR PROJECTS:

- Highway Clean Ups between Romsey and Lancefield with support from community members
- Christmas Trees in Main Street Romsey – co-ordination, distribution, collection, placing and dismantling with support of Romsey Men's Shed, ERMBA and Community members.
- Continual fund-raising activities with funds going towards supporting the needs of local charitable organisations, schools, services and individual students for science conferences.

OUR MAJOR PROJECT IS: The Avenue of Honour Commemorative Plaques and Shadow Boards of significance war time battles and peace keeping missions being erected alongside the Walking Track between Romsey and Lancefield together with the local Romsey Lancefield RSL sub-branch.

The Romsey Lancefield Rotary Club Inc. meets every fortnight on Thursdays (7 pm – 9 pm) at Soltan Pepper Restaurant or The Lodge (Lancefield) or The Lost Watering Hole (Lancefield). Community members interested in becoming Rotarians are very welcome to join us.

For further information please contact our Club Secretary - Anne Collins via email anne.collins@outlook.com.au or phone 0411 097 187



THE MOUNT PLAYERS HAPPENINGS

**The Mount Players Presents
"A Bunch of Amateurs" in November.**

Our 4th production for the year opens Friday 1 November. A Bunch of Amateurs by Ian Hislop and Nick Newham directed by Sonja Prater and Craig Lenaine-Smith.



The Mount Players

In a desperate plight to save their theatre from developers, a washed-up Hollywood Star is flown in to play the title role in King Lear at "Stratford" believing he will be appearing onstage at the legendary RST in Stratford-upon-Avon, the birthplace of William Shakespeare. Instead, he finds he has signed on with the "Stratford Players" in the Suffolk village of Stratford St John. The local villagers are somewhat of a motley crew and are naturally delighted to have such an - albeit unsuccessful - star playing with them. As acting worlds collide and Jefferson's career implodes, he discovers some truths about himself -- along with his inner Lear!

Lots of laughs and great characters guarantee a light hearted wind up to The Mount Players 2024 season. For full details and tickets to www.themountplayers.com or call 5426 1892 for assistance.

If you haven't been to our theatre then do yourself a favour and come along. With a fantastic show, complimentary sherry on arrival, a well-priced bar and complimentary tea, coffee and treats at interval ... it's great value... you'll love it!

See you at the theatre.

| By Karen Hunt



COMMUNITY BANK CONNECTIONS



I TEAM NEWS!

We hear the pitter patter of little feet coming with both Amy and Tyeisha announcing their pregnancies! Both Amy and Tyeisha will be heading on Maternity leave in December.

I SCAM AWARENESS

Having focused on the ever-increasing number of scams during the national Scams Awareness Week back in August, we've had some great discussions with our local community.

Angela, our Senior Branch manager, held a scam awareness session for the local Romsey-Lancefield Probus group in September. Please reach out if you know of any other community groups that would like us to run this free educational session.

We also have free copies of the ACCC's Little Black Book of Scams available in both our Romsey and Lancefield branch. Pop in and grab a copy for yourself or to pass onto friends and family.

I FREE UPCOMING VIRTUAL HOME BUYER SEMINAR

Dreaming of buying your first home? 5% deposit can help make it a reality.

The Victorian Homebuyer Fund is a shared equity scheme, making it easier for eligible Victorians to enter home ownership. Join us for our free online Virtual Seminar, hosted by Community Bank Lancefield and Romsey's Home Lending team, to hear all about how to achieve your property goals, with industry experts available to answer your questions.



- 7.30 - 8.30pm, Wednesday 2 October 2024

Book your free ticket now via TryBooking: <https://www.trybooking.com/1276787>

I JOSH'S RAINBOW EGGS MACEDON RANGES BUSINESS EXCELLENCE AWARDS

Our directors Suzie and Gina had the pleasure of attending the recent Josh's Rainbow Eggs Macedon Ranges Business Excellence Awards gala event, hosted by Macedon Ranges Shire Council. It was a fantastic evening to wrap up our sponsorship of this year's awards and celebrate some outstanding local businesses!

Congratulations again to all of this year's winners, including our local Rafael's Coffee for winning the Excellence in Agribusiness and Food Manufacturing and Backman Builders for taking out Business of the Year.

Thanks to Angelica James Photography for capturing the night perfectly! <https://www.angelicajamesphotography.com/>



I 2024 ANNUAL GENERAL MEETING

The Annual General Meeting of Lancefield & Romsey Community Financial Services Limited (*the local company that owns our Community Bank Lancefield and Romsey*) will be held at 6:30pm on Thursday, November 28th 2024 at The Lancefield Lodge. Shareholders will have received formal notice of the AGM along with supporting documents early October.

Supporting your local community

Community Bank - Romsey 5429 5526



How healthy is your home loan?



Book in for a home loan health check today!

All over Australia, homeowners are saving money with a free Bendigo Bank home loan health check.

We'll give your home loan a full check-up, making sure the loan you have is still right for you and your current needs. We'll look at your interest rate, your term, your repayment options, and if relevant, your equity.

Then if we can add value to what you already have, we'll talk you through:


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- 100% offset on fixed or variable loans
- how LVR (your loan to value ratio) works
- and of course, our fantastic customer service

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 Community Bank · Lancefield and Romsey 5429 5526



*Source: Roy Morgan Single Source Australia, May 2023

All loans are subject to the bank's normal lending criteria. Fees, charges, terms and conditions apply. Please consider your situation and read the Terms and Conditions, available online at www.bendigobank.com.au or upon request from any Bendigo Bank branch, before making a decision. Bendigo and Adelaide Bank Limited ABN 11 068 049 178 AFSL 237879 (2006723-2045545) (08/24)

Romsey Mens Shed

Working on Friendships



ROMSEY MENS SHED - FRIENDSHIPS AND COMMUNITY

Romsey Mens Shed

In the last edition we commented that Romsey Mens Shed is part of the now multi-national Mens Shed movement that originated in Australia in the 80's. An objective is improving older mens' mental and indirectly their physical health. Younger men are also welcome, but a bit limited due to work and family commitments. Participating in community activities is also a given and our members help out wherever practicable.

We regularly meet with other Mens Shed representatives from the Macedon Ranges Shire to discuss options for service improvement and with some local Romsey Town activists occasionally. Recently we also had a visit from our local Federal Member for McEwen, Rob Mitchell.

Open times

We are in Romsey Park at 47 Barry Street and our usual operating times are :

- *On Tuesdays from 9-4 for coffee, chats and for "hands-on" their project work;*
- *Wednesdays around 9 30am. for the woodwork enthusiasts,*
- *and Thursday is our most popular day, from around 9 30am to around 2pm. We have a five-dollar donation barbecue/light lunch at 12 noon and members guests are welcome. The menu varies and is often supplemented with donated Joshs Eggs. Potential members often come along to a lunch before joining. A brief report on committee activity is usually given by the Committee President and occasionally we have a guest speaker. We also have a five dollar donation "old pub style" meat raffle, to subsidise occasional lunch outings to museums or other places of interest.*

Hobbies are optional

Members can just use the shed as a social gathering or do woodwork, metal work, welding and automotive activities. Basic WH&S and hands-on skills are taught from time to time. Some members have skills in other less common hobbies and work with keen members on their skill development.

This is a long-term, keystone restoration project, with the shell of a 1925 T Model Ford Truck donated by Doug Newnham. We have received some help from the Bendigo Community Bank to enable mobility and public display. while some local suppliers have also helped. There is a global T Model restoration community who can help source parts.



PHOTO CAPTION: Some of our members with the photo opportunity that politicians love with Rob in the centre.

Shed extension proposal

We have grown significantly to more than 60 members and with all our equipment now need more space. We are now seeking funding from the state government and the Bendigo Community Bank.

OUR FACEBOOK PAGE IS: Romsey Mens Shed Inc. We have a GO FUND ME for the T model project.

MEMBERSHIP APPLICATIONS: SECRETARY: romseym@gmail.com or drop in at 47 Barry Street

ROMSEY GOLF CLUB REPORT

W. E. TOM 4BBB SHIELD; This was another interesting contest. Harris/Donovan got away to a blinder going five-up after eight holes but Mottram/Kohler rallied with Kohler chipping in on the 11th, Mottram putting like he was hitting into a bucket and birding 14th. With three to play Donovan/Harris were one-up, Donovan pared 16th (*picking up NTP*) and Harris took the 17th to take the day. This was his 2nd successive W. E. Tom victory.

STRONG WINDS: Recent heavy winds damaged the park severely, with trees and heavy branches to be felled and dragged away. Many smaller broken branches were picked up and taken to the pile. Our thanks to John Freestone, Ron Walker, Steve Wilkins and Anthony Lakey who worked hard to clean up damage.

RGC AGM: The Annual General Meeting is to be on Wednesday October 9th. Both executive and committee positions will be filled there.

TWILIGHT GOLF: The club will use the new yellow Course for the first three rounds of Twilight Golf. These rounds were played on Fri Sept 13th, 20th and Oct 4th. Tee off from 3.00 pm, \$5.00 members/\$10.00 non-members. Twilight golf will continue until early March.

2024 WORKING BEE SEPT 27TH: The 11th Working Bee was on the Friday before the AFL Grand Final. This year, we scarified, seeded and topdressed the greens – placed couch cores into less couched fairway areas, added sprinklers, and cleaned/repainted tee signs/distance markers. Thanks to ALL members who gave time to improve the course and Romsey Park.

GOLF CLINICS: In 2023 the club ran very successful clinics for beginner golfers. We are finalising details with a teaching professional for another series of clinics in October. For information please keep an eye of the RGC website or Facebook page.

HEAVY WINDS BRING DOWN A TREE: Heavy winds are not uncommon at RGC. On Wednesday July 24 they were strong enough to bring down a medium sized pine tree. No-one was within 100m of the tree when it fell. Steady work by our volunteers saw the timber cut up, some going to the odd “Man Cave” and smaller branches going to the burn-off pile.



ONE of the larger branches the winds brought down.



Park Lane, Romsey
(PO Box 200, Romsey 3434)

PRESIDENT: 0417 088 891

SECRETARY: 0400 768 040

mail@romseygolfclub.net

www.romseygolfclub.net

MENS SHED WEEK

Romsey Gets a Mention in Parliament

Our Federal Member Rob Mitchell visited a number of Mens' Sheds in our district recently as part of Mens' Shed Week. The theme was “..send him down to the shed..” Rob gave a Parliamentary report on several Sheds, including Romsey. In his address to Parliament he made a number of observations including the impact of retirement on many men and sometimes the loss of a life time partner, that gave many men a feeling of isolation and stressed the important role the Mens' Shed movement provided to reconnect men into the community. The Hansard extract is:-

“....The Romsey Men's Shed have been working on the restoration of a 1925 Model T Ford gifted to the shed by local businessman Doug Newnham. This vehicle was sold new in Gisborne, originally. With the generous help of the Bendigo Community Bank, Romsey members are diligently working on its refurbishment, with the vehicle to be used for community events. This project has shown the depth of skills and knowledge at the local shed, from trade skills, such as mechanics, joinery and bodywork, right through to historical research....”

Our Continuing Series on Significant Buildings in Romsey

124 Main Street, Romsey. A private residence

The building at 124 Main Street holds a rich history, beginning with the purchase of the land by Dr. George Birney in 1871. Dr. Birney and his brother Robert were notable figures in the area. Robert worked as a carpenter at Emu Bottom in Sunbury, by 1856 he had saved enough money to buy the 196-acre property 'Glenfern Park'. Robert was elected a foundation member of the Lancefield Roads Board, and was one of the three local Justices of the Peace, and was a prominent Councillor of the Romsey Shire. George was one of the local Doctors in Romsey and ran a small surgery at 'Glenfern Park.'

George commissioned the construction of the first building on the site more than ten years after acquiring the land, employing Alfred Pugh for the project. The building served many purposes, including housing the Lancefield Chronicle office, a chemist, a draper, and a boot shop. By the late 19th century, the property had passed into the hands of James Hemphill.

Tragedy struck July 6th 1904 when the fire that was to consume both the Romsey Mechanics Institute and Mr. Heffernan's boot shop and dwelling next door. It was started by a misplaced candle on a mantelpiece near to some curtains. The boot shop and dwelling were owned by Mr. James Hemphill which Mr. Heffernan was leasing. While Mr. Heffernan lost everything, Mr. Hemphill was insured and was able to rebuild. The building we see today is the rebuilt home and shop frontage along with the rebuilt structure of the Mechanics Institute.

Mr. Heffernan's house was only a few feet away from the Mechanics Institute and for a short time it looked as if the fire would remain contained to the little wooden structure until a tongue of flame leapt across to the wooden wall of the Mechanics Institute and didn't return. In a moment the whole building was enveloped in flames. The towns people did all they could to salvage what they could from the hall.

REFERENCES: Romsey Examiner 8 July 1904
Romsey A Veritable Garden of Eden, Peter Mitchell
An Historical Guide, Romsey, Fay Woodhouse



Medical Transport Education - Romsey

- *Next date: Monday, 02 September 2024 | 10:00 AM to 12:00 PM*

Travelling for medical purposes doesn't need to be complicated, Lily's Travels will take you through a step-by-step plan for travelling to and from your medical appointments, while also making the most of the journey.

Enjoy tea and coffee at Romsey Neighbourhood House and gain insights into mobility and accessibility services, Myki cards, public transport timetables, safety, and ticketing. The event will feature guest speakers from V/Line and Travellers Aid.

Registrations essential.

Contact Hayley Short on hshort@mrsc.vic.gov.au or call (03) 5422 0333.

When: Monday, 02 September 2024 | 10:00 AM - 12:00 PM

Location: Romsey Neighbourhood House, 96-100 Main Street, Romsey, 3434

EASTERN MACEDON RANGES BUSINESS AND TOURISM ASSOCIATION INC (EMRBATA) - UPDATE

CHRISTMAS IN ROMSEY IS COMING!

Planning is underway for Christmas in Romsey 2024 so start thinking about your home's or business's lights and decorations displays. The Main Street Christmas Tree Installation (*facilitated by Romsey Lancefield Rotary Club and supported by Romsey Men's Shed*) will be back with a "People's Choice" vote for best decorated tree. And what does Gab Derrick have in mind for the big Community Tree's decoration this year? After last year's "challenging" weather, the Community Carols will be back bigger and better than ever on Saturday 14th December so SAVE THE DATE! Supported by Bendigo Bank, Macedon Ranges Shire Council and Greater Western Water.



ROMSEY TOWN CENTRE ACTION PLAN UPDATE

At the time of writing, the Town Centre Action Team is due to meet again to discuss further "projects" associated with actions in the Romsey Town Centre Action Plan. A grant application for the Main Street Tree Illumination project has been submitted. The Murals team is fine tuning their project plan and the Signage team (*having done an audit of the town centre's Main Street signage*) is working with Council to establish what can and cannot be improved.

There are many other initiatives identified in the Romsey Town Centre Action Plan (https://easternmacedonranges.au/s/240508_Romsey-action-plan-FINAL2.pdf) just waiting to be activated. For more information or if you would like to assist this great group of local "do-ers" in the Action Team, email contact@easternmacedonranges.au.

ROMSEY ECOTHERAPY PARK – A SPECIAL PLACE IN NATURE

Recipient of multiple awards for design last year, Romsey Ecotherapy Park is a very special Macedon Ranges (*especially Romsey/Lancefield*) asset! Spectacular new signage and enhanced entry features are being installed at the south west entry to Romsey Ecotherapy Park. This along with the installation of an EV charging station have been made possible by State Government funding associated with the Stage 3 development. This year's Romsey Town Centre Action Plan (*prepared by renowned placemaking consultancy Village Well www.villagewell.org*) described Romsey Ecotherapy Park as "Globally iconic and locally distinctive.....stands out as a unique and immersive experience unmatched elsewhere in Australia". It also identified improved signage (*in progress!*) and implement better marketing of the Ecotherapy Park as crucial to increase visitation to Romsey. The story behind the park and its elements is part of what makes it special. How best to tell the story and thereby improve the experience of those who visit it is currently being developed. Stay tuned!

RIDDELLS CREEK TOWN CENTRE ACTION PLAN WORKSHOP



Following funding secured by Tourism Macedon Ranges Inc (TMR) from the State Government's Tiny Towns Fund, EMRBATA assisted Riddells Creek in the planning of its "Revitalising Riddells Creek Town Centre" workshop held in September. This is yet another example of EMRBATA supporting and advocating for business and tourism in the Eastern Macedon Ranges.

Malmsbury will be conducting its Town Centre Action Workshop in early 2025, also courtesy of a State Government Tiny Town Fund. As such, the Macedon Ranges Thriving Villages Project continues to expand with Romsey, Lancefield, Riddells Creek and Malmsbury all actively pursuing initiatives to reinvigorate their town centres for the benefit of local businesses, community members and visitors.



EMRBATA'S VISION IS: A vibrant, collaborative and prosperous eastern corridor community which enhances liveability in the region.

FACEBOOK:

Eastern Macedon Ranges - Business and Living

EMRBATA MEMBERSHIP:

<https://easternmacedonranges.au/emrbata>

EMAIL:

contact@macedonranges.au

Farewell

LANCEFIELD ROMSEY COMMUTER BUS CO-OP

It is with much sadness that we announce the closure of the Lancefield Romsey Commuter Bus Co-operative Ltd.

The service was established in 1981 and in nearly 40 years has transported hundreds of people from Lancefield, Romsey and surrounding towns to the CBD on a daily basis.

The committee tried everything possible to keep the service running even scaling back to a smaller vehicle, but it seems that this type of service is no longer viable in our community.

We would like to thank everyone involved in the bus, especially those who contributed tirelessly on the Committee and those who selflessly drove for us. It has been a wonderful service to the Lancefield and Romsey communities offering direct, affordable transport to the CBD where sadly the public transport system does not.

We did scale down the service to try to keep the Co-operative alive and financial but we now have to call time on the service and the Co-operative.

We do now have the pleasure of donating our Kia Carnival to the Lancefield & Romsey Neighbourhood Houses who will continue the co-operative spirit and put the vehicle to work for the community.

Again, thank you to everyone who has contributed to the running of the service, it would not have worked without you.



PICTURE: Dave Shennan in the bus L to R – Lynn Rowley, Maree Lawson, Hina Johnson, Katrina Dean.



**Macedon Ranges
UKULELE
PLAYERS**

rear of Romsey Mechanics Institute hall (off William St)



**Only \$2
per visit**



About Us
We are a Ukulele group taking members from across the Macedon Ranges. We meet on Saturday mornings at 10am for an hour then a cuppa and chat.

New members
No experience necessary. We are self taught but will give you a few tips. You will get our songbook for just \$5 and this includes free updates as our list of songs grows. We are keen to hear from singers who wish to exercise their vocal chords.

Contact for more info
☎ 0418 581 885 Allan



New Players Welcome



BUDBURST WINE FESTIVAL – 16-17 NOVEMBER, 2024

Discover the cool wines and warm hearts of Macedon Ranges winemakers at their annual wine festival. Budburst is a once-a-year opportunity to step behind the vines and meet the family-owned and small-batch makers who shape mainland Australia's coolest wine region.

Across the weekend, more than 20 Macedon Ranges winemakers will open their wineries and cellar doors to wine enthusiasts. From 10am and 5pm Saturday and Sunday, you can enjoy wine tastings, curated food menus championing local produce, art shows, sculptor walks and live music.

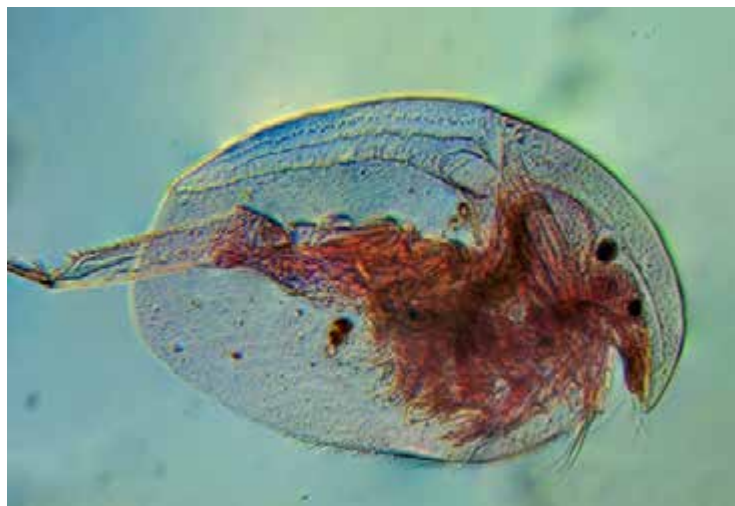
Festival and bus tickets are on sale from 1st September (early bird until 30th September). For more information and to book tickets, visit budburst.com.

All the Life We Cannot See

Our waterways are too often polluted - microplastics, herbicides, nitrates from fertilizer, manure and sewerage. None of this we can see. AND aquatic microfauna, mostly "good guys" in rivers, lakes and wetlands. New species of microfauna are being discovered. We have much to learn of them and where they fit into ecosystems.

Dr Robert Walsh will talk about microfauna at Lancefield Show on Sunday, October 20 - a freshwater scientist, limnologist and aquatic invertebrate zoologist for 17 years in his lab (*Rotifers*, *Copepods*, *Ostracods*, *Cladocera*) to the level of a genus or species. Aquatic invertebrates (*no backbone*) are divided into either less than 2mm (*aquatic microfauna*) and animals larger than 2mm (*aquatic macroinvertebrate fauna*).

Microfauna link all in the aquatic food webs together, and the system will collapse without them. These tiny animals (*Rotifers*, *Copepods*, *Ostracods*, *Cladocera*) feed on detritus, bacteria, algae, diatoms, protozoa, and ciliates. Predators amongst them will consume other microfauna, larval macroinvertebrates and fish fry. These then provide a food source for aquatic macroinvertebrates, small young fish taxa, and birds. To put this simply: No microfauna = No Fish (*trout, perch, galaxids, cod, etc*) or Birds.



Managers of wetlands, waterways, reservoirs, water and sewerage treatment plants need to know the environment baseline and ecology of these two aquatic systems and animals.

Aquatic microfauna life cycle is days (*Rotifera*) or weeks (*Cladocera*, *Copeoda*, *Ostracoda*). With temporary inland waterways, these tiny animals drive the ecology of inland waters, rather than aquatic macro-invertebrates with longer life cycles.

Microinvertebrates tell us much on the health of aquatic environments. Some react to pollutants and environmental stress. Their presence (*or absence*) tells us if the environment is healthy or not. They are an early change indicator, responding quickly to changes in the environment. The canary in the coal mine! To find out more, come and see us at the Show.

Deep Creek Landcare Group has nesting boxes for bats, birds and phascogales for sale from \$30. We also have Myna bird traps to lend out. Annual Landcare membership is \$20 per family. You can follow us on Facebook, contact our President, Phil Severs (0476 324 000) catch us at the Lancefield Farmers' Market or attend our monthly meetings in the Lancefield Mechanics Hall. We would love to see you!

Soft plastic recycling pilot

Did you know you can now collect your soft plastic in a special orange collection bag and pop it in your recycling bin?

Council's shire-wide soft plastic recycling pilot program allows residents to recycle their soft plastic conveniently in their kerbside recycling bin. All soft plastic items that carry the Australasian Recycling Label (ARL) – Return to Store symbol or REDcycle logo are accepted.

If you'd like to participate, visit your nearest Council customer service centre; Council's resource recovery facilities in Kyneton, Romsey and Woodend; Kyneton Toyota Sports & Aquatic Centre or Gisborne Aquatic Centre to collect an information pack, which includes a letter and 20 orange collection bags.

If you have large amounts of soft plastics such as animal feed bags, plastic wrap from electrical goods or you are not on Council's kerbside service, you can take your soft plastic to a Council resource recovery facility for recycling.

The soft plastic collected in the pilot program will be sent to specialist processors in Victoria to make new plastic products locally, which supports our objectives to reduce waste to landfill, lower greenhouse gas emissions and litter.

For information, visit mrsc.vic.gov.au/soft-plastics-trial

¹ info@australianwaterlife.com.au

The Opening of Our Pétanque Season is Nearly upon us, so get Ready for a Fun Summer Season of Pétanque.

On Monday 7th October at the The Old Racecourse, Forest St, Woodend, we will open the season with drinks and snacks from 2pm onwards.

All new players are welcome.

Come and have a try of a new sport for you! No fitness required!

We will supply you with boules to play with and new friends to enjoy.

If Mondays are not for you, then we will also start the new season at Hanging Rock Reserve, South Rock Rd, Woodend.

- On Thursday 10th October.

As it is daylight saving we will be at Hanging Rock from 4pm so come have a try and enjoy a BBQ dinner at the beautiful reserve among the gum trees and kangaroos!!

Free exit from the park.

Our season extends from the start of daylight saving until the end of next March.

Come along any week that's convenient for you. We will look forward to seeing you!

Louise Potter

LOST WATERING HOLE

LOST WATERING HOLE
THE LANCEFIELD BREWERY

NOW AVAILABLE IN CANS!

HARD LEMONADE
4%ABV

GLUTEN FREE

Be part of the Macedon Ranges Autumn Festival!

Business and event submissions are now open for the 2025 Autumn Festival, which will be held from 1-30 April. We are seeking Food & Drink Trail participants, along with a range of signature events (including markets, workshops, exhibitions, guided walks, tours, etc).

Food & Drink Trails:

- *Take part in Australia's Biggest Pie & Tart Trail. We'd love to see more local seasonal produce featured within pies. Venues must have a permanent street address.*
- *Do you produce wine, gin, or another fermented or distilled alcoholic beverage? Take part in the Tipple Trails and hero a signature beverage at your venue.*
- *Would you love to celebrate a signature plant-based meal as part of the Edgy Veg Awards? (With thanks to the Macedon Ranges Sustainability Network).*

Also, if you are a hospitality venue, you can additionally submit individual events for the Festival – think degustations, tastings, and exclusive food/drink events. Could it be a workshop on how to make the flakiest pie pastry, venue openings/launches, or making those signature cocktails?

Tourism Events:

Does your event align with the Autumn Festival and seek to leverage the season? Would it appeal to visitors from Melbourne or further afield? Could it take place between 1-30 April 2025? Whether it's an exclusive local fashion launch, art exhibition, signature foodie experience, market, exhibition, tour, workshop, or otherwise, we'd love to hear how you could take part in next year's Macedon Ranges Autumn Festival celebration.

For information and to submit your interest by Friday 18 October, visit mrsc.vic.gov.au/autumn-festival

Supporting carers in the shire

Council will host a free afternoon tea during Carers Week 2024 for local carers and families in the shire to find out about available supports and meet other carers.

Guest speaker Niki Moko, Carer Support Services at Bendigo Health, will provide information about services available and give tips on how to look after your own health and wellbeing.

1-3pm, Wednesday
16 October, Woodend
Neighbourhood House (47 Forest Street). Registrations are essential. Call 5422 0333 or email hshort@mrsc.vic.gov.au

This event is being delivered in partnership with Bendigo Health and Woodend Neighbourhood House.

Free Teen Gym for Year 11 and 12 students

Council is supporting teenagers completing Year 11 and 12 school exams with free access to our Teen Gym program from Monday 21 October until Saturday 23 November.

While students are preparing for and completing exams, stress and anxiety levels may increase, which can sometimes be detrimental to their mental health and wellbeing. The Teen Gym program can offer a release of these pressures while students enjoy the benefit of physical exercise.

Teen Gym can be accessed at Kyneton Toyota Sports & Aquatic Centre (KTSAC) on weekdays from 4-5pm and Saturdays 10-11am, or at Gisborne Fitness Centre (GFC) from Monday–Thursday, 4-5pm or Saturdays from 9-10am.

Our fitness instructors can discuss and document a personalised program with attendees (*booking required*).

Students aged under 16 years must have parent/guardian written approval on our required paperwork prior to beginning the program. Year 11 and 12 students should present their School Student Card to the centre reception staff to be eligible for the free entry offer.

For information or to make a booking with one of our fitness instructors, contact KTSAC on 5421 1477 or ksac@mrsc.vic.gov.au; or GFC on 5428 3318 or gfc@mrsc.vic.gov.au

As I write, we have one week left of Term 3. Thank goodness! It's been a crazy, busy term filled with so many activities and events that I know, I for one am looking forward to the holidays and some relaxing downtime! We hope you enjoy reading about the many different learning experiences we have enjoyed at St Mary's this term.



BOOK WEEK - READING IS MAGIC

This year, Book Week was celebrated from 17th - 23rd August with our special dress up and activity day at St Mary's on Friday 23rd August. The hype increases with each passing year as the costumes, imagination and creativity continue to grow bigger and better! The ideas, colours, fun and laughter stood out as we all gathered in the hall to begin another wonderful Book Week Activity day! Once again the parade was a huge success, all students and staff had come prepared and ready to strut their stuff! Thank you to our school families for their support, not only in coming to cheer at the parade but for all your hard work in assisting students with their amazing costumes - such a fabulous effort by everyone, and one that does not go unnoticed! After each class had the chance to show off their costumes, with a bit of singing and a little bit of dancing thrown in, students moved to the second phase of the day, three rotations of activities related to Book Week books. There were a variety of activities across the school which allowed students to let their imagination and creative juices flow. Congratulations to all students for making the effort to fully participate in Book Week, for the amazing costumes and for having a go at all the activities. It was an enjoyable day for all!



BOOKS TO LIFE PERFORMANCE

To complete our Book Week celebrations we were lucky enough to have Books to Life do a live Performance of 'That Bird Has Arms' by Kate & Jol Temple. What a fabulous way to end Book Week. The one man show of Tony Bones is exceptional. With student interactions, music, dance, costumes and many laughs we were all enthralled by this fabulous show. Experiencing a live performance is a wonderful opportunity for students and it was great to see the wonder and awe on the students faces, especially the Year Prep to Two's!

FATHER'S DAY ACTIVITY HOUR

On Friday 30th August we celebrated the wonderful males in our lives with our annual Father's Day Activity Hour. An hour in which dad, grandpa or that special male friend can come and spend some quality time with our students and enjoy some fun and games in the process! This is becoming a huge event on the St Mary's calendar with over 120 special guests attending for the afternoon. There were both indoor and outdoor games and other activities on offer for our guests to enjoy. We were very fortunate with the weather, the rain holding off so that an hour of fun ensued. Thank you to all our wonderful guests for taking part, these experiences mean the world to our students and the pure joy and happiness on their faces said it all!

FEAST DAY CELEBRATIONS

On Friday 6th September we celebrated our Feast Day, the Feast of The Nativity of the Blessed Virgin Mary. This is a very important day for our St Mary's community and we began the day with a special Feast Day Mass where we introduced our new school song to the community.

After Mass, students were excited to participate in Kaboom Kids Sports, tabloid games. With music, colour, some crazy dance moves and lots of laughs, we all enjoyed an hour and half of fun activities and a chance to enjoy the beautiful warm weather! Special mention to our staff members who strutted their stuff at the beginning of the activities, you know who you are!

After the Kaboom action, students were well and truly ready for their BBQ lunch, some free play and then a relax in the classrooms with an icy pole. An excellent day was had by all and a huge thank you to Ms Kyte and Ms Wagg for being our BBQ connoisseurs for the day!

MINI VINNIES - BUPA 'HEALTHY CITIES' WALK

On Thursday 12th September we took our Mini Vinnies over to BUPA in Woodend to assist the Aged Care residents with their 'Healthy Cities' steps challenge. The initiative raises money for nature regeneration and restoring urban environments. The more steps you get, the more Bupa donates. Community members are able to help with the steps challenge, so we headed over to walk with the residents and up their 'steps'. Bupa were given extra Garmin Fit watches to lend out to community members, so each of our 10 Mini Vinnies wore one on their walk. We are very happy to say our students added a whopping combined step count of 29,603! And with the residents that they walked with added in, they all had a combined count of 44,723. Not bad for a half hour walk. Our students had a wonderful time and thoroughly enjoyed chatting with the residents as they walked and getting out in nature to admire the beautiful spring flowers!



ENVIRONMENT GROUP - JUBILEE PLANTING @ LANCEFIELD PARK

On Friday 13th September our Environment Group joined members from Deep Creek Landcare, Lancefield Park Committee, our Junior Landcare Facilitator and Lancefield Primary School to help plant a total of 72 tubes of mixed indigenous plants on the walking path around our great park. The Deep Creek Landcare Group organised this planting event with funding from the 2023 Queens Jubilee Program and support from the Upper Deep Creek Landcare Network. It was a lovely day for planting and our students had a wonderful experience. We look forward to checking on these trees during future visits to the park.



SPECIAL RAFFLE @ THE LANCEFIELD HOTEL

On Friday 13th September we were very privileged to be given the proceeds from the weekly raffle at the Lancefield Hotel. The reason for selling tickets on this occasion was to raise funds for the upcoming 2024 Lexus Melbourne Cup Tour community event in Lancefield! A huge thank you to Alex & Ash from the Lancefield Hotel for their amazing support. To their wonderful staff and all their customers and regular patrons who purchased tickets on the night - thank you for your generosity. We can't wait to bring the 2024 Lexus Melbourne Cup Tour event to Lancefield - so keep this date free - Thursday 17th October 2024. More details will be advertised, so keep your eyes peeled, it's going to be an amazing event!

Jo Shannon

(Community Liaison Leader)

St Mary's Primary School presents...



2024 LEXUS MELBOURNE CUP TOUR
comes to Lancefield

Join us for a community parade filled with excitement, entertainment, and the best in equestrian sports.

Meet a Melbourne Cup winning jockey, join us for a Q&A and get a selfie with the 2024 Lexus Melbourne Cup!

Community BBQ to follow.

Thursday 17th October
11:30am-1:30pm

Lancefield Mechanics Institute

For more information please email Jo Shannon
jshannon@smlancefield.catholic.edu.au

PROUDLY SUPPORTED BY



Sexual and Reproductive Health Hub in Kyneton to open in October

Work to open Kyneton Health's Sexual and Reproductive Health Hub to the community is progressing with an expected launch in October 2024.

From October, the Sexual and Reproductive Health Hub in Kyneton will provide access to free Sexual and Reproductive Health (SRH) clinical services and information in a locally established, supportive and confidential environment.

It will be staffed by experienced SRH Nurses, partnering with GPs, Nurse Practitioners, Advanced Practice Nurses and Specialist services.

THE SERVICES WILL INCLUDE:

- **Sexual health education:** Screening, and management of sexually transmitted infections (STIs) and blood-borne viruses, as well as cervical screening tests with options for self-collection or clinician collection.
- **Contraception services:** Providing information and counselling on all methods, alongside prescription services, injection delivery, implant insertion and removal, IUD insertion and removal, post-insertion checkups, and emergency contraception.

- **Reproductive health care:** Pregnancy testing, pregnancy options counselling, and supported access and referral to services covering both medical and surgical termination of pregnancy, as well as follow-up care.

Our service is for people from any geographical location within Victoria requiring sexual & reproductive health services including:

- Women, girls, and non-binary people of reproductive age
- Young people of any gender under the age of 25

In late June, Kyneton Health was selected as one of the final six Women's Sexual and Reproductive Health Hubs in Victoria joining the current network of 14 hubs that are already delivering free or low-cost care.

For more information on the Sexual and Reproductive Health Hub ahead of its launch, please email SRHHub@chrh.org.au.

Note: If a referral is required to a partner service an out of pocket cost may occur.



Romsey - Lancefield Probud - Welcome to friendship

Having Fun, Making New Friends, and Catching-up with Old Ones!

The Romsey/Lancefield Probud Club is for active retirees or semi-retired people to meet, relax and enjoy the welcoming company of those at the same stage of life. There is a regular monthly meeting with guest speakers, morning tea and time to socialise with the other members. Each month there is a regular outing for lunch held at different venues around the region as well as short and longer trips throughout the year. There is a coffee morning at 10 am every Friday at the Lancefield Corner Store where members meet for a chat and a bit of fun.

In September our guest speaker was Angela Dickens; Senior Branch Manager, Bendigo Bank Romsey & Lancefield, to talk to our members about scamming. Losses for people over the age of 65 increased by 13.3 per cent in 2023 to \$120 million. All other age groups reported a decrease in losses. Clearly there is an increasing need for our age group to be more aware and to be equipped with knowledge and strategies to avoid the current trap and pitfalls. A big thankyou to Angela for keeping our awareness up to date.

Our outing for September was to the Pig and Whistle Hotel in Trentham. We had a large number of members attend including a few visitors. Great to see new faces including new members over the past few months.

Next month our Club President Noreen Yorke will be our Speaker. Noreen is the author of 'Benloch: A Journey through Time' as well as President of the Romsey & Lancefield Districts Historical Society. Noreen will be sharing aspects of her husband's career as an architect in the correctional system titled 'Correctional Architecture'.

In October the club are dining at Trackside Kilmore and November is still to be decided.

Contact:

President: **Noreen 0401 579 180**

Secretary: **Betty 0409 359 048**

Visit our website: www.rlprobud.org.au

We are a friendly, welcoming group from diverse backgrounds with a variety of interests and we'd love to meet you! Feel free to attend a meeting as a visitor.

ROMSEY LIBRARY

ROMSEY LIBRARY (THE HUB)

98 Main Street, Romsey

P: 5429 3086

E: romsey@ncgrl.vic.gov.au

FACEBOOK: Macedon Ranges Libraries

OPENING HOURS

Please refer to our website

www.ncgrl.vic.gov.au

Facebook page or contact us for information regarding up-to-date opening hours in February.

We would like to remind you of all the fabulous free things you can find just down the road at Romsey Library.

- Discover a new favourite book.
- Download an audiobook to your device. Great for tired eyes, a chance to unwind before bed or as a distraction for your next car trip. Access a wide range of stories, regardless of your reading level.

So much to do in Spring at the Romsey Library for adults and children alike.

LIBRARY FILM CLUB: OCTOBER

- Miss Pettigrew Lives for a Day (PG-13)
Wednesday 9 October 10.30am – 12.15pm



A comedy romance based on Winifred Watson's novel. Miss Pettigrew, a jobless governess, gets involved in the glamorous life of a young actress and singer in 1930s London.

Bookings required – head to goldfieldslibraries.com or phone us on 5429 3086.

LGBTI SENIORS UNTOLD HISTORIES: FILM AND PANEL DISCUSSION

- Thursday 10 October, 2 – 4pm

Come along for a screening of the 45-minute documentary LGBTI Seniors Untold Histories – Rural Rainbows, followed by a panel discussion with the film director and two seniors featured in the film.

Afternoon tea included. A partnered program with Cobaw Community Health.

WHAT'S ON FOR THE ADULTS

- **Tim Forcey:** My Efficient Electric Home Handbook
Thursday 10 October 2:30 – 3:30pm

Author, researcher and energy advisor Tim Forcey shares insights from this essential, first-of-its-kind handbook for homeowners and renters. Tim will discuss tips and strategies for converting your home into an efficient, healthy and comfortable space for our all-electric future.

Book sales and signings available.

Bookings required – head to goldfieldslibraries.com or phone us on 5429 3086.

CURIOUS CIRCLE:

- Magazine collage
Tuesday 15 October, 5.00 – 7.00pm
- Button craft
Tuesday 19 November 5.00 – 7.00pm

Bookings required – head to goldfieldslibraries.com or phone us on 5429 3086.



For the kids

- Did you know that we stock a large range of Decodable Readers? A perfect accompaniment to your child's online readers (*Decodable Readers Australia*) and Structured Literacy program in class.
- Some of our books are also Dyslexia Friendly.
- Quiet Time Tuesdays. Do you or your child sometimes get sensory overload? On Tuesdays the lights are dimmed and patrons are asked to be quiet to allow more people to access the space in a relaxed way.
- Permanent activities include Lego table and Craft Creation Station.
- **Don't forget our free School Holiday Program is coming up. Jump on our website to see what's happening:** www.ncgrl.vic.gov.au. Program out soon.

SCHOOL HOLIDAY PROGRAM

- Felt Blooms
Monday 23 September – Friday 4 October, opening hours

Drop in. All ages.

- Decorate a horse shoe
Monday 30 September, 10:30 – 3:30pm
Tuesday 1 October, 10:30 – 3:30pm

OF COURSE OUR REGULAR STORYTIMES ARE ALSO ON DURING TERM TIMES:

- Mondays and Tuesdays 11 – 11:45 (ages 2 – 5)
- Thursday 11 – 11:30 (ages 0 – 2)

BOLINDA PRIMARY SCHOOL

The last three months have been a whirlwind of excitement at Bolinda Primary School! With so much happening, it's clear that our students and staff are thriving. An exciting development has been the appointment of Juliarna Clark as our new Student Wellbeing Officer. With over 13 years of experience in Student Support Services and recent studies in Wellbeing and Positive Mental Health, Juliarna is passionate about making a real difference in the lives of our students. She has introduced wonderful initiatives, including mindfulness exercises, breathing sessions, and the much-loved Singing Club. Each Friday, our students gather to sing their hearts out.

KOOPA'S BIRTHDAY PARTY

One of the highlights this term was the celebration of Koopa's birthday, our adored wellbeing dog. The event was full of fun, games, and, most importantly, a sense of community. Students from across year levels came together to play party games, enjoy a disco, and, of course, sing happy birthday to Koopa.

ACADEMIC CELEBRATION

Recent assessments show the percentage of children working at or above their expected level, demonstrating how effective our teaching practices have been. At Bolinda Primary, we are exceeding schools of similar size and demographics, and in many areas, we are matching or surpassing state averages.



	BOLINDA P.S	SIMILAR Schools	STATE
READING and Viewing	86%	82%	84%
SPEAKING and Listening	90%	90%	91%
WRITING	88%	78%	80%

One key to our success is The Writing Revolution, which teaches students how to organise their thoughts and improve their writing, step by step. Our phonics program is equally essential, helping early readers build confidence by breaking words into sounds.

In Mathematics, we've adopted explicit teaching, breaking down each concept so students can fully understand and apply their knowledge. Our results in Maths highlight this success:

	BOLINDA P.S	SIMILAR Schools	STATE
MEASUREMENT and Geometry	90%	86%	86%
NUMBER and Algebra	93%	86%	85%
STATISTICS and Probability	86%	84%	86%

PLAY AND LEARN

Thanks to fantastic fundraising earlier in the year, we've been able to add exciting whole school developmental play resources. These items boost creativity, teamwork, and social skills while students have loads of fun! From new dress-up clothes to interactive play stations, these resources encourage collaboration and communication – key skills we're helping our students master every day.

A STRONG COMMUNITY SPIRIT

Bolinda Primary recently hosted a working bee to tidy up the school grounds, and we also celebrated Book Week with a colourful parade and exciting activities that brought the whole school together.

At Bolinda Primary School, we're passionate about creating a welcoming, engaging, and supportive environment where students can learn, grow, and succeed. We invite you to see for yourself what makes our school such a special place – we're more than just a school, we're a community.

Romsey Primary School September 2024



Last month the Romsey Primary School students celebrated Book Week with the theme, 'Reading Is Magic'.

As part of book week we held a whole school Literacy night with the theme "Reading is Magic". It was a very successful community event with students having a range of activities to do including dragon eye colouring, potion making and crack the code. Families also got to move around the school and look at students amazing Literacy work on display.

We ended our Book Week celebrations with a colourful parade showcasing all of the wonderful costumes worn by staff and students.







ENCOURAGE CHURCH ROMSEY

WORSHIP SERVICE:

Sundays @ 10am

SENIOR PASTOR:

Pastor Tim Emonson

OFFICE: 7 Mitchell Court, Romsey

P: (03) 5429 6327

EMAIL:

office@encouragechurch.com.au

WEBSITE:

www.encouragechurch.com.au

- Mainly Music
- Children's Church
- Before & After School Care
- Youth Activities



FROM THE DESK OF PASTOR TIM

Children's Week

Saturday 19 October to Sunday 27 October is Children's Week in Australia, a week that focuses on the rights and achievements of children. As part of this week, Encourage Church is holding two special services.

The first is a 25th Birthday/Anniversary for Kidzone on Sunday 20th October. Kidzone is the outside of school hours care ("OSHC") service that Encourage Church runs in Romsey. Kidzone runs before and after school care during school terms, as well as vacation care during the school holidays. Children attend from Romsey Primary, St Mary's in Lancefield, Bolinda Primary and Candlebark School. Kidzone is a fantastic service, staffed by a wonderful bunch of people. We are particularly hoping previous staff members of Kidzone and children who attended the service, will come along for this celebration service.

The second special service is a Children's Service on Sunday 27th October. The children of Encourage Kids, our Sunday morning children's program, will be taking over the service that morning. From music to the tech team, communion to the message, the children will be involved. At Encourage Church, we really enjoy seeing our children (and youth) involved in our church. We are always looking for ways that the children and youth can develop the gifts that God has given them.

"Whoever receives one of these little children in My name receives Me; and whoever receives Me, receives not Me but Him who sent Me." Mark 9:37 (NKJV)

Please join us for one of our services at 10am each Sunday at 7 Mitchell Court in Romsey, particularly on the 20th & 27th of October as part of Children's Week.

Come along to one of our Sunday morning services at 10am and check out our seats - everyone is welcome!

If you would like to know more about Encourage Church, come along to one of our activities! You can also check us out on our website www.encouragechurch.com.au or email us at office@encouragechurch.com.au.



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Temporarily for the month of Sept & Oct Church Times are altered

- Sept 29th Church Service at both St Pauls 9:00 & Christ Church 10:30
- Oct 6th Combined Service Christ Church Lancefield 10:30
- Oct 13th Church Service both St Pauls 9:00 & Christ Church Lancefield 10:30
- Oct 20th Combined Service Christ Church Lancefield 10:30
- Oct 27th Church Service both St Pauls 9:00 & Christ Church 10:30
- Nov 3rd Combined Service Christ Church Lancefield 10:30

PRAYER MEETING: Church Hall Lancefield Thursday 9:30am

BIBLE STUDY: Christ Church Lancefield Hall Thursday 10:30am
Come and enjoy a cuppa while spending time pondering the Bible.

MONTHLY PARISH COMMUNITY LUNCH:

The lunches are held each 2nd Saturday of the month at Christ Church Hall Lancefield.

- Next Lunch will be on Saturday, Oct 12th @ 12:00 noon. The day is free to all and everyone is very welcome to join us with good homemade food & a great time to meet new people & chat with old friends and time to make new acquaintances.

St Paul's OpShop:

- *St Paul's OpShop Open Times:* - Friday 12:30-4:00 & Saturday 10:00-1:00pm.

The Op Shop is now on the Parish Web site for viewing the week's specials.

Your valued donations of clothing, Bric & Brac, craft items, books & good quality working toys can be left Friday afternoon and Saturday mornings these items are very much appreciated. Unfortunately, donations left outside of the OpShop open times often become wet or damaged owing to the weather conditions and unfortunately as a result, need to be sent to the tip. Please note that owing to regulations we cannot accept electrical goods, prams, baby cots, furniture or mattresses.

Your ongoing support and donations are very much valued and appreciated.

The Annual General Meeting of the Romsey Rag Inc ...

**Will be held on Tuesday evening
29th October at 7pm in the
meeting room at Romsey
Mechanics Institute**



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WITH
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GIVING IS LIVING

– All About Others - by Cara Wells.

It is hard to be generous when you feel that entitlement should be given to you. For example, a birthday party. Shouldn't we get all the attention and the gifts? And people bend over backwards to make us happy? The movie *The Little Princess*, starring Shirley Temple, is about a child sent to boarding school while her father fights at war. On her birthday he asks that they throw her a birthday party and she insists on giving everyone else presents rather than being given them. I also heard of an HIV AIDS victim lying in a hospital bed. When the pastor came to pray for her, she told him about all the other sick people in her room and how they needed prayer.

Selflessness takes people aback. Perhaps because it is counterintuitive. The point is - stop the cycle of selfishness by giving when you least feel like giving. Because isn't that what causes the wealth divide in the world in the first place? Rich people feeling they deserve their wealth and luxuries more than a person who cannot afford to eat or drink?

If we break the cycle of selfishness by choice, giving up our sense of entitlement, soon the world will catch on. Reaching out to others will be automatic, not just an altruistic gesture.

REFLECTION

When have you felt the occasion should just be all about you? There is no wrong in being celebrated or enjoying attention - but take a moment to think of those less fortunate than as well.

| The Link - 2011

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Authorised by MA Thomas, Shop 14, Nexus Centre, 9 Goodie Street, Gisborne

Romsey Lancefield Red Cross

Recently our branch recognised two of our members with Service Award medals. Jean Buist was awarded a service medal for 30 years service and Di Irvine for 10 years service to Australian Red Cross. They were presented with their medals by our President Karen Hermann at a special luncheon. We thank both ladies for all the work they have done for Red Cross.



SAVE THE DATE! OCTOBER 6th, 2024 (2pm Romsey Church)

To celebrate the 100th Anniversary of the Romsey Church, Mass will be celebrated by Archbishop Peter Comensoli.

All past & present parishioners, Parish Priest's, friends, family and members of the wider community welcome! Mass will be followed with an afternoon tea in the Parish Hall. *(There will be no 9am Mass on this day).*

I Current Mass Times:

SUNDAY MASS: Sunday Mass will be celebrated at 9am and will alternate between Lancefield & Romsey. 1st & 3rd Sundays of the month in Romsey, 2nd, 4th & 5th Sundays of the month in Lancefield.

SATURDAY HEALING MASS: The Healing Mass will be celebrated at 10am in Romsey on the 1st Saturday of each month.

BAPTISMS: Baptisms are held on the 4th Sunday of the month.

Please contact the office for the next available dates.

Should a parishioner want to go to Reconciliation, please contact Fr. John directly at Woodend on 5427 2690 or Fr. Brian directly at Lancefield on 5429 2130 to make arrangement.

Please direct enquiries to the parish office on 5429 2130 or by email at lancefield@cam.org.au

FOR FUNERAL ARRANGEMENTS, PLEASE CONTACT:

Fr. John on 5427 2690 or by email at woodend@cam.org.au or Fr. Brian on 5429 2130 or by email at lancefield@cam.org.au



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PRESBYTERY OFFICE HOURS:

Wed & Fri 8am - 5pm

E: lancefield@cam.org.au

P: 5429 2130

Parish Priest

Fr. John Healy

C/- Woodend Presbytery

P: 5427 2690

Assistant Priest

Fr. Brian Muling

C/- Lancefield Presbytery

P: 5429 2130

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