



# You Can Run

## SEMINAR & COACHING CLINIC

23rd March, 2013

**Time:**  
10.00 a.m. to 3.00 p.m.

**Location:**  
Romsey Primary School  
Gymnasium,  
Station Street, Romsey.

**Tickets Limited**  
**Cost \$79. Includes lunch & clinic.**  
**Available from**  
[www.youcanfitness.com.au](http://www.youcanfitness.com.au) or  
phone (03) 5429 3857

Featuring

**David Eadie**  
Australian Ultra Runner  
of the year 2011

**Craig Mottram**  
4 Times Olympian

Presentations by

**Simone Austin - Sports Dietitian**  
**Ben Gidley - Physiotherapist**  
**Anthony Traynor - Strength & Conditioning**

Presented by **You Can FITNESS** Supported by **HOKA ONE ONE TIME TO FLY** **MACEDON RANGES running club** **Hydralyte**

# THE ROMSEY RAG

Issue No. 313 2070 copies produced each month at Romsey Primary School as a service to our community and proudly supported by the Macedon Ranges Shire Council March 2013

THE MARCH EDITION OF THE ROMSEY RAG IS PROUDLY BROUGHT TO YOU BY  
- Encourage Church—Romsey -



**Easter Sunday Service**  
**31st March @ 10 am**  
**7 Mitchell Crt Romsey**



... "This is how we know what love is: Jesus Christ laid down His life for us!"

Our Christian Community encourages everyone to be all that they can be in Life and in God!

Regular Group Meetings:  
Men, Women, Youth,  
Wildzone Children's Ministry & Bible College  
Kidzone Before & After School Care & Vacation Program

Regular Sunday Service Times:  
10am - 7 Mitchell Court Romsey  
6pm - Woodend Community Centre High St Woodend  
Ph Church Office 5429 6327  
Email: [encouragechurch@iprimus.com.au](mailto:encouragechurch@iprimus.com.au)

You're **invited** to our **church** for an **Easter service** & **Welcome**  
**Come as You Are**

The closing date for copy for the April edition of the Rag is March 15th. We cannot guarantee inclusion of copy received after this date.  
Please email your copy to the Romsey Rag email address: [romseyrag@romseyps.vic.edu.au](mailto:romseyrag@romseyps.vic.edu.au)  
We require submissions to be in Word document format, and for graphics to be in Jpeg format, as we cannot guarantee that we can open or print other formats.  
Please also ensure that you have permission to use photographs of people included with your article.  
**THE ROMSEY RAG IS PROUDLY PRODUCED AT ROMSEY PRIMARY SCHOOL AS A COMMUNITY SERVICE**

## Editorially Speaking

### Romsey Rag Editorial Committee:

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### Advertising / Sponsorship:

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### Contributions:

Articles should be left at the Romsey Post Office (fax 5429 5134) or Romsey Primary School (fax 5429 5765) by 12 on the 15th of the month.

We prefer articles to be submitted electronically or on disc. Legible typed or handwritten items may be accepted. All material submitted for publication must be named and have contact details.

Articles can be sent via e-mail to: romseyrag@romseyps.vic.edu.au

Please ensure that any text is sent as word documents and logos / photos are sent as .jpg files.

Views expressed are not necessarily those of the Editorial Committee. All contributions remain the responsibility of the author.

### Advertising:

Rates are GST inclusive.

Front page sponsorship: \$150  
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\$240 per year in Business Directory  
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Full page: \$200 per issue  
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**For invoicing** please include name & address details

**Cheques must be made payable to Romsey Primary School Station Street, ROMSEY 3434**

### Distribution:

2070 copies delivered to the Romsey community at the commencement of each month.



Macedon Ranges Shire Council - Generous supporters of the Romsey Rag

## Romsey Rag Publication Deadlines 2013

Edition	Closing Dates for Copy	Collating Date
April 2013	Friday March 15th	Thursday March 28th
May 2103	Monday April 15th	Wednesday April 24th
June 2013	Wednesday May 15th	Thursday May 30th
July 2013	Saturday June 15th	Thursday June 27th
August 2013	Monday July 15th	Thursday July 25th
September 2013	Thursday August 15th	Thursday August 29th
October 2013	Sunday September 15th	Thursday September 26th
November 2013	Tuesday October 15th	Thursday October 31st
December 2013	Sunday November 15th	Thursday November 28th

## INTERNATIONAL WOMEN'S DAY MARCH 8<sup>TH</sup>2013

We can be proud of the significant progress already made, but it is timely that International Women's Day should let us reflect on the work which lies ahead.

Women have taken many steps forward and there has been significant progress made since International Women's Day started over 100 years ago. But it would be naive to pretend that we don't have a long way to go.

Women are continuing to take on leadership roles in politics and business. We have a woman Prime Minister and Governor General. But while tremendous progress has been made, inequality can still be seen in persistent gender wage gaps and unequal opportunities.

Australia topped a list of 128 countries for women's access to education, equal pay, childcare and anti-discrimination policies. Despite this women hold just 14 per cent of board seats in Australian companies, few CEOs of our top 200 companies are women and a quarter of our top 200 companies have no women on their boards at all.

A substantial pay gap continues between men and women, with women still earning about 80 cents to a man's dollar. When part-time workers are included - and many women are obliged to work part-time in order to manage home and children - women's earnings are just less than two-thirds of men's.

And while women comprise more than half the world's population, they represent 70% of the world's poor, and two-thirds of those who are not taught to read and write.

Women's issues are men's issues too. If women are educated, happy and free from the threat of violence we all benefit.

Warm regards

Joanne



### "ATTENTION CITY COMMUTERS"

The Lancefield Romsey Commuter Bus offers a Mon-Fri return service direct to the CBD at the cheapest rate available in the shire. **Only \$45.00 per week** for permanent travellers. We also cater for casual & adhoc travellers.

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Seats currently available.

## Romsey Golf Club – Men's Report

<http://romseygolfclub.net>

### Sunday February 17th - Charity Golf Day

Twenty teams of four took to the Romsey course at 10.00 am to help raise funds for cancer research. The skies were clear and there was barely a breath of wind. The event, four player Ambrose, attracted teams from local and distant golf clubs, local businesses and many friends of members. A number of teams were back for their 5th year. "The Old Course" par 45 layout proved more than challenging for many teams whilst others, usually containing a canny local, were able to post excellent scores. However, as with most events on "The Old Course", the three par threes (known locally as "Amen Corner") sorted out a few challenges.

The day's winners were "IGA" - 41/9.5/31.5 from "In First Place" - 41/8.5/32.5 with "Grumpies Gang" - 44/11/33 coming in third. There were a number of NTPs and Longest & Straightest Drive awards.

Before presentations club president, Anthony Lakey, thanked all those who competed in the event, the sponsors of the Charity Day, The Lancefield Hotel, CIIC Insurance and Black Range Business Supplies, the kitchen and bar staff also got a loud cheer from the players.

The event raised \$1,460.00 for the Lancefield/Macedon Ranges Relay For Life.

### Saturday February 16th - 4BBB final & Stableford

The good rains of Thursday and Friday did not arrive at Romsey so the course remained dry with some serious cracking on the fairways. There were also large, semi cultivated areas in the rough and on some fairways, courtesy of our resident flock of corellas. The teams in the 4BBB final, Les Gaunt & Graeme Clement Vs Ron Walker & John Freestone, got underway in still, hot conditions. Things looked good from the start for Walker/Freestone as Ron birdied the 1st, pared the 2nd and birdied the 3rd. Les and Graeme fought back to be one down on the 9th but excellent golf from Ron and John, including an eagle on the 14th, saw them record a fine win to take out the club's oldest shield. (On a brighter note Graeme did win 1st and 2nd prize in the raffle)

The stableford competition was closely fought affair. The extra run in the fairways and the very receptive greens allowed many players to play attacking golf. A number of golfers began the back nine in excellent fashion but a fluffed chip or an extraordinary bounce brought many back to the field. The day's results were;

**4BBB;** Ron Walker (17) & John Freestone (17) D Les Gaunt (5) & Graeme Clement (11) 6/4

**Stableford;** Winner Dave Richardson (24) - 38 pts from Bob McLennan (12), Bob Dwyer (27), Adrian Poulton (29) & Anthony Lakey (20) all with 36 pts.

**NTPs** went to; 1 - Ron Walker, 15 - John Laing & 16 - Bob McLennan

### Saturday February 9th - 4BBB Semi-finals & Par

Strong, gusting north and north-easterly winds made for a very difficult day on the course. Our birds seem to have had enough of 7th, 15th & 16th greens and have now moved onto the 18th, 4th, 2nd and 5th. Hopefully they will soon completely lose interest and move on. The two 4BBB semi-finals were closely fought affairs and the par competition saw some successes however quite a number saw the strong winds blow out their scores. The day's results were;

**4BBB Semi-finals;** John Freestone (17) & Ron Walker (17) D John Laing (24) & Peter Scanlon (25) 3/2. Les Gaunt (5) &

Graeme Clement (11) D Bob McLennan (12) & Rob Rea (18) on the 20th. The final of this shield will be played next Saturday.

**Par competition;** Winner Dave Richardson (25) +4 (Dave also won the meat raffle so a good day) from Anthony Lakey (21) +2, Kev Milner (10) +1, Pat Chisholm (19) square and Bob Dwyer (27) square.

**Women's winner;** Leila Beasley (30) -1

**NTPs** went to; 1 - Dave Richardson, 15 - Bob McLennan & 16 - John Freestone

### Saturday February 2nd - Qualifying Round - Ampol/W. E. Tom 4BBB Shield

The first shield event of 2013, The Ampol/W. E. Tom 4BBB Knock-out (the club's oldest shield), attracted a strong field. The qualifying round was 4BBB Stableford while the women's event was stableford. Many greens still suffered from the attention of the birds however a goodly number had decided to move on to sections of the rough and a few areas of the fairways. Their dedicated efforts to scarify parts of the course will make it easier to sow down sections later in autumn. These minor distractions and consistently strong southerly winds made for a challenging round however a number of pairs rose to the occasion to card excellent scores. The women's event also saw some excellent scoring. The men's and women's results were;

Winners; John Freestone (17) & Ron Walker (17) - 44 pts from Lea Gaunt (5) & Graeme Clement (11) - 43 pts, Bob McLennan (12) & Rob Rea (17) - 42 pts and John Laing (24) & Peter Scanlon (25) - 40 Pts

Winner; Leila Beasley (31) 44 pts from Jan Harver (41) 37 pts

NTPs went to 1 - Bob Dwyer, 15 - Ron Walker & 16 - Bob McLennan

### Monday January 28th - Stableford

A cheerful group of golfers met to contest the Australia Day Stableford competition. Whilst gusting winds and errant bounces on the very hard fairways often challenged the civility of some players all were able to play out the round enjoying the course and the many good natured jokes and observations coming from within their groups. The day's results, after a "tough day at the office", were;

Winner; John Freestone (18) 34 pts from Anthony Freeman (18) 33 pts. No NTPs.

### Saturday January 26th - Monthly Medal, Stroke & Putts

Players hit off in the January Monthly Medal on a clear, sunny day with some gusting wind. The greens were very receptive so golfers who attacked the flag got a good return, those who dropped short hoping to run up often found themselves well passed the green. The fairways had good cover but were very hard; golfers had to select their clubs carefully. The day's results were;

Winner and January Medalist - Jim Menzies - 86/15/71 from Ron Walker - 89/17/72 and Graeme Clement - 85/12/73

NTPs went to; 1 - Graeme Clement, 15 - Mal Mottram & 16 - Rob Rea. Least putts, 27 - Graeme Clement





# Woodend Lions Club Art Show & Sale



March 10th – 12th  
Saturday & Sunday 9-5  
Monday 9-4

St Ambrose Church Hall  
Templeton St. Woodend

## March 9<sup>th</sup> – 11<sup>th</sup> Entries now open.

Email: [firebirdmotors@hotmail.net.au](mailto:firebirdmotors@hotmail.net.au) or call 5427 2255



### Parent Buddies Volunteers Wanted

Have your children started school? Do you have a spare hour a week to volunteer? Please consider volunteering your time to make a difference to a local family.

Cobaw Community health is seeking reliable and non-judgemental volunteers to participate in the Parent Buddies Home Visiting Program which operates across the Macedon Ranges.

Volunteers visit families on a weekly basis to offer flexible support. The nature of the visit varies depending on the family. Some of the activities may include mentoring and practical support, assistance attending appointments, visit for a chat and share parenting experiences, accompany a family to library story time or playgroup, etc. Families in the program may be new to the area, have limited family support, multiple births or just need some adult conversation.

A minimum six month commitment is required. Initial and ongoing training is provided together with support and supervision. Volunteers are required to undergo Police Checks and Working with Children Checks and the costs are covered by Cobaw.

For further information please contact Linda Lynch on 5421 1678



## ROMSEY PRIMARY SCHOOL NEWS

Romsey Primary School is off to a fantastic start this year! All students have had a successful transition to their new class and have spent the first week at school involved in exploring our new school values "The Three R's of Romsey – Respect, Resilience and Responsibility!"

We are very proud to announce that our new school captains for 2013 are Keeley Rankin and Callum Grierson. We were very impressed with the large number of year six students who chose to participate in the process of school captain selection which involved preparing a written application and an interview with Mrs Gibbs and Mrs Emond. The standard of both written applications and the presentation of students at their interviews were extremely high and very impressive. Keeley and Callum will now have many opportunities to present Romsey Primary School in a range of ways and we have no doubt they will do a fine job. We provide a wide range of leadership opportunities for our students and this week has seen Years 3 to 6 classes finalising nominations, students making speeches and voting for their class Student Council representatives.

Student Council, led by Mrs Nicole Dettmann, allows students to have an important and valued voice within our whole school community. Mrs Dettmann has organised the second Macedon Ranges Young Leaders Forum after last years' huge success. This will take place on March 15<sup>th</sup> with school leaders invited to attend from across the Macedon Ranges area. Speakers will include Donna Petrovich, Victorian Institute of Sport representatives, Phoebe Stanley and Melody Francis and Luke Vandenberg, Humanitarian, Youth and Aid Worker from Hope Builders International. This once again promises to be an exciting and memorable day for our young school leaders.



Our 3 classes of Prep students have settled in beautifully to school life. Our comprehensive and inclusive Kinder to Prep transition program has ensured that all new little students and their parents are comfortable, secure and happy in their new learning environment. Thank you to Fiona Holland, Marilyn Killender and Alexis Seddon for all of their hard work and dedication in providing such a wonderful Prep program.



Above: Students in Prep MK enjoy a story session in the library, while Prep AS learns number facts in the classroom using our interactive whiteboards and software, and Prep FH students cook cupcakes together.

This year we welcome our new Performing Arts teacher, Ms Clare Hopper. Clare comes to us with a wealth of experience in performance, teaching music and singing. It was wonderful to see (and hear) the Preps singing their way back to their classrooms this week after their Performing Arts lesson, led by Clare and her guitar!

Finally, our Year six students have just had the time of their lives on camp at Queenscliff! With wonderful beach weather, the students participated in a range of activities which included visiting the Marine Discovery Centre, canoeing on Swan Bay, fishing, exploring the beach and visiting the Marina and of course the icecream shop! The camp staff were greatly impressed with how well mannered, considerate and friendly the Romsey students were and teachers Karren Baker and Brian Tannenberg wholeheartedly agreed! A terrific time was had by all. Thank you to our parent volunteers who helped out on this camp. What a wonderful way for the Year Six students to strengthen and build relationships and to begin their final year of Primary School together.



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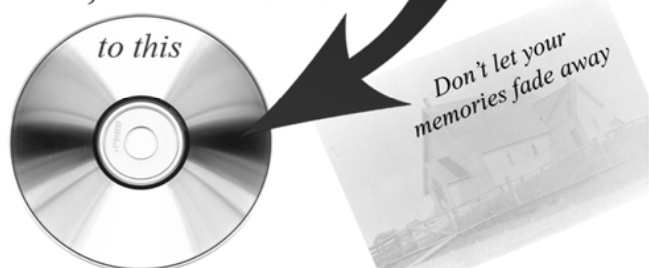


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Call Meg or Rob Gateley  
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**GARDENING TIPS FOR DRY TIMES**

(when is it going to rain?) by Kerri Mewett

My Romsey rain gauge measured 8mm of rain for January and 6mm for the first 2 weeks in February. This is a very dry change to our last couple of summers which have been quite wet. Gardeners will be now noticing signs of drought stress within the landscape. Aged, woody shrubs have died, high water demanding plants have died or have failed to flower, veggie gardens may be struggling, lawns are brown and a lot of plants have a tired, droopy look about them.

WHAT TO DO?? It may be too late for you this summer, but here are some tips you could plan to enforce for next summer in case it will be a dry one.

**Rule 1.**

- Check how dry the soil is by digging into soil before watering. Overwatered or waterlogged plants also look droopy before they die.
- Avoid planting trees and shrubs in summer. Ideally plant in spring and autumn.
- New gardens must be carefully monitored over their 1<sup>st</sup> summer during establishment. Hand watering is advised, giving slow, deep water a couple of times per week (depending on temperatures). Advanced trees require 30 to 40 litres per water.
- It is unrealistic to try and keep a large lawn green, leave it, it will grow back.
- Mow your lawn as high as possible. Longer blades of grass = longer roots in soil more capable of sourcing moisture.
- Plants in established gardens will benefit from slow, deep watering. Water out from the stem as roots searching for water are radiating out from stem or trunk. (dependant on water supply)
- If you have restricted water, prioritise what you will water (I have 1 Banksia on my 1 acre block that supports many

birds that I have chosen to water)

**Rule 2.**

Mulch by late spring. Aged timber mulch 80mm deep. Straw or even stone is better than nothing. Mulch protects the soil from drying sun and wind and helps suppress weeds. Never use fresh mulch, hay or grass clippings. These may interfere with the soil nitrogen distribution.

**Rule 3.**

- Avoid hard pruning of drought stressed plants, they may give up the struggle and die
- Remove weeds. Weeds compete with plants for water and nutrients.
- Consider the plants in your garden. Are they coping in dry weather? Are you being realistic with what you are trying to grow considering our environment here in the Macedon Ranges? Is it time to let some species go to plant heaven and replace with more suitable species?
- Group plants together which have similar water requirements.
- Plan your garden to have higher water use plants close to the house rather than further away.
- Consider rain tanks and grey water systems.
- Never put soapy water on plants. Soap often contains salts and phosphorus and can muck up soil organisms.
- Plant selection is crucial. Seek advice if unsure.



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www.cuttingshomewares.com.au

**Romsey & Lancefield Probus Club**

Probus Meetings are held at  
St. Mary's Hall, Main Street, Romsey at  
10am on the fourth Thursday in each month.

Probus is a mixed club for men and women. There is a guest speaker at each meeting.

We have an outing on the third Wednesday of the month. (Either a trip or luncheon)

Friday Morning Coffee  
Musical Afternoons each month.  
Ten Pin Bowling each fortnight.

Persons who are interested in this club and wishing to have more information please contact the President or Secretary at the above phone numbers.

On Wednesday March 20<sup>th</sup> we will be visiting the 'Airways Museum' at Essendon Fields.

Our March meeting will be on Thursday 28<sup>th</sup> March, 2013. This is the Annual General Meeting.

Romsey & Lancefield Probus Club now has a website as follows:  
**rprobus.org.au**

If you have a computer, please check it out!

**Thank You to Our Emergency Services**

Recent fires in our area and nearby have reminded us all of how vulnerable we are in adverse weather conditions. The recent public meeting following the fires near Kerrie was well attended and very informative. The editorial committee would like to express its gratitude and appreciation to all the CFA, DSE, SES, Red Cross, police and other emergency services personnel (many of whom are volunteers) for their sustained and determined efforts in dealing with these emergency events. We feel confident that the Romsey community would endorse this sentiment.

Perhaps people may like to consider supporting our volunteer CFA members by donating towards their equipment.

**Scottish Country Dancing  
Come and join Woodend Scottish Country Dancers**

**When: Thursday afternoons**

**Where: Newham Mechanics Institute**

**Beginners and experienced dancers welcome.**

**No partners required.**

**Cost: \$5 per session. (Includes a cuppa after dancing)**

**Contact:**

**Lis (after hours) 5472 4736**

**Elizabeth: 5429 6470**

**Happiness Continued**

Well how did you go last month? Where are you on a scale of 1 to 10 in happiness? Ok, so do we have a little more work to do? Now we have developed an

attitude of gratitude we can start to realize what are the things that make us happy.

Is it something as simple as someone else saying thank you for a job well done or is it about doing something that makes you laugh? When you truly think about it what is it that makes you FEEL happy deep inside? Look around you. Are these things happening in your life now? If not, why not?

I know for me it is being around people and talking or having a coffee with friends or having a game of cards. Achieving a goal? Yes, but I can't do these things all the time. The secret is all about awareness and balance - balance between what you want to do, what you have to do and what you need to do.

What are the things that make me happy?

How do they make me FEEL inside?

What do I want to do? Go to movies? Have coffee with friends? Go swimming or go on holidays or get my nails done or have great conversations or education?

What are the things I have to do? Cook dinner, do housework, do the washing, take the kids to school, drive the car...

What are the things I need to do? Have a shower, pay bills, exercise eat healthily, go to work.

Once we have this list we can see what is important to us. Now what is stopping us from doing what we want to do? The things that make us unhappy.

CIRCLE OF HAPPINESS

**2. Do that which makes you happy.** In order to be happy with what you are doing you need to be doing something that you like.

*"Happiness is not in the mere possession of money; it lies in the joy of achievement, in the thrill of creative effort." - Franklin D. Roosevelt*

Many of desire financial success, but is getting a hefty paycheck really something that alone is going to make you happy? Just having money will not bring happiness into your life. In order to be happy with what you are doing you need to be doing something that you like. **When you work towards achieving goals in a field that you are passionate about, your life will seem so much richer.** For example, even if you were wary about taking that teaching job because they don't make as much money as you would like, if that is where your passion lies then you should not deny yourself that career path. The act of helping mold the minds of our youth might be the thing that brings you the greatest joy. Making a difference in a child's life is a great achievement after all.

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THE ANGLICAN PARISH OF CHRIST CHURCH, LANCEFIELD AND ST. PAUL'S, ROMSEY

Jesus said, "For the Son of Man came not to be served but to serve and to give His life a ransom for many" Mark 10.45.

DIARY ..... MARCH 2013

"ALPHA" Courses, "Exploring the Christian Faith", are being held at 10am each Wednesday during March (6th, 13th, 20th, 27th) at David and Eileen Farlie's home, 23 Main St, Romsey, ph: 5429 6209  
And at 5.30pm each Sunday (3rd, 10th, 17th, 24th) at Christ Church Hall, Lancefield...Rev. Bill Carroll, ph: 0427 918 607 Interested??-Very Welcome!!

Friday, 1st March  
World Day of Prayer Service at St.Mary's Church, Romsey-Prepared by the women of France.  
9.30-10.15am - Bible Study Hall  
10.30am - Church Service (lunch after service)

Sunday, 3rd March  
9.00am - Holy Communion..St.Paul's, Romsey  
10.30am - Holy Communion...Christ Church, Lancefield

Sunday, 10th March  
4th Sunday in Lent-'MOTHERING SUNDAY' with Simnel Cake (the Church's 'Mothers' Day)  
9.00am - Holy Communion..St.Paul's, Romsey  
10.30am - Holy Communion...Christ Church, Lancefield

Thursday, 14th March  
8.00pm - Anglican Men's Society (A.M.S.) meets  
Christ Church L'field Hall, Speaker-Rev. David Farlie - All men welcome - Details Tom Morgan, ph: 5429 6060

Sunday, 17th March  
9.00am - Holy Communion..St.Paul's, Romsey  
10.30am - Holy Communion...Christ Church, Lancefield  
7.00pm - HEALING SERVICE...Christ Church, Lancefield

Thursday, 21st March  
1.30pm - Guild meets at Mrs. F Carter's home, Monegetta, Contact D. Morgan, ph: 5429 6060

Sunday, 24th March - PALM SUNDAY - Distribution of Palm Crosses  
9.00am - St.Paul's, Romsey  
10.30am - Christ Church, Lancefield

Thursday, 28th - HOLY THURSDAY (Maundy Thursday)  
7.00pm - Holy Communion..St.Paul's, Romsey

Friday, 29th March - GOOD FRIDAY  
9.00am - Good Friday Liturgy..St Paul's, Romsey  
10.30am - Combined Churches - "Walk of Witness", Romsey

Saturday, 30th March - HOLY SATURDAY  
7.00pm - New Fires Service..Christ Church, Lancefield

Sunday, 31st March - EASTER DAY  
9.00am - Holy Communion..St.Paul's, Romsey  
10.30am - Holy Communion...Christ Church, Lancefield

ALLELUIA  
'CHRIST IS RISEN'.....'HE IS RISEN INDEED'  
ALLELUIA

Minister...Rev. Bill Carroll  
Office 5429-1380  
Mob 0427-918-607

By D. Morgan - ph: 5429 6060

**Kyneton District Soccer Club Registration Day**  
Kyneton District Soccer Club are holding their registration day for all Under 12 to Under 16 Junior players on **Saturday the 2nd of March** from 12:00pm till 4:00pm. All former players and interested players are asked to attend. For further information please contact Ron Cole on 0411289717 or www.kynetonsoccer.org.au.

### Payment by Direct Deposit

The Romsey Rag is now able to offer payment by direct deposit into the bank for advertising. Bank details will appear on future invoices. For further information please contact Romsey Primary School on 5429 5099.

### ST. PAUL'S ANGLICAN OP-SHOP

At St Paul's Church Hall, Main Street, Romsey.  
**Now open 3 days a week**  
**Thursday 12.30—4.30pm**  
**Friday 12.30—4.30pm**  
**Saturday 10.00am—1.00pm.**

Please note: We are unable to take any electrical goods, computers, TVs, baby prams, baby seats, bike helmets or any large furniture. Clothes, bric-a-brac, books, toys in good condition are most welcome. *Goods can be left at the back of the Op Shop.*

### Seymour Cottage Romsey



Palmer Street  
Romsey

### Opening hours For 2013

10.00 am to 3.00 pm

**Feb 17th**  
**Mar 17th**  
**April 21st**  
**May 19th**  
**June Closed**  
**July Closed**  
**Aug Closed**  
**Sept 18th**  
**Oct TBA**  
**Nov 17th**  
**Dec Closed**  
**Enq 0419 597 947**  
Group bookings by appt

## LANDSCAPE DESIGN And GARDEN CONSULTATION By Kerri Mewett Ass.Dip. Hort (Burnley)

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ROMSEY

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Leading Early Childhood Education Centre  
(Long Day Care Centre & Kindergarten)

**Upcoming Centre Activities  
& Events**

March 8th - Pancake day- Children participate in cooking their own pancakes for afternoon tea

March 21st - Harmony day- Children acknowledge & celebrate differences within our community

April- 2nd - Children's International Book Day, Easter Activities

PLUS many more educational experiences

Call us today on 5429 6442 to Join in these exciting activities

Our Young Chefs in the Kinder Room

### Romsey Golf Club Women's Report

Wednesday 16th January: On a cool morning Kath, Wendy and Leila combined well to win the Ambrose event. They had lots of pars and it was a fun way to start the season.

Wednesday 23<sup>rd</sup> January. The Monthly Medal was contested, with the entire field playing to or below their handicap. Wendy had a net 71 which resulted in her being runner-up to Jan. Jan had a magic round, down the middle of the fairway all day and ended with a Nett 60. Needless to say she has reduced her handicap.

Wednesday 30th January: A pleasant day for golf (no wind and not too hot). We played Canadian and Kath & Beryl won 93-25½-67½

Wednesday 6th February: Play was Irish 6's. Due to the hot weather and popular consensus we didn't play a complete round. Wendy Elaine & Beryl won with 53pts.

Wednesday 13th February: We played the club level of Doris Chambers Foursomes stapleford. The weather was hot and there continued to be plenty of run on the course. Wendy and Elaine (41) 45pts won and will go on to play in the state final later in the year.

Kath has very recently had her knee 'done' and will be out of action for a while. We wish her a speedy recovery and hope to have her back on the course in a few months.

### Recipe for this month

#### Chicken and Mushroom casserole

Mix together:

1½ cup diced cooked chicken  
1 onion and 1 clove garlic chopped and cooked to glaze/soften in frypan with a little oil  
350grams mushrooms cooked  
1½ cups cooked rice -any variety  
Add any other vegetable eg peas, sweet corn, red/green capsicum, celery etc  
1 can of condensed cream of mushroom soup (cream can be added to make it richer)  
Place in a casserole dish.  
Heat in a moderate oven for 25 mins

It is tastier with grated cheese on top and crumbled premium/ salada type biscuits

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## Romsey & Lancefield Districts Historical Society Inc.

E-mail: lancefieldcourthouse@gmail.com  
 Website: www.lancefieldcourthouse.org

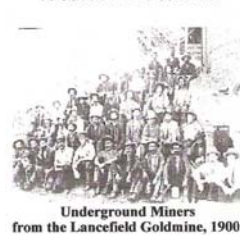
P.O. Box 101  
 LANCEFIELD 3435

We re-opened on 4<sup>th</sup> February after a 6 week break. In the last month we have had 14 enquiries about family histories, houses and organizations

We recently had an enquiry regarding a set of 5 medals that were to be auctioned in Limerick, Ireland on 15<sup>th</sup> February. Three of the medals were football medals from the Lancefield Football Club, but after a day or so of reading old Lancefield Mercury's from 1905, 1909 & 1910 we found nothing, the other two medals were a Boer War medal from Rupa-nyup and a Boxing medal from 1911, presented by G. Millbank at Beria.

There was no Beria in Victoria so Googled it and there was Beria in Western Australia and there was Lancefield Gold Mine where gold was discovered by John Lemon in July 1897, and here was the source of the men who formed the Lancefield Football team in Western Australia.

Lancefield Gold Mine  
 Western Australia



Things have also been busy at Seymour Cottage. There was a group of 40 University students and their lecturer who came to visit on the recommendations of Professor Miles Lewis. Apart from the horribly hot day an interesting time was had with the students taking lots of photos and jotting down notes about our amazing building. Please follow the cottage on Facebook at Seymour Cottage to keep up to date with what is going on.

We are still looking for a President. Our Vice President Sheryl Willett is Acting President until we can get someone to take on the job on a permanent basis. We are also still looking for volunteers both at the cottage and the courthouse. If you have a couple of hours a month to spare please contact us as every little bit helps. You don't need computer skills. We also need sorting and filing done and, at the cottage, cleaning and gardening.

The next meeting of the society will be held at the Courthouse on 25<sup>th</sup> March at 7-30 pm

For any further information please contact Shirley 0402 248 540 or Sheryl 0419 597 947 or Robyn 0418 172 659

**Red Cross  
 Romsey / Lancefield RediSupport  
 Team**

The RediSupport team are now unfortunately gaining experience, supporting the CFA fighting the Lancefield and Kerri fires.

One of our members also went to Bundaberg to help with the recovery of the flood victims. Another two members will be traveling to Bundaberg at the end of February.

New members are **welcome**, training and uniforms supplied. Next training evening Tuesday 5<sup>th</sup> March 7pm at The Uniting Church, Pohlman Street.

Team leader: Trish Dunn 5429 6761

\*\*\*\*\*

**Romsey Red Cross  
 Fundraising Unit**

March is Red Cross Calling and our members will be out and about your help will be greatly appreciated.

The next meeting **1pm** Tuesday 12<sup>th</sup> March at The Uniting Church Pohlman Street. **ALL WELCOME.**

Secretary: Robyn Stephens 5789 1457

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	<b>GROUP BOOKINGS ARE ESSENTIAL</b> TRADING HOURS: Mon-Thurs 7am-5pm Friday 7am-11pm Saturday 8am-11pm Sun & Public Hols 8am-5pm



**St. Mary's Parish - Lancefield & Romsey**  
 27-29 Chauncey St, Lancefield & 85 Main Rd, Romsey

Parish Priest: Fr. Arnold Heredia  
 Pastoral Associate: Mrs. Joanne Reuther  
 School Principal: Mr. Anthony Falls

Presbytery: 5429 2130  
 Presbytery: 5429 2130  
 St. Mary's Primary: 5429 1359

**MASS TIMES**

**Saturday:**  
 6.00 p.m. Lancefield  
**1<sup>st</sup> & 3<sup>rd</sup> Sunday of the month:**  
 8.00 a.m. Lancefield and 10.00 a.m. Romsey  
**2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sunday of the month:**  
 8.00 a.m. Romsey and 10.00 a.m. Lancefield

**RECONCILIATION**

After weekday Mass or by arrangement.

**BAPTISMS**

February, April, June, August, October, December.  
 For more information, please phone 5429 2130.

**REGULAR EVENTS**

**SVDP Drop-In:** First Thursday of each month,  
 10.30 a.m. to 4.00 p.m., St. Mary's Church Hall, Romsey.  
 All welcome to come for a game of cards/chat and free lunch.

**Reconciliation**

**Tuesday 19<sup>th</sup> March 7pm at Lancefield**

**Stations of the Cross and Benediction**

Friday 1<sup>st</sup> March 7pm Lancefield  
 Friday 8<sup>th</sup> March 7pm Romsey  
 Friday 15<sup>th</sup> March 7pm Lancefield  
 Friday 22<sup>nd</sup> March 7pm Romsey

**HOLY WEEK**

**Palm Sunday:** Sat 23<sup>rd</sup> Mar 6pm Lancefield  
 Sun 24<sup>th</sup> Mar 8am Romsey  
 10am Lancefield

**Holy Thursday:** Thurs 28<sup>th</sup> Mar 7pm Lancefield

**Good Friday:** 29<sup>th</sup> Mar  
 Ecumenical Way of the Cross  
 10.30am Romsey Uniting Church  
 Passion of the Lord 3pm Romsey Church

**Holy Saturday:** 30<sup>th</sup> Mar Easter Vigil 7pm Lancefield

**Easter Sunday:** 31<sup>st</sup> Mar 8am Romsey  
 10am Lancefield

**BINGO**  
**Every Thursday evening**  
 St. Mary's Church Hall at Romsey

**Doors Open 7.00 p.m.**  
**EYES DOWN 7.30 p.m.**

\$3.00 per 15 game book

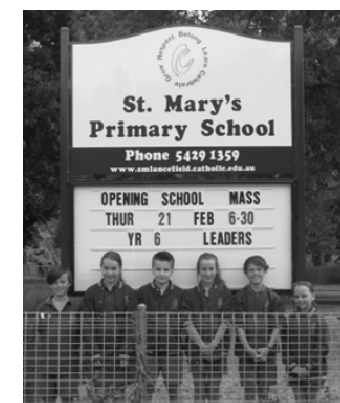
No entry fee  
 Canteen facilities  
 Free tea and coffee

**St Mary's School  
 welcomes this  
 year's Preps**

The students and staff of St Mary's Primary School have had a terrific start to the year. The Prep teachers' Miss Murtagh and Mrs Gale have been very impressed with how well the students have settled in. Pictured are the Prep Grade on their first visit to the school Library to borrow books.



**St Mary's Student Leadership Team**



Pictured at left is the Student Leadership Team. This group of students will work on various projects, with staff and students throughout the year. In the group is Jack Woodburn, Mollie Choate, Kobe Memmolo, Briar Murphy, Joshua Alford and Emily Phillips.

**St Mary's First Vegie  
 Crop**

Last year the St Mary's School vegetable garden was established and this year has seen the first crop of vegetables. Students from St Mary's are pictured below picking some of the 'fruits of our labour'. These included giant zucchini, tomatoes and lettuce.

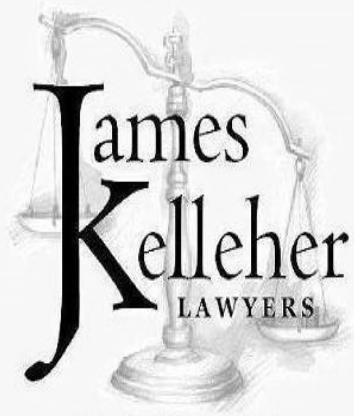


**Healthy Wealthy and Wise**

The Year 3/4s are starting off the year with a Health and Wellbeing Unit. Recently they researched online some creative ways they could cut up fruit and vegies to make their lunch box snacks really yummy. Pictured below are Lisa Marie Doria and Giovanni Doria making crunchy dragonflies using carrots, apples and sultanas. A big thank you to the Romsey Fresh Wholesalers, for donating the fruit and vegies.







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## Romsey Region Business and Tourism Association (RRBATA) UPDATE

### RRBATA In 2013

RRBATA Committee of Management (COM) has met for the first time in 2013 to discuss its activity for the year ahead. It will focus on some key projects and activities whilst continuing advocacy on behalf of Romsey region business and tourism to key stakeholders.

Key initiatives for this year were agreed upon as follows:

- **Romsey Online** – The website has been established for several years and will benefit from a review to ensure it is user friendly and attractive to potential region visitors. RRBATA is seeking IT advice and quotes for such work to occur this year.

- **Service Club Signage** – RRBATA COM has agreed to facilitate the service clubs' desire for feature signage on north and south entry to Romsey. RRBATA would like to fund the framework and facilitate installation. RRBATA is writing to all service clubs to progress discussion on this as soon as possible.

- **Business Breakfast** – RRBATA COM is committed to the continuation of this event which, whilst being a "business breakfast", also aims to be of interest to all members of our community. Given this is a Federal election year in a very marginal electorate, RRBATA is exploring the possibility of this year's breakfast being a political event ("The Great McEwen Debate") which could also attract media coverage for our region. More information will be available in the next Rag. Meanwhile, keep **Friday 2<sup>nd</sup> August** free in your diary.

- **Light Up The Sky Community Event** – This was very successful in 2012 with its fireworks finale. RRBATA COM has decided to schedule this every 2 years due to the significant costs involved with the fireworks display and not wanting to drain sponsors' goodwill. So, April 2014 promises to be bigger and better than 2012!

- **Community Group Coordination and Engagement** – Last year's Community Group Round Up was worthwhile. RRBATA is committed to progressing the discussion this year with another Round Up date to be finalized soon. RRBATA sees collaborative efforts between community and sporting groups being a valuable method of operation, particularly given what is often a shortage of volunteers in each individual group.

### Streetscape Bouquets

Romsey is blessed with a beautiful avenue-style approach, with the elms and historical buildings a feature. It has been great to see some great work done by business owners over the last few months. Most notably, the paint jobs on Forbes Automotive Centre and the Romsey Hotel look fantastic.

RRBATA is acutely aware of the impact that the appearance of street front businesses and residences has to visitors and therefore potential business to our town. If our business is strong, then that will attract other businesses to our area, thereby strengthening resources for our community.

### Membership Enquiries:

Joanne Hagan (Secretary)  
Phone: 0432 320553

Email: hages10@optusnet.com.au

### Romsey Online Update

And don't forget, *ANYONE CAN BE A REPORTER!* Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news". Please ensure a note of consent from people featured in any photographs accompanies your submissions. Remember, the website is only as good as the information fed to it at info@romsey.org.au.

## Macedon Ranges No Interest Loan Scheme

### Do you need a new appliance like a fridge or a washing machine?

Does your TV need upgrading because of the digital changeover?

Would a computer help you or your family in their studies? Are you wanting to study but don't have the finances for the fees?

We may be able to help you and your family with an interest free loan of up to **\$1,200** that has **No Fees, No Interest** and easy repayments.

The Macedon Ranges NILS program is available to people:

- Who live in the Macedon Ranges Shire and have resided at their current address for 6 months or more.
- Have a Centrelink Health/Pension card or are on a low income.
- And have the willingness and capacity to repay a loan.

We are a non-profit community organisation that enables any eligible person to apply for a loan for the purchase of a wide range of products and services including household items, home repairs, medical equipment, car repairs and course fees.

If you think this could make a difference to you, then call Dan at the Kyneton Community & Learning Centre on 5422

## NANNY



Hello families!

My name is Jessie,

I am an experienced nanny looking for a lovely family in the local area to work for.

I have been a nanny in the United States and currently work at a child care center. I have attained a certificate III in children services. I am trained in first aid and anaphylaxis management. I also have a Police check, working with children's check and food handler's certificate.

Whether it is a full time or part time nanny your after please don't hesitate to contact me with any questions.



jdreger23@hotmail.com

## ROMSEY / LANCEFIELD SENIOR CITIZENS Meet each Monday.

Come and enjoy lunch, a game of cards, indoor bowls or just a chat with a very friendly group of people. Bus trips arranged each month.

**For details, please ring Rae Hooke on 54291602.**



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**Romsey Uniting Church**

Pohlman Street, Romsey. 3434

Supply Minister Rev. Max Woolcock

Church Council Chairperson: Noel Shaw - 5429 5509

Secretary: Jeni Clampit - 5429 5480



*You are most welcome to come to the Romsey Uniting Church Services and share in fellowship and worship*

**News from the Romsey Uniting Church:**

We are now in the season of Lent and members of the Linked churches are involved in Lenten Studies.

These studies are at Romsey Uniting Church on Monday 1 - 2.30pm and Thursdays at Mt. Macedon Uniting Church at 10.30am. (Study not held on long weekend.)

Our Easter Services at Romsey Uniting Church will be conducted by the Worship Team and are as follows:-

Good Friday Service 10.00am followed by the Stations of the Cross walk at 11am.

Easter Sunday Service 9am at Romsey Uniting Church.

**'IF ONLY . . . .'** Surely two of the saddest little words in the whole English language - or any other language for that matter, and not many would claim never to have used them. They always speak of disappointment, or regret, or self-reproach or opportunity lost which, if grasped at the time, would have made a world of difference. Vain longings for what might have been.

On the first Palm Sunday Jesus rode a donkey towards Jerusalem. The crowds cheered and shouted their Hosannas and threw down garments and branches of trees along the way in a fervour of glad acclamation.

But the storm clouds were already gathering, and before long the betrayal by Judas, a sham trial, and Pilate washing his hands of the whole affair - Hosanna turned to mockery and derision. Then cruel, degrading execution: and darkness covered the earth, and the veil of the temple was split in two. Judas in bitter remorse, flung down his ill-gotten thirty pieces of silver and the tomb received its dead and was sealed with a great stone. All hope had gone, only bitter disappointment was left. It was the end.

The disciples ran away and hid themselves for fear that they might suffer the same fate; and it was easy to imagine them saying with despairing lament - "If only we had persuaded him not to go to Jerusalem; if only we had known the true nature of Judas;

if only Pilate had stuck to his belief that he could find no fault in this just man;

if only..."

But they were wrong.

They were wrong because the gloom of that first Good Friday gave way to the glory of Easter Day; and the great stone was rolled away, and the tomb was empty.

The cry went up - "He lives; he is risen"; and in due time the Holy Spirit came down, and the world would never be the same again.

So with our own "if only's". Disappointment can give way to renewed hope; yesterday's regrets can be forgotten in the promise of tomorrow; if the door of one opportunity is allowed to close, another can be opened. What might have been can yet be. There are still blessings to be counted and friendship and fellowship to be cherished and enjoyed.

**If only** we can venture in faith and just accept and believe that -

When we walk with the Lord  
in the light of his word,  
What a glory he sheds on our way.

Jack Mitchell

**Services conducted during  
March 2013**

3 <sup>rd</sup>	9am. Worship service conducted by the Worship Team.
10 <sup>th</sup>	9. am Communion Service conducted by Rev. Max Woolcock
17 <sup>th</sup>	9. am Worship Service conducted by visiting minister
24 <sup>th</sup>	9. am Palm Sunday Service conducted by Rev. Max Woolcock
29 <sup>th</sup>	<b>Good Friday Service</b> 10am followed by the Stations of the Cross walk at 11am.
31 <sup>st</sup>	<b>Easter Sunday Service</b> 9am. Service conducted by the Worship Team

**Bolinda & Monegeetta News 16****COMMUNITY NEWS:**

**AND THE WEATHER** Just 12ml (48pts) of much-needed rain for February – and we are all very ready for the next downpour. Can't wait, in fact. We have enormous cracks in the ground appearing and many trees or plants that are not well mulched are becoming very stressed. Still, there are signs of the change in the seasons; I notice weeds are starting to germinate in shadier or cooler areas. One of the most wonderful changes at this time of the year is the shedding bark, especially on the eucalypts. I love to see the pristine pale trunk showing behind the old bark. Australia surely has the most beautifully barked trees in the world

**HALL COMMITTEE:**

We are busy planning for a great year for the Belinda-Monegeeta community, as the Bolinda Hall celebrates its centenary. We are still looking for any postcards, photos, clippings etc, if you know of any that we can photocopy. Please let any ex-residents know. Our next Hall Committee meeting is on Tuesday, March 5<sup>th</sup>, at 8:00pm. Anyone and all are very welcome!

**HISTORY: FROM THE MINUTE BOOK:** Meeting of May 17<sup>th</sup> was largely taken up with presentation of various quotes – before the setting of dimensions for the Hall. The size eventually Moved, and Carried, was 60x25x14, with a 25x10ft room at the back with a fireplace and moveable partition; stage was to be 12ft and the floor was to be kauri. This meeting also passed a motion that 1pound debentures be offered - previously only 5pound debentures were offered. The suggestion was that a Ladies Committee be appointed – but an amendment suggested a public meeting where ladies appointed their own committee; a wise move by this gentleman! 3 Trustees were to be appointed- and 6 names were proposed. In the voting which followed Messrs Martin, Lloyd and Love were selected. However, after several attempts to acquire various halls for removal, and to decrease the size of the planned hall owing to cost factors, the agreed size was 40ftx24ft with one room at the back. The lowest tender (of 5 received) was for 256 pound, 13shilling from Mr Colliver of Romsey. This was accepted. The contract was signed on the 12<sup>th</sup> of March and the hall was to be finished at the end of May.

**BOLINDA HALL(Melways 610 J9; cnr Mullaly's and Melb-Lancefield Road):** Don't forget our community hall is available for hire at very cheap rates. We want to see it used. That's why it was built! Great for adult or children's parties with lots of safe outdoor space available.

**BOL-DARRA (Bolinda-Darraweit) GARDEN CLUB:** We have not yet met this year – but have a busy year planned. Our first get-together will be to look at that wonderful community garden in Riddell, the brainchild of Joanie Curling and Sue and David Laurie. It's a wonderful pick and swap centre and shows the range of produce which can be grown in a relatively small area. We meet at Bolinda Hall at 1:30 for a chat and problem solving session...and then we move off to our garden visit about 2:00. Please feel free to join us.

**PEOPLE OF THE MONTH:** We have a lovely Monegeetta family to introduce to you - Kelly and Mick Warburton and 3 great kids, Billy, Molly and Harry. Kelly works in the thoroughbred industry, preparing horses and caring for them when local farmers/trainers go away or have other work commitments. She is also a gifted artist (there were some appreciative comments regarding her work when it was displayed at our local Spring Fair) and loves drawing animals – particularly horses. Somehow she finds time to keep a lovely garden (lots of roses) perfectly maintained. Mick is the farm manager, caring for the breeding herd of Angus cattle ( it used to be pigs), making hay – and all the work involved in keeping a farm in excellent condition. The kids keep busy – Molly is planning to take up some Western riding; Billy and Harry keep busy with scooters, skateboards, kneeboards, etc. And why are they our focus for the month? They are a typical, busy family, with lots of work to do and the need for recreation time...It's because of the many years that Mick has been involved with the local CFA.

**CFA VOLUNTEERS:** There are plenty of other activities our CFA volunteers could be involved with – yet they choose to devote a large part of their leisure and work time to ensure the safety of the local community. Past and present, many of our local folk –men, women and young folk - have selflessly given lots of time to engage in some way with the CFA. It might sound bold and brave to be a fire-fighter – but much of the work is hot, dirty and downright dangerous. There are other service industries where members risk their lives to protect the community – but the CFA Volunteers – unpaid, are a breed apart. This year has been a particularly challenging one for Victoria, and our own area in particular. We have had local fires in Wallan/Darraweit, Bolinda, Kerrie, Lancefield and further afield. Each fire was potentially lethal and we were fortunate to have super-quick responses from local brigades, and relatively benign weather conditions. Even 10 tankers at a fire means shifts of 40 or so personnel, plus support...It seems time for us to not only say a grateful thanks, but to offer our own services in some way to support those who willingly support us. Where on earth would we be without our CFA?

Cheerio from Bolinda & Monegeeta

**Enquiries: John and Ruth Green 54 285 347; 0415 256 911; jandrgreen@hotmail.com**

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## Luckwood Organics

Provides a co-operative style food box program which allows members to access organic produce at truly competitive prices. The produce is sourced from local organic farmers and the wholesale markets every week. It is sorted into pre-ordered boxes of different sizes. The boxes are filled with a variety of fruit and veg. Some staples will be included every week, like onions, potatoes and carrots. We will try not to inundate you with kilos of these! The rest of the box will vary according to seasonal availability and a mixed & match type approach to keep it interesting. There will be plenty of fresh greens, herbs, traditional and exotic vegetables plus a great selection of mouth watering fruit. The frequency of your orders is entirely up to you and there is no obligation to order every week. With enough interest a new pick up location will become available in Romsey on Tuesday mornings from 10:00-12:00. For further details please contact **Sharon 0487 444 090** or **Fran 0425 774 781** or [www.luckwood.com.au](http://www.luckwood.com.au)



## PET MEDICAL CRISIS FUNDRAISING LUNCHEON BACKGROUND

In 2009, Jed Hunt, an eight-year-old border collie and his best friend James (4 years) were chasing seagulls on the beach when Jed ruptured several discs.

The bills for Jed's extensive veterinary care totalled \$30,000. Fortunately, Jed's family were able to afford his treatment. But the experience inspired Jennifer Hunt (mum to James and Jed) to create the Pet Medical Crisis Fund for other families, who loved their pets just as much as they loved Jed yet can't afford the sometimes costly treatments. "I'd hate to think of a family losing their best friend because they couldn't pay for treatment"

So Jennifer started a Fund to help those families. It's called the Pet Medical Crisis Fund and it gives financial help to pensioners and disadvantaged families who can't afford the costs of veterinary care.

### How the Fund Operates

The Pet Medical Crisis Fund (PMC Fund) has been created to help struggling families who cannot afford surgery to keep their loved family pet alive. Any Veterinary clinic in Victoria may refer suitable cases to PMCF.

All money donated to the fund will go to benefit the pets whose owners can't afford their emergency care. None of the money will benefit Jennifer or other volunteers at the Pet Medical Crisis Fund. Vets are asked to do associated cases at cost. It's all for the furry, hairy and feathered ones, 100% of your kind donation will go directly to assisting family pets to return home to the people who love them.

In fact, the money doesn't even go to their families; it goes straight to pay the veterinary bills. And they have to meet some criteria set by Veterinary experts and the Pet Medical Crisis Fund Committee

- Persons who may have to consider euthanasia
- Aged pensioners who would have little or no opportunity to repay veterinary costs
- Persons or a family who genuinely cannot afford to pay for necessary treatment of their pet.
- With the emergency treatment or surgery, their pet can live a happy, healthy and supported life.

Of course, it's better if you can take out pet insurance and I certainly recommend that, says Jennifer.

"We've had wonderful support so far and in 2012 helped 55 families to save their loved pets. We hope the community gets behind the idea and the Fund is able to save more lives of our beloved pets during 2013.

Our pets really are part of the family. Your donation can help keep it that way.

We will be holding a special Luncheon (\$30.00 per person) in Lancefield on April 6<sup>th</sup> 2013 all money raised will be donated to the Pet Medical Crisis Fund. Every donation will help to save another pet for another family, please help us.

To book for the luncheon or for any information relating to the fund please contact:

Lyn Turner (03) 5429 3332 or 0419921042



Tai Chi Classes

Saturdays at 11am.

Beginners are most welcome at any time. Passive exercise & meditation for all ages that offer balance of mind & body for health, vitality and wellbeing. Come and try a complimentary class.

TraditionalGoju Ryu Karate

Children & Adult beginner classes for self protection, fitness, discipline and confidence – Tuesdays & Thursdays.

Traditional Chinese Medicine

Oriental Barefoot Doctors Clinic  
Incorporating massage and offering a holistic treatment for improved vitality, many health related issues, chronic & acute injuries.  
by appointment only

**WU LIN RETREAT**

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LANCEFIELD VIC 3435

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Mob: 0417 350 398

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Website: www.wulinretreat.com

**GIFT VOUCHERS AVAILABLE****COMING EVENTS****20<sup>th</sup> & 21<sup>st</sup> April 2013****Women's Intensive Self Defense Empowerment Weekend**

Two days of fun & exciting self protection activities to educate, motivate and empower you. \$375.00

**Sat 18<sup>th</sup> & Sun 19<sup>th</sup> May 2013****Barefoot Doctor Workshop**

This rare workshop covers foundations of Traditional Oriental Medicine, hands on practice in the restoration and fortification dealing with a wide range of ailments and injuries. \$550.00

**Book early as places fill quickly**

Bookings may be made through

[www.wulinretreat.com](http://www.wulinretreat.com)

go to coming events/programs.

**Hesket Primary School News**

It has been a smooth and successful start to 2013. Small numbers in each class ensure individual attention for each child.

The P/1/2 students are enjoying a buddy program with the Grade 5/6 students. The grade 6 students are designing their final year bomber jackets. Each child is keen to have some input.

In art the children are helping design an Italian mural to complement the small olive grove section of the school's garden.

The Grade 3/4 students are doing a multicultural study of Italy in integrated studies. They are excitedly planning an Italian Restaurant day for the whole school to celebrate the completion of the mural later this term.

The 2013 skipping team is training hard and are showing fantastic skills and commitment to training. Already the team has been featured in the Herald Sun in an article about the National Heart Foundation.

The whole school enjoyed delicious pancakes on Shrove Tuesday and are now looking forward to a family breakfast welcoming back everyone for 2013.

**'LinkedIn' In Town**

Tuesday 12 March

at the Albion Hotel, Mollison Street Kyneton

6.30pm – 9.30pm

Businesses in the Macedon Ranges will have the opportunity to learn from LinkedIn representative, Kae Hum, at an evening of networking.

LinkedIn is one of the world's largest online professional networks with over 175 million members worldwide.

Macedon Ranges Shire Council delivers a full calendar of business events, with topics ranging from finance and taxation to social media. There is a growing interest in topics relating to marketing and the online world, with sold out events throughout 2012.

To download the full calendar of events, visit [www.mrsc.vic.gov.au](http://www.mrsc.vic.gov.au)

For further information and bookings, contact the Economic Development and Tourism Unit on 5421 9616.

**Bolinda Primary School News**

Bolinda Primary School has had a smooth start to the new school year. We farewelled Kayla Bacchetto who has transferred to Yarrowonga P – 12 to be with her family, we wish her well. We welcome Meagan O'Sullivan who will teach in the Prep – 2 class. We have also appointed Katie Duoba as our new office manager.

A deck linking our old classrooms and new classrooms was completed during the Christmas holidays. It is a fantastic addition to the school and now makes this area more functional and safer.



Our school has been accepted into the Stephanie Alexander Kitchen Garden Program. The program will involve students, teachers and parent volunteers growing, cultivating, preparing, cooking and of course eating food from our vegetable garden.

The aim of the Stephanie Alexander Kitchen Garden Foundation is to introduce pleasurable food education into as many Australian primary schools as possible.

The program emphasises the flavours as well as the health benefits of fresh, seasonal food. Dishes cooked reflect the vegetables, herbs and fruits grown, season-by-season, by the children in their organic gardens.

There are some projects which will need to be completed before the program can begin. The storage shed next to the vegetable garden will need to be converted into a kitchen/dining area. We are looking at the purchase of a shipping container for storage of the furniture/mower and other materials presently in the shed. We will need to acquire a stove/oven, refrigerator, sinks and cupboards as well as tables/chairs. We will also need to install windows and a water supply. We hope some of these can be donated or picked up cheaply. Please contact us if you have anything useful that you would like to donate.

The school has been awarded funds from the government for a Welfare Officer. Janine DiBella will assume this role as well as her current role teaching in the P – 2 class, music and art. There are a number of initiatives we have identified as possible projects. These will be discussed at our next School Council meeting.

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Macedon Ranges Masonic Lodge

73 Main St, Romsey VIC 3434

Contact us at:

Ph: 5428 5418 or 5429 6354

email: muddy27@bigpond.com

Macedon Ranges Masonic Lodge

**Meet 1st Thursday except January  
Installation - June**

**ALL BRETHREN WELCOME**



**MACEDON Ranges Tidy Town 2013**  
**Could the Macedon Ranges have Victoria's Tidiest Town in 2013?**

Donna Petrovich has announced that entries for the 2013 Keep Australia Beautiful Victoria Awards are now open. Mrs Petrovich is encouraging Macedon Ranges and Sunbury locals to enter their community in this year's Tidy Towns - Sustainable Communities Awards or Sustainable Cities Awards. The Tidy Towns - Sustainable Communities Awards are for communities in regional Victoria and the Sustainable Cities Awards are for communities in metropolitan Melbourne and satellite cities including Bendigo, Ballarat, Geelong and Shepparton. Communities can compete for awards in a diverse range of categories including clean beaches, waste reduction, heritage and culture preservation, energy saving, improving biodiversity and water conservation. "There are many communities in the Macedon Ranges who are undertaking environmental and sustainability initiatives to improve their towns," said Mrs Petrovich. "I encourage locals to nominate their towns as a way of ac-

knowledging and rewarding these community efforts." Minister for Environment and Climate Change Ryan Smith said the awards were a great way to recognise Victorians taking practical action to improve their local environment. "If you think your community may be one of the tidiest in Victoria, I encourage you to submit a nomination," Mr Smith said. "For thirty years these awards have been encouraging Victorian communities to look after their local environment and be proud of the community they live in. "These awards are a great way to encourage practical and local efforts to improve our environment and support the Victorian Coalition Government's commitment to fostering on-ground activities through meaningful partnerships," Mr Smith said. This year's awards feature a new litter prevention category to recognise communities taking action to tackle litter. The new category supports the Coalition Government's offensive on littering, which includes its summer anti-litter campaign - A cleaner Victoria is in your hands, and the doubling of litter fines. Entries for the Sustainable Cities Awards close on 10 April 2013.



**CONSULTATION**

**Future Plans for the Former Romsey Primary School Site**

Macedon Ranges Shire Council has recently appointed Michelle Read: Planning for Communities to look at options for the possible acquisition of the former Romsey Primary School site. A key part of this project is consulting with the Romsey community, and Council is keen to make the community aware of how you can be involved. Options are:

**Complete a Survey**

Surveys will be available online at [www.mrsc.vic.gov.au](http://www.mrsc.vic.gov.au) under the 'For Your Comment Heading' OR from key community places such as the Romsey Community Hub and Romsey Recreation Centre. Surveys will need to be completed by Sunday 17th March 2013.

**Attend one of the Community Listening Posts**

This is an opportunity for you to talk about the former Romsey Primary School site and share your ideas for the site.

Wednesday 13 March 2013	Thursday 14 March 2013	Saturday 16 March 2013
4pm – 6pm Outside the Romsey IGA Shop 12/107 Main Street, Romsey	3pm – 6pm Romsey Community Hub 98 Main Street Romsey	9am – 12pm Outside the Romsey IGA Shop 12/107 Main Street, Romsey

For more information about this project please contact Jodie Turner, Co-ordinator Community Places and Partnerships at Macedon Ranges Shire Council [jturner@mrsc.vic.gov.au](mailto:jturner@mrsc.vic.gov.au).



**Women Gathering to Share & Celebrate Friendship**

The RRWN started with three women talking over a glass of wine about how difficult it can be to meet new and like-minded people in our rural community. After putting some feelers out it was found that many women in our region feel in some part socially isolated, and surprisingly it is not just the new comers to the Macedon Ranges. And so our group was born! Since forming officially in August 2011 we now have 8 committee members and over 60 general mem-

bers who represent a number of rural towns/areas in the Macedon Ranges district. Our group's mission is to bring women together to share ideas, connect people with common interests and support women in our rural community to pursue their dreams. It is a genuine celebration of the spirit of friendship and the natural networks women form.

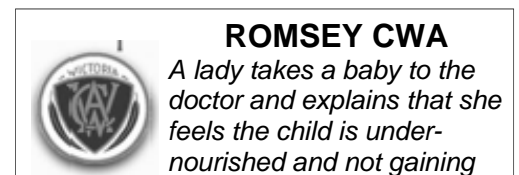
Whether you need to connect with local women to network in a business/professional sense or just need a social outlet, please come and join one of our monthly meetings. The intent is to provide a safe environment for women to gather together, exchange ideas, share about their lives and have some laughs.

We meet on the 3<sup>rd</sup> Thursday of each month to give women an opportunity to take some time out from their busy lives of an evening and stay connected. Our next gathering will be on **Thursday 21<sup>st</sup> March at Soltan Pepper @ 7pm** (118 Main Street, Romsey). Please come along to join us for a glass of wine and a chat.

If you have any queries please do not hesitate to contact us.

**Enquiries: -**  
**Romsey Region Women's Network Inc.**  
 111 Main Street, Romsey VIC 3434  
 Email: [info@rrwn.com.au](mailto:info@rrwn.com.au)  
**Facebook.com/Romsey Region Women's Network Inc. (RRWN)**

**Annual membership: - \$20**  
 Tracey (President) - 0416 497 623  
 Natasha (Secretary) - 0421 289 137  
 Fran (Treasurer) - 0427 825 989



**ROMSEY CWA**

*A lady takes a baby to the doctor and explains that she feels the child is under-nourished and not gaining weight.*  
*The doctor examines the baby thoroughly, weighs him carefully, measures his length and asks the lady "Is this baby bottle fed or breast fed?"*  
*The lady says "He is breast fed".*  
*"Take off your jumper and I'll examine you. We'll see what could be the problem." The lady does as she is asked.*  
*The doctor says "I now know what the trouble is. You don't have any milk"*  
*The lady explains, "I don't wonder at that. I'm the grandmother".*

Our Branch has not met since November, 2012, due to the Christmas break, normal meeting dates being rescheduled and these dates being unsuitable to several members.

We will meet on Thursday, March 7<sup>th</sup> at the Mechanics Hall at 10.00 am, with our Craft Day being held on March 21<sup>st</sup>, same time, same place.

Following this "Long Service Leave", and our March meeting, I hope to have more to report next month.

Our meetings are held at the Mechanics Hall on the 1<sup>st</sup> Thursday of each month, with craft days on the 3<sup>rd</sup> Thursday. Please give our Secretary a call for more details.  
 Val Jordan, Secretary.  
 Telephone 5429 2311.



**Romsey Playgroup Inc.**

Romsey Community Hub,  
 Main Street, Romsey

Romsey Playgroup has resumed after the Christmas holidays and we would like to invite new members to our group as well as welcome back family members already enrolled.

Come along and engage your little one with some fun and social interaction. As well as having a cuppa yourself and a chat with our wonderful friendly members during the sessions.

Playgroup provides families and carers' of young children a fun & safe environment to participate in semi-structured play outside the home. It offers age appropriate toys, craft, painting and physical activities. Outdoor activities include sandpit, pirate ship with outdoor play kitchen, swing sets, small bikes, balls, hula hoops and slides. We are in the process of putting up a shade sail above the sandpit which will then comply with sunsmart policies.

Playgroup is located at the Romsey Community Hub at the back of the facility and operates during the school term on the following days & times:

<b>Tuesday</b>	<b>9.30am – 11.30am</b>
<b>Wednesday</b>	<b>9.30am – 11.30am</b>
<b>Thursday</b>	<b>9.30am – 11.30am</b>

**The sessions are aged from 0-4 years old.**

Remember to bring a hat and a piece of fruit to share during snack time. Sunscreen is located at the centre and also plenty of water. But bring a drink bottle so it can be refilled.

On a Friday Cobaw Community Health operates an ASD playgroup through PlayConnect. Contact Cobaw on (03) 5421 1666 for more information.

If you would like to enquire further, request a brochure or enrol for playgroup please do not hesitate to contact the following committee members  
 President: Leighann Moon 0405 507 805 or  
 Treasurer: Rana Scott 0439 529 533 or email [romseyplaygroup@gmail.com](mailto:romseyplaygroup@gmail.com)

**Cambridge**  
 Weight Plan

**Christine Diamond**  
 Independent Consultant  
**Cambridge Weight Plan**  
 email: [cdiamond@cambridgeweightplan.com.au](mailto:cdiamond@cambridgeweightplan.com.au)  
 Tel: 0413 399 786  
[www.cambridgeweightplan.com.au](http://www.cambridgeweightplan.com.au)

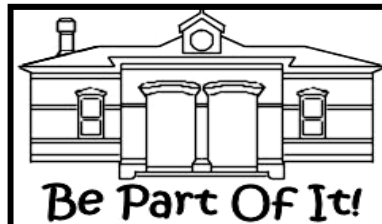
**Line Dancing**  
**at Romsey Mechanics Hall**

Beginners class 9.00am—9.30am.	\$5.00
Full class 9.00am—10.40am	\$7.00

Enquiries to Carol on 0419 121 369

Fun and fitness for everyone!





## Program Term 1 2013

**Romsey Community House Inc.**  
A Learning and Activity Centre  
96-100 Main Road, Romsey, Vic 3434  
Email: romseyhouse@bigpond.com  
Ph/Fax: 03 5429 6724

### Health, Fitness & Wellbeing

A variety of programs promoting health and vitality are offered to suit a range of needs

#### Yoga

**Mondays** 7pm-8.30pm @ Romsey Community House  
\$15 per class when fees are paid in full at the commencement of the term.

\$20 Casual Participation: Enquiries to **Leisa Kirk on 0408 934 656**

**Thursdays** 7pm-8.30pm @ Romsey Community House

\$15 per class when term is paid before end of Week 1

\$18 Casual Participation: Enquiries to **Lisa Moor on 0448 345 338**

#### Sun Style Tai Chi

**Tuesdays** 1pm—2pm

\$8 per class (Minimum Numbers Apply)

To join—Contact **Jan on 5428 1223** or **0412 219 900**

#### Gentle Exercise for Over 50's

**Mondays** 10am - 11am. These classes are designed to be fun and are specifically tailored to meet the capacity of each participant. This class may assist with balance, mobility, bladder control and joint pain. Chair based exercises also available. Cost \$5 per class

Enquiries to **Jan on 5428 1223** or **0412 219 900**

*\*Join us after class for a cuppa and morning tea (\$2/Gold Coin Donation)*

### Social & Creative Activities

Providing opportunities for you to join in; express yourself and have fun in a supportive environment

#### Art Classes

**Children's Classes with Tanya Salter: Tuesdays and**

**Thursdays** 3.45pm - 4.45pm (weekly)

\$80 for a ten week term.

Bring your own materials.

For all bookings call **Tanya 0400 053 829**

#### Line Dancing

**Mondays** 9.00am - 10.30am at the Mechanics Institute Hall.

Open Age. Enquiries to **Anne on 5429 1650**

#### Craft Group

### New Committee of Management—Expressions of Interest:

The Romsey Community House has operated in Romsey for the past 7 years, providing programs and training courses for the Romsey community and supporting other community organisations. The future continuity of the House is now under review. We are now seeking expressions of interest from members of the Romsey community to form a new Committee to manage the House. If you are interested becoming a member of a new Committee of Management please call 5429 6724 and leave your details, or email your details to romseyhouse@bigpond.com.au

**Expressions of interest must be received by Friday March 15th.**

#### Please note:

Due to unforeseen circumstances the Sustainability event planned for February 23rd was cancelled. We sincerely apologise for any inconvenience this may have caused.

We also wish to advise that the Antiques and Collectables Fair that was planned for April 27th and 28th at the Romsey Mechanics Institute Hall has been cancelled.

As we are currently without a coordinator, we sincerely thank our two volunteers Gail and Colleen who are manning the House in the short term.

**Thursdays** 10.30am - 12.30pm. Come and practise a variety of crafts including; quilting, card making, knitting, smocking, embroidery etc. Contact **Leanne on 5429 5185**

#### Writers Group

Meets on the 2nd **Tuesday** of each month. We share our work and ideas whilst providing encouragement, feedback and support. For further information call **Lila 5429 3732**

#### Workshops for Children and Adults

**Meditation (silent and guided) Workshop 1** Expressive movement through dance and sound. Includes meditation

**Meditation through guided dance Workshop 2** Sound vibration session using Tibetan drums, flute, crystal bowls and circle dancing

Include: 'Introduction to Therapeutic Sound', 'Drum Circle and Peace Dance', 'Adult Chakra Dance' and 'Spiritual Development'

**Children: Every 1st Wednesday of the month. 4.30pm-5.30pm**

**Adults: Every 1st Monday of the month. 10.30am-12.30pm**

**Adults: Every 1st Wednesday of the month 7pm-9pm**

For more information or to book –

Contact **Stavroula: 0400 032 518**

**Gillian's Meditation Sessions will be commencing in February (Tuesdays 7pm, Fridays 9.30am).** For more information contact **Gillian on M:0409 801 082** or **H:54295448**

### Open House — We'd love to see you!

Our 'Drop in Room' is open to the public weekdays 9.30am - 5.00pm. Enjoy a quiet cuppa; peruse our community brochures or spend some time socialising with friends—perhaps make some new ones! Gold coin donation applies.

**For All Bookings & Enquiries**

**Phone: 5429 6724**

**Office Hours 10am-1pm**

**Monday- Wednesday - Friday**

**(Closed Tuesdays and Thursdays)**

**Public Internet Access Available**

**10-1pm on**

**Mondays-Wednesdays-Fridays**

## Romsey Toy Library



**New JUMPING CASTLE  
for Hire!!**

discover - imagine - play

The Toy Library has had a busy start to the year! We undertook a stocktake in January and the library is looking very clean and ready for some new toys on the shelves. Melissa, Kaye, Hannah and Fiona had a busy couple of hours checking toys against our catalogue and sweeping and tidying!! Speaking of new toys, we have recently made some big purchases and received some beautifully made wooden toys.

### New Toys

Thanks to the generous community grant we received from the Lancefield & Romsey Community Bank®, we have purchased a jumping castle and trestle table/chair set. They are fantastic party items and already proving to be popular among members. They are available for one week hire exclusive to members, jumping castle for \$50 & table/chairs for \$20, making any kids party easy to organise and fun for all ages.

We have also received fantastic wooden play kitchen units made by the Lancefield Men's Shed. This was a sustainable toys project that was funded by a grant from the Macedon Ranges Shire Council. Thank you to Max and Graham for working with us on this project.

### New Opening Hours

We have revised our opening hours this year and we are now open every Saturday morning from 10.00 to 11.00am. The library is staffed by a member to assist with borrowing toys and maintaining general administration. It's great to now have a roster system in place to involve members more in our community group.

### Interested in joining our Toy Library?

All residents of the Romsey and Lancefield area, whether carers, parents or grandparents, are most welcome to join the library. Membership fees are \$35 for a whole year or if you are a grandparent or member of Playgroup we are offering a discounted price of just \$25. Please drop in during our open time and view our range of toys or contact us to arrange an appointment if you would like a tour of our facilities.

**Opening Hours: - Saturdays 10.00 – 11.00am (closed during school holidays)**

Email - [romseytoylibrary@gmail.com](mailto:romseytoylibrary@gmail.com) Fiona Quigley – 0408 110 054 Hannah Sutton - 0401 085 125

We look forward to seeing you at the library!



## ROMSEY LICENSED POST OFFICE

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