

## Romsey Golf Club Women's Report

Wednesday 21<sup>st</sup> of January: While the men were working hard on the course, digging trenches for the recycled water, the women played foursomes. We all know what the men would rather have been doing. Winners were Kath and Lorraine 93/30/67.

Saturday 24<sup>th</sup> January: Lorraine and Leila played in the competition, being drawn with John Laing. All enjoyed the day, especially John who remarked it was good to play golf and not have to spend time searching for balls in the rough. Lorraine won the women's comp with 38pts (32). Wednesday 28<sup>th</sup> January was stroke and Monthly Medal. Numbers were up despite the windy conditions. Scores were assisted by a lot of summer run and many played under their handicaps. Kath won 92/28/64. Meanwhile work continues on the course.

Wednesday 4<sup>th</sup> February was the beginning of the Summer Cup, a windy cold drizzly day (winter clothes and wet weather gear) but still good scores from Kath and myself. Kath won 95/27/68.

Wednesday February 11<sup>th</sup> Summer cup continued and it was a round of Stableford. A hot day was forecast so we hit off early (thank goodness) and with the summer run and soft green some good scores were again posted. I won with 41pts (23).

## Zucchini fritters with olive salsa

1/2 cup pitted green olives chopped  
1 tomato finely chopped  
1/3 cup tomato relish  
4 medium zucchini coarsely grated  
1 tspn salt  
1/2 onion finely chopped  
2 tspns grated lemon rind  
1 1/4 cup breadcrumbs  
3 eggs beaten

**Salsa** Combine olives, tomato and relish in a small bowl.

Combine zucchini and salt. Stand 10 mins. Squeeze out liquid. Combine zucchini, onion, rind, breadcrumbs and eggs. Spray non stick frying pan with cooking oil. Cooking 3 at a time. Pour 1/4 cup of zucchini mixture into pan. Flatten slightly with spatula. Cook over medium heat until browned on both sides and cooked through. Serve fritters with olive salsa

For a change add 1/4 cup grated Parmesan cheese to fritter mixture

Beryl Cole 54295411

## A New Experience in Chamber Music Salon Concerts at Broadford "Drama and Virtuosity"

Sunday March 22nd at 4.00pm  
Alana Blackburn—recorder  
Peter Hagen—harpsichord  
"Blown Away" - Italian fire and virtuosity  
Composers such as Mancini, Locatelli, Barsanti and more come alive when Alana plays their compositions on various size recorders, accompanied by Peter on harpsichord.

Sunday May 31st at 4.00pm  
Sam Goble—violincello  
Pater Hagen—pianoforte  
Beethoven and Schubert:  
Presenting rarely heard variations and sonatas from Beethoven and the lyrically beautiful Schubert Arpeggione sonata.

Sunday August 2nd at 4.00pm  
Greg Dickmans—flute/recorder  
Lucinda Moon—violin  
Peter Hagen—harpsichord  
"Dresden and Drama"  
Veracini, Pisendel and Quantz performed by the Elysium ensemble joined for the first time by Peter Hagen.

Tickets: Adult \$38 per concert  
Early bird tickets \$32 per concert  
Plate for 1 (5 pieces) \$8.50

\*Early bird is up to 10 days for concert date  
Bookings essential—limited seating  
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By post: Cheque made out to Peter Hagen  
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Include a self-addressed, stamped envelope.  
No door sales.

For further information email [peter@peterhagen.com.au](mailto:peter@peterhagen.com.au)

# THE ROMSEY RAG

Issue No. 334

2070 copies produced each month at Romsey Primary School as a service to our community  
and proudly supported by the Macedon Ranges Shire Council

March 2015

THE MARCH EDITION OF THE ROMSEY RAG IS PROUDLY BROUGHT TO YOU BY  
- ROMSEY-LANCEFIELD RSL SUB-BRANCH-



## ROMSEY-LANCEFIELD RSL SUB-BRANCH

This year Australia commemorates the 100th anniversary of the landing of Australian troops at Gallipoli. Many events and services will be conducted across the country to mark this important part of our history.

The Romsey-Lancefield Sub-Branch of the Returned Services League (RSL) is planning a special commemorative event to be held in Lancefield on ANZAC Day, April 25th.

Preceding this day, students from three local schools—St. Mary's, Lancefield, Lancefield Primary School and Romsey Primary School will visit the Shrine of Remembrance in Melbourne on Monday March 23rd.

On ANZAC Day, in addition to the usual parade and ceremonial aspects of the ANZAC service, there will be:

- A performance by a combined choir of students from Romsey Primary School, Lancefield Primary School and St. Mary's School, Lancefield.
- A special Gunfire Breakfast sponsored by the Lancefield Neighbourhood House.
- An art and a poetry display by local school students.
- A display of articles and artefacts from World War 1.

Further details of this most important occasion will be published in the next edition of the Romsey Rag and other local press.

It is hoped that there will be a huge attendance by our local communities.

**The closing date for copy for the April 2015 edition of the Rag is March 15th, 2015.**

**We cannot guarantee inclusion of copy received after this date.**

Please email your copy to the Romsey Rag email address: [romseyrag@romseyyps.vic.edu.au](mailto:romseyrag@romseyyps.vic.edu.au)

We require submissions to be in Word document format, and for graphics to be in Jpeg format.

Please ensure that you have permission to use photographs of people depicted in your article.

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**Contributions:**  
Articles should be left at the Romsey Post Office (fax 5429 5134) or Romsey Primary School by 12 noon on the 15th of the month.

We prefer articles to be submitted electronically or on disc. Legible typed or handwritten items may be accepted. All material submitted for publication must be named and have contact details.

Articles can be sent via e-mail to:  
romseyrag@romseyps.vic.edu.au

Please ensure that any text is sent as word documents and logos / photos are sent as .jpg files.

Views expressed are not necessarily those of the Editorial Committee. All contributions remain the responsibility of the author.

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**For invoicing** please include name & address details.

**Cheques must be made payable to Romsey Primary School Station Street, ROMSEY 3434**

**Distribution:**  
2070 copies delivered to the Romsey community at the commencement of each month.



## Romsey Rag Publication Deadlines 2015

| Edition        | Closing Date for Copy  | Collating Date          |
|----------------|------------------------|-------------------------|
| April 2015     | Sunday March 15th      | Thursday March 26th     |
| May 2015       | Wednesday April 15th   | Thursday April 30th     |
| June 2015      | Friday May 15th        | Thursday May 28th       |
| July 2014      | Monday June 15th       | Thursday June 25th      |
| August 2015    | Wednesday July 15th    | Thursday July 30th      |
| September 2015 | Saturday August 15th   | Thursday August 27th    |
| October 2015   | Tuesday September 15th | Thursday September 24th |
| November 2015  | Thursday October 15th  | Thursday October 29th   |
| December 2015  | Sunday November 15th   | Thursday November 26th  |

### The winning colour purple in Romsey

Sapphire Hairdressing has won the Paint the Town Purple competition, organised to promote the 2015 Lancefield/ Macedon Ranges Relay For Life.

Judge, Don Gray, was impressed by the wonderful window and in-store display, which was awash with purple. Sapphire Hairdressing not only won for Romsey but was judged the best over the three towns, Romsey, Lancefield and Woodend, that took part in Paint the Town Purple. The business, owned by Erin Wallis located on Main St Romsey, was one of several along the town's main shopping strip that took up an invitation by the Relay For Life committee to promote this year's fundraiser for the Cancer Council Victoria\*.

Incorporating the Relay For Life message of hope, the participants created attractive promotions and organisers have acknowledged their efforts by awarding a free advertisement in the Romsey Rag and a printing package from Black Range Business Group to Sapphire Hairdressing and presenting certificates. Other businesses who participated included McColl Property, One Stop Op Shop, Romsey NAB, Romsey Neighbourhood House, Romsey Post Office, Romsey Bendigo Bank, James Kelleher, Romsey Bowls and Golf Clubrooms, Romsey Amcal Pharmacy, Romsey Veterinary Surgery, Butchers @ Romsey, Ruby Blu Hair & Make-up, Romsey Fresh Fruit Shop, Cuttings, Connellys Real Estate, Romsey Mechanics' Institute and Black Range Business Group. Similar competitions were held in Lancefield and Woodend and it is hoped the promotion will get stronger each year.

\*At the time of going to press the fundraising amount for this year's Lancefield/ Macedon Ranges Relay For Life was not finalised.

### Art show at the library

The travelling mini exhibition of photographic portraits of people with disability and their siblings from the Macedon Ranges region is coming to the Romsey Library on 25 February, where it will stay until the end of March. The exhibition has already had a popular run in Kyneton in December, Gisborne in January and Woodend in February.

The book "Me and My Brother: Stories of Special Siblings in the Macedon Ranges" by local author Angela Cox tells the stories of the featured siblings sets in words and photographs. Copies are available for loan at the library or can be purchased at Windarring's Amaze 'N' Herbs gift shop, Mollison Street, Kyneton (next to the Copy Centre) or online at [www.specialstories.com.au](http://www.specialstories.com.au). All proceeds to local disability service providers.



## Romsey Golf Club – Men's Report

<http://romseygolfclub.net>

### Saturday February 14th - Week 2 Summer Cup - Stableford

It was very different to walk onto the course after the ~25mm of rain that had fallen during Friday night. The fairways were a deal softer and much cooler, however players continued to get excellent value for well-struck drives. Reasonable cover on the fairways meant that balls did not pick up mud and the softer fairways meant that most balls bounced truly. On a day when the wind blew from the north then from the south, a great variety of things could and did happen; perhaps the most impressive was Mal Mottram scoring three consecutive birdies (would have had 4 if he not lost his 1st shot on the 14th in the native grass). The 2nd week of the RGC Summer Cup also saw a number of players looking to increase their points from last week but as the round progressed only one of last week's points scorers was able to add to his tally. On a great day for golf the results were; **Winner;** Michael McCarton (26) 41 pts from Mal Mottram (12) - 39 pts, Les Gaunt (7) - 37pts, Tony Freeman (22) - 37 pts, Dave Muller 9(12) - 37 pts, Bob McLennan (11) 37 pts and Scott Williams (27) 37 pts  
**NTPs;** 1st - John Freestone, 15 & 16th Mal Mottram

### Sunday February 8th - Relay For Life - 12 Hole Ambrose

Seventeen teams took to the Romsey Golf Course for the 7th Relay For Life Charity Golf Day. The Four-player Ambrose format again proved very popular, with many a canny golfer loading their teams with high handicappers to stretch the overall team handicap. The slightly overcast skies and a gentle southerly/south-westerly breeze meant conditions were almost perfect for golf. Hard, dry fairways gave everyone an excellent chance of a short approach shot, however the re-cycled water trenches did interfere, causing some balls to stop dead or leap at 90 degrees off the fairway. As the round progressed there was much friendly banter across the fairways as teams just made or just missed birdies or as teams passed each other on their way to a tee or a green. By 12.30 teams were drifting into the rooms for a wonderful lunch, a quite drink and a chat. On a very enjoyable day the results were;

**Winners;** Grumpy's Mob - 42/8.7/33.3

**Runner's Up;** Loco Golfers - 41/7.5/33.5

**Naga;** Wormburners - 54/11.5/42.

**Best Team Uniform;** Sreflog Ylerab.

**NTPs (M/F);** 1st - Martin Lakey, 8th- Neil Jarman/Sharron Carroll,

9th - Neil Jarman/Denise O'Meara & 10th Michael McCarton

All told, over \$1,800.00 was raised for the 2015 Lancefield & Macedon Ranges Relay For Life.



RGC Captain Tony Freeman, 2015 RFL Winners, Grumpy's Mob; Andrew Laing, Peter Scanlon, Elaine Scanlon & John Laing & RGC President Anthony Lakey

### Saturday February 7th - 1st week of the RGC Summer Cup - Stroke

On a very warm afternoon the field was confronted by a steady wind, shifting from west to south west and hard, dry fairways. Players again got great value for well-played drives however, with approach shots, it was all too easy to land just short of the green and see the ball bounce well over the top, leaving a difficult chip to get up and down. Sadly our repair works on the 15th and 16th were to no avail as the corellas had returned and dug up the repairs just to see what was at the bottom of the hole! As the round finished a few drops were beginning to fall. On a warm, dry day the results were;

**Winner;** Anthony Lakey - 90/22/68 from Steve Poulton - 94/25/69, Scott Williams - 98/28/70, Michael McCarton - 96/26/70, Dave Richardson - 96/24/72 & John Laing - 99/27/72  
**NTPs;** 1st - John Freestone, 15th - Scott Williams, 16th - Steve Poulton.

### Saturday January 31st - Monthly Medal - Stroke & Putts.

Golfers took to the course under overcast skies and facing strong westerly/south westerly winds. Hard, dry fairways again gave excellent value for drives causing a number of players to find themselves in unfamiliar territory not too sure as to which club to use for their approach shots. In general the greens held well however our Little Corellas have renewed their attack on the 15th and 16th greens making for some interesting bounces and forcing many players to move around from holes and scratchings. The wind moved around during the afternoon often forcing players to rethink their club selection. Players who were able to stay on the fairway found themselves at a distinct advantage. On a challenging day the results were;

**Winner and January Medalist;** John Laing - 95/28/67 from Michael McCarton - 97/26/70, Les Gaunt - 78/7/71, Mal Mottram - 83/12/71, Steve Poulton - 97/26/71. Steve Wilkins - 87/15/72 & Dave Richardson - 96/24/72.

**NTPs;** 15th - Scott Williams, 16th - Anthony Lakey  
**Least Putts;** Les Gaunt 26, C/B from Steve Wilkins

### Saturday January 24th - Stableford

The Bowls Club was holding its men's and women's championship finals so there was plenty to see as the many golfers waited to hit the course (Congrats to 2015 champions Danny Fortune and Kath Kirwan). Even though it was a fine, sunny day players had to contend with gusting westerly winds, hard fairways, loose sprinkler trenches and the odd bare patch here and there so inconsistent bounces were the order of the day. The Little Corella holes and scratchings on the 9th, 15th & 16th greens seems to be reducing so with a spot of luck they will be moving on allowing us to repair the damage they have left. With the wind helping on a number of holes and the hard fairways giving excellent value for well played shots a number of golfers returned good scores. The day's results were;

**Men's Winner;** Steve Poulton (27) - 42, on a C/B from Sharif Abdel-Sayed (19) - 42, Dave Richardson (25) - 39, Scott Williams (28) - 38, Bruce Robb (28) 38, Mal Mottram (12) - 38, Dave Muller (12) - 38, Mick Nicholls (22) 38, Tony Freeman (23) - 38 & Michael McCarton (28) - 36.

**Women's Winner;** Lorraine Robb (32) - 38 from Leila Beasley (30) 34.

**NTPs;** 1st - Steve Wilkins, 15th - Bob McLennan, 16th - Bruce Robb.

Our re-cycled water project is in its final stages. We have to connect the pump, build the pump shed and then check all of the sprinklers to make sure there are no blockages and that sprinklers are spraying 360Deg and we should be right to turn the whole thing on. The whole club is very proud of the enormous amount of work that has been done by the members. Once in full swing this project will see much of Romsey Park green all year round. New and existing gardens will be able to be watered and all new planting of indigenous native trees and bushes will be supported through their first two summers. All our plantings will bring back the native insects and birds as well as many small mammals

The 6<sup>th</sup> Macedon Ranges Junior Golf Tournament will be held at Romsey, Lancefield and Mt Macedon Gold Course over the weekend Sat March 7<sup>th</sup> to Mon March 10<sup>th</sup>. This is a great opportunity to see some of the best juniors in the state. Previous winners have included Daniel Wright (Romsey G.C.), Kono Matsumoto (Victoria G.C.), Mathais Sanchez (Sandhurst G.C.) and Cameron John (Waverly G.C.). Hit-off will be at 12.00 noon on each day of the three day event. More information at; <http://romseygolfclub.net/index.php?news&nid=16>

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We also have a bus trip to some very interesting places on the first Wednesday of the month with a 2 course meal and morning tea. Trips are \$40 which includes your lunch.

For more information please contact:

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## School Captains

I'm pleased to announce the School Captains for 2015 are Emily Rowe and Josh Squires.

All students submitted well written, detailed applications and intelligently answered the interview questions. They all held the position in high esteem and were serious about doing their best to represent the school with pride. Though there could only be two successful students we offer other important leadership positions to students. Mrs Emond and I would like to wish Emily and Josh a successful year as they grow as leaders. They have been introduced at assembly and presented a speech to the school community.



## ROMSEY PRIMARY SCHOOL NEWS

### The Friendly Games

To culminate the Positive Start to 2015 the Friendly Games were held at the end of the first full week. There were 10 teams, each with students from prep to year 6. One of the features was the fantastic way the year 5/6 students supported the new preps. Although it was hot, all students had a drink bottle and had a break in the shade. The activities included skipping, the large parachute, dress up relay, bean bag throw and water sponge fun. It was great to see so many parents along to watch and join their children for the picnic lunch.



### Student Councillors

Years 3 – 6 classes have elected their Student Councillors for 2015. Congratulations to these students who were elected by their peers to represent their classes in this forum. They are responsible for fund raising throughout the year and run activities for students at lunch time. Each year they raise considerable money for charity including the sponsorship of Fredrick. After 12 years this commitment has ended and the school students should feel proud of their ongoing support giving Fredrick, his family and community improved living conditions, health, sanitation and education. We have now been offered Latifatou to sponsor from Niger.

### Reflections from a Retiring Principal

I have decided to retire at the end of term 1 after 19 years here. Initially I was appointed as a Leading Teacher and taught both composites 3/4 and 5/6. My initial responsibility was to review and implement a new approach to assessment and reporting which resulted in more detailed reports for parents in all areas of learning. Over the years I spent time in the Acting Assistant Principal and gained the substantive position in 2005. Since becoming Principal I have seen some major changes with the implementation of the Netbook program for years 5/6, the building of the new 6 classroom block, the removal of some portables and the upgrades to the blue playground and the new adventure playground in the courtyard. It is satisfying to know that the school is now registered as a Stephanie Alexander Kitchen Garden and will soon have its own kitchen to complement the excellent gardening program. I feel honoured to work alongside a talented staff who are committed to provide diversified quality programs and the best possible education for Romsey children. Over the years I have appreciated the support of the local community, in particular the Romsey Community Bank, RSL, Rotary Club of Romsey Lancefield, Lions Club, CWA, the Macedon Ranges Lodge and the local junior sporting clubs.

Joan Gibbs  
Principal

### Green Hero Leaders

Another important role at Romsey Primary School is the Green Heroes. These are the leaders in each class who learn about, encourage and hold special events to embed sustainability across the school. The Green Hero Captains for 2015 are Claire Smales and Dylan Macciocca. Over the holidays we installed a new sign to recognise the importance of the work of these students. This year our goal is to complete the Core Module of the ResourceSmart program, as well as the Energy Module. The other important aspects of the program are reducing waste and water usage and increasing biodiversity. Claire and Dylan are attending a workshop with Mrs Hocter-Turner in March to learn what other schools have achieved and to discover new ideas to implement.





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### Do you run a home business?

Home-based businesses are thriving in the Macedon Ranges and there is a local network—the Macedon Ranges Home Business Network (MRHBN)—specifically designed to support this sector.

The network will hold its first of two home business morning tea events for 2015 on Tuesday 24 March from 10am–12pm at Dromkeen Homestead in Riddells Creek. Each morning tea offers you the chance to meet with other like-minded businesses and learn from a range of interesting guest speakers to help you expand your business.

Bookings are essential. This event is part of Macedon Ranges Shire Council's annual Business Seminars, Networking and Training Calendar, which provides many networking and learning opportunities for local businesses. To book your place or to obtain a copy of the complete 2015 training calendar, visit [mrsc.vic.gov.au/business-events](http://mrsc.vic.gov.au/business-events) or contact Lianne on 5421 9616.

To find out more about joining the Macedon Ranges Home Business Network, contact Jessica on 0421 415 485 or Julie on 0438 042 842, email [info@MRHBN.org.au](mailto:info@MRHBN.org.au) or visit [facebook.com/MRHBN](https://www.facebook.com/MRHBN)

### Register your business in our online directory

Council's online business directory contains hundreds of local listings and offers a one-stop-shop where residents can search for and find your business. Best of all it's free! Register online today by visiting [mrsc.vic.gov.au/directory](http://mrsc.vic.gov.au/directory).

### Kidz Club Fitness at KTSAC

A new exercise class that caters to children of primary school age is now available at Kyneton Toyota Sports & Aquatic Centre (KTSAC). The Kidz Club fitness class has been developed to help children with exercise technique in a fun, safe environment. Not every child likes to play sport or wear bathers, but exercise is very important for their health. According to the Australian Department of Health, it is recommended that children aged 5–12 years engage in at least 60 minutes of moderate to vigorous intensity physical activity everyday. KTSAC staff have specially designed this 45 minute class to cover safety and exercise technique, while making it fun and engaging for your child. Every child can participate with ease, without feeling uncoordinated or uncomfortable.

Classes are held on Tuesdays from 4pm–4.45pm in a private room on school days. Cost is \$7.20 per class or \$50.00 for 10 visit pass. Contact the centre for further details on (03) 5421 1477 or via

[ksacreception@mrsc.vic.gov.au](mailto:ksacreception@mrsc.vic.gov.au)

### Hanging Rock by moonlight

Experience the mystery and magic of Hanging Rock at night by camping out at the Rock on Saturday 21 March. The Rock will be open for one night only to a limited number of campers who want to have a Hanging Rock experience like never before. Come along and enjoy an evening in the great outdoors; join in a guided night walk exploring the reserve's flora and fauna, or simply relax with friends and family in beautiful surrounds. Camping is not usually permitted at the Rock, so this is a great opportunity to be one of the few that can say they have spent the night at this magical location. The local SES will be providing a sausage sizzle on the night, and bacon and eggs for breakfast on Sunday morning for a small fee. Camps can set up from 4pm on Saturday 21 March, and must be packed up by 11am on Sunday 22 March. Campers are welcome to arrive earlier and stay later, but camps must be set up and packed up during the designated times. Bookings are essential, with a limited number of places available on a first in, first served basis. Book online at [mrsc.vic.gov.au/CampOut](http://mrsc.vic.gov.au/CampOut) or contact Council's Recreation team on (03) 5421 1468. Camping fees are \$21 per adult, \$12.50 per child and \$54 per family. School and organised groups are also welcome to attend. Children under 18 must be accompanied by an adult.

### Road and footpath upgrades in Romsey

Trucks and rollers have been out in full force on the shire's roads, including a number of roads in and around Romsey and Kerrie. New bitumen and gravel has been laid over sections of sealed and unsealed roads to ensure the safe passage of motorists, and some sections of road and footpath have been reconstructed.

In Romsey and Kerrie, sections of Bowkett Close, Dowie Court, Mount Eliza Road, Roger Street and Romsey Road have been resealed, and 100 metres of new footpath has been constructed along McIntosh Terrace.

Council will also shortly start the reconstruction of new kerb and channel between Main Street and Pohlman Street in Romsey. Council wishes to thank residents for their support and understanding during these construction and renewal projects.

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Bike Safe Macedon Ranges is currently working on a number of projects aimed at improving the safety of cyclists on our regional roads including safety campaigns, maintenance and infrastructure proposals. We are a volunteer not for profit organization. Having support from our local cycling community makes a big difference to our success. It costs nothing but your time to give us a hand or only \$25.00 to become a member. New members are welcome and appreciated. The fee primarily goes towards keeping our safety wheels turning. Connect in through our Facebook page <https://www.facebook.com/BikeSafeMacedonRanges>, give us a call on 0407759860 or email us at [bikesafemacedonranges@gmail.com](mailto:bikesafemacedonranges@gmail.com) to join our team.  
Margaret Douglas  
President, Bike Safe Macedon Ranges



**St Paul's Anglican Church Op Shop**  
77 Main Street, Romsey

Open: Thursdays 12.30—4.30pm  
Fridays 12.30—4.30pm  
Saturdays 10.00am—1.00pm

Goods suitable for sale may be left under the verandah at the rear of the Op Shop.

We cannot accept any electrical items including computers, printers etc. Also car seats, prams, cots or any other safety equipment. Owing to lack of space, we cannot accept large furniture.

*Hanging Rock*  
**Camp Out** Saturday 21 March 2015

Campfire and free guided night walk. Sausage sizzle on Saturday & bacon/egg breakfast on Sunday provided by the SES.

**Tickets**  
\$21 per adult  
\$12.50 per child  
\$54 per family  
Limited tickets, bookings essential.

Macedon Ranges Shire Council *Hanging Rock*

Purchase tickets online at [mrsc.vic.gov.au/campout](http://mrsc.vic.gov.au/campout) or by calling (03) 5421 1468

**Monkey Business Coming to the Kyneton Town Hall**

*The antics of the fifteen piece Meissen Monkey Band in the Grainger Museum at Melbourne University will come under scrutiny on Thursday 19 March when Melbourne ceramics expert and President of the Ceramics and Glass Circle of Australia, Patricia Begg OAM, speaks to Australian Decorative & Fine Arts (ADFAS) Central Victoria at Kyneton Town Hall.*



In her presentation Patricia Begg will look at the development of porcelain table decoration in the 1730s at Meissen in Germany, their source material and then the French rococo influence, which brought the monkeys to Meissen in the 1740s.

ADFAS Central Victoria Chair, Maureen Horner, said, *The development of table decoration is a fascinating. Table decoration in the early 18th century was made of sugar and later replaced by porcelain.* She invited everyone with an interest in fine arts to attend the lecture and stay on afterwards for convivial discussion over wine and food.

**Details:** Thurs. 19 March, Kyneton Town Hall, 7 for 7.30pm. A supper of hot and cold food is served afterwards with local wine.  
**Cost:** \$30 single lecture or \$150 membership for the series of 8 monthly lectures and other arts events. There is a one-off \$25 joining fee for new members. You may join on the night or email [adfascenvic@gmail.com](mailto:adfascenvic@gmail.com) for a membership form.  
**More information about ADFAS:** [www.adfas.org.au](http://www.adfas.org.au) 5348 7629 or 0408 517

**February News from St Mary's Lancefield**

**Welcome to our new Preps**

The Preps have settled in well to school life at St Mary's. They are enjoying a variety of new experiences and are making lots of friends. They are looking forward to all that the year will bring.



**Essendon Footy Players**

St Mary's was lucky enough to have four Essendon football players visit on Tuesday 10<sup>th</sup> February. Students had an opportunity to ask questions, get autographs and kick the footy with professional football players.



**Student Representative Council**

Student elections were held in the first weeks of the school year. Congratulations to the students who will be representing their class to help make St Mary's a positive, respectful and cooperative place to be. Pictured below are: Elysse Brundell, Kade Ryan, Chloe Dyer, Callum Sankey (Back Row) Eve Keogh, Eliza Newnham, Leila Marr, Lachlan Brundell, Amber Ryan, Isabelle Perry (Middle Row) Hamish Berryman, Evan Turok (Front Row)



**St. Mary's Parish - Lancefield & Romsey**  
27-29 Chauncey St, Lancefield & 85 Main Rd, Romsey

Parish Priest: Fr. Arnold Heredia  
Parish Secretary Mrs. Tammie Dalgleish  
School Principal: Mr. Anthony Falls  
Presbytery: 5429 2130  
St. Mary's Primary: 5429 1359

**MASS TIMES**

**Saturday:**  
6.00 p.m. Lancefield  
**1<sup>st</sup> & 3<sup>rd</sup> Sunday of the month:**  
8.00 a.m. Lancefield and 10.00 a.m. Romsey  
**2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sunday of the month:**  
8.00 a.m. Romsey and 10.00 a.m. Lancefield

**RECONCILIATION**

Saturdays 9.45am Romsey & 5.45pm Lancefield.

**BAPTISMS**

April, June, August, October, December.  
For more information, please phone 5429 2130.

**REGULAR EVENTS**

**SVDP Drop-In:** First Thursday of each month, 10.30 a.m. to 4.00 p.m., St. Mary's Church Hall, Romsey. All welcome to come for a game of cards/chat and free lunch.

**SACRAMENTAL PROGRAM 2015**

Parents of children not attending St. Mary's Parish School wishing to receive the Sacrament of Reconciliation (grade 3), Eucharist (grades 4 & 5) or Confirmation (grade 6) in 2015, are asked to contact Tammie Dalgleish, the Parish Secretary, at St. Mary's presbytery on 54292130 by Friday 6<sup>th</sup> March 2015 to register your child.

**WORLD DAY OF PRAYER**

The Service This Year Has Been Prepared By  
**THE WOMEN OF THE BAHAMAS**  
and is being held at

**CHRIST CHURCH, ANGLICAN CHURCH, CHAUNCEY STREET, LANCEFIELD**

on  
**FRIDAY, 6TH MARCH 2015 AT 11AM**  
WITH LUNCH TO FOLLOW.

**DR. BRONWEN SCOTT-BRANAGAN** will give the address at the service.

This world-wide service begins at dawn on the Tongan Islands and concludes at sunset on our following day in the Aleutian Islands North America. All in our community is invited to join the world-wide community in this service.

Enquiries Jay Brooks 5429-6163 (Convenor)  
Glenice 5429-6



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Maureen P. Wiltshire B.A., LL.B.  
Masters of Applied Law (Family Law)

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- ◆ Litigation and more...

**Romsey's Inaugural Antiques and Collectibles Fair**

Romsey will be holding its inaugural Antiques and Collectibles Fair this month. This is a joint community event being organised by Romsey Mechanics' Institute and Romsey Neighbourhood House.

**The Fair will be held at Romsey Mechanics' Institute, 122 Main St Romsey, on Saturday 21<sup>st</sup> March, 9.30am – 4.30pm, and Sunday 22<sup>nd</sup> March, 10am – 3.30pm.**

There is plenty of free off street parking at the rear of the hall. Entry will be \$5 and morning and afternoon teas and lunch will be available for purchase from local community groups.

There will be many stalls with a wide variety of items for sale including furniture, china, glass, antique and costume vintage jewellery, antique oil lamps, sewing machines and vintage materials and collectibles. Local Romsey artists will have art work on display and for sale. The Romsey and Lancefield Districts Historical Society will also have a display.

This event is proudly sponsored by Romsey Community Branch of the Bendigo Bank, Macedon Ranges Shire Council and Romsey Fresh Fruit Shop.



The Macedon Ranges Running Club's Lancefield – Romsey branch Start Running Program is in full swing and with a growing group of new and returning participants, all keen to complete the 5k run in 8 weeks with a determination to achieve the optional 10k run after 13

weeks. Under the watchful eye of Cobaw Community Health trained team leaders and club safety officers, the group are enjoying wonderful exercise in a social and fun atmosphere. Think you've missed an opportunity to become part of the group to start your running? Not to worry, the program is biannual and you still have time to be warmly welcomed by the Lancefield – Romsey group on a Monday and Wednesday at 7pm, or Saturday at 8am at Lancefield Park BBQs. Macedon Ranges Running Club is a not-for-profit club with a local community focus to help people achieve their personal running/walking goals in a non-competitive and social environment. For more information about the club, visit [www.macedonrangesrunningclub.com](http://www.macedonrangesrunningclub.com) or email [macedonrangesrc@gmail.com](mailto:macedonrangesrc@gmail.com) for further information. Stephen Ingram Macedon Ranges Running Club

**MORE PEARLS FOR FILM SOCIETY**

The Macedon Ranges Film Society year began on Wednesday 11th February with a very enthusiastic and cheerful audience. The much-anticipated film, Healing, is set in and around the Macedon Ranges and the Kyneton Bushland Park. Starring Hugo Weaving and Don Hany, the site of

(now-closed) Won Wron prison was used to create a film based on a true story when prisoners were encouraged to bond and care for some of the eagles and other raptors from the Healesville Sanctuary. The plot centres around one man, Viktor, and his struggle to come to terms with his imminent release into society and the return to his family.

The film society prides itself on presenting films of many genres. In March, we go to Vietnam with director Cuong Ngo's film, Pearls of the Far East. This anthology of seven short films featuring different generations of women is set against the backdrop of the natural beauty of Vietnam's landscape as inner lives and forbidden loves are explored. The collective vision of womanhood is one that is handled with intelligence and sympathy.

The Macedon Ranges Film Society meets on the second Wednesday of each month so this film will be shown on Wednesday, 11th March at 7.15 p.m.

in the Woodend Community Centre. Film notes are supplied and the film is followed by an informal supper. MRFS is a membership-based club so initial enquiries must be made by emailing [mrfsociety@gmail.com](mailto:mrfsociety@gmail.com) or phoning Lorraine on 5427 0921 or Christine on 5429 5452.



**Coffee Shop Conversation**

Wow! Half way through February 2015.

I don't know about you but this year is moving very quickly. A bit scary as this year is feeling really good for me. So what about you? Where are you going? What are you doing? And more importantly what is it you want to achieve this year? Those good old New Year's Resolutions ...mmmmmm.

We know what we want, which is a really good thing, but do we ever achieve it? Or are you just giving up because too much other stuff always gets in the way, and then how do you feel at the end of the day? So how often do you think I just can't be bothered, it's too hard?

The question to ask yourself is why do I not have it now? Answer the question honestly, don't beat yourself up, but if you know why you don't have it now then you know what you need to change to get you closer to where you want to be. How easy is that!

Change is not difficult if you take one step at a time. Set a goal and as long as you are doing something each day to get you closer to your goal then you can achieve anything in this wonderful world.

Be responsible for the choices you make as we do have the power to live the life we deserve.

**No Secrets Just Choices, Water, Diet, Exercise, Balance, Mind Body And Spirit.**

**"Everything that is happening at this moment is a result of the choices you've made in the past"**

Depak Chopra

*The tricky part can be, where do I start?*

*If you have any questions I can help you.*

*For more information phone*

Gillian Gorrie 0409801082, 54295448.

*PS. I am really excited as my web page is almost there. Keep your eyes peeled as this year is the year for miracles.*

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on 5429 5561 or 0401831715**

**E: [twodogswalking@bigpond.com](mailto:twodogswalking@bigpond.com)**



## Romsey Region Business and Tourism Association (RRBATA) UPDATE

### Romsey Street scaping Forum

The Romsey Street scaping Forum will be held on **Wednesday 14<sup>th</sup> April 2015 7pm for 7.30pm** start at the Romsey Community Hub. All community members are invited to discuss ideas for the future vision of Romsey's streetscape. Not only is it important for the amenity of current residents, but presentation of the town to those who visit and/or pass through is also important to the economic development and tourism interests in our region.

Guest speakers will discuss the importance of streetscape and other towns' experiences. This will hopefully prompt discussion amongst attendees to consider possible elements such as artwork, lighting, signage, desired business profile etc.

A report on the forum will then be presented to the broader community and Macedon Ranges Shire Council.

More information will follow in the April edition of the Romsey Rag and on Romsey Online ([www.romsey.org.au](http://www.romsey.org.au)).

### Congratulations to Shantelle Grant

RRBATA extends sincere congratulations to Shantelle Grant who was the recipient of a Community Achievement Award from Macedon Ranges Shire Council on Australia Day. Shantelle's work to raise autism awareness has been enormous. RRBATA has assisted Shantelle by illuminating the Lions' Reserve (skate park) tree blue during Autism Awareness Month.



### New Community Bank Building

The Romsey community branch of the Bendigo Bank has opened the doors of its long awaited new building. RRBATA congratulates the Bank on its bold initiative to build a purpose designed facility so as to enhance its banking services to the local community.

### Christmas in July

WATCH THIS SPACE!!!!!!!!!!

### Romsey Online

Don't forget, *ANYONE CAN BE A REPORTER!* Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news". Please ensure a note of consent from people featured in any photographs accompanies your submissions. Remember, the website is only as good as the information fed to it at [info@romsey.org.au](mailto:info@romsey.org.au).

**Membership Enquiries:** Wendie McLaughlin (Acting Secretary)  
Phone: 0408 360857  
Email: [wendie@mclaughlincb.com](mailto:wendie@mclaughlincb.com)

### Macedon Ranges Autism Awareness Campaign 2015

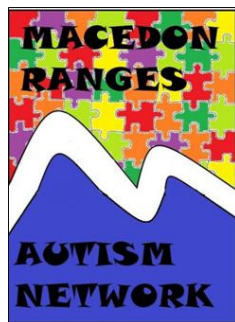
**April 2<sup>nd</sup>:** World Autism Awareness Day- Businesses and monuments around the world and Macedon Ranges Light Up Blue. Shantelle Grant 0411 444 447

**April 9<sup>th</sup>:** ASD Expo- Woodend Community Centre 2.30-6pm Fiona Le Nepveu 0414 091 107 or [fiona@lenepveu.com](mailto:fiona@lenepveu.com)

**April 15<sup>th</sup>:** Professional Seminar Series – Woodend Community Centre 6.30-8.30pm Fiona Le Nepveu 0414 091 107 or [fiona@lenepveu.com](mailto:fiona@lenepveu.com)

**April 22<sup>nd</sup>:** Family Fun Day- Main St Lancefield 12-3pm Bbq, face painting, jumping Castle and lots more..... Shantelle Grant 0411 444 447

**April 29<sup>th</sup>:** Professional Seminar Series – Woodend Community Centre 6.30-8.30pm Fiona Le Nepveu 0414091107 or [fiona@lenepveu.com](mailto:fiona@lenepveu.com)



### News from Casserole Club

It's been a big few months since we launched Casserole Club in October 2014 and it's safe to say that we're officially up and running in the Lancefield and Romsey area!



Casserole Club is a free, community food sharing initiative where volunteer Cooks prepare and deliver meals to residents (Diners) who are older and/or are unable to cook for themselves. Macedon Ranges Shire Council is the first regional council in Australia to pilot the pro-

gram.

We've had such a great response from the local community with new friendships formed, delicious meals shared, neighbours united and more people signing up every day to cook and share. On 27 January, local Cook Monique and Diner Mark were interviewed on Radio National's The Drawing Room, prompting a flood of enquiries from around Australia!

A big thanks to our local businesses the Lancefield Fruit Shack, Lancefield Meats and Lancefield Bakery for jumping on board to support Casserole members with a range of discounts on fresh local produce. We still need more Cooks so please sign up or urge friends to do so by visiting our website. You may know someone who could benefit from a home cooked meal delivered by a friendly neighbour – why not encourage them to join – it's free!

**Listen to Mark and Monique on Radio National:**  
[www.abc.net.au/radionational/programs/drawingroom/the-casserole-club/6035356](http://www.abc.net.au/radionational/programs/drawingroom/the-casserole-club/6035356)  
**Casserole Cook Family Recipe**

#### Amanda's Chicken Leek and Bacon Pies

These pies I made recently with the help of my daughter Erica. This recipe is as close as I can make it as I have been making these pies for a long time and don't have the recipe written down. So taste as you go and you can't go wrong!

There are several variations to this pie, sometimes I make them in pre made cases (see photo), sometimes in ramekins with puff pastry lids which is quick, easy and they freeze perfectly, or if it's for a family dinner and I have more time, in a shortcrust pre baked pie base and a puff pastry lid. The filling is all the same...here goes.

**Makes: enough filling for 4-6 ramekins**

#### Ingredients:

3 chicken fillet breasts cut into cubes  
4 slices of short cut bacon fat removed  
2 leeks washed sliced into rings  
½ cup dry white wine  
600mls of thickened cream  
Tarragon  
Salt & Pepper to taste  
3 tablespoons of cornflour

#### Step 1

Seal the chicken in a non stick fry pan, do not cook all the way through just so that it is sealed and not pink on the outside. Remove from pan and set aside.

#### Step 2

Cook the bacon and the leeks until the bacon is sealed but NOT crispy and the leeks have wilted. Then return the chicken to the pan include any juices.

#### Step 3

Add the white wine and cook off the alcohol. Once this has happened add the cream and some tarragon (enough for your own taste, use less if dried tarragon). Bring the mix to a slow simmer. This will allow the chicken to continue cooking without toughening up and will allow the cream to reduce. After 15 minutes if the sauce has not thickened enough to a pie consistency, mix the corn flour with equal amounts of cold water to make a paste and add to the mix, stirring continuously until the mixture thickens. You may need to add more just see how it goes. TASTE and now add the salt and pepper.

#### Step 4

While the mixture cools, preheat the oven to 180 degrees and cut lids out of the puff pastry to fit the ramekins. Spoon the cooled mixture into pots and add the lids. Brush with milk and sprinkle with extra tarragon or poppy seeds (see photo). Cook in the oven until the lids go golden brown, serve with a crispy salad in summer or with vegies in the winter. ENJOY!



#### Could you cook an extra portion of dinner for an elderly neighbour?

Do you enjoy cooking for your family? Would you like to give back to your community in a unique way? You can make a real difference in a community member's life—sign up to cook or refer a diner at [www.casseroleclub.com.au](http://www.casseroleclub.com.au) or contact Jessica Bridgfoot via [jbridgfoot@mrsc.vic.gov.au](mailto:jbridgfoot@mrsc.vic.gov.au) or by calling (03) 5422 0233.

*Pictured: Casserole cook in training Erica Solarino adds the finishing touches.*

**jlb**

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## Romsey Primary School 150th Anniversary

# The Celebration Is This Year! (October 24th and 25th)

Events planned for this celebration include an official ceremony with tree-planting and the unveiling of a commemorative plaque, an official dinner, art show, tours of the old and new schools, a family fun day, and displays of photos and memorabilia from the past to the present. In the lead up to the event students at Romsey Primary School will be participating in lots of classroom work and activities exploring the past, and enjoying some old-time games and classroom experiences.

On the weekend there will be souvenir merchandise available for purchase. There will also be some special guests to help make this a memorable occasion.

A book detailing the history of Romsey Primary School will be available for pre-order, with some copies available at the celebrations.

All in all an exciting and fun weekend is planned. All we need to make it a success is for you to mark these dates in your diaries and come along to join in! And tell everyone you know that may want to join in too!

If you have old photos, certificates, documents, books, uniforms, or any other school-related items from the past that you would be prepared to lend us we would love to hear from you!

Please ring 5429 5099 or email [romseyps.150celebrations@romseyps.vic.edu.au](mailto:romseyps.150celebrations@romseyps.vic.edu.au)

Follow us on Facebook or watch the Romsey Primary School website for updated details.



Does anyone remember going on camp in the school's pine plantation on the Woodend Road?

### Farewell Mrs Gibbs

After 19 years of service at Romsey Primary School, including 7 years as Principal, Mrs Joan Gibbs has announced her retirement at the end of term one (end of March).

save  
the  
date

A community event to say thank you and farewell will be held at Romsey Primary School on Thursday March 26th from 6.00-8.00pm (a light supper will be served).

All members of the Romsey community are invited to come along and share this important occasion

For catering purposes please RSVP to 5429 5099 by Monday March 23rd if you are planning to attend.

### Macedon Ranges Scottish Country Dancing

Macedon Ranges Scottish Country Dancers begin another year of dancing.

We meet every Thursday afternoon from 1pm - 3pm at Newham Mechanics Institute, to have loads of fun while we dance away stress and tension and exercise our bodies and minds.

Dances are usually performed in "Sets" of 6 or 8 people and all dances are walked through first before we actually dance.

No matter if you are a beginner or an experienced dancer, young or just young at heart, we would like to invite you to join us Thursday afternoons and get those feet tapping to the music.

Newham Mechanics Institute Hall is situated on the corner of crossroads opposite the new Fire Brigade Station and just a short distance from Romsey.

For more information contact Elizabeth 5429 6470 or Meg 5427 1100



## GRAAP Update

### Romsey Region Park Project Edges Closer – Picnic to Celebrate

The Greater Romsey All Abilities Park (GRAAP) project to develop the historic former Romsey Primary School site into a regionally significant passive recreation and cultural outdoor space is edging towards reality with Macedon Ranges Shire Council (MRSC) inviting GRAAP to source Master Plan fee proposals.

Thanks to sponsorship from the Romsey Community Bank (Bendigo Bank), community mem-

bers and its visitors will be breaking out the picnic rugs and indulging in the inaugural Romsey Community Picnic later this year for a celebration of what is to come! Music, food and activities for all ages will feature on the day.

GRAAP and the local community was thrilled when, in 2013, MRSC unanimously agreed to purchase the site recognising both the site's significance and the need for a cultural and passive recreation space in the ever growing Romsey region.

As negotiations for the site's acquisition by MRSC from the State Government are finalised, GRAAP President Raelene Mottram has welcomed the ongoing support from Council. "This will be a significant resource for both the local community and visitors to the region with the site's significance highlighted this year as Romsey Primary School celebrates its 150<sup>th</sup> birthday." said Ms. Mottram.

For further information regarding GRAAP, please contact -

**Raelene Mottram** (President) Phone: 0428 928908

Email: [graapinc@gmail.com](mailto:graapinc@gmail.com)

P.O. Box 53, Romsey, 3434.



Above: Virtual image of potential recreation space at former Romsey primary school site



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- **Patient Advocacy**
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### Romsey Medical Centre

99 Main Street, Romsey, 3434

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Saturday: 8.30am to 1.00pm

Tel: 5429 5254

Email: [doctors@romseymedical.com.au](mailto:doctors@romseymedical.com.au)

[www.romseymedical.com.au](http://www.romseymedical.com.au)

### Lancefield Medical Centre

20 Chauncey Street, Lancefield, 3435

Monday to Friday: 8.30am – 5.30pm

Saturday: services through Romsey Medical

Tel: 5429 5254

#### ➤ After Hours Services

On-call doctor available for urgent matters; call HealthDirect on: 1800 022 222

#### ➤ On-the-day appointments

Phone early for flexible options.

#### ➤ Telehealth Consultations

Talk to your Melbourne based specialist from the Medical Centre.

#### ➤ Bulk-billed Quick Clinic

Appointments available every weekday for urgent/lost repeat prescriptions, repeat referrals and some vaccinations.

Romsey Medical



Lancefield Medical





## Romsey and Lancefield Medical Centre welcomes: Dr Thet Oo Han



Dr Thet has commenced at Romsey Medical Centre after being admitted into the Australian General Practice Training Program. Thet was born in Burma and grew up in Yangon, where he graduated and worked as an intern. He is a qualified Doctor and has worked in various hospitals in Australia over the last 3 years, including the Latrobe Regional Hospital and the North West Regional Hospital in Burnie, Tasmania.

Romsey and Lancefield Medical Centres are fully accredited training practices' and take pride in providing Doctors who are new to General Practice with the opportunity to live and work in a rural community.

Dr Thet will be working Monday, Wednesday and Friday from 9am to 5.30pm and Tuesdays from 2pm to 8pm for the next 12 months. He will then move to another rural practice as part of his commitment to work in General Practice. A small "out of pocket" fee of \$10 applies for Private patients, booking an appointment with Dr Thet.

**All Health Care Card and Pension Card Holders and All Children under 16 will be BULK BILLED**

To make an appointment with Dr Thet phone: 54295 254

*We care for your health*



**NEW in 2015!**  
**Junior Playgroup**  
Thursday afternoons  
from 1.30pm  
Just for kids under  
18 months of age!

Party at our place

Kids aged 6 or under? Why not have their birthday party at Romsey Playgroup. You can hire the room for \$96.50 for 2.5 hour party, including insurance. Contact us for more details.

Three days to play

Remember we have open sessions running on Tuesday, Wednesday and Thursday mornings 9.30am - 11.30am, for kids birth to pre kindergarden. Your first two visits are free, so come and say hi!

Contact us

romseyplaygroup@gmail.com



### Farmers' Markets in March

**Woodend Community Farmers' Market - Sat 7th March**

Cnr High & Forest Streets, Woodend - 0487 444 090

Sharon Kittson

**Kyneton Farmers' Market - Sat 14th March**

St Pauls Park, Piper Street, Kyneton - 54 221 025 Veronica

Manifold

**Riddells Creek Farmers' Market - Sat 21st March**

Riddells Creek Primary School, Riddells Creek - 0419 523

324 Amanda Johnson

**Lancefield & District Farmers' Market - Sat 28th March**

Centre Plantation, High Street, Lancefield - 0407 860 320

Meggs Hannes

*This month the Lancefield & District Farmers' Market celebrates it's 12th birthday! Come along & show your support for the Macedon Ranges' longest running farmers' market. Fidel & Sarah Anne will be performing with some sweet bluegrass tunes in the sunshine...*



## Dowell Electrical & Solar

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## Romsey & Lancefield Community Banks

### ROMSEY'S BANK OF THE FUTURE IS HERE NOW

Romsey's Community Bank has moved into its new home, and it's even more welcoming now for customers and staff.

Built to the design of Bendigo Bank's innovative "Bank of the Future" concept, the new Romsey branch is open-plan, where customers and staff can interact at desks in the main chamber.

Local Community Bank chair Tim McCarthy said the brand new, purpose-built branch in the heart of the Romsey commercial business district on the western side of Main St was more convenient and welcoming for customers.

"This opening of our new branch is a very exciting time in the history of community banking in our region, and further demonstrates our commitment to 'bank-proof' Romsey and ensure that the Bendigo Community Bank model has an enduring role in the future of the town," Tim said.

"Our Community Bank company purchased the site in 2010 to secure our future in Romsey, and the new building provides a 'bricks and mortar' demonstration of our long-term commitment. It confirms that we're here to stay.

"There was a lot of interest from the community as we all watched the building going up in recent months, and everyone was excited when we completed the move from across the road and opened our doors for business on January 20.

"This is more convenient, comfortable and efficient for customers and staff as we had outgrown our old branch building, where we first opened our doors in August 2005."

Manager Rod Browning and our customer support officers are able to deal face-to-face with customers in the main chamber of the new branch, or go to offices for more privacy when required.

Mr McCarthy said the Romsey and Lancefield Community Bank branches of Bendigo Bank are operated on behalf of around 500 local residents and businesses, who put up their own money to become shareholders.

"Our two branches today provide full banking services in Romsey and Lancefield, open from 9am to 5pm week days, open during lunch hour and open on Saturday mornings," he said.



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**PH: 5428 6402**

24 Sutherlands Road, Riddells Creek

## Australian Red Cross – Romsey Branch

### March is Red Cross Calling

Please look out for our members collecting during the month. Monies raised will go towards funding many valuable domestic programs that the Red Cross has such as Telecross, Patient Transport, Housing Assistance and many more.

Romsey Quilt – Jay Brooks is well underway working on the Quilt; an unveiling will be held later in the year.

Meetings held at the Uniting Church, Pohlman Street and all our welcome.

New members welcomed! Come along and see what it's all about.

Meetings – 2015 (**second Tuesday of month**)

|                           |                          |                           |
|---------------------------|--------------------------|---------------------------|
| 10 <sup>th</sup> March    | 14 <sup>th</sup> April   | 12 <sup>th</sup> May      |
| 9 <sup>th</sup> June      | 14 <sup>th</sup> July    | 11 <sup>th</sup> August   |
| 8 <sup>th</sup> September | 13 <sup>th</sup> October | 10 <sup>th</sup> November |
| 8 <sup>th</sup> December  |                          |                           |

President: Karen Hermann 5429 6658

Vice President: Ann Krstic 5427 0252

Treasurer: Leeanne Eames 5429 5658

Secretary: Robyn Stephens 5789 1457

Zone Rep: Trish Dunn 5429 6761



**After Hours Health Service Opens in Macedon Ranges**

The Macedon Ranges has a new after-hours health care service. Happy Bodies Health Service (HBHS) officially opened its doors on Friday 30 January. The Service will be operating from the Riddells Creek Neighbourhood House, 59 Main Road Riddells Creek, and will be open on Friday and Sunday nights between 6.30 – 10.30pm for a six month trial period.

After hours services in the Macedon Ranges have been virtually non-existent over the last few years. Carers, parents and unwell members of our community have had to make difficult decisions after their usual health care provider is closed. The options have included: do nothing and wait (which can be extremely stressful); drive considerable distances out of the Macedon Ranges to seek access to other health services; or as a last act of desperation, call an ambulance, unintentionally tying up the shire's limited ambulance paramedic resources. With the opening of Happy Bodies, there is now a new option.

HBHS will be open when general practice or health services are not available. According to HBHS' research, the need for after hour services peak on Friday and Sunday evenings. HBHS aims to fill the after hour void by offering a walk in, no appointment needed service from 6.30 – 10.30pm on Friday and Sunday evenings. This innovative new service will provide triage, assessment and management (including prescriptions) to the residents of the Macedon Ranges. HBHS is led by a local Nurse Practitioner/Physician Associate and has a supportive staff including a registered nurse, primary care paramedic and health & medical service assistants. The service is designed to supplement services that are already provided by your local doctor during the hours when he/she is not available. Happy Bodies Health Service is NOT a replacement for your regular GP. We are here for those out of hour health crises when you are just not sure what to do.

Nurse Practitioners can assess patients, diagnose, prescribe medication, order tests, refer to specialists and provide an advanced level of patient care. At HBHS, we will provide first line patient care subsequently referring patients back to their usual GP for ongoing management.

So if you, a family member or a friend are just not feeling right, have a tummy ache, developed a rash or require a check up, and it is a Friday or Sunday evening, then come and visit Happy Bodies. No appointment is needed and you don't need to phone. People seeking assessment can simply drop in.

Happy Bodies Health Service has been overwhelmed by the positive feedback from local residents congratulating Happy Bodies Health Service for recognising and fulfilling a vital health service requirement within the Macedon Ranges. HBHS offers peace of mind to the Macedon Ranges community. Residents no longer need to leave town to seek health care or advice. For further information visit our website at [gpafterhours.net.au](http://gpafterhours.net.au)

Or follow us on our Facebook page.

**For further information please contact:** Andrew McDonell, Senior Practitioner, 0434783004



The 6<sup>th</sup> Annual  
**Macedon Ranges Junior Golf Tournament**  
**2015**

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 WE'LL LIFT YOUR GAME  
**Niddrie**

Find us on Facebook

**Labour Day Long Weekend  
 March 2015**

**BOYS U15, U18, U21 & GIRLS U21 54 HOLE CHAMPIONSHIP**

|                                |         |                             |
|--------------------------------|---------|-----------------------------|
| <b>Saturday 7<sup>th</sup></b> | Round 1 | <b>Romsey Golf Club</b>     |
| <b>Sunday 8<sup>th</sup></b>   | Round 2 | <b>Lancefield Golf Club</b> |
| <b>Monday 9<sup>th</sup></b>   | Round 3 | <b>Mt Macedon Golf Club</b> |

**Entry Fee: \$50**  
 (\$20 per event day)

**Entries Close: Close of Business Tuesday 3<sup>rd</sup> March**

*Committee may accept entries on event days if field permits*

**Events & Competitions**

MRJT Champion, Gary Watts Shield and Chris Gaunt Cup  
 Multitude of trophies & prizes for Gross/Nett, NTP, Long Drive etc.

**Open to All Girls & Boys 21 Years & Under**

*Macedon Ranges Junior Golf Tournament incorporating*

**MACEDON RANGES TRY GOLF CHALLENGE**

**9 Hole Adult/Child Ambrose & BBQ Lunch**

**Sunday 8 March  
 Lancefield Golf Club**

**\$15 Entry per team**

Proudly sponsored by



**Mary-Anne Thomas MP**  
 STATE MEMBER FOR MACEDON

*Entry form and event details*  
[juniors.golfvic.org.au](http://juniors.golfvic.org.au)

This is a Victoria "Geoff Ogilvy" and a "Future Champions" trophies accredited event.

**Romsey Fire Brigade  
 FUNDRAISER**

**SAUSAGES, HAMBURGERS and COFFEE**

**Saturday 21st March at the CALTEX service station, Main Street, Romsey.  
 09.00 to 14.30.**

Come support your local CFA, volunteers will be happy to answer any questions about the new station and the response service that we provide to the local community.





### Pastor's Parables

Encourage Church - Romsey  
Office: 7 Mitchell Court Romsey  
Ph (03) 5429 6327  
Email: encouragechurch@iprimus.com.au

New Testament scholar A.M. Hunter relates a story in one of his books about a dying man who asked his Christian doctor to tell him about the place he was heading. His doctor fumbled a moment for the right words, and then heard a scratching at the door. "You hear that?" he asked his patient. "That's my dog. I left him downstairs and he's come up because he heard my voice. He has no idea what's inside this door, but he knows that I am here. Isn't it the same with you? You don't know what lies beyond the Door, but you know that your Master is there." When it comes to what heaven will be like, there's much more we don't know than we do. But one thing is for sure: our Master is there. And because of that, everything else is incidental. What makes heaven *heaven* is the fact that we'll be with God forever! That is our greatest hope of heaven. Yes, it will be great when there's no more pain, no more tears, and no more sorrow. But the greatest thing about heaven is that we'll exist forever in the very presence of our Heavenly Master!

\*\*\*\*\*

**\*\*\* Sunday 15<sup>th</sup> March @ 10am Encourage Church Morning Service** 7 Mitchell Court Romsey  
**Visiting Guest Speaker: Ps Steve McCracken (From David McCracken Prophetic Ministries)**  
**EVERYONE WELCOME**



If you would like to know more about faith in Jesus please contact Pastor Marilyn or our Church office Ph 5429 6327

We would be happy to help you find true peace and joy in life.

Encourage Church: "Encouraging one another to be ALL we can be in life and in God".

You are also invited to join us at our Sunday Service: **10am at 7 Mitchell Court Romsey**

or one of our fortnightly Life Groups. Fortnightly Youth events and weekly Children's programs.

We also offer Kidzone Before & After School Care | Vacation Care | 'mainly music' Program

Pastor Marilyn Hunter - **"ENCOURAGE CHURCH"**

### What Is article for this month is: What is Anaphylaxis

Anaphylaxis is a severe and potentially life-threatening allergic reaction. It occurs in individuals that are exposed to a particular substance in the environment (called allergens) they are sensitised too, such as pollens, food (eg. peanuts) or stings (eg. bee stings).

Anaphylaxis is characterised by the involvement of more than one body system, most commonly the respiratory and cardiovascular systems. When an individual is re-exposed to the allergen, certain cells called mast cells are activated. Mast cells then release a cascade of substances including histamine, bradykinins, prostaglandins and cytokines. These substances are known as inflammatory mediators.

The inflammatory mediators then act on the body causing the dilation of blood vessels, swelling (oedema) and spasm of the small lung tubes (bronchospasm).

The resulting signs and symptoms of anaphylaxis include swelling of the face and lips, tingling mouth, nausea, decreased blood pressure, shortness of breath and coughing/wheezing. Symptoms may occur within minutes of exposure to the allergen or may take several hours. Anaphylaxis is a life-threatening emergency as these symptoms can progress into respiratory failure and circulatory collapse. Rapid intervention and treatment is required to reverse the effects of anaphylaxis.

Adrenaline is the medicine of choice and is the active drug found within adrenaline auto-injectors or 'Epi-Pen'. Adrenaline works in anaphylaxis by opening the airways (bronchodilation) and constricting the blood vessels to increase blood pressure. Further, adrenaline works to stop the release of inflammatory mediators from mast cells preventing the anaphylactic episode from continuing.

Adrenaline in the form of an auto-injector is administered into the muscle of the leg. If a person is suspected to be having an anaphylaxis attack and/or an auto-injector is administered an ambulance should be called immediately by dialling 000. Paramedics can provide further treatment such as the administration of adrenaline, giving fluid via drip and anti-inflammatory agents.

All individuals who suffer anaphylaxis require further monitoring in hospital or suitable medical facilities as they may require subsequent doses of adrenaline or other medications if symptoms reappear or persist.

For further information or if you have any questions please contact your regular health care provider or visit ASCIA at <http://www.allergy.org.au/patients/about-allergy/anaphylaxis> By Kim Baker, Health Assistant/paramedic student, Happy Bodies Health Service, Macedon Ranges after-hours health service, Open 6.30-10.30pm Friday and Sunday Evenings in Riddells Creek. Web: [gpafterhours.net.au](http://gpafterhours.net.au)

Symptoms of anaphylaxis

Symptoms of anaphylaxis can begin within minutes to an hour of exposure, but can also occur several hours after exposure. Symptoms can include:

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**COMBINED PROBUS CLUB of ROMSEY and LANCEFIELD Inc.**  
A0042634P

**P.O. Box 280, Romsey. Vic. 3434**

*For Active Retirees.*

**President: Robert Barry 5428 5194**

**Secretary: Jenifer Clampit 5429 5480**

**Monthly Meetings are held on the fourth Thursday at 10am in**

**St.Mary's Church Hall, Main Street, Romsey.**

Persons interested in this club and wish to have more information please contact the President or Secretary at the above phone numbers. We enjoyed a great day at Healesville on 18th February. Visited the Gulf Station a National Trust property at Yarra Glen, Lunch at the RACV club and then on to the Yarra Valley Chocolaterie.

· The planned outing for Wednesday, 18th March, 2015 is a lunch at Dromkeen, 1012 Gisborne-Kilmore Road, Riddells Creek, at 12 noon. We will have a light lunch and tour of the property.

**Next meeting Thursday 26th March, 2015 at 10am.**

· This is our Annual General Meeting, there will not be a Guest Speaker at this meeting. We usually go for lunch after the meeting..

### Are you interested in Membership??

We meet once a month and we deal with the normal matters of a club, like correspondence, treasury, and discuss the last outing we had enjoyed, *and* most important, where we are going to next month, a short tour, a long tour, a lunch somewhere. Our monthly meeting always finishes with morning tea, which is followed by a guest speaker with an interesting topic.



A few of our members enjoy 'Ten Pin Bowling' each fortnight at Watergardens (*definitely non-serious*)

followed by lunch at a nearby hotel or club.

We also enjoy a monthly musical/film afternoon at a members home and Friday coffee mornings at a local café.

**If you are retired, or close to retiring, come along and join us and learn more about what Probud can offer you to assist you in staying active.**

**All we want to achieve is a day of enjoyment and friendship.**

**Please come and have a look at what we do and who we are.**

Please check out our website for information about the Romsey & Lancefield Probud Club [rprobud.org.au](http://rprobud.org.au)

**Basketball and soccer**

Come along and enjoy our popular pre-competition basketball program, Shooting Hoops, which is held on Tuesdays from 4pm-4.45pm. Shooting Hoops is aimed at children aged 5-10 years and a great way for beginners to learn the basic skills and rules of basketball.

Has commenced for this term and has received a huge attendance rate. This program is run Friday afternoon from 4pm-4.45pm. Term based program is for children aged 5-10 years. We have vacancy in our Under 15's indoor soccer competition to enrol please register online at [mrsc.vic.gov.au/leisure](http://mrsc.vic.gov.au/leisure)

Luke Mitchell & Lee Witnitz are running the junior basketball and soccer competitions and both programs are hugely successful attracting huge numbers of children.

**Staying Strong Circuit**

Due to demand we are pleased to offer a Monday morning Staying Strong class with Debbie from 10.30-11.30am.

**Referees needed**

We have paid positions available for soccer and basketball referees. Anyone interested should contact the centre. You will require a Working with Children check.

**Squash court hire**

We have two squash courts available for casual and regular hire. Racquets and balls are available from reception. Bookings are essential.

**Occasional Care**

Romsey Occasional Care is a fully licensed childcare program, operating out of the Romsey Recreation Centre. Rebecca's Friday morning session includes a kids sport and fitness session and a music class. Great value for an amazing program. For enrolments or more information please contact Rebecca on 0409 407 696.

**Our team**

Romsey Recreation centre has had a few staff changes early this year: we wish Brooke Fraser all the very best for her maternity leave and Anita Wilson good luck for her role at Riddells Creek Leisure Centre. We welcome Debbie Beltrame as our Staying Strong class instructor, and Lee Witnitz and Shelley Knott as program administrators. Lee is available Tuesday and Friday, Shelley Monday afternoon and Thursday.

Please contact our team to discuss any programs you would like to see offered in our centre. We value your

feedback on how we can improve our services, programs and facilities. Our aim is to offer something for all members of our community. Please call 5429 5637 or email [rrc@mrsc.vic.gov.au](mailto:rrc@mrsc.vic.gov.au) with suggestions and feedback.

**Major equine centre explored**

Macedon Ranges Shire Council is inviting community comment on the findings of a feasibility study into establishing a regional equine centre in the shire capable of hosting world-class events.

The study scopes the possibility of establishing a centre that will attract and host a range of competitions, events and other equine activities. It has been informed by broad consultation with the equine industry, including state and national stakeholders, the Macedon Ranges Equine Industry Network (REIN), business owners, as well as local horse-riding clubs which are located in the major towns across the shire: Woodend, Lancefield, Kyneton, Gisborne, Riddells Creek and Bullengarook.

You can access the draft report on Council's website, [mrsc.vic.gov.au/yoursay](http://mrsc.vic.gov.au/yoursay), and in Council service centres. Your feedback on this exciting project is welcome and can be provided in a number of ways:

Via email to [ldavey@mrsc.vic.gov.au](mailto:ldavey@mrsc.vic.gov.au)

Facebook: Macedon Ranges Equine Industry Network (REIN) – please join into the social media conversation on #Macedonequinecentre

By attending an information session (details to be announced soon)

Written response to PO Box 151, Kyneton VIC 3444

This feasibility study is an action in the 2012-17 Equine Strategy, which aims to support the sustainable growth of the equine industry and create local employment opportunities. The equine industry contributes an estimated \$140 million each year to the local economy. The Victorian Government has contributed \$60,000 to the project, with Council providing the balance of the \$95,000 project. The study has looked at a range of facilities options including indoor and outdoor arenas, stabling, yards, exhibition, entertainment and conference facilities. It has also considered other possible uses such as dog and agricultural shows and exhibitions.

To find out more, including dates and locations of information sessions, please contact Leanne Davey on 5421 9617 or [ldavey@mrsc.vic.gov.au](mailto:ldavey@mrsc.vic.gov.au). To view the Equine Industry Strategy, visit [mrsc.vic.gov.au/industries-strategies](http://mrsc.vic.gov.au/industries-strategies)


**Romsey Uniting Church**

Pohlman Street, Romsey. 3434 (P.O Box 264)

Chairperson: Mr. Noel Shaw 5429 5509

Secretary: Mrs.

Jenifer Clampit 5429 5480



**The Season of Lent** began with Ash Wednesday on 18th February, 2014. Romsey and Lancefield Uniting Church congregations are holding Lenten Studies on Monday afternoons 4.15 - 5.30pm commencing with a cuppa.

· 2nd March - Romsey Meeting Room.

· 9th March - Lancefield Vestry

· 16th March - Romsey Meeting Room.

The studies have been produced by "Churches Together in Britain and Ireland" and follow the Lectionary readings. Each study also looks at a different Middle East Country and the situation of the Christians there.

Further information - David Noble 5429 2232

Jay Brooks 5429 6163

**World Day of Prayer, Friday, 6th March 2015. 11am at the Lancefield Anglican Church.**

This year the World Day of Prayer service has been prepared by the citizens of The Bahamas. The World Day of Prayer is a worldwide movement of Christian women of all traditions who come together to observe a common day of prayer on the first Friday of March each year to which all people are welcome. In many countries they have a continuing relationship under the motto "informed prayer, prayerful action."

**1 John 3: 23**

*And this is his command: to believe in the name of his son, Jesus Christ, and to love one another as he commanded us.*

Standard instructions you hear as the plane gets ready for take-off: "Please fasten your seat-belt and put your seat back in the upright position." Rules and regulations. 'Only 8 people in the lift,' 'Speed limit 50ks per hour.' They all make life safer when we follow them, although most of us forget the one about the speed limit. But life can't really be contained by rules. There's more to it than that.

Every day we face situations with no convenient rule to tell us exactly what to do. We have to use our common sense and make our own decisions. We're on our own.

Tai Chi Classes

Saturdays at 11am.

Beginners are most welcome at any time.  
Passive exercise & meditation for all ages that offer balance of mind & body for health, vitality and wellbeing.  
Come and try a complimentary class.

Traditional Goju RyuKarate

Children & Adult beginner classes for self-protection, fitness, discipline and confidence. Tuesdays & Thursdays.

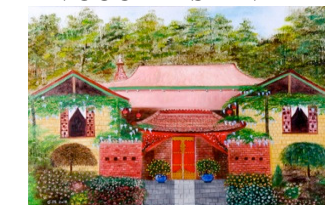
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Email: [james@jamesumarac.com](mailto:james@jamesumarac.com)

COMING EVENTS:

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Presenter Master Kyu Sik Shin

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Date March 7,8 & 9

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**Art Classes Romsey**

Want to improve your drawing skills, composition, perspective and have a dabble with some watercolour paints? Classes held at Gillian's studio, Romsey, Thursday afternoons 1pm to 3.30, Thursday nights, 7pm to 9.30pm and Saturday mornings 10am to 1pm.

If interested please call Gillian on 0409801082 and she can tell you more.



## Romsey Mechanics Institute

Mob: 0458 702 106  
ABN: 99 340 024 758

PO Box  
130  
Romsey 3434  
Victoria

rmibookings@gmail.com  
secretaryrmi@gmail.com  
www.romseymechanicsinstitute.com

Things continue to progress at the venerable old lady of Romsey. The Committee of Management has met with a local plumber and he is organising works to the roof, down-pipes and inground storm water piping. These works will eliminate much of the dampness in some of the RMI's walls and really allow us to get a better idea as to the condition of these walls.

We are also in negotiations with the Department of Land, Environment, Water and Planning (DELWP) concerning more drainage problems. These problems stem from the convex nature of the pathway on the northern side of the hall. This path will have to be dug up and have drainage pits and pipes installed. It is hoped that all works will be completed by mid March. We apologise for any inconvenience these works may cause.

Our structural engineer's report from a few years ago identified many works that needed to be done. We hope that we can utilise the scaffolding required for the roofing works to also attend to some masonry and other works. We hope DELWP will assist us with a little extra money so that we do not have to again pay to put up the scaffolding in a year or two to carry out these works.

The Country Women's Association held their District Conference at the RMI on Wednesday February 18<sup>th</sup>. It is wonderful to see these types of events back in the hall.

**A reminder that the Romsey Mechanics Institute and the Romsey Neighbourhood House will be holding the 1<sup>st</sup> Romsey Antiques Fair on Sat/Sun March 21/22. All stalls have been taken.**

Catering will be looked after by the Country Women's Association (Sat) and the Romsey Golf Club (Sun). Many items will be for sale so why not come along and try to pick up a bargain, if you don't find something to your liking then head out to the supper room for a wonderful country morning or afternoon tea.

If you have a function coming up please consider the RMI. Bookings and inquiries can be made at:  
**rmibookings@gmail.com**

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## SINGING IN THE RANGES

### The Victoria Welsh Male Choir *Côr Bach*

(The "Small Choir" or Chamber Choir)  
will perform in the Lancefield Mechanics Hall  
- The Crescent, Lancefield  
On **Sunday 15 March 2015 at 2.30pm.**

A program of varied music and items for all to enjoy including Welsh and other Celtic traditional and modern songs, show numbers, opera choruses and old and new songs from around the world.

The choir is led by award winning, Welsh born and Welsh-speaking Musical Director Faleiry Koczkar, OAM.

The Victorian Welsh Choir is renowned for its rich singing in four-part harmony.

All welcome!

### Proceeds will go to the Christ Church Lancefield Restoration Appeal

Afternoon Tea provided  
Tickets: \$25 - available now  
Contact Betty: 5429 1597 (Lancefield)  
Glenice: 5429 6418 (Romsey)

**A musical afternoon you will not want to miss!**



## THE ANGLICAN PARISH OF CHRIST CHURCH, LANCEFIELD AND ST. PAUL'S ROMSEY

P R E P A R E

### MARCH

Preparation forms a major part in our lives when we have to make ready for special visitors with much spring cleaning of our homes and sprucing up of ourselves. How much more needful to prepare ourselves for meeting God - King of Kings and Lord of Lords. Who is able to stand in His Presence in the awesomeness of His holiness which shines with such intensity no-one may approach Him? Moses who met with Him on Mt. Sinai and glimpsed some of His Being, resulting in his face shining with such radiance that the people were unable to look at him, so he covered his face with a cloth. We as fallen, sinful humans are not able to stand in His Presence but in His great love for us He Himself has opened the way - in the Person of Jesus Christ. But first we must have faith in Him, as the writer to the Hebrews 11:6 says, "Without faith it is impossible to please God because anyone who comes to Him must first believe that He exists and that He rewards those who earnestly seek Him." Jesus says of Himself that He is the Way, the Truth and the Life and no man comes to the Father except through Him. He died on the Cross, His blood was shed for us that we, with our sins forgiven, are covered with His righteousness, God then looks on us as found in Christ and we are able to stand before Him. This is the starting point of our preparing, making ready to meet Him face to face when we ask Jesus into our hearts to be our Saviour, Lord. Nothing can for sin atone - Nothing but the blood of Jesus, Naught of good that I have done - Nothing but the blood of Jesus, O precious is the flow that makes me white as snow, no other fount I know,  
*Nothing but the blood of Jesus.*

R. LOWRY

### FEBRUARY 2015

*This was a quiet month as the various groups met together again after the long break and began planning for the year ahead Rev. Bill Carroll has settled well into the life of our community again.*

*Ash Wednesday services were observed marking the beginning of the forty days of Lent, each person left to decide for themselves what form of discipline to observe during this solemn period. The Parish will be holding Bible studies during these weeks.*

### MARCH 2015 DIARY

**Fri. 6th 11am:**  
**THE WORLD DAY OF PRAYER focusing on THE BAHAMAS at CHRIST CHURCH, LANCEFIELD.**  
**Lunch to share.**  
**WELCOME to all in our community**

**Sun. 8th at usual services:**  
**MOTHERING SUNDAY with SIMNEL CAKE**

**Thurs 12th 8pm:**  
**AMS - DVD NIGHT -GOD'S OUTLAW- the life of William Tyndale & his printing of the Bible in English.**

**Open Invitation To be held in CHRIST CHURCH HALL, Chauncey St., Lancefield.**

**Sun. 15th 2.30pm:**  
**VICTORIA WELSH CHOIR -COR BACH- CONCERT at LANCEFIELD MECHANICS HALL. \$25. Afternoon Tea. Funds to Christ Church Restoration Appeal. Tickets Glenice 5429-6418 Betty 5429-1597**

**Sun. 15th 7pm.**  
**HEALING SERVICE. Rev. W. Carroll**

**Thurs. 19th. 1.30pm.**  
**THE GUILD meets Christ Church Hall, Lancefield. (Glenice 5429-6418)**

**Sun. 29th**  
**PALM SUNDAY and HARVEST FESTIVAL. Easter stock for Melbourne's needy.**

**APRIL 2015**  
**Thurs. 2nd 7pm..**  
**MAUNDY THURSDAY. ST. PAUL'S, ROMSEY. HOLY COMMUNION**  
**Fri. 3rd 9am .**  
**GOOD FRIDAY LITURGY. ST. PAUL'S, ROMSEY COMBINED CHURCHES WALK OF WITNESS**

**Sat. 4th 7pm..**  
**EASTER EVEN. NEW FIRES SERVICE . CHRIST CHURCH, LANCEFIELD**

**Sun. 5th 9am,**  
**EASTER DAY. HOLY COMMUNION. ST. PAUL'S, ROMSEY**  
**10.30am. HOLY COMMUNION. CHRIST CHURCH, LANCEFIELD.**

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*How wonderful, how beautiful the sight of Thee must be,  
Thine endless wisdom, love and power, And awe-ful purity.* F. W. FABER.  
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**Minister..Rev. Bill Carroll**  
**Office 5429-1380 ... Mob. 0427-918-607**  
**Correspondent D. Morgan 5429-6060**

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**TERM 1 PROGRAM 2015****Courses Recommence****2nd Feb - 27th March****Now Open: Mon-Thurs 10-3pm****What's On Offer?****What's On Offer!****Romsey Neighbourhood House****Be Part Of It!****Romsey Neighbourhood House Inc.**

Office:—Mon-Thurs 10-3pm  
 96-100 Main Road Romsey, VIC 3434  
 (Old Post Office next to the Hub!)  
 Email: romseyhouse@bigpond.com

**Ph/fax: 03) 5429 6724**

Ph/fax: 03)54 296 724

**What's Happening at the House!****Message from Michelle -the New Coordinator!**

Welcome back for 2015! Since coming on board as the new Coordinator of the Romsey Neighbourhood House late August, we have seen many changes to the House. A recent increase in government funding has meant that our office is now open 4 days a week Mon-Thurs 10-3pm. This means that we are able to deliver more activities and courses over 7 days a week!

I feel very privileged to be working alongside such a dedicated bunch of volunteers who are so committed to the successful running of the House. The House is alive and buzzing and we always welcome new volunteers.

The Neighbourhood House is all about people and community. Providing a space where everyone feels welcome and accepted, to explore sometimes hidden talents and have opportunities to feel part of the community and to grow. We hope to be responsive to what the needs of Romsey are and I always welcome your suggestions and ideas that you may have for our great community!

**Grab a copy of our Term Brochure!**

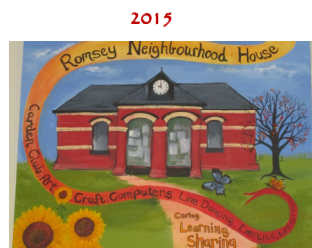
2015 looks to be a busy year for the House with a range of new and exiting courses as well as our regular favourites. Why not pop into the House to grab a copy of our Term Brochure or look for a copy at many of our shops in Romsey. It is constantly being updated so make sure to look out for our updates as well as fliers.

**Farewell and Thank-you to Eileen French**

We say farewell and a very big thank-you to our long-standing Committee Member and volunteer Eileen French who has dedicated many years of service to the House. Thanks Eileen for all you have done and we wish you all the best for the future!

**Get Your Copy of Our Community Calendar - FREE!**

Its filled with useful information, services, community groups, quick find business directory and lots more...

**Let's Get Fit Romsey!**

Romsey is really taking our New Years Resolution to get fit and healthy seriously with a huge influx of participation in our health and fitness classes. We now have exercise groups running 6 days a week at the House Mon- Sat. Evening included. These include Gentle Exercises, Yoga, Tai Chi, Romsey Walkers, Reiki, Pilates and....

**Romsey's Going Crazy over Konga!**

One of which is the latest craze to hit Romsey - **KONGA!** Shed those extra kilo and get fit with this fun, wild mash-up of Boxing, Kickboxing, Cardio, Afro, Pop, Rock, Pilates, Disco and everything in-between designed to shape, sculpt & re-define your physique. Hugely popular so bookings essential—Ring Lauren on 0431 314 157 Cost: \$10

**Upcoming Events!****Romsey****Antique Fair****Saturday 21st & Sunday 22nd March 2015**

Saturday 9.30am-4.30pm Sunday 10am-3.30pm  
 Mechanics Institute, Main Street, Romsey. Enquires: 5429 6724 Limited sites available, to book contact Gail on 540293833 or 0426028219. All monies raised will go towards ongoing restoration needs of the grand Romsey Mechanics Hall. This is a partnership event run by Romsey Mechanics Institute and Romsey Neighbourhood House.

**Bus Trip to the Melbourne International Flower and Garden Show Thursday 26th March**

**Cost\$13+ Entry Ticket** Limited places book now to avoid disappointment! We'll even help you book your entry ticket at the House!

**Cooking for All Seasons Series NEW!**

Join us each term in tantalising our tastebuds with this seasonal cooking series. 3 hour workshops using local and in-season produce to create a delicious 3 course meals. Then enjoy the meal over a glass of wine. **Workshop 1 - Summer Mediterranean Cuisine** Register your interest now!Cost: \$45 Bookings essential. Limited places.

**The Art of Cheesemaking NEW!** (March 29th, April 26th) Join these workshops and take the mystery out of making cheese. Learn how to make Camembert, Feta, Ricotta, etc. tea, lunch and cheese tasting provided. 10am-4pm. Spaces limited.

**Lancefield Neighbourhood House Men's Shed**

We returned to 'the Shed' all "bright eyed and bushy-tailed" (as old farmers would say!), ready for a year of good companionship and productivity. Our first task for the year was to construct a "HOPE" sign for this year's 'Relay for Life' at Lancefield Park. We are pleased to have the opportunity to contribute in our own way, to this very worthy activity. I am sure this sign will reflect the goodwill and care for all who are touched by this disease. Our best wishes go with the organising committee for another successful event.

Our annual raffle once again proved very popular and the money we raised will go towards supporting our activities for 2015. The winner was a member of Woodend Men's Shed and the bench/table combo has promoted considerable interest there. Thankyou to all who supported us. We look forward to designing and presenting a new prize initiative for this year's raffle. Look out for it about September.

Once again this year we will offer the 'Kids in Sheds' Program to our local primary schools, thanks to the generous support of the Neighbourhood House, 'Opportunity Knocks' op shop as well as funds we raised through our raffle and projects etc. An extension to this is a trailer fitted out so that we can take 'The Shed' to the 'Kids'. More details will follow.

Last year we increased our membership and continue to grow. The prime focus of our group is to provide a friendly and supportive place for men to meet, to participate in projects and to make links with our local community. Membership is open to all men in our area. It is a non-profit making organisation. Cost of membership is \$20, of which \$5 is towards affiliation with the Neighbourhood House. The balance is used to maintain the needs of 'the Shed' such as tool purchase, maintenance etc.

'The Shed' is open Tuesday, Wednesday and Thursday from 10:00am to 4:00pm. Working days are Tuesday and Thursday; lunch and friendship day is Wednesday.

To join us, just call into 'the Shed' and speak to Mario, the secretary, or call Graham on 54291051.

All are welcome!

Graham Knell

**◆ James Kelleher Lawyers have moved and we want you to come visit! ◆**

After 30 years James Kelleher Lawyers have moved premises. We are now located at **Romsey Law Chambers, 104 Main Street, Romsey.**

To celebrate the move, we are giving away two great prizes.

**PRIZE****A selection of quality local wines.**

Or

**A dinner for two at a local Romsey restaurant**

To the value of \$100.

**PRIZE**

If you visit our new office during the month of March, or if you become our follower on twitter or facebook, you will enter the draw to win your choice of two great prizes.

**DEEP CREEK LANDCARE GROUP**

Covering Lancefield - Romsey Districts  
 All welcome



The first meeting for the year has been held and it was decided that there will be a working bee every odd month of the year depending on weather.

The first working bee will be Tuesday 17<sup>th</sup> March @ 9.00am at Doggett's Bridge.

Many hands make light work. All welcome.

The next meeting is on Monday 16<sup>th</sup> March @ 8.00pm @ The Mechanics Hall Annex Lancefield, then:

Monday April 13<sup>th</sup> @8.00pmMonday May 11<sup>th</sup> @8.00pmMonday June 15<sup>th</sup> @8.00pmMonday July 13<sup>th</sup> @8.00pmMonday August 10<sup>th</sup> @8.00pmMonday September 14<sup>th</sup> @8.00pmMonday October 12<sup>th</sup> @8.00pmMonday November 9<sup>th</sup> @8.00pm

Contact: Secretary: Ken 0404 886 580

Email : [ken.allender@bigpond.com](mailto:ken.allender@bigpond.com)Website: [www.deepcreeklandcare.org.au](http://www.deepcreeklandcare.org.au)