

Romsey Golf Club – Men’s & Women’s Reports

<http://romseygolfclub.net>

Pres; 0417 088 891

Sec; 0400 768 040

The 6th fairway and eastern boundary



With around 600mm of rain falling between late July and early October Romsey Park became so sodden that all golf was cancelled and the course closed. It became obvious that water was not getting away from the park and Macedon Ranges Shire engineer Leslie Woo drew up plans for a drain along much of the eastern boundary.

Newearth Constructions undertook this work and results were rapid with a heavy flow of water through the new drain and into the storm water pit in the south-eastern corner of the Park. This saw much of the surface water gone but the soil was still extremely wet, it will take some time for this water to drain away. While the new drain is working well there is a

deal of work to be done to batter it properly and clean up the many tonnes of soil. The golf club hopes to use much of this soil around the Park to fill in low spots, repair tracks, top dress the large mounds behind the 4th, 9th and 18th greens and build or extend tees.

With play cancelled in early September it was not until the 2nd week of October we were able to get mowers on to some of the fairways to cut the grass, this will be a slow process and the grass is both tall and thick. The spring growth in our recently planted trees and bushes

has been excellent and the whole Park should look

wonderful for many months to come. During our enforced lay-off many members have taken the opportunity to visit and play a round at any other courses.

Congratulations to the 2016 Women’s Champion, Darlene Baker. This is Darlene’s second Club Championship. The 2016 championship was declared after two rounds.

Looking down the 7th fairway



Storm water pours into the pit



The new drain begins



Rounds two and three of the 2016 Men’s Championship will be played on Saturdays November 5th and 12th

THE ROMSEY RAG

Issue No. 349

2070 copies produced each month at Romsey Primary School as a service to our community and proudly supported by the Macedon Ranges Shire Council

November 2016

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The closing date for copy for the December edition of the Rag is November 15th 2016.

We cannot guarantee inclusion of copy received after this ate.

Please email your copy to the Romsey Rag email address: romseyrag@romseyyps.vic.edu.au We require submissions to be in Word document format, and for graphics to be in Jpeg format. Please ensure that you have permission to use photographs of people depicted in your article.

THE ROMSEY RAG IS PROUDLY PRODUCED AT ROMSEY PRIMARY SCHOOL AS A COMMUNITY SERVICE

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Contributions:
Articles should be left at the Romsey Post Office (fax 5429 5134) or Romsey Primary School by 12 noon on the 15th of the month.

We prefer articles to be submitted electronically or on disc. Legible typed or handwritten items may be accepted. All material submitted for publication must be named and have contact details.

Articles can be sent via e-mail to: romseyrag@romseyps.vic.edu.au

Please ensure that any text is sent as word documents and logos / photos are sent as .jpg files.

Views expressed are not necessarily those of the Editorial Committee. All contributions remain the responsibility of the author.

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2070 copies delivered to the Romsey community at the commencement of each month.

 **Macedon Ranges Shire Council - Generous supporters of the Romsey Rag**

Romsey Rag Publication Deadlines 2016

Edition	Closing Date for Copy	Collating Date
December 2016	Tuesday November 15th	Thursday November 24th

ROMSEY & LANCEFIELD SOCIAL CLUB

Inviting men and women 55 to 105 who are retired, lonely and helpful.

We meet **Every Monday** in the back rooms of the Romsey Mechanics Hall from 11am to 3pm for lunch and afternoon tea. Hot soup, rolls, nibbles and biscuits and cake. Cost \$5.

Some groups play cards, others sit and chat or play indoor bowls. For those who don't drive, we have a council bus that will pick you up and drop you off in the afternoon.

Once a month we have professional cooks who come in and give us a 2 course lunch. This meal is \$10.

We also have a **Bus Trip** to some very interesting places on the first Wednesday of the month with a 2 course meal and morning tea. Trips are \$40 which includes your lunch.

For more information please contact:

Rae Hooke 54291602

E. Parks 54291314

Come along and give us a try!

Vale Colin Miller

We would like to express our condolences to Grace Miller and the Miller family on the passing of Colin on October 15th.

Colin was a volunteer with the Romsey Rag crew for many years, working his magic with the printing of the Romsey Rag. This involved 6 or 7 hours in a one day time frame every month, a very significant contribution indeed.

Colin was applied his trade skills as a printer to this task, even though the technology was very different to what he had used in the past. He also had a very keen eye as a proof reader, and often picked up errors after the official proofreading had been done by someone else!

He brought to this job a great sense of commitment and he enjoyed a laugh, making the day brighter for everyone working around him.

Last year Colin's health deteriorated and he was no longer able to print the Rag, and we missed having him around. We are very sad to hear of his passing.

"ATTENTION CITY COMMUTERS"

The Lancefield Romsey Commuter Bus offers a Mon-Fri return service direct to the CBD at the cheapest rate available in the shire. **Only \$50.00 per week** for permanent travellers. We also cater for casual travellers.

Departs Lancefield General Store 6.35am, & Romsey Hotel 6.40am, arrives CBD 7.50amDeparts Cnr William & Latrobe Sts 5.20pm, arrives back in Romsey 6.20pm & Lancefield 6.30pm
Seats currently available.
Contact Michelle Hocking on 0437 358 544



Romsey Region Business and Tourism Association (RRBATA) UPDATE

Romsey Streetscape Project Update

The funding application process by Macedon Ranges Shire Council (MRSC) to Regional Development Victoria (RDV) to support major elements of the Romsey Streetscape Project Concept Plan is well underway. RRBATA has met again recently with key officers from MRSC to discuss the submission.

Meanwhile, RRBATA has been successful in obtaining a \$2500 grant from the Bendigo Bank for the historic plaque project (a Romsey Streetscape Project initiative). Further funding for this project has been applied for under MRSC's Places for People funding program. This project plans to make Romsey's wonderful historic sites visible to locals and visitors, with the plaques featuring QR codes enabling an interface between digital devices and further information via Romsey Online.



Light Up The Sky 2016

After previous postponements, Light Up The Sky was conducted on Saturday 15th October, 2016. Although windy, the weather was fine. St. Pauls Anglican Church, Romsey Neighbourhood House, Macedon Ranges Masonic Lodge, Romsey 1st Scouts and GRAAP conducted stalls after the hard work of putting up tents in the wind was complete. David Allen was the Master of Ceremonies and chief entertainer for the night.

The giant jumping castle and games occupied the younger crowd members until the inaugural CFA Tug of War competition got underway. Unfortunately for the home crowd, Romsey CFA struggled in the heats. Consequently, Heskett-Kerrie and Bolinda-Monegeetta did battle in the Final with Bolinda-Monegeetta taking home the impressive trophy. The evening concluded with the spectacular fireworks display which was launched brilliantly by the raffle winners, Nathaniel, Harry and Joel. RRBATA would like to thank Romsey Primary School for making the southern oval available for the fireworks display.



RRBATA wishes to acknowledge the Romsey Community Bank branch of the Bendigo Bank as the major sponsor of the fireworks display.

Christmas In Romsey 2016

As Christmas approached, there is much to be excited about in Romsey. Planning for the **Carols by Candlelight** whole community event on **Saturday 10th December** is well underway. Come and see the community groups, churches, schools, emergency services and sporting clubs sing their favourite carols!

Start planning your entry for the **Home and Business Christmas Decoration and Lights Competition** for homes, whole streets and businesses. Entry forms available on Romsey Online (www.romsey.org.au) at the Romsey Community Hub and Bendigo bank.

And then there is the **giant Romsey Community Christmas Tree and Romsey Community Group Main Street Tree Installations**.

PLEASE SEE FURTHER INFORMATION elsewhere in this edition of the Rag, as well as on Facebook and Romsey Online (www.romsey.org.au).

Romsey Town Pride

DO NOT FORGET - **Clean Up Romsey Day** will be held next year of **Sunday 19th March 2017**. RRBATA's Town Pride working group is also calling for expressions of interest from Romsey residents who would like to be involved in the **Tidiest Street category of the Australian Tidy Towns** competition for 2017. This would hopefully be a forerunner for a whole town entry in following years. Please contact Jenny Stillman for further information (jennystillman@optusnet.com.au ph. 0412 349849).

Romsey Online

Don't forget, **ANYONE CAN BE A REPORTER!** Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news". Please ensure a note of consent from people featured in any photographs accompanies your submissions. Remember, the website is only as good as the information fed to it at info@romsey.org.au.

Membership Enquiries:

Sharyn Ede (Secretary) Phone: 0403 429 161
Email: sharynede_associates@y7mail.com

Follow RRBATA

Romsey Community Bank[®] Branch






THE ANGLICAN PARISH OF CHRIST CHURCH, LANCEFIELD AND ST. PAUL'S ROMSEY



LEFT OVERS

What do we do with 'left-overs'? I know food left over always comes in handy for tomorrow's lunch on toast, or clothes to the Op. Shop, Garage Sale and so on. Jesus thought 'left overs' were important when He ordered, after the feeding of the five and seven thousand, that all the scraps be gathered up and nothing be wasted. And much was collected! As Jesus observed the rich of their bounty making their offering to the Temple treasury, He compared it with the poor widow as she put her mite in, And commended her for it - for she had given all she had - she had no left overs! Why did she do it, was she foolish? Experience had probably taught her to trust God to always supply what she needed, such was her faith! There are many calls on us today for our support which we need to prayerfully consider. But would we on a regular basis give our left-overs to our loved ones, friends and guests? So, should we give our left overs to God? Our love, our time, our money? Jesus said the first and greatest commandment was "to love the Lord, our God, with all our hearts, mind and strength." But do we? Do we just give Him our left over time when it comes to our worship Sunday by Sunday, the study of His Word or prayer - if that? Jesus has also promised "Give and it shall be given to you again, full measure, pressed down and running over". With every command, comes a promise! Christians, rejoice in the God we worship, our God, full of love, care and power Who has promised to supply all our needs in Christ Jesus, our Lord.

We lose what on ourselves we spend, We have as treasure without end
Whatever, Lord, to Thee we lend, Who givest all.
Bp. C. Wordsworth

Last month, members of our former Guild met at Marj Davis' home for a pleasant coffee and chat afternoon. Thank you, Marj for your warm hospitality. Jean was unable to join us as ill health finds her in respite care in Kilmore. Flo was able to be with us from The Elms. Gisborne. Our prayers are with Rev.Bill as he undergoes further surgery back home.

DIARY - NOVEMBER 2016

Sun.6th Nov. Remembering the PERSECUTED CHURCH THROUGHOUT THE WORLD
Thurs.10th Nov.8pm. A.M.S. meets Lancefield Church Hall. AMS DIARIES \$6 available.
"Remembering—REMEMBRANCE DAY".
(Note change of time.8pm not 7.30pm) 5429 6060
Sun. 20th, 10am.PARISH COMBINED SERVICE Lancefield followed by Church AGM
Sun.20th Nov, 5pm HEALING SERVICE
Christ Church, Lancefield. Rev. Bill Carroll.
Sun.27th Nov. FIRST SUNDAY IN ADVENT (The beginning of the Church's New Year).

Sun.27th. Have you booked your DATE with DAVID HOBSON yet? Tenor & Composer! 5.30pm at 'NARDOO' Kilmore Rd., MON-EGEETTA.
Premium seats \$120. Regular \$80.
Interval Tea Break Available—Hamper to share -Anti Pasto \$30.
Dinner for 2—\$50 Or BYO.
All proceeds for the ongoing restoration of historic Christ Church, Lancefield.
BOOK TICKETS-www.trybooking.com/214394
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DIARY...DECEMBER 2016

Sat.3rd Dec.9am. Anglican Parish CHRISTMAS STREET STALL Outside Romsey I.G.A.
Christmas gifts, Cakes, Jams, Preserves, Raffle etc. Glenice 5429 6060.

SUNDAY WORSHIP TIMES

Holy Communion..9am..ST.PAUL'S ROMSEY.
10.30am. Christ Church, Lancefield.

Minister: Rev.W. Carroll 5429 1380 MOB. 0427 918 607.



Romsey Primary School News by 5/6JH

3/4 Camp

On 3rd to the 5th of October the Year 3s went to Lady Northcote. The year 4 students went on camp from the 5th to the 7th of October also at Lady Northcote.

All teachers and students enjoyed the camp and all of the food and activities. The activities included: Damper Making, Giant Swing, Canoeing, Flying Fox and Yabby catching. The teachers say it was the best behaved camp they have ever been on! All teachers enjoyed the food, especially Mrs Peavey, because she got a hand delivered chicken schnitzel, because she was going to miss out the next night. Mrs H.T got splashed by two girls she thought she could trust when she went Canoeing.

The kids enjoyed the Flying Fox and the Gaga Pit the most. They also enjoyed the food that was made and the people who were in their cabins. The kids got to choose who was in their cabins and they had 4 people in each cabin. They missed their parents but not their siblings. All the students had a lot of fun and can't wait until their next camp.



Men's Shed 2016

The year fives from Romsey Primary School went to the Men's Shed in Lancefield on Thursday the 13th of October 2016. Some of the year fives we interviewed found it exciting and enjoyable and they would do it again. They said it was well explained and understandable and didn't find it difficult. They made bird boxes to take home and for around the school to attract native birds. The students found it good to do something that was with their friends and liked being with people their age. The students found it a good way to learn life skills and thought the year fours would love it too.



Tennis

In Romsey Primary School's Physical Education classes, the year 3 to 6 students participated in a tennis program at the Romsey Tennis Court. Jamison has been teaching students some tennis skills, such as backhand and fore-hand.

The game which students play is called Jail and requires students to hit the ball over the net. If the ball stays in the court you are safe. If the ball is hit too far or hits the net you are out. To get back into the game, you catch the ball. Students practise their fore and back hand while Jamison throws the ball back for students, to hit it the correct way. Students have had lots of fun in the tennis program.

Art Show

The Art Show was held on Thursday the 21st of October in the Learning Neighbourhood at Romsey Primary School. Parents were able to buy their child's art work. If the artwork was framed it would cost \$5, if not, it cost \$3 to \$4. Some students made pottery which cost \$4. Each classes' art work was judged and received a 1st, 2nd, 3rd and Highly Commended prize. Each student had at least one piece of art work in the show. There was also an open section where teachers, parents and students entered art and craft items. There was also a Raffle and the prize was a \$200 gift basket. There was also a BBQ. We will all like to thank the parent club and parent volunteers who helped and we would especially like to thank our art teacher Mrs Van for organising it.

BY Maddie and Tahlia

Preps, Ones and Twos swimming

Starting from Term 4, the Preps, 1's and 2's are participating in swimming every Tuesday and Thursday for 3 weeks. The kids travel up on a bus to Kilmore Aquatic Centre where they have their swimming lessons. All of the kids are having an amazing time getting to learn bubble arm breath arm, chicken aero-plane slider, backstroke, diving, staying longer in the water and floating on their back. The kids are getting taught how to swim and becoming more confident in the water. The children are really enjoying swimming and don't want it to end.



Staff changes

At the start of Term 3, Romsey Primary School's Assistant Principal Mrs Jo Emond looked after Woodend Primary School as Acting Principal. Mrs Emond was Acting Principal there for the whole of Term 3. She is currently Acting Principal at Lancefield Primary School and will be working there for the whole of Term 4. The new Acting Assistant Principal at Romsey Primary School is Mr. Rob Szydlowski.

Athletics

Romsey Primary School was fortunate to have four children from the school participate in the Regional Athletics on October the 10th. All of the students who participated on the day of the athletics represented the school with pride and were responsible and respectful to the other schools who they competed against. The four children who competed, trying as hard as they could and had a good outcome. The Romsey Primary School students placed well in their events. Judd came 2nd in hurdles and is now going to the State competition, Harry came 5th in long jump and Noah came 4th in high jump. Jonah came 1st in long jump and 1st in hurdles and will also go to the State competition to compete these two events. We are very proud of all students and we are also very proud of Judd and Jonah for making it through to the next stage. We wish them well in their events.

ROMSEY-LANCEFIELD RSL SUB-BRANCH

REMEMBRANCE DAY

(WHEN ARMISTICE WAS DECLARED AT THE ELEVENTH HOUR, OF THE ELEVENTH DAY, OF THE ELEVENTH MONTH 1918)



Wreath laying ceremony

FRIDAY 11 NOVEMBER, 2016

ROMSEY CENOTAPH, MAIN STREET ROMSEY
COMMENCING 10:30 AM

ALL COMMUNITY MEMBERS, INCLUDING FAMILIES AND CHILDREN,
ARE INVITED TO ATTEND THIS SOLEMN EVENT.





Nominations for 2017 Australia Day Awards now open

Is there an individual in your community achieving amazing things? Nominate them now for a 2017 Australia Day Award.

These awards provide the opportunity for Council and our community to recognise and celebrate inspirational people who make ongoing contributions to the shire.

Nominations are open in the following categories:

- Citizen of the Year
- Young Citizen of the Year
- Community Achievement
- Community Event
- Arts Ambassador

Entry is open to all people who live, work or study in the Macedon Ranges Shire at the time of nomination.

For more information about the award categories and nominations forms, visit mrsc.vic.gov.au/australiaday or pick up a nomination form from one of Council's customer service centres, or contact Council's Governance Administration Officer on 5422 0320.

Nominations close Monday 7 November 2016.

Award winners will be announced at the Australia Day celebrations on Thursday 26 January 2017 at Kyneton Town Hall.

Romsey Golf Club Twilight Social Golf

Everyone welcome
Including non members

Every Friday
Commencing
Friday 18th November

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Cost: \$5 Includes Light meal.
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Contact

Phone: Secretary Elaine: 0400 768 040
President: 0417 088 891
Club rooms: 5429 5385
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Email:

mail@romseygolfclub.net

Website:

www.romseygolfclub.net

Romsey & Lancefield Districts Historical Society Inc.



P.O. Box 101
LANCEFIELD 3435

Barton (Seymour) Cottage c. 1855
20 Palmer Street Romsey



FROM THE COTTAGE

October /November 2016
(Palmer Street – look for the blue Heritage Plaque on the gatepost on the left; open on the last Sunday of the month, from 11-2. Barton (Seymour) Cottage is a heritage listed dwelling built around 1855.)

THE FRIENDS OF THE COTTAGE ARE LOOKING FORWARD TO WELCOMING VISITORS AGAIN TO THE COTTAGE ON JULY 31ST - AND THE LAST SUNDAY OF EACH MONTH THROUGHOUT 2016.

Another successful open day in September saw about 12-15 folk visit the Cottage. One couple interested in assisting with information re the artefacts (eg bottles) and sourcing and dating these. Another Seymour family descendent swapped information with Robyn. Pleasing to receive compliments on the garden on the east side –Hellebores and Bluebells in particular – which is looking more 'cared for'. Both soup and cake served at this opening, with tea and coffee of course. We are requesting \$5 entrance fee per adult.

Sept 8th working bee was cancelled due to very heavy rain. Sept 22nd saw kitchen cleanup and garden poisoning of weeds, pruning of roses and deadheading perennials.

October 13th was a very busy garden time with plantings of hellebores, belladonnas, nerines, irises, poppies, etc, in that beautiful red Romsey soil. I'm sure anything would thrive in that richness!

Café discussions focusing on process of 'Tracing the History of Your House' to try and verify some of the information about the Cottage.

I attended Governance workshop at Woodend. This was another Shire Council initiative with good guidelines for accountability and openness for community organisations. Four of us have accepted the invitation to attend the Bendigo Bank Community Grants evening; this is in relation to our grant for a specialist Arum collection garden. The money poured into our local community by the Bank is wonderful – and creates a vibrant local community.

Warm regards,
Ruth (0411812805; jandrgreen@hotmail.com) on behalf of the Cottage Friends Barton (Seymour) Cottage is a division of Romsey-Lancefield Historic Society

Kat Abbott
Independent Sales Consultant



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Expand Your Horizons Online with Goldfields Libraries eLibrary!

The recently revamped Goldfields Libraries eLibrary offers free access to an extensive range of online learning and enjoyment opportunities for all interests and age groups.

"We are really pleased to be able to connect community members with so many excellent online tools through our increasingly popular eLibrary," said Chris Kelly, Goldfields Library Corporation CEO.

"It's as simple as visiting www.ncgrl.vic.gov.au/elibrary with your Goldfields Libraries membership card to access a wide range of quality programs for learning, leisure and creativity."

For those who are business astute or wish to increase their technical skills, Lynda.com and The Computer School are a must to explore. Learn the basics or take it to a whole new level with thousands of video tutorials covering computing, business, photography, design, marketing and more.

Performing arts fans can spend hours learning musical instruments through ArtistWorks, watching music videos and performances through Alexander Street, streaming indie films and documentaries through Beamafilm and listening to performances by local secondary students through the Goldfields Connect digital album.

Thousands of magazines and newspapers await to be explored, including Choice magazine and many other popular titles. Current titles and back issues are available, plus Clue Detective Puzzle Agency to exercise the brain!

Bookworms have access to a great range of current eBooks and eAudio books through BorrowBox and OneClickDigital, which both offer simple-to-use apps.

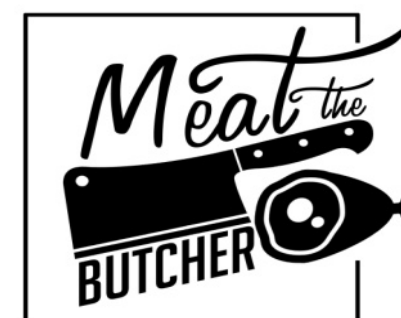
A range of programs are available to learn a language or refine language skills, covering children and adult learners. An extensive list of languages is available, including English.

Kids will be kept busy building on their skills with a fun range of children's learning programs, including maths and literacy programs, storytelling and learning how to touch type.

Family and local history enthusiasts will be delighted with the extensive range of research resources available, including access to Find My Past and Ancestry library editions.

Business owners can benefit from free access to the TaxSmart Australia portal, available through the Reference section.

Visit the Goldfields Libraries eLibrary to expand your horizons today! www.ncgrl.vic.gov.au/elibrary



MEAT WITH THE BUTCHER

Group information sessions on buying,
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Ben will now be at Romsey full time & Lauren will be at Lancefield Wednesday's & Fridays.

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Once your care plan is arranged, simply call the medical centre of your choice for an appointment.

Ben Gidley Romsey Medical Centre 99 Main Street Phone: 5429 5254	Lauren Matthews Lancefield Country Practice 17 High Street Phone: 5429 1362
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Mega Plans for the Extinct- Lancefield Megafauna Festival.

A talk by passionate environmentalist, prolific author and former Australian climate commissioner, Tim Flannery is one of the highlights of this year's Extinct- festival in Lancefield. Dr. Flannery will speak about extinction and changes in the central Victorian landscape at Lancefield Mechanics Institute on Saturday 26th of November.

The programme for the Lancefield festival, now in its second year, also includes tours of the nearby Mt William Stone Axe Quarry, a National Heritage Place of special significance for the Wurundjeri people, with a Wurundjeri elder. These tours are offered on 25th and 26th of November.

The programme also includes children's activities and family entertainment in Lancefield's much-liked Centre Plantation with a giant fossil puzzle, a feature show by Prof. Doug A. Bone, as well as roving entertainment from Prof. Boney Saurus and Festive Factory's Giant Butterflies.

Daddy P and the Hot Saxes, among others, provide musical grooves and the festival will overlap with Lancefield's popular Farmers Market on Saturday morning. Yet further talks explore the real Australian 'paleo-diet' and bushfire history in Victoria, and there will be a chance to explore the history of the area at the Local History Centre.

As part of the festival, organisers are also planning to host a group of palaeontologists who will carry out re-

Experience the chaos ...



Apposing at:
Grange Cleveland Winery
55 Shannons Road
Lancefield, VIC 3435

Saturday 10 December 2016

Doors open 7:00pm (show ends 9:30pm)
\$130.00 (+\$6.84 fee) per person
Ticket price includes 3-course meal, beverages, and 2-hour show
Show: 2016 Year End
Show: 2016 Year End

Tickets & Info: (03) 5429 9000

cleveland@grangecc.com.au



Tribute to Olley, Peter Patterson

ART TRAIL'S FIRST SHOW

The Macedon Ranges Art Trail promotes 41 artists and businesses all year round. This month the spotlight is on nine of our diversely talented participants who are coming together for two weekends as part of the group's inaugural zone exhibition.

The Blue Zone event at Cope Williams Winery in Romsey will showcase Riddells Creek and Sunbury based artists including Shay Downer, Philip J. Gray, Miffy Howell, Max Irvine, Paul Kalembe, Kathy Medbury, Lawrie O'Dwyer, Peter Patterson and Catherine Van Merkestein. They will display paintings, drawings, mixed media, bronze sculpture and photography. All work will be for sale and some of the artists will give demonstrations.

Apart from an excellent opportunity to purchase original local artwork, the weekends offer visitors a look at the new Cope Williams gallery for contemporary Asia-Pacific art that houses rare indigenous paintings, sculpture and installations.

The exhibition will run November 12-13 and 19-20 from 10am to 4pm. Entry by gold coin

donation.

An open invitation is extended to meet the artists on Sunday, November 13 from 1pm to 4pm. Refreshments will be served and wine available for purchase. The afternoon coincides with the Macedon Ranges Food & Wine Festival so what better way to spend a Sunday in spring than appreciating our creative and bountiful community!

MRAT is an independent non-profit group. The 2016/17 brochure containing contact details for all participants is at visi-



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search in Lancefield Park, or Lancefield Swamp as the site was endearingly—and once again appropriately—also known. This includes a plan to map the site with the help of a drone and Ground Penetrating Radar. Conditions permitting, plans also include the opening of an excavation in order to better understand past water flow across the site. This is key to understanding the unusually rich local accumulation of fossils of giant marsupial animals—or 'megafauna'—that roamed our area until 50,000 years ago.

The Extinct- Lancefield Megafauna Festival is a project of Lancefield Neighbourhood House, funded by Macedon Ranges Shire Council, with the Lancefield Community Bank@ branch of Bendigo Bank as a major sponsor. Lancefield Community Bank@ Company Director Mike Meehan said the festival was helping to showcase Lancefield and its important place in the prehistory of Australia. "The Extinct- Lancefield Megafauna Festival is focusing a national spotlight on Lancefield and our district", he said. Festival fact file

Dates: Friday 25th and Saturday 26th November 2016

Festival programme: www.lancefield.org.au/megafauna-festival

Tickets for Tim Flannery talk and Mt William tours: www.mrsc.vic.gov.au/environment-events

All other events free or by gold coin donation.

Facebook: www.facebook.com/lancefield.megafauna

Support the dig: www.chuffed.org/project/lancefield-dig



Drive In Movie

Saturday 12th November

Lancefield Park from 6pm



BBQ
HOT CHIPS
DIM SIMS
HOT DONUTS
POPCORN
GIANT SLIDE
FACE PAINTING
LUCKY DIPS
GLOW STICKS
LUCKY KEYS

TICKETS NOW AVAILABLE
stmarysmovienight@hotmail.com



Explore the past, present and future of music during November in Kyneton

Macedon Ranges Shire Council will present a feast of music from the past, present and future during November as Kyneton Museum and Bluestone Theatre celebrating the universal language of music with new shows.

On Friday 4 November, Kyneton Museum will turn up the speakers with the interactive exhibition *Changing Tracks*. From recorded music's evolution from wax cylinders to vinyl, cassette tapes, iPods and now digital downloads, *Changing Tracks* will reveal how the way we listen to music has changed. Come along and revisit some of the past technology used to listen to music and share your memories of significant songs in your life. Keep up to date with *Changing Tracks* happenings via the Arts & Culture Facebook page, [facebook.com/MacedonRangesArtsCulture](https://www.facebook.com/MacedonRangesArtsCulture).

The exhibition runs until January 2017, and will be open Friday to Sunday from 11am-4pm.

On Friday 25 November, Barry Morgan and his World of Organs will return to Kyneton, bringing season's greetings to the Bluestone Theatre in the show *Have Yourself a Barry Little Christmas!* With his everlasting smile, Hammond organ and special brand of kitsch, don't miss this organ extravaganza.

The show will start at 7.30pm and tickets are \$35 and \$30 concession.

To book, visit mrsc.vic.gov.au/events

Beware of Scams!

A reader has brought to our attention a phone scam operating whereby demands are made for payment of things such as taxes, hospital bills, bail money, debt collection, and utility bills. The scams are committed using many methods, including gift cards such as iTunes gift cards.

The intended victim may receive a phone call instilling panic and urgency to make such a payment by purchasing gift cards. The victim is then asked to pay by sharing the code on the back of the card with the scammer over the phone.

The ATO also reminds customers to be alert to phone scammers impersonating the ATO or other government agencies or businesses. Government agencies and businesses and the ATO never demand payment with gift cards.

If you think you have been scammed phone the ATO on 1800 008 540, the Scamwatch ACCC Infocentre on 1300 795 995, or visit ato.gov.au/identitycrime for more information.

The ACCC also has available a publication called "The Little Black Book of Scams".

Romsey Swap Meet

SUNDAY
NOVEMBER 6th

Romsey Oval

Lovers of poetry and stories and readings...
YOU'RE INVITED

If you love to write poetry, stories or if you like to read other people's work, even if you simply like to listen to other people presenting their work, then my idea for a little group may just appeal to you.

I am wanting to start such a group, which will be run in a friendly, open and informal way. Our first get together, will be held at Rupertswood on Wednesday evening the 19th of October at 7.00pm.

Please feel free to come along and join in with us sharing what you are looking and what you may contribute.

Looking forward to meeting you all on the night. For any further details, please contact me on 0415500556 or at barbaradeen@live.com.

Romsey Christmas Lights & Decorations Competition 2016

ENTRY IS FREE

Register at www.romsey.org.au

Or pick up an Entry Form at the Library,
the Post Office or Bendigo Bank.

Be a part of Christmas in Romsey.
Decorate your home or business and
help light up the town

Registration must be completed by November 30.
Winners will be announced on December 10 at the
Romsey Christmas Carols - at the Skate Park

Prizes for
Best Home
Best Business
Best Street

Brought to you by RRBATA & the Romsey Streetscape Project





rmibookings@gmail.com
secretaryrmi@gmail.com

Romsey Mechanics Institute

PO Box 130
Romsey 3434
Victoria

www.romseymechanicsinstitute.com
inquiries can be made at; rmibookings@gmail.com

Mob: 0458 702 106
ABN: 99 340 024 758

2015 round of Bendigo Bank Community Investment Program the Mechanics' Institute received \$20,000 for vital weather proofing works and \$2,000 for works to repair and repaint the weatherboards on the Old Billiards Room, the home of the Romsey/Lancefield Social Club. On Wednesday October 19th we were asked to deliver a short talk outlining what this grant had been spent and what results have been achieved. This was a great moment for the CoM ad for the community of Romsey. Our sincere thanks to the Bendigo Bank for their ongoing support.

The final draft of our Development Plan has now been prepared and discussed and the completed report should be in our hands within weeks. This plan will outline works that need to be carried out and identify other hiring options. It allows us to apply for larger grants to address the works identified within the plan. All works will relate to maintaining and improving the RMI so that we can provide the facilities to support an expanded range of hire options for the community. These options will also increase our income streams making the RMI more financial sound

Plans for the 2017 Antiques Fair, Sat 18th & Sun 19th of March, are well in hand; the 2017 fair will be on the **Saturday March 18th**. A number of stallholders have already committed with few others still deciding. We will have an antiques appraiser at the hall on the Sunday; valuations will cost \$5.00 per item or \$12.00 for three. There will also be a garden Expo on **Sunday March 19th**. This Expo will provide the community with the opportunity to purchase plants and other garden items as well as discuss planting options, the best use of water in the garden and gain a better understanding of just which plants will do best in our environment.

If you are planning something, a birthday, an anniversary, an engagement or any other function please consider the RMI our web site gives a good idea as to what we have to offer. Bookings and all inquiries can be made at; rmibookings@gmail.com. We are very happy to discuss your function, show you through the hall or supper room and explain the hire process.
Anthony Lakey - Chair - RMI - CoM



**COMBINED PROBUS CLUB of
ROMSEY and LANCEFIELD Inc.**
A0042634P
P.O. Box 280, Romsey. Vic. 3434

President: Greg Buist 5429 1116
Secretary: Jenifer Clampit 5429 5480

Probus is for people 55 years or over. The Romsey/Lancefield Probus has 40 active members aged between 58 - 90 years. We have all made good friendships and enjoy fellowship with each other whenever we are together.

Monthly meetings
10am, 4th Thursday of the month
St. Mary's Church Hall, Main Street, Romsey.
November Meeting : 24th November, 2016

Guest Speaker: Don Kilgour. RACV - 'Years Ahead Road Safety for Seniors'

*Outing on Wednesday 16th November - Lunch at Hogans Hotel, Wallan. Car Pool.

*Ten Pin Bowling dates are:- 11th & 25th November, meet at AMF Bowling at Watergardens at 10am.

*Coffee Mornings at 10am - 4th & 18th October at The Bay Tree Cafe Romsey.

November is our final meeting for the year. Our Christmas Breakup lunch will be at the 'Australiana', Wandong.

Now you are retired or close to retiring from work come and join the friendly folk in the Romsey & Lancefield Probus Club and learn more about what Probus can offer to assist you in staying active. Or phone the numbers above.

All we want to achieve is a day of enjoyment and friendship. Please come and have a look at what we do and who we are.

Check out our website for information about the Romsey & Lancefield Probus Club rprobussouthpacific.org.au

For Active Retirees. Probus South Pacific

In 1976 Probus was launched in Australia and clubs began to form all over the country.

What else happened in 1976: *Malcolm Fraser is Prime Minister; NASA unveils its first space shuttle, the Enterprise; Random breath testing is introduced in Victoria; Apple Computer Company is formed; Cigarette and tobacco advertising is banned on radio and TV in Australia.*

The secret to maintaining a fulfilling lifestyle following retirement is to stay involved, become an adventurer, and enjoy new experiences with friends.

When you finish work and lose the responsibility of having a job, it is important to develop interests and friendships. You also need to accept the psychological impact that this may have on you, when you realise that your work skills are no longer required. Probus provides fellowship with others in a similar situation, which is vital to the ongoing mental wellbeing of retirees and your work skills could be used to help in another way.

Reasons to join Probus: Enjoy the fellowship of like-minded people - Probus club members meet active

retirees in their local areas, across Australia and around the world.

You can check out the Probus South Pacific website to find out more about how Probus was formed 40 years ago and what it has achieved.

www.probusouthpacific.org
Phone: 1300 630 488

MACEDON RANGES ART TRAIL Blue Zone

GROUP EXHIBITION FEATURING ARTISTS:
Shay Downer, Philip J. Gray, Miffy Howell, Max Irvine, Paul Kalemba, Kathy Medbury, Lawrie O'Dwyer, Peter Patterson, Catherine Van Merkestein

HELD OVER 2 WEEKENDS:
Sat 12th Nov – Sunday 13th Nov
Sat 19th Nov – Sunday 20th Nov
Open hours: 10am – 4pm

EXHIBITION OPENING:
Sunday 13th Nov 1pm – 4pm

COPE-WILLIAMS WINERY
160 Glenfern Road,
Romsey, VIC 3434

Experienced Barista / Café All- Rounder Required

The Baytree Coffee Shop is a small family owned licensed cafe serving Breakfast, Lunch, Coffee and Cake. We require an experienced Barista / Café All-Rounder to join our existing friendly team.

Duties include making and serving coffee and drinks, taking orders, serving food and clearing tables.

Must be able to work both weekday and weekend shifts between Wednesday to Sunday 8.00am to 5.00pm on a casual roster.

At least two (2) years' experience required in making exceptionally good coffee. Current RSA Certificate required. You must also be able to work fast during busy times whilst maintaining the exceptional quality of your coffee, have excellent customer service skills and presentation together with an enthusiastic 'can do' attitude.

Does this sound like you ?
Send your resume to :
Kathie Wright
The Baytree Coffee Shop
119A Main Street, Romsey, 3434.



St. Mary's Parish - Lancefield & Romsey

Parish Priest: Fr. Marc Barry
 Parish Secretary: Mrs. Tammie Dalgleish
 School Principal: Mr. Anthony Falls
 School web site: www.smlancefield.catholic.edu.au

Presbytery: 5429 2130
 Presbytery: 5429 2130
 St. Mary's Primary: 5429 1359

MASS TIMES

Saturday:

6.00 p.m. Lancefield

1st & 3rd Sunday of the month:

8.00 a.m. Lancefield and 10.00 a.m. Romsey

2nd, 4th & 5th Sunday of the month:

8.00 a.m. Romsey and 10.00 a.m. Lancefield

ROSARY

Saturdays 9:45am Romsey

RECONCILIATION

Saturdays 9:45am Romsey & 5:45pm Lancefield.

BAPTISMS

2016 – By request

For more information, please phone 5429 2130.

REGULAR EVENTS

Christian Meditation Group: Each Monday evening

6:00 p.m. Romsey Church – all welcome

Enquiries: Barry 5429 3311

St. Mary's Drop-In: First Thursday of each month,

10:00 a.m. Healing Mass – Romsey Church – all welcome.

10:30 a.m. to 4:00 p.m. - St. Mary's Church Hall, Romsey.

All welcome to come for a game of cards/chat and free lunch.

St. Mary's Parish Youth Group - "Children for Jesus"

Saturday mornings 10:30a.m.-12:00p.m. (1st & 3rd Saturdays of the month)

November 4th & 18th, December 3rd & 17th.

Romsey Church Hall

Activities, Prayers, Bible Stories & Singing

Enquiries: Eileen French – 0412 787 213

SACRAMENTS

Parents with children not attending St. Mary's School who are scheduled to receive Sacraments in 2017 are requested to contact the secretary by phone: 5429 2130 or by email at lancefield@cam.org.au to register your child. Reconciliation is generally scheduled quite early in the year so if we have your details

we can ensure you receive the information in time to participate.



Keep up to date with parish activities - St. Mary's Parish Lancefield-Romsey

Marc's Message

I saw a post on Facebook that decried the fact that in the Old Testament there are four different accounts of how King Saul died. And, the outcome was that we stupid Christians are all deluded because there is so much historical inaccuracy in the Bible.

I must admit that, from the time I was a little kid, I never ever thought that what was in the Bible was meant to be 'history.' They are all stories and all written by different people at different times and from different perspectives. We only need to ask any group of people about 'what happened' and we will find that every single person has their own take.

I saw the discrepancies in the Gospels of Matthew and Luke about what was supposed to have happened with the events of Jesus' birth. I have never ever taken them as historical documents. They have always been documents of faith.

I actually think that people, who see all these things and conclude that we believers are people of lesser intelligence, suffer from the same complaint.

It matters not to me, one whit, how King Saul died. King Saul died, somehow, and a totally unexpected intruder [David] took over and continued, despite all his weaknesses, to manage to lead a group of people to come to an ever increasing awareness of how we might be human beings of integrity.

It matters not to me, whatever, how or where Jesus was born. It matters absolutely to me that there came into being a human being who challenged us to confront the bulldust that we all use to lie to ourselves and the silly little games that we all play with each other to hide ourselves from each other. And, as we are on the verge of WW3, perhaps it is time to take on the challenge of why we all think that abusing each other and trying to get the better of each other will ever make anything work.



It's time to get excited.....

Christmas in Romsey 2016

A Romsey Streetscape Project Initiative
 (Arts Culture Events-"ACE"- Working Group)

ROMSEY COMMUNITY CHRISTMAS TREE

A huge 4metre welded Christmas tree to be installed in central Main Street location. This tree is to be decorated with personal Christmas wishes from community members on December 1, 2016 and illuminated throughout December.

ROMSEY MAIN STREET COMMUNITY CHRISTMAS TREE INSTALLATION

A collaborative installation from Romsey's active Community Groups, Sporting Clubs, Schools, Kindergartens and Emergency Services is the vision for our twenty one decorated steel Christmas Trees. Trees will be featured between Barry and Palmer Streets and illuminated throughout December.

ROMSEY TOWNSHIP CHRISTMAS DECORATION AND LIGHT COMPETITION

A spirited competition for best decorations and lighting awarding three categories: Best Home, Business and Whole Street. Entrants will be able to have their details listed on a township Christmas Lights Trail Map for whole community viewing. Winners will be announced at the Romsey Christmas Carols evening December 10, 2016.



CHRISTMAS CAROLS COMMUNITY EVENT – Saturday 10th December 2016

This non denominational whole Community Carols by Candlelight evening will be held on Saturday 10th December 2016 partnership with Encourage, St Mary's Parish, St Paul's and Romsey Uniting Church. Picnic commencing at 7pm, carols at 8pm and held at the Romsey Lions Reserve (Skate Park). Romsey Recreation Centre will be wet weather contingency venue! There will be a special appearance from Santa!

Further information: Romsey Online www.romsey.org.au

Facebook

Jenny on 0412 349 849, jennystillman@optusnet.com.au

Bike Safe in the Macedon Ranges Making it clear for everyone

Recently, the Victorian Parliament's Economy and Infrastructure Committee announced its support for a bill that would amend the state's road laws to require drivers to maintain a minimum of 1 metre or 1.5 metres when overtaking cyclists. This follows legislation that is already in place in a number of other states. We were fortunate to be invited to provide a country perspective at the inquiry and we welcome the support for the introduction of a clear rule for road users.

It can be difficult for road users out there to know how much space to give a cyclist so the bill will be in everyone's

interests. It includes practical approaches such as allowing an overtaking car to straddle a solid white line if it is safe to do so whilst maintaining the minimum passing distance. That's an important inclusion for many of our smaller roads. Hopefully, if the bill gets passed, it will encourage more people to safely get out on their bikes with their families.

The more bikes out there, the more other road users will get used to, and expect to see, cyclist on our roads.

It's an important step to helping everyone get home safely.

Jem Richards



Bike Safe Macedon Ranges

Choose Tap when you're out this summer

Western Water is urging Romsey residents to Choose Tap this summer to stay healthy, save money and help the

Environment. One of the biggest benefits to choosing tap water over bottled is cost – 1,000 litres of tap water costs just \$1.70. PET plastic water bottles are also a huge source of waste, taking up to 1,000 years to break down in landfill.

Tap water is a great way to avoid unhealthy sugary drinks, and stay hydrated for better health and work performance.

Western Water's Water Café will be set up at events across the region this summer, including the Macedon Ranges Sustainability Festival. The Water Café provides a shady spot with comfortable chairs where you can enjoy a cool drink of tap water – all for free. Western Water is giving free Choose Tap water bottles to local cafes, and discounted sports water bottles to local sporting clubs.

Local not-for-profit groups can also apply for an in-kind sponsorship of up to 100 free reusable water bottles for events.

To find out more go to westernwater.com.au.

Macedon Ranges Legacy Group Legacy Week

The annual fund raising badge sale for Legacy took place in Lancefield in August and Romsey in September.

Legacy was originally established in Melbourne in the aftermath of the First world War in 1923 by ex-servicemen, to care for dependants of Australian service personnel who died during or after the war. This legacy for caring for dependants continues to this day. Australia is the only country in the world where an organisation exists for the dependants of service persons who have died in conflicts, or as the result of conflict.

There are 50 Legacy Clubs in over 300 locations around Australia supporting and caring for about 80,000 widows of deceased veterans. Assistance can vary from providing transport, home visits, morning teas, assistance with heating costs and ageing aids around the home.

Macedon Ranges Legacy Group has 26 volunteers Legatees who service Kyneton, Woodend, Riddells Creek, Lancefield and Gisborne, supporting approximately 150 widows in this area. The badge selling is the only means of financing these activities. Romsey and Lancefield citizens have always been not generous in supporting our fundraising and we thank them.

From the editors: We apologise that this article did not appear in the August issue as requested.

St Paul's Anglican Church Op Shop

77 Main Street, Romsey

Open:
Thursdays 12.30—4.30pm
Fridays 12.30—4.30pm
Saturdays 10.00am—1.00pm

Goods suitable for sale may be left under the veranda at the rear of the Op Shop.

We cannot accept any electrical items including computers, printers etc. Also car seats, prams, cots or any other safety equipment.

Owing to lack of space, we cannot accept large furniture.

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email ozworks@live.com.au



The Mount Players Happenings NOVEMBER

Check the website for full details
www.themountplayers.com

"WHOSE WIVES ARE THEY ANYWAY"

a farce by Michael Parker.

The Mount Player's final production for 2016 "Whose Wives Are They Anyway" is in it's final 2 weeks of rehearsals with the Gala Opening night on Friday 18th November.

This is one show you do not want to miss!

Director, Frank Harvey has had an absolute ball directing his wonderfully talented cast, backed by a very funny script and can assure this hilarious play will not disappoint. From go to wo it is a downward spiral of chaos, confusion, double entendre, characters in various stages of undress, cross dressing and then finally the truth!

It is seven years since The Mount Players staged the farce "Caught In The Act" also directed by Frank Harvey, who says that this show is even more whacky!

Tickets are already selling fast so do yourself a favour and book your ticket early.

THE MOUNT PLAYERS PRESENT

A FARCE BY MICHAEL PARKER

DIRECTED BY FRANK HARVEY

BY ARRANGEMENT WITH ORIGIN™ THEATRICAL ON BEHALF OF SAMUEL FRENCH



18 November – 11 December 2016

The Mountview Theatre
56 Smith Street Macedon
Ph: 5426 1892
www.themountplayers.com

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Trivia arvo for Relay

Lancefield/Macedon Ranges Relay For Life is preparing to celebrate 15 years of fundraising for the Cancer Council Victoria in 2017. The volunteer organising committee has set a fundraising goal of \$85,000. If achieved this will take the total amount raised since 2003 to over \$1.3 million.

So far 13 teams have signed up for the Relay on March 4 & 5, which will be officially launched on Sunday, November 20 in conjunction with a trivia afternoon.

Tables of up to 10 people will be challenged by MC Annie Phelan, and ticket proceeds will either go towards a team's fundraising total or added to the event's banking.

The event will be held at Macedon Railway Hotel from 2pm to 5pm. Tickets are \$30 and include afternoon tea, with drinks at bar prices. The fun afternoon will be a chance to learn more about Relay For Life, and registrations will be taken.

Next year's 15th birthday event will have a party theme. The committee is aiming to create a festive atmosphere in addition to the ceremonies highlighting the event's inspiration and purpose.

Tickets can be booked via
Kathy on 0419 644 688 or
Nadine on 0439 399 838.



Romsey Uniting Church

Macedon Ranges Uniting Church Partnership
25 Pohlman Street, Romsey. 3434 (P.O Box 264)



Chairperson: Mr. Noel Shaw 5429 5509

Secretary: Mrs. Jenifer Clampit 54295480

Information regarding the Macedon Ranges Partnership.

The Macedon Ranges Uniting Church Partnership now has three full time Ministers:- Rev. Peter Cannon; Rev. Deacon Wendy Elson; Pastor Annette Buckley.

There is an official office at the Riddells Creek Church, 3 Sutherlands Road, Riddells Creek.

Email: macedon.ranges.partnership@hotmail.com

Website:-

www.macedonrangesunitingchurch.org.au

The 23rd Psalm for Busy People

The Lord is my pacesetter I shall not rush,
He makes me stop and rest for quiet intervals,
He provides me with images of stillness,
Which restores my serenity.
He leads me in the way of efficiency through calmness of mind,
And His guidance is peace.
Even though I have a great many things to accomplish each day
And crisis may pile upon crisis
I will not fall apart for His presence is here,
His timelessness,
His all importance will keep me in balance.
He prepares refreshment and renewal in the midst of my activity.
He anoints my mind with His oils of inspiration.
My cup overflows.
Surely harmony and effectiveness shall be the fruit of my hours,
For I shall walk in the peace of the Lord
And dwell in His house forever.
Amen

Samaritan Purse Christmas Child Shoe Boxes.

Ladies from the Romsey Uniting Church and Walking Group have been very busy collecting items for the Shoe Boxes.

Towards the end of October the Samaritan Purse Christmas Shoe Boxes will be packed ready to take to the Warehouse at Mitcham in November..

We will have in excess of 100 boxes.

Follow the Star event

Don't forget the Follow the Star event coming up on 20th & 21st December. See further information in this publication of the Romsey Rag.

Church Services & activities during November 2016

2nd	7.30pm	Church Council meeting
6th	9am.	Worship Service conducted by Worship Team
9th	1.00pm	UCAF meeting at Willowmeade Aged Care at Kilmore
13th	9am	Worship Service & Holy Communion conducted by Annette Buckley
20th	9am 6pm	Worship Service Sunday @ 6 meal & service with Annette Buckley
27th	9am	Worship Service conducted by Annette Buckley

Romsey Medical



Lancefield Medical

ROMSEY MEDICAL
99 MAIN STREET
ROMSEY VIC 3434

LANCEFIELD MEDICAL
20 CHAUNCEY STREET
LANCEFIELD VIC 3435

Telephone (03) 5429 5254

www.romseymedical.com.au

We are committed to providing the highest quality medical care to our community by delivering ethical, consistent, timely and comprehensive medical care including family medicine, emergency care and preventative health.

Midhill Vineyard

Invites you to the

Budburst Wine and Food Festival

12th & 13th November

1727 Romsey Rd. ROMSEY Ph. 5429 5565
10 am to 5 pm

Come to our Cellar Door and taste

Medal winning wines:

MACEDON Sparklings: Blanc de Blancs and

Chardonnay-Pinot Noir (new release)
Ever popular Chardonnay and Pinot Noir

Spicy, dry Gewürztraminer

'Yes it's here again' Pinot Noir Rose.

Light lunch available

Rare Roast Beef rolls & Local Gourmet sausages

Free Tea and Coffee

Barrel furniture to view and purchase



www.midhillvineyard.com

AUSTRALIAN MUSIC ROYALTY PERFORMING IN NEWHAM

The Newham Mechanics Institute is very proud to announce a special one-night only performance by renowned singer-songwriter Robert Forster on Friday November 18. Best known as a founding member of seminal Australian band The Go-Betweens, Robert is regarded as one of the country's great lyricists and a writer of quirky, introspective pop.

President of the Mechanics Institute, Stephen Mitchell, is clearly excited. "This is a huge get for a tiny local hall like us. We've been trying to entice Robert for a couple of years now and we're just elated that he's finally agreed!"

With the memoir to his friend and co-founder of The Go-Betweens, the late Grant McLennan finally out, Robert Forster is picking up his acoustic guitar and heading out to play a couple of special solo shows - one of them right here in the Macedon Ranges. "Grant & I" is an extraordinary portrait of an intense, creative and sometimes fraught friendship that represented a genuine meeting of artistic minds. Paul Kelly described it as "an odyssey of friendship, ambition and the struggle of art. Clear eyed and compelling".

The memoir was released on the back of Robert's stunning solo album "Songs To Play" that received world wide acclaim. Rolling Stone magazine gave it four stars, saying, "Tall Go-Between walks to his own beat with grace, wit and style."

Together with Grant McLennan, Robert formed The Go-Betweens in Brisbane in 1977, and enjoyed years of great critical acclaim. In May 2001 "Cattle and Cane", one of the Go-Betweens' signature songs, was selected by the Australasian Performing Right Association (APRA) as one of the Top 30 Australian songs of all time. In 2010, Brisbane name a bridge after them.

"This is an opportunity to see a renowned Australian musician in a unique and intimate setting," he adds. "This isn't something an artist of Robert Forster's standing does all that often." The show adds to an increasingly impressive list of acts that the Newham Mechanics Institute has assembled in the last few years. Tickets are sure to be hot. Their last show sold out weeks in advance, so patrons are encouraged to book early.

Tickets are available online at www.trybooking.com/NIFS. Also at the Newham General Store, or contact booking officer Nick Massie at massie@ozemail.com.au or on 0419 898 065.



Romsey Red Cross

Thankyou to everyone who supported our Tillow Fashion Day on 20th October, a special thankyou to the 'The Hub'. Funds raised go towards the invaluable work of the Red Cross.

November 6th Sunday - Swap Meet in Romsey selling plants. Come by and grab a bargain.

Christmas Raffle tickets \$2 will be on sale at Swap Meet and outside IGA during November & December, drawn Monday 12th December at the Hub.

1st Prize - Samsung Galaxy WiFi Tablet
2nd Prize - Multi Function Air Fryer
3rd Prize - \$50 Coles Voucher

Meetings - 1.30pm on second Tuesday of month (not January and December) at 'Old Court House/CFA Headquarters. **New members welcome.**

President: Karen Hermann 5429 6658
Vice President: Amy Mullan 0407 849 165
Treasurer: Leeanne Eames 5429 5658
Secretary: Robyn Stephens 5789 1457
Zone Rep: Trish Dunn 5429 6761



Supporting our communities.

The Lancefield and Romsey **Community Bank®** branches would like to thank the many local community organisations and not for profit groups that have submitted grant and sponsorship applications to our 2016-2017 Community Investment Program.

We are delighted to have received more than \$300,000 in funding requests for the program and are looking forward to being able to continue our support within and around the Lancefield and Romsey communities.

Over the past 15 years, our **Community Bank®** branches and our parent company, Lancefield & Romsey Community Financial

Services Ltd, have contributed more than \$1 million to local projects and initiatives that have helped improve and grow our community.

Due to the large number of funding requests this year, we will unfortunately not be in a position to fund all of them. We appreciate the time and effort from all the volunteers of local organisations in preparing and submitting their applications.

Please keep in mind that any project we are unable to fund this year is largely a result of our finite Community Investment Program budget, rather than a reflection on the worth or merit of any particular application.

We'd encourage any group that does not receive funding support to submit another application next year.

We are passionate about supporting our local Lancefield and Romsey communities and we look forward to continuing our contributions into the future. And the more local people who choose to do their banking with Lancefield and Romsey **Community Bank®** branches, the greater our capacity to maintain and increase our financial support of our communities for many years to come... and that benefits all of us.



bendigobank.com.au

Lancefield and Romsey **Community Bank®** branches



Lancefield & Romsey Community Bank® branches

BANK GRANTS HELP OUR COMMUNITY TO GROW

Our Lancefield and Romsey Community Bank® branches are continuing to help our communities to grow, with today's announcement of 47 grants and sponsorships worth more than \$109,000.

Lancefield & Romsey Community Bank® Chair David Plunkett said more than \$1.1 million had now been given to clubs, community groups and a range of other organisations around the district over the past 16 years.

This year's funding handout is \$109,203, comprising \$65,355 in 24 community grants and \$43,848 in sporting and event sponsorships.

Plunkett said the funding of local groups and community projects was the culmination of the effort of local residents when they worked together more than 16 years ago to bring the Community Bank® concept to Lancefield and Romsey.

The Romsey and Lancefield Mechanics Institutes are each receiving \$7500 for much-needed improvements as part of ongoing projects on the two iconic halls, while local emergency services are sharing \$9000 for works to help keep our communities safe. Our three local schools – Lancefield Primary, Romsey Primary and St Mary's Primary – are also sharing \$9000 for projects to develop resilience among the students.

Mr Plunkett said local groups benefited with significant funding thanks to the unique profit-sharing arrangements under the Bendigo Bank Community Bank® concept.

"This latest allocation provides further proof that local residents and businesses who bank with us are helping make a direct contribution to funding worthwhile projects and groups in the community," he said.

"By supporting their Bank, they are also proudly supporting the groups receiving these grants and sponsorships." The Lancefield and Romsey Community Bank® branches of Bendigo Bank are operated on behalf of around 500 local residents and businesses, who put up their own money to become shareholders.

"The banking service alone which we provide is a significant contribution to the prosperity of our district, yet it is the extra step we take that sets our Bank apart," Mr Plunkett said.

"Unlike any other business, our Bank disperses its profits in a truly remarkable way to enhance the lives of people here in Lancefield and Romsey."

Why choose Blue Tongue Solar?

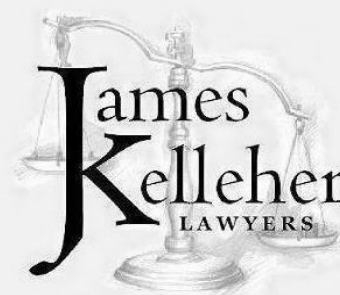
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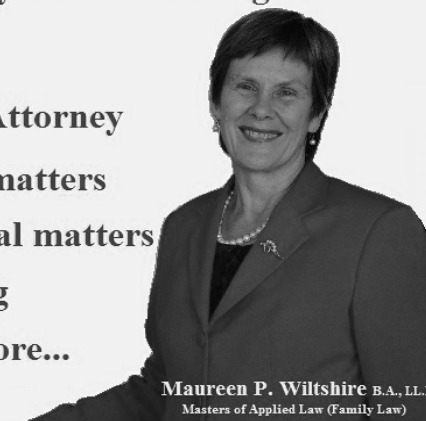


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Maureen P. Wiltshire B.A., LL.B.
Masters of Applied Law (Family Law)



DEEP CREEK LANDCARE GROUP
 Covering Lancefield - Romsey and Monegeetta Districts

Wish to thank the following for successful grant Applications.
 DELWP for the grant to purchase plants for the threatened species.
 Lancefield /Romsey Community Bank.

AGM Monday 14th November 2016 at 8.00pm
 Annex Mechanics Hall all welcome
 All positions are vacant.
 Membership is now due.

At the last working bee the Landcare garden at Lancefield Park was re-mulched.
 Next working bee Sunday 20th November

Landcare will have a stall at the Megafauna festival.

Trees (tube stock) available contact. Secretary Ken Allender if interested.

Myna bird traps still available:
 Lancefield : Pat Danko: p.danko1@bigpond.com
 Romsey: Cathy Phelps: cathy.phelps@bigpond.com
 Myna bird numbers Lancefield : 27 September.

REMEMBER REBATES ARE AVAILABLE FOR WORM FARMS AND COMPOST BINS.
 The rebate form is available from the Council or can download from Council website.

Contact the group:
 Ken Allender Hon Secretary 0404 886 580
 kenallender@bigpond.com

Website www.deepcreeklandcare.org.au

Tai Chi Classes

Saturdays at 11am
 Suitable for beginners and experienced practitioners.
 All welcome.

Passive exercise and meditation for all ages that offer balance of mind & body for health, vitality and general wellbeing.

Come and try a complimentary class.

Traditional & Authentic Goju Ryu Karate

Children and Adult beginner classes for self-protection, fitness, discipline and confidence.
 Tuesdays Thursday & Saturday

Professional and caring instruction in a strictly supervised environment

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Oriental Barefoot Doctors Clinic
 Oriental Massage and offering a holistic treatment for improved vitality, many health related issues, chronic & acute injuries. 35 Years experience

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LANCEFIELD
VICTORIA 3435

Hosts : Shou Mei & James Sumarac

Phone: 54292122

Mob: 0417 350 398

Email: james@jamesumarac.com

Private one on one lessons available by arrangement.

For more details at www.wulinretreat.com go to coming events/programs



Coffee shop Conversations

Hi everyone and now we are into November 2016 and we realise that the year is nearly at an end ,and I don't know about you but the year has moved at an inspiring pace. Now we are up to the letter **A . PARTICPATION**
This month it is all about

Acceptance and Achievement.

Acceptance is the process of being perceived as adequate. Achievement is all about a thing being done with effort, skill and courage, the process of achieving something.

So where are we right now ?
 Although the year has moved on quite quickly lets just take a moment and realise what we have achieved this year and accept the fact that we have done the best that we possibly could have at any one point in time.
 No matter what has happened in our lives in the past 12 months we have done our best.

If you think their is room for improvement, our growth and understanding and awareness through our participation in what ever we have been doing has grown.
 Are there some things we need to change, if so what take some time out now and write some lists.
 One about all the things that have happened to you in your world.

Another one about what you have achieved this year.
 And the third about the things you may need to change to make things even better.

Until next month take care of you and remember
Who is driving your bus?

If you are have any questions or you need some help about this please give me a call on 0409801082 , check out my face book page or my web site www.lifecirclesolutions.com my new events are posted for the rest of the year and 2017.
 Have a great month Kind regards Gillian and
Be Empowered to live the life you deserve!!!

COMMUNITY BANK GRANTS 2016

Lancefield Men's Shed	Upgrading the Lancefield Men's Shed kitchen	\$1400
Nulla Vale CFA	4 x Icom handheld UHF 5 watt radios	\$400
Romsey Mechanics Institute	2-stage project to install gas log-fire heaters into fireplaces	\$7500
Lancefield Kindergarten	Further development of outdoor, under cover play area	\$2500
Barton (Seymour) Historic Cottage	Construction of a 24 x 2m garden bed to house the National Collection of Arum Species	\$846
Lancefield & District Pony Club	Repairs to show jumping equipment	\$3500
Romsey Tennis Club	Repairs to the main court	\$3000
Macedon Ranges Masonic Lodge #97	Breakfast Program for the kids of Lancefield Primary School	\$2000
Hesket-Kerrie Fire Brigade	Level, compact and spread crushed rock, to provide a safe and clean training and work environment	\$800
Romsey Fire Brigade	Purchase and installation of an emergency radio system	\$2250
Lancefield Mechanics Institute	Upgrading security and heating by replacing emergency exit doors and converting to natural gas	\$7500
Romsey Lancefield Little Athletics Club	Timing gates	
Lancefield Cemetery Trust	Street signs indicating denomination, row and grave numbers	\$1499
Romsey Playgroup	Moving sandpit, installing rubber matting and developing outdoor sensory area	\$4000

Lancefield Equestrian Group (LEG)	Stage 1 of a refit of the LEG Club Room	\$4996
Romsey Region Business & Tourism Association (RRBATA)	tear drop flags and pull up banner to be used at events and forums	\$725
Greater Romsey All Abilities Park (GRAAP)	Double-sided teardrop flags, pull up banner and a 3x3 metre gazebo	\$1500
Lancefield Country Women's Association	Quilting/display stands for the annual Spring Show	\$220
Lancefield Primary School	Books for the LPS library, to be used during 'toddler storytime' and by students	\$2000
Romsey Cricket Club	Laying new surface and reshaping the area surrounding the pitch at Bendigo Bank Oval, Romsey	\$1718
Deep Creek Landcare Group	Junior Landcare Support Project	\$2500
Romsey Toy Library	Two outdoor adventure packs, featuring toys, games and puzzles	\$2000
Romsey Region Business & Tourism Association	Romsey Historic Building/Site Plaque Program, as a component of the Romsey Streetscape Project	\$2500
Emergency Services:	\$1000 each to our local Emergency Services, - Benloch, Bolinda-Monegeetta, Hesket-Kerrie, Lancefield, Newham, Nulla Vale, Romsey and Springfield fire brigades, and Romsey-Lancefield & District Ambulance Auxiliary	\$9000
TOTAL GRANTS		\$65,355



Water Week a winner for Romsey

The Romsey Neighbourhood House has received a \$2,000 Water Week grant from Western Water for a sustainable garden.
 National Water Week, celebrated every October, encourages communities to take action to protect our vital water sources to meet the needs of future generations.
 This year's Water Week theme was Water, Life Growth.
 Western Water handed out a total of \$10,000 in Water Week grants to Macedon Ranges schools and community groups.
 The Neighbourhood House is planning to replace an existing car park with a community space with an edible garden and outdoor seating.
 The garden project is aimed at creating a space where community members can gather, that also provides educational opportunities for local schools and Kindergartens.





A Japanese story plays out in Woodend.

Macedon Ranges Film Society's October screening featured the 2003 award winning Australian film 'Japanese Story'.

A cross-cultural drama-romance, 'Japanese Story' stars Toni Collette as a geologist and Gotaro Tsunashima as a Japanese man whose father has interests in an iron ore mine in the Pilbara. Collette's character Sandy is assigned to show the Japanese man Hiromitsu around the region, however as she has no Japanese language skills and Hiromitsu has no understanding of Australian culture or the outback and its dangers. Various adventures and misadventures and some romance led to a tragic climactic event and an emotional and moving conclusion. Excellent Australian film making by a predominantly female team headed by Director Sue Brooks, Producer Sue Maslin, Writer Alison Tilson and Editor Jill Bilcock. Music composed by Elizabeth Drake. The Macedon Ranges Film Society meets on the second Wednesday each month at Woodend Community Centre. Film notes and an informal supper are part of the evening. MRFS is a membership-based club; initial enquiries by email to mrfilmsociety@gmail.com or call Lorraine 5427 0921 or Christine 5429 545



Further details: Henry Screen 0411 418 468



ANZAC SPIRIT AWARD 2016

The Romsey-Lancefield RSL Anzac Spirit Award presentation night took place at the Romsey Community Centre on Friday 14 October.

Dr Jenny Stillman - sponsored by Dr Greg Powell;
Mrs Judy Cope-Williams - sponsored by Mr Rob Smithies;
Mrs Rita Vandervalk - sponsored by Mrs Margaret Mitchell;
Mrs Rose McCarthy and Mrs Rosalie McCarthy sponsored jointly by Mrs Eileen French.

It was well attended by a large number of people from the Romsey-Lancefield community, whose presence contributed enormously to the success of the evening. The RSL president Mr Reinhard Goschiniak welcomed the community for their attendance and also welcomed Mr Rob Mitchell MHR, federal member for McEwen and MRSC mayor Councillor Graham Hackett, and thanked them for making themselves available for the presentation.

Mr Rob Mitchell spoke also about the importance of community commitment and said without it there would be no community. He then announced the names of the winners as: Mrs Rose McCarthy and Mrs Rosalie McCarthy.

He then congratulated the winners and presented them with the prize - a cheque for \$150 and a framed certificate of recognition. The names of the winners will be inscribed on the base of the commemorative bronze statue of a WW1 soldier held at the Hub.



The other nominees received a certificate of appreciation and all nominees were given a bottle of Moet champagne donated to the RSL.

Mrs Rose McCarthy spoke a few words in appreciation and mentioned that her family has had a close affinity to the RSL. Her father, an Italian immigrant to Australia in 1926, served in WW2 as a member of the AIF and fought the Japanese. He was a member of the Sunbury RSL branch for 42 years and Rose sold poppies for 26 years. The supper afterwards was catered for by Rose and Rosalie and much enjoyed by the gathering.



Australia Day grant for local events

Got a great idea for a community event to help celebrate Australia Day 2017?

Why not apply for an Australia Day grant of up to \$500 from Council to help you realise your vision.

Be it a barbecue, fun run, film night or musical performance, an Australia Day grant helps support community groups who wish to acknowledge and celebrate Australia Day and bring the community together.

Apply now by visiting mrsc.vic.gov.au/australiaday or pick up a grant application form from a Council customer service centre.

The closing date for grant applications is Monday 7 November, 2016.



FOLLOW THE STAR

When this edition of the Romsey Rag comes out it will only be **EIGHT WEEKS TO CHRISTMAS**

Follow the Star will be held again this year on Tuesday 20th & Wednesday 21st December. Meet outside the Romsey Anglican Church at 7.30pm to take part in the procession which ends at the Romsey Uniting Church.

Follow the Star first happened in December 2014, and was put together by members of the Uniting Church in Romsey and Christian Education teachers, a small group. Again this event happened in 2015, when we had the services of the Kyneton Brass Band on the second night. It was again a very small group that carried out the organising.

Now we are hoping that the whole community will become involved with helping to put this event together not just the Uniting Church people but representatives from the other churches and members from the community.

We have organised the animals for two nights (the same as last year) and the Kyneton Brass Band will again be with us on Wednesday 21st December. There will be a supper after the event on both nights.

We do need some help from the community - with music on the Tuesday night; dressing up costumes, or if you have any ideas about how to make this event better, please contact -

Jay Brooks 5429 6163 or Jeni Clampit - 5429 5480



BE FIRE READY !!!
With the fire season now upon us, we have the space for you to store your possessions that will eliminate the stress of having to gather personal items during the threat of a fire

For all your moving and storage needs we have a range of products which includes -

- Various size boxes
- Archive Boxes
- Bubble Wrap
- Packing Paper
- Tape Dispensers & Tape
- Protective Blankets



Courtesy Trailers FREE of charge to all storage clients, also available on a daily hire!

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Rachael 0438 684 023

Office PH 5429 6744

Storage complex accessible 24 hours, 7 days a week, Various size storage units currently available at reasonable rates!



Festive Functions at CLEVELAND WINERY

Whether you are planning a staff Christmas party, a client dinner, a club function or a family affair, we look forward to helping you create an occasion to remember.

Take a pick and have a ball.

- Festive Buffet Option
- Two or Three course meals
- Lunch time Festive Wood Fire Pizza Spread
- Beverage package options on tap
- All Inclusive Dinner Party
- Dine & Disco
- Family Favours the Dining Experience Show (Sat) 10 Dec

Call us today to book your end of year function (03) 5429 9000
55 Shannons Road, Lancefield
cleveland@grangeoo.com.au



Romsey Rag Review

Calling everyone who has a view on the future of the Romsey Rag!

We are conducting a long-overdue review of the Romsey Rag, which has been published continuously since 1984. Come along and put forward your views at a public meeting and shape the future of the Rag as our town's local newsletter.

We invite local residents, representatives of clubs and other organisations, current Rag volunteers, businesses and anyone else with an interest in the Rag.

Meetings will be held at the Romsey Neighbourhood House on

Tuesday November 8th at 10.30am and Thursday November 10th at 6.30pm

At these meetings we will be seeking ideas and suggestions for how the Rag will: Look in the future Be delivered in the future The frequency of publication And a host of other issues.

Please come along and share your thoughts! RSVP to 5429 5099 (ask for Robyn) or the Romsey Rag email address: romseyrag@romseys.vic.edu.au By Friday October 28th.

TERM 4 2016 3rd October - 20th December 2016

FITNESS



Gentle Exercise: (Mondays 10am-11am) \$5 per class. It's fun and tailored to meet the abilities of each participant! May assist with mobility, balance, bladder control and joint pain. Chair based exercises available. Enquires: Jan on 5428 1223 or 0412 219 900. Join us after class for a cuppa!

Yoga for Kids with Special Needs: NEW! (Mondays 5.45pm-6.15pm) Yoga can help autistic children get out of the 'fight, flight' freeze' response, and feel more relaxed and less anxious in their bodies. Specific yoga poses can aid digestion and elimination, while deep breathing practices help calm the nervous system. Specialised classes so numbers limited. Enquires: Leisa Kirk on 0408 934 656 for questions or bookings.

Yoga: (Mondays 6.30pm-8:00pm) \$15 per class when paid in full at the commencement of the term. \$20 casual rate. Enquires: Leisa Kirk on 0408 934 656.

Boxing: NEW! (Tuesdays 7.00pm-7.45pm) 45 minute group sessions incorporating basic punching techniques with bodyweight exercises. Gloves & pads provided. \$16.50 casual or \$14 a class for Term payment. Bookings Justine on 0412 999 822. Why not join all classes and maximise benefits faster! Register interest now at the house. At St Marys Church.

Equilibrium Pilates: (Mon 6.30pm-7.30pm, Wed 6.30-7.30pm, Thurs 9.30am-10.30am) \$15 per class Want to get more out of life? Want to increase flexibility and strength? Want to build long, lean muscle rather than bulk? Bookings Essential: Kirsty 0419 296 555. Register now for Expressions of interest for Wed Night classes.

Dance & Movement for Children: (Mondays 4pm-4.30pm- 2-4 yrs), (4.30pm - 5.00pm 4+ years) (Cost: \$10 Casual) \$8 per class for Term payment. Join in this fun, creative dance class where kids learn the joy of expressing themselves through dance. Enquiries: Claire 0434 419 560.

Zumba GOLD TONING: (Wednesday 9.30-10.30am) NEW! Tailored for active older adults. Modified lightweight training will help prevent age-related bone loss, increase muscle strength and definition, decreases body fat and improves posture, coordination and cognition. Enquiries Karen 0432 807 682.

Zumba GOLD: (Thursday 9.30am-10.30am) Come join in the fun dance fitness program suitable for all ages. Low impact, move at your own pace, learn a variety of dance steps, easy to pick up. \$7 per class.

Zumba TONING: (Thursday 7.00-8.00pm) NEW for Term 4! Strength training Latino infused dance fitness using lightweight Zumba toning weights to focus on sculpting & defining specific muscle groups, targeting arms, core & lower body. Starting 20th October 2016. Enrol now for Spring classes!!! All Zumba's Offsite location: Romsey Mechanics Hall. ENQ: Karen on 0432 807 682.

Yoga: (Thursdays 7pm-8:30pm) \$15 class when term is paid before end of week 1. \$18 casual rate. Enquires: Lisa Moor on 0448 345 338.

Metafit: (Fridays 9.15am-9.45am) (High Intensity Interval Training) Improve your fitness levels, maintain lean body muscle and burn fat in a short period of time. Suitable

BE INFORMED

for ALL levels A Workout that keeps on working \$14 casual \$11 per class for Term payment.

Building Construction Training:

- 1. Enter & Work in Confined Spaces
- 2. Routine procedures involving working at Heights & Safety
- 3. Red Card / White Card Training

CREATIVE



Craft Group: (Tuesdays 12pm-3:30pm) \$Gold Coin. Bring along your latest project and craft away in the company of others or pick up a new skill! Contact: Beryl: 0407 7030443 or 5429 3122 or call RNHouse.

Art Classes for Children with Mim: (Mondays & Tuesdays 3:45pm-4:45pm) \$80 for a 10 week course. Numbers limited. Bring an A3 Visual Arts Diary & basic acrylic paints. Enrolments & payment in advance essential. Contact: House on 5429 6724 to book.

Learn to Mosaic: NEW! (Wednesdays 10am-12.00 noon) A class for all levels -beginners to those more experienced. Bring along a project you've been wanting to do or learn the art of mosaicking with the help of an experienced tutor. Cost: \$10.

Watercolours for Beginners-Intermediates: (Fridays 1pm-3pm) Learn to develop your skills and techniques in using watercolours with helpful guidance in this tutor-based class. Bookings: 5429 6724 Enquiries: 0455 131 659 Cost: \$10 session.

Vintage House Signs NEW! Create velvety matt finish distressed country signs for your home. Register your interest now!

Chalk Paint Workshops: NEW! Learn a variety of finishes & wax applications to transform tired & dated furniture into provincial country pieces. Register your interest now!

Scrapbooking & Card Making: NEW! Capture those treasured memories forever in designing your own unique album or personalised gift cards. 1st Friday of the month. 7.00pm-10.30pm \$15 includes complimentary making kits.

BE INFORMED

NEW! (Monday

All Reading@ Reading & Tutoring :



24th October 7.00-8.30pm) For children, teenagers & adults. If you or your child is struggling with reading we have a new service to Macedon Ranges provided by qualified tutor Jackie Nieuwenhuizen. Parent introductory 1.5hr session for program overview. Register Now. \$20 p/head \$15 concession. Following with Individual tutoring sessions. All levels - learn at your own pace \$45 1hr Concession \$35. Day, afternoon & evening sessions available.

First Aid Level 1 & 2: NEW! (Date TBA 9am-3.30pm) Cost: \$95. HLTAID003 -Update your First Aid/CPR with this Nationally Accredited Course. Complete the theory component online and then complete the accelerated 1 day practical component. Or undertake your annual refresher \$70CPR only or Full Day \$95 Bookings essential: 5429 6724.

Boat Licence: NEW! Register now to book in for a boat licence course \$95 or combined jet ski \$135. Next Date: Wed 12th October 2016 6.00pm-9.00pm

RSA training here at Romsey NH. Certification in responsible serving of alcohol education provided to servers and sellers of alcohol. A must have qualification for working in the industry or with alcohol. Date: TBA Register now.

Food Handling & Food Safety Supervisors Training Days: This 6 hour training day held at RN House is ideal for employees, B & B operators, volunteers involved in food prep & provides basic hygiene principles for all food

WELLNESS



Embrace Physical Activity for Life Workshops: NEW! Learn strategies that nurture & improve your pleasure of life. Gain an understanding of how physical activity can enhance your wellbeing without the rules. Provided by Self Care Exercise Physiologist. Register now. Dates to be confirmed.

Reiki: (Mondays-Friday by appointment) \$50 1hr session. Experience the healing stress release and relaxation therapy of Reiki with Oksana. Be pampered for only \$50 and feel revitalised! Bookings essential on 5429 6724.

Life Circles Solutions: NEW! Three FREE mini seminars. Feeling stressed, not sure which way to go or how to? Come along to one of my seminars: 1. Three steps to positive parenting 2. Three steps to having a relationship of your dreams 3. Three steps to having anything you want. Cost nothing - gain everything. Register now at the house or call Gillian 0409801082. Facebook page lifecirclesolutions.com

Meditation: NEW! (Fridays 9.30am - 10.30am) Meditation is a deep contemplation and awareness of the self. The health benefits from practising regular meditation are enormous. Come along and find out more about how meditation can assist your well-being. Learn to relax, de-stress and renew yourself with simple techniques that you can implement at home. \$10 per class. Join us for a cuppa afterwards. Register now!

Mental Health Workshops: NEW! Register your interest in the following workshops: **Recognising Anxiety & Depression:** Gain greater understanding of Mental issues, their triggers, indicators & how to manage them. 2.5hr session \$30 Mon or Wed Evenings. **Understanding & Supporting Your Children through Trauma, Loss & Grief.** 3hrs \$30. Saturday 10am-3pm All classes include refreshments. For more details enquire & book at the House, limited places available! Dates to be confirmed.

Remedial Massage Sessions - NOW AVAILABLE! (Flexible Mon-Fri 9am-3pm) by appt only. 1hr full body massage \$60, \$5 discount to senior citizens. Angela -qualified remedial massage therapist. Treating massage not only provides physical relief, but excellent for mind and soul. Enquiries welcome please contact Angela on 0416 226 466 or book in at the House.

SOCIAL

Morning Tea Group: Come along every (3rd Friday of month) 10.30am for a cuppa, chat and a great morning tea. Meet with others in your community and enjoy great company, conversation, and food. All welcome! \$Gold Coin donation.

Garden Club: (3rd Tuesday of month 10.30am) \$2 per meeting. This vibrant club with over 75 members visits gardens and nurseries, shares gardening knowledge, swaps cuttings, and assists members with gardening dilemmas! Now having visited over 45 gardens. Enquires: Allan on 5429 5427 or John on 5429 5990 for exciting excursions coming up this year!

Social Card/Board Games Afternoon: (3rd Friday of month) 12.30-2.30pm Come along play a range of your favourite card & board games. Free!

Romsey Walking Group: Tuesdays 9.30am Meet outside Romsey Laundromat. Contact Leonie Armistead 5429 6414. Walk at your pace and get fit whilst enjoying the company of others.

Romsey House Book Club: NEW! Join a casual book club during the day. Monthly get-togethers, share & discuss reading of the month. Donations towards local school libraries to encourage the joy of reading amongst our youth. All welcome, light refreshments provided. 4th Friday of

It's Your Neighbourhood House...Be Part of It!

COOKING



Cooking for All Seasons Series: Wonderful Spring Classes! Tantalise your taste-buds with this delicious seasonal cooking series. 3 hr workshops using local & in-season produce to create a delicious 3 course Italian meal. Join us for the next series learning to cook easy meals the whole family will love, then enjoy the meal over a glass of wine. **Workshop 4 - Spring Italian Cuisine** (Sunday 1pm - 4pm.) Cost: \$45 Bookings essential. Next date: TBA.

INITIATIVES

Food Bank - Food Parcels Now Available Need a helping hand now & then? Collect food parcels from RNH on weekly basis Mon-Thurs 10am-3pm or ring the house. Discreet & confidential service.

Food Drive: In conjunction with Kyneton Caring Community & Lancefield NH & Catholic Parish Romsey / Lancefield we have united to help feed our community members in need. Give what you can at drop off points in marked collection boxes at participating shops around the community.

Justice of the Peace Services now available at the House: Convenient access to Justice of Peace document witnessing & certification services to Romsey & surrounding communities. Call Thomas Murphy direct on 0402 239 612 or Romsey N/House.

Romsey Community Mural Project: Join in! Add your contribution by drawing or painting on our mural panels. Whatever you feel passionate about "Our Sustainable Future" All ages welcome. Leave your mark on Romsey. **Join a painting workshop now. We're excited for you to be involved...**

Romsey Village Veggie Tubs & Karinya Garden Mentor Project Incredible Edibles Initiative NEW! We need helpers to get this initiative up and running, particularly those with a green thumb! Help create a community garden at the RNH and beyond at Karinya.

Days for Girls International - Interested in joining this initiative to help get washable feminine hygiene kits to girls across the globe? Range of ways to participate as well as monthly kit making sessions! **(1st Monday of Month 11.30am-3.30pm) Next Kit Making Workshop Sunday 13th Nov.**

Knitting Knockers Community Knit Up & Twiddlemuffs

Are you a knitter? Romsey community join us in these community initiatives to support those with breast cancer and dementia. Help us to knit prosthetic breasts and aids for those with dementia. Free kits available at the House as well as knockers available FREE for those in need of them. **Help spread the word!**

Romsey Christmas Bazaar @ Romsey Swap Meet 6th Nov. Register to have a stall now. \$20 per site.

SOCIAL

Bus

us Trips :Via Romsey/Lancefield Social Club: 1st Wed of Month: Bookings 5429 1602 Rae Hooke. \$40 morning tea & lunch. 5th Oct - Pakenham Pottery & bead shop. 2nd Nov- Brunos Gallery, Steavenson Falls, Black Spur Inn - Narbethong for lunch, Marysville Crystal Gardens & Ferguson Tractor collection. Christmas outing 1st Wed in Dec.